



SPRING 2026

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ABOUT CYNREN PRESS

Cynren Press is an independent publisher located in Chester County, Pennsylvania.

Our flagship imprint, Cynren, is dedicated to history, memoir, biography, and women's studies titles that reveal the human condition and expand cultural understanding.

Cennan, our fiction imprint, publishes bold historical narratives and world fiction that illuminates global lifeways through unforgettable storytelling.



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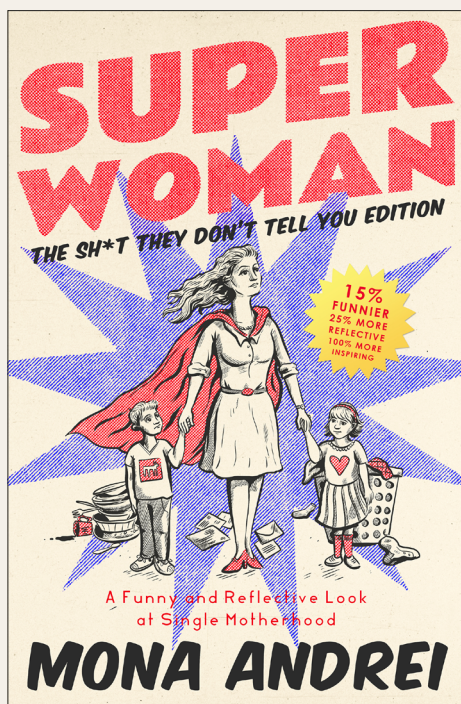
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Superwoman

A Funny and Reflective Look at Single Motherhood

The Sh*t They Don't Tell You Edition

Mona Andrei

In this newly expanded edition, Mona Andrei dives deeper into the messy, maddening, but magical world of motherhood done solo.

When they placed the tiny, red-faced bundle in her arms, time stood still. Gazing into that puckered little face, she whispered, *Welcome to the world, baby girl.*

Within weeks, she'd become a single mother. Not exactly what she'd planned.

In this newly expanded edition of *Superwoman*, award-winning humor blogger Mona Andrei dives deeper into the messy, maddening, but magical world of motherhood done solo—whether you're a single mom in fact or in essence. With her signature blend of wit and warmth, she reflects on the triumphs and facepalm moments that come with raising kids alone.

HUMOR

Topic / Marriage & Family

FAMILY & RELATIONSHIPS

Parenting / Single Parent

SELF-HELP

Personal Growth / General

PRAISE

Mona Andrei has a way of using humour to teach life lessons, hard taught through experience. *Superwoman*, The Sh*t They Don't Tell You Edition is both an easy and a hard read as she delves into the ever-changing world of the single mom. From online dating to the joys of grocery store wine, her personal experiences are complemented in this edition by the addition of other real-world stories. This "from the trenches" approach will have great appeal to those trying to get it all done without doing themselves in.

—Kathy Buckworth, author of *I Am So the Boss of You*

Cynren | Release March 3, 2026

ISBN 978-1-947976-79-5 | \$21.00

Paperback | 188 pages

9 in H | 6 in W

OTHER AVAILABLE FORMATS

Ebook: 978-1-947976-80-1 (\$9.99)

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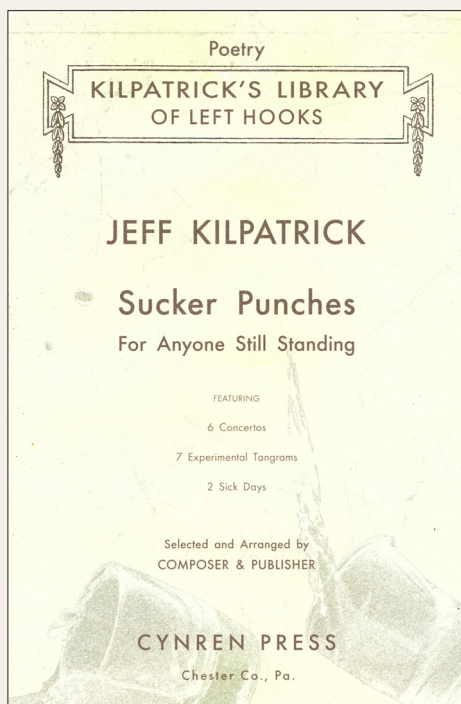
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About the Author

Mona Andrei is best known for blending wit with heart to tackle the real-life chaos of single motherhood, adulting, and chasing dreams—often all at once. She's the voice behind *Moxie-Dude.com*, an award-winning blog recognized for its smart, comedic take on life's messier moments. When Mona isn't writing, you'll find her practicing her dance moves. As a member of a competitive hip-hop team, she likes to think that she'll stay young and cool forever. She may be delusional.



Sucker Punches

Jeff Kilpatrick

A fierce debut of bare-knuckled poems that spar with life, art, and the human condition.

Sucker Punches is a striking debut collection. With visceral precision and wit, Jeff Kilpatrick contends with the fleeting moments of everyday life, the turbulence of the creative process, and the liminal spaces that resist easy definition. These poems, at once candid and searching, ask readers to surrender to the inner mindscape of a man reckoning with (un)certainty, meaning, and the tangle of being human.

This is poetry with a left hook.

POETRY

Subjects & Themes / Places

Subjects & Themes / Death, Grief, Loss

American / General

Cynren | Release April 7, 2026

ISBN 978-1-947976-77-1 | \$13.00

Paperback | 82 pages

9 in H | 6 in W

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Ebook: 978-1-947976-78-8 (\$7.99)

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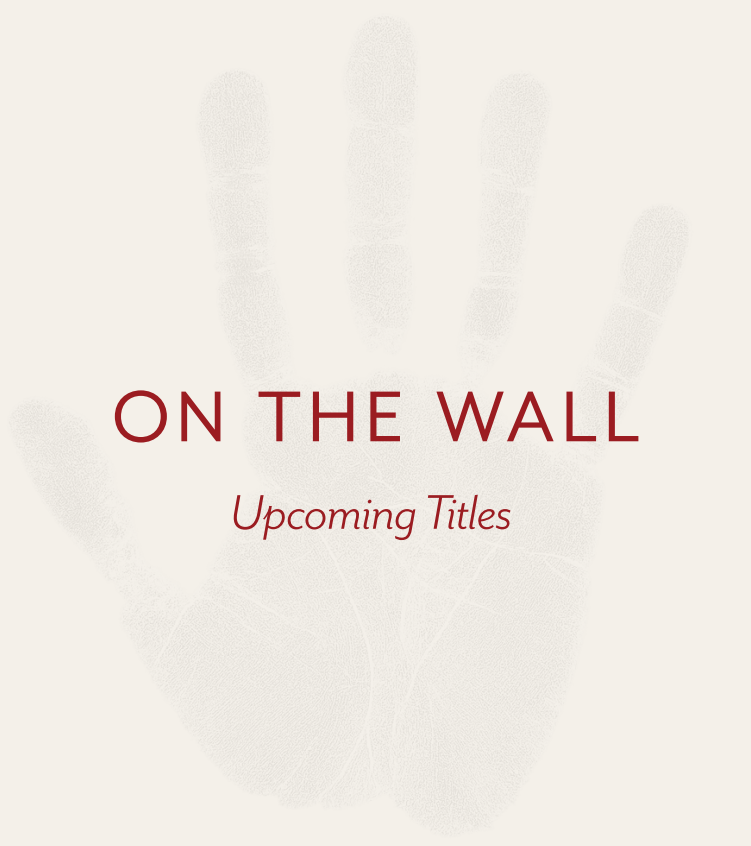
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About the Author

Jeff Kilpatrick holds a BA in English from Oklahoma State University and one-third of an MA in each of three different fields, English, secondary English education, and statistics, from the University of Nebraska–Lincoln. He lives outside Davenport, Iowa, and has yet to determine whether he drinks caffeine to spark inspiration or claims such inspiration to excuse his considerable caffeine habit.



ON THE WALL

Upcoming Titles



Never Hide from the Devil

A Novel

N.T. McQueen

Based on a true story of resistance during the Armenian Genocide, this stirring coming-of-age novel is a parable of courage and impossible choices in the midst of unimaginable horror.

The government wants them dead.

Fourteen-year-old Suren Simonian, an Armenian, lives as most boys his age do in the city of Van, eastern Anatolia. He goes to school, gawks at boys' fistfights, and does his best to avoid the Turkish gendarmes. Most days he spends with his Turkish best friend, Hamza. But in spring 1915, rumors spread through Van of Turkish massacres of Armenian villages. Now Turkish troops have massed outside Van with one goal—to exterminate the city's Armenians. As Suren struggles to understand what it means to be a man, he knows one thing for sure: When everything you've known and loved is at stake, the only answer is to fight back. You can never hide from the devil.

YOUNG ADULT FICTION

Historical / Military & Wars
Social Themes / Prejudice & Racism
Coming of Age

Cennan | Release May 5, 2026

ISBN 978-1-947976-71-9 | \$18.00

Paperback | 354 pages

8.25 in H | 5.5 in W

OTHER AVAILABLE FORMATS

Ebook: 978-1-947976-72-6 (\$9.99)

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Cynren Press, www.cynren.com

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PRAISE

Through the eyes of a young boy, McQueen crafts a devastating and unforgettable portrait of the 1915 Defense of Van—a story of resilience against impossible odds that delivers the history of the Armenian Genocide to a new generation.

—Eric Z. Weintraub, author of *South of Sepharad*

The horrors perpetrators commit are only half the story of genocide. The other half is the resistance of its victims. N.T. McQueen delivers a powerful novel of courage and defiance in the face of annihilation.

—Dr. Khatchig Mouradian, Columbia University, author of *The Resistance Network*

From the perspective of a teenage boy, McQueen masterfully weaves a poignant narrative set against the heavy emotional backdrop of the 1915 Armenian Genocide, where boys are compelled to become men overnight. McQueen's skill in crafting coming-of-age stories provides a rare glimpse of and an ideal lens through which to develop characters as they navigate the untold experiences of the Armenian Freedom Fighters.

—Victoria Atamian Waterman, author of *What She Left Behind*

Vividly written, N.T. McQueen's moving story reminds us that resistance against tyranny and oppression is possible. Costs may be high, but courage can prevail. A real tour de force!

—Ronald Grigor Suny, William H. Sewell, Jr. Distinguished University Professor Emeritus of History, The University of Michigan

The resiliency and resistance of the Armenian people shine brightly, all while seamlessly woven into one teenager's coming-of-age experience in a time of heartbreak, hope, family ties, friendship, and the unknown of what lies ahead.

—Laura Michael Gaboudian, educator and author of *Under the Light of the Moon*

In a riveting exploration of courage, conviction, and loss, *Never Hide from the Devil* charts humanity's most desperate journey through one of the darkest times in history. McQueen's prose is compelling in its measured, unsparing gaze of devastating truths—where boys become soldiers and how silence becomes a graveyard.

—Tamar Marie Boyadjian, award-winning author, editor & translator

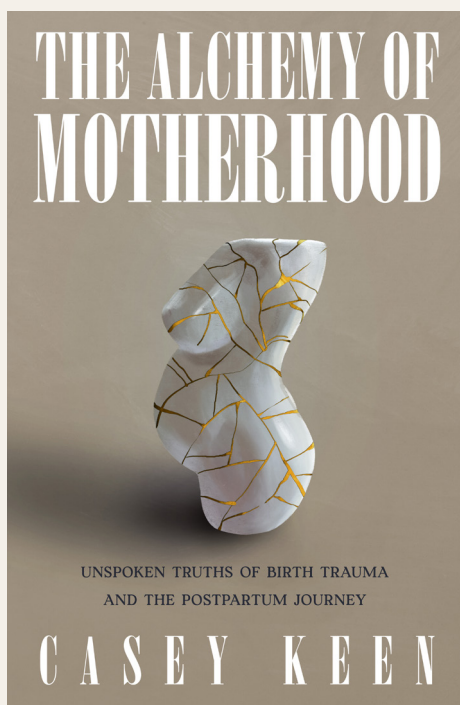
Never Hide from the Devil plunges the reader with authenticity into a little-known act of defiance during the 20th century's first genocide.

—Marsha Skrypuch, author of *Making Bombs for Hitler* and the *Kidnapped from Ukraine* trilogy

About the Author

N.T. McQueen is an avid writer and dedicated college lecturer. With a master's degree in fiction from California State University, Sacramento, McQueen has brought unique perspectives on human nature to readers in his captivating novels *Never Hide from the Devil* (Cennan, 2026), *The Cry of Dry Bones* (2021), and *Between Lions and Lambs* (2011). His writing has been featured in *North American Review*, *Stonecoast Review*, *Entropy*, *Sunlight Press*, *Atticus Review*, *Dappled Things*, *Grief Digest Magazine*, and *Foreword Magazine*. He lives in California with his wife and daughters and enjoys fishing, traveling, and a tasty cup of coffee.





The Alchemy of Motherhood

Unspoken Truths of Birth Trauma and the Postpartum Journey

Casey Keen

An unflinching memoir of the messy realities of pregnancy, labor, and postpartum life that blends personal experience, social commentary, and medical insight to expose the shortcomings of the health care system in supporting postpartum mothers.

For Casey Keen, childbirth and pregnancy were marketed as magical, mysterious gifts from which would spring profound beauty and joy—leaving her unprepared for the raw, unvarnished truth about the physical and mental challenges that lay ahead, not only during her pregnancy, but through the crucible of labor and delivery and into the landscape of postpartum life. With honesty and vulnerability, and a touch of humor, Casey, a postpartum women's advocate, offers practical guidance and proposes a series of innovative health care reforms aimed at enhancing the quality of postpartum care, ensuring consistent support, and fostering a more compassionate approach to maternal health. A must-read for expectant mothers, for women who have experienced birth trauma, and for anyone interested in health care, social justice, or women's studies, *The Alchemy of Motherhood* is an unflinching exploration of the complexities of childbirth and the crushing disregard of a broken health care system.

HEALTH & FITNESS

Pregnancy & Childbirth

BIOGRAPHY & AUTOBIOGRAPHY

Memoirs

SELF-HELP

Personal Growth / Success

Cynren | Release May 26, 2026

ISBN 978-1-947976-67-2 | \$17.00

Paperback | 200 pages

9 in H | 6 in W

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Ebook: 978-1-947976-68-9 (\$9.99)

Audio: 978-1-947976-66-5 (\$25.00)

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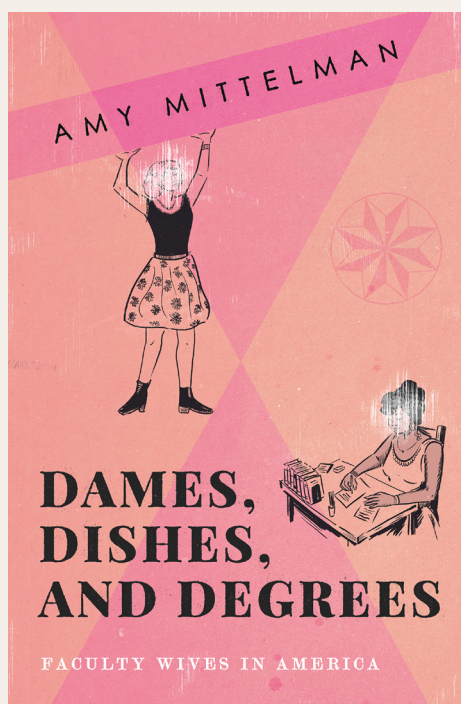
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About the Author

A writer, advocate, and mother dedicated to exploring the complexities of the human experience, Casey Keen's work delves into themes of resilience, identity, and transformation. Her writing spans both deeply personal narratives and richly imagined fiction, whether through the lens of motherhood, mental health, or immersive storytelling. With a bachelor's degree in psychology and a master's degree in forensic medicine, Casey brings a unique perspective to the intersection of mental health, trauma, and systemic reform; has founded an online postpartum support community; and is building a platform that provides education, coaching, and advocacy to new mothers. Casey lives in Pennsylvania with her family, where she continues to write, create, and advocate with stories that inspire and empower.



SOCIAL SCIENCE

Women's Studies
Sociology / Marriage & Family

FAMILY & RELATIONSHIPS

Marriage & Long-Term Relationships

Cynren | Release June 16, 2026

ISBN 978-1-947976-62-7 | \$30.00

Hardcover | 252 pages

9 in H | 6 in W

OTHER AVAILABLE FORMATS

Paperback: 978-1-947976-63-4 (\$18.00)

Ebook: 978-1-947976-64-1 (\$9.99)

Audiobook: 978-1-947976-65-8 (\$35.00)

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Dames, Dishes, and Degrees

Faculty Wives in America

Amy Mittelman

Doctors with dish-pan hands—discover the forgotten women of the university.

In 1921, the anonymous, PhD-holding wife of a college professor wrote in an article for the *Journal of Collegiate Alumnae*, “Can it be in the divine order of things that one PhD should wash dishes a whole lifetime for another PhD just because one is a woman and the other a man?” In *Dames, Dishes, and Degrees: Faculty Wives in America*, author Amy Mittelman reveals what really went on behind ivy-covered walls as she explores the origins, structure, and history of faculty wives’ clubs. These comprised the well-educated women who turned their energy and unpaid labor from arranging receptions, teas, and picnics to creating social clubs that mentored young academic wives, supported philanthropic efforts, and took part in great political movements. Through historical examples and biographies, Mittelman delves into race and gender, social and cultural history, the intersection of modern feminism with other social and political causes, and the ways in which faculty wives worked to overcome chauvinism, misogyny, and tremendous odds to establish their own, autonomous identities.



About the Author

Amy Mittelman’s lived experience as the wife of a college professor is the underpinning for *Dames, Dishes, and Degrees*. A resident of Amherst, Massachusetts, she holds a PhD in history from Columbia University and a bachelor’s degree in nursing from the University of Massachusetts. She is also the author of *Brewing Battles: A History of American Beer* (2007).



MARKS MADE

Selected Backlist



Divorcing Mom

Melissa Knox

CYNREN | Jan. 22, 2019

ISBN: 978-1-947976-06-1 | \$16.00

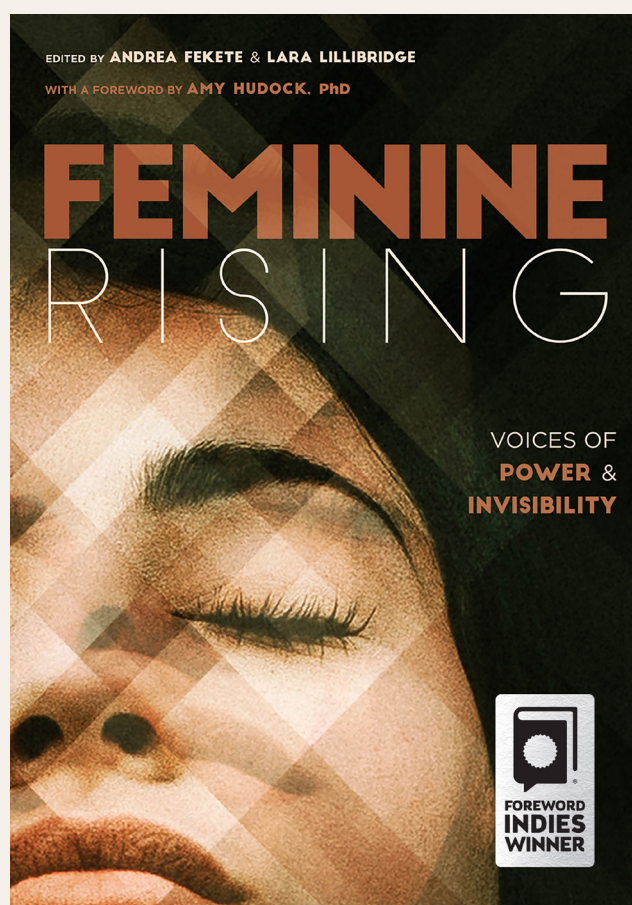
Paperback | 226 pages

8.5 in H | 5.5 in W

BIOGRAPHY & AUTOBIOGRAPHY /
Memoirs

OTHER AVAILABLE FORMATS

EB: 978-1-947976-07-8 (\$9.99)



Feminine Rising

edited by Andrea Fekete & Lara Lillibridge

CYNREN | Apr. 30, 2019

ISBN: 978-1-947976-08-5 | \$28.00

Paperback | 286 pages

10 in H | 7 in W

LITERARY COLLECTIONS /
Women Authors

OTHER AVAILABLE FORMATS

EB: 978-1-947976-09-2 (\$9.99)

AWARDS

Winner (silver), 2019 Foreword INDIES



God, Maybe

Trish Reeves

CYNREN | March 11, 2025

ISBN: 978-1-947976-53-5 | \$12.00

Paperback | 72 pages

9 in H | 6 in W

POETRY / Women Authors

OTHER AVAILABLE FORMATS

EB: 978-1-947976-61-0 (\$7.99)



Oh No He Didn't!

Wendy J. Murphy, JD

CYNREN | Sept. 24, 2024

ISBN: 978-1-947976-47-4 | \$20.00

Paperback | 240 pages

9 in H | 6 in W

72 photos

BIOGRAPHY & AUTOBIOGRAPHY /
Women

OTHER AVAILABLE FORMATS

EB: 978-1-947976-44-3 (\$9.99)



What She Lost

Melissa W. Hunter

CENNAN | Oct. 8, 2019

ISBN: 978-1-947976-15-3 | \$17.00

Paperback | 320 pages

8.5 in H | 5.5 in W

12 photos

FICTION / Historical / 20th Century /
World War II & Holocaust

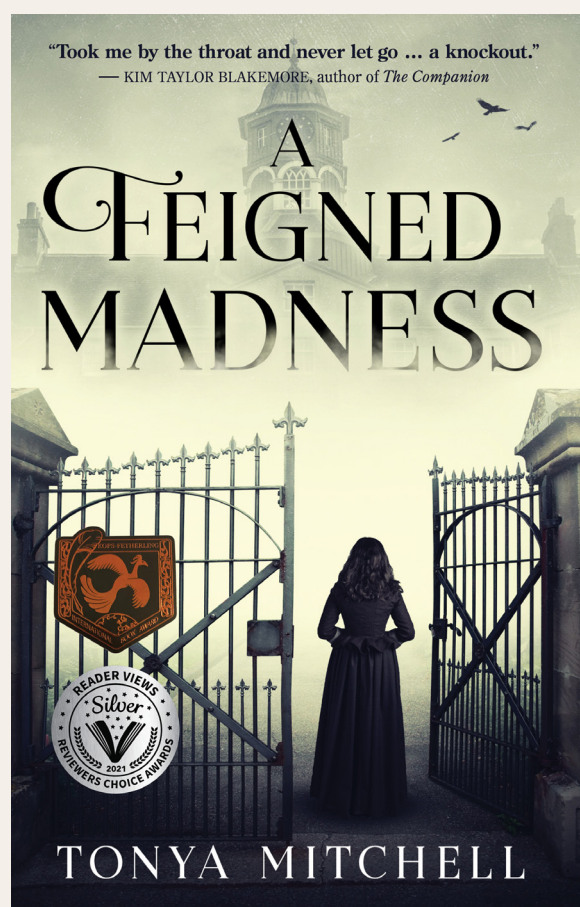
OTHER AVAILABLE FORMATS

EB: 978-1-947976-16-0 (\$9.99)

AB: 978-1-947976-29-0 (\$25.00)

AWARDS

Winner (silver), Readers' Favorite



A Feigned Madness

Tonya Mitchell

CENNAN | Oct. 6, 2020

ISBN: 978-1-947976-20-7 | \$21.00

Paperback | 396 pages

8.5 in H | 5.5 in W

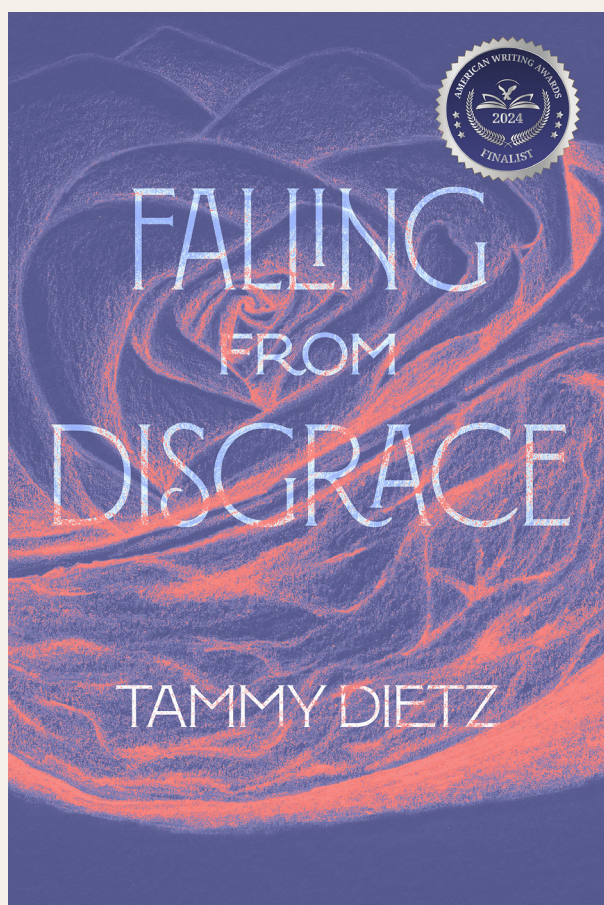
FICTION / Historical / 19th Century /
General

OTHER AVAILABLE FORMATS

EB: 978-1-947976-21-4 (\$9.99)

AWARDS

Winner (silver), 2021 Reader Views
Reviewer's Choice Award



Falling from Disgrace

Tammy Dietz

CYNREN | Nov. 14, 2023

ISBN: 978-1-947976-48-1 | \$17.00

Paperback | 246 pages

6 in H | 6 in W

BIOGRAPHY & AUTOBIOGRAPHY /
Memoirs

OTHER AVAILABLE FORMATS

EB: 978-1-947976-46-7 (\$9.99)

AWARDS

Winner, 2025 Pacific Book Award

Finalist, 2024 American Writing Awards



Diary of a Beatlemania

Patricia Gallo-Stenman

CYNREN | Oct. 9, 2018

ISBN: 978-1-947976-03-0 | \$24.50

Paperback | 214 pages

9 in H | 6 in W

BIOGRAPHY & AUTOBIOGRAPHY /
Memoirs

OTHER AVAILABLE FORMATS

EB: 978-1-947976-04-7 (\$9.99)

AWARDS

Winner, 2022 Independent Press Award

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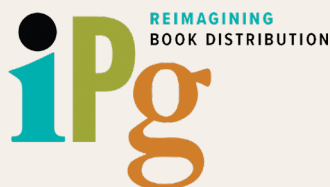
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