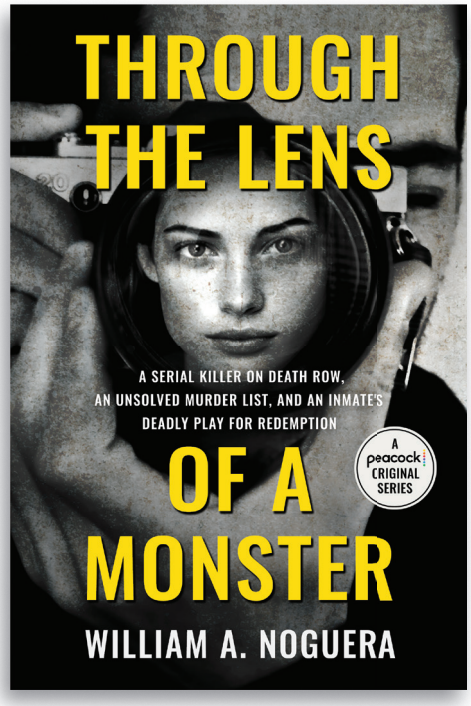


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Books that enrich, enlighten, entertain

BOOK CATALOG 2026

New Releases



THROUGH THE LENS OF A MONSTER

A Serial Killer on Death Row, an Unsolved Murder List, and an Inmate's Deadly Play for Redemption

by William A. Noguera

On death row at San Quentin, artist and inmate William Noguera formed an unlikely bond with the notorious serial killer Joseph Naso. Over years of disturbing conversations—and at great personal risk—Noguera gained his trust. What he revealed was far worse than anyone imagined.

Behind prison walls, Naso described his brutal crimes in chilling detail, disclosing evidence that had eluded investigators for decades and exposing the darkness that drove him. Now, for the first time, Noguera lays bare those confessions and the psychological games behind them—offering long-overdue answers for grieving families and fresh leads in cases gone cold.

Through the Lens of a Monster is both a window into the twisted mind of a predator and a haunting memoir of a man seeking redemption for his own violent past.

The inspiration for the Oxygen True Crime original documentary series *Death Row Confidential*, produced by Dick Wolf, Vanity Fair Studios, and Universal Television. Streaming on Peacock.

AWARDS & REVIEWS

Awards: IPPY Silver Award, International Book Award Winner

"A gripping exploration of serial killer Joseph Naso. . . . Noguera offers a rare and disturbing glimpse into the mind of a remorseless predator—an eerily good book."—***Readers' Favorite*** **(5 Stars)**

"Unprecedented, fearless, and haunting. . . . A true crime triumph."**—Jason Wolf, director and producer, Fireside Pictures**

"Nothing prepared me for this extraordinary book. . . . Haunting, redemptive, unforgettable."**—David Crow, award-winning author of *The Pale-Faced Lie***

TRUE CRIME / Murder / Serial Killers

BIOGRAPHY & AUTOBIOGRAPHY / Criminals & Outlaws

Publication Date: September 16, 2025

Hardcover, 978-1954861-02-2

230 pages | 5.5 x 8.5 | $29.95 US

Other Available Formats

Paperback, 978-1-954861-09-9

Ebook, 978-1-954861-07-7

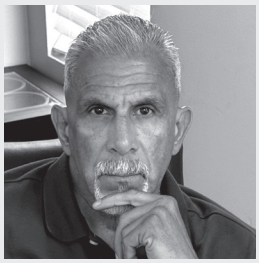
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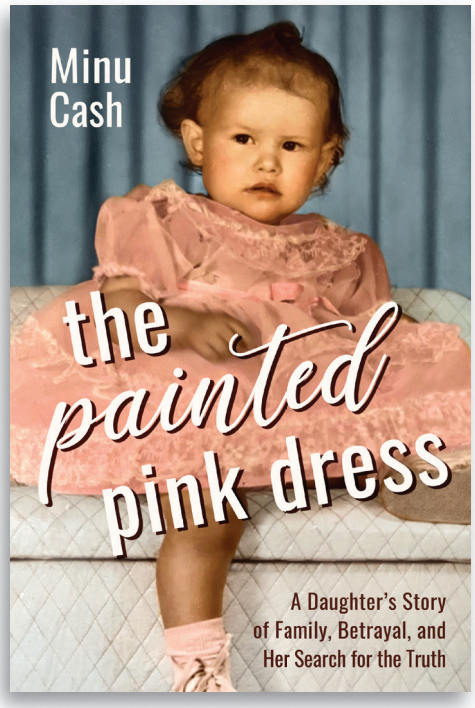
Contact

Sandra Jonas

sandra@sandrajonaspublishing.com



WILLIAM A. NOGUERA is a pioneering expert on serial killers with an unprecedented perspective. A convicted killer himself, he served forty-two years behind bars before his release in 2025. While on death row at San Quentin, he studied and befriended serial predators from the inside, becoming both witness and profiler. He is also an internationally acclaimed artist whose work has been exhibited worldwide. His story has been featured in *Forbes*, the *New York Times*, the *San Francisco Chronicle*, and the *Guardian*. Today, Noguera writes, speaks, and collaborates with law enforcement to shed light on the darkest corners of human behavior.



the painted pink dress

A Daughter's Story of Family, Betrayal, and Her Search for the Truth

by Minu Cash

From her earliest memories, Minu felt like an outsider. It wasn't just her peculiar name, but also her light skin and cinnamon-swirl hair—so unlike the dark features of her Mexican family—that drew comments from neighbors and strangers.

No one took her questions seriously, leaving her yearning for answers. Meanwhile, she had to endure her father's violence, her mother's negligence, and the poverty and drugs in Cashion, Arizona.

Determined to carve out her own destiny, Minu embarked on a journey to uncover the mysteries of her past. After years of lies and mistreatment, she finally found the strength to confront the one person who knew the truth—the one person who could give her the peace she so desperately longed for.

Written with passion and grit, *The Painted Pink Dress* is an extraordinary true story about overcoming trauma and forging a path forward. Most of all, it is about the power of forgiveness and resilience in the face of hardship.

AWARDS & REVIEWS

Awards: IPPY Silver Award, International Book Award Winner

"Fans of Dani Shapiro's *Inheritance* memoir and Family Secrets podcast will appreciate the suspenseful twists of this familial mystery as well as Cash's gripping, vulnerable storytelling."**—Leah LeMoine, *Phoenix* magazine**

"Minu Cash brings a powerful saga of a woman seeking love amid turmoil, adversity, and gripping emotional drama. Her triumphant, inspirational tale will lift the heart of any reader."**—Michael Utvich, award-winning author and screenwriter**

"Filled with both heartache and triumph, this remarkable story of courage and resilience will stay with you long after you turn the last page."**—David Crow, award-winning author of *The Pale-Faced Lie***

BIOGRAPHY & AUTOBIOGRAPHY / Hispanic & Latino

BIOGRAPHY & AUTOBIOGRAPHY/ Cultural & Regional

Publication Date: June 18, 2024

Hardcover, 978-1954861-18-3
258 pages | 5.5 x 8.5 | $29.95 US

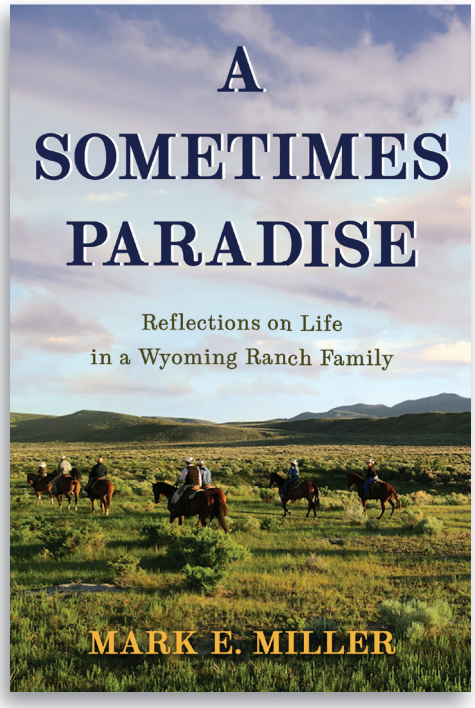
Other Available Formats
Paperback, 978-1-954861-19-0
Ebook, 978-1-954861-14-5

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MINU CASH is an Arizona native born in 1958. After experiencing years of loss and betrayal, Minu was compelled to share her story in the hopes of helping others overcome their own trauma. When she isn't immersed in a good book, she enjoys traveling and delighting her friends with her culinary creations—her spicy salsa is a crowd pleaser. But her heart truly belongs to her family, especially her grandchildren, who bring endless joy to her life. She lives in Glendale, Arizona, just north of her childhood neighborhood.



A SOMETIMES PARADISE

Reflections on Life in a Wyoming Ranch Family

by Mark E. Miller

In this captivating true account, Mark Miller takes us on a personal journey into the rugged beauty and hardscrabble challenges of Wyoming ranch life that shaped him as a boy and then as a young man.

Against the backdrop of deadly ice storms and punishing droughts in a harsh, unforgiving environment, Mark shares stories of adventures, misadventures, and invaluable lessons he learned along the way. As he adapted to the rugged Wyoming terrain, he forged an unbreakable connection with the land and animals—and discovered the true power of family and friendship.

An eloquent account of self-discovery, *A Sometimes Paradise* paints a vivid portrait of resilience and a steadfast commitment to a vanishing way of life. More than a memoir, it is a testament to the enduring spirit of the American West and the people who call it home.

AWARDS & REVIEWS

Awards: Readers' Favorite Gold, Independent Press Award Distinguished Favorite

"I was swept away immediately by the eloquent prose that vividly brought to life the beauty and brutality of ranch existence."**—*Readers' Favorite* (5 stars)**

"Outstanding memoir . . . as well as closely observed, poignant, and wistful." **—C. J. Box, #1 *New York Times* bestselling author**

"Magic, understanding, and truth lie within these pages . . . *A Sometimes Paradise* is a masterwork."**—W. Michael Gear and Kathleen O'Neal Gear, *New York Times* bestselling authors**

"Fabulous firsthand account about a deep love and respect for nature, for animals, and, most importantly, for family and dear friends. A superb story well told." **—David Crow, award-winning author of *The Pale-Faced Lie***

BIOGRAPHY & AUTOBIOGRAPHY / Memoirs

HISTORY / United States / State & Local / West

Publication Date: May 7, 2024

Hardcover, 978-1954861-15-2
260 pages | 6 x 9 | $29.95 US

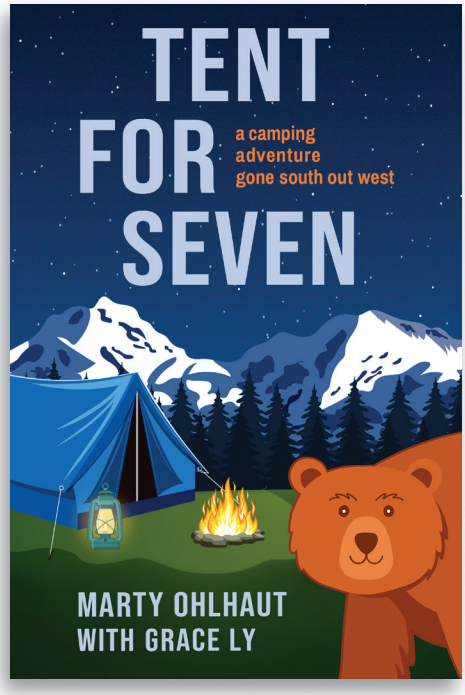
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MARK E. MILLER spent his youth and early adulthood on a large ranching operation in Carbon County, Wyoming, started by his great-grandfather Isaac C. Miller in 1881. Mark lived around livestock for thirty-two years before he moved on to a full-time career in archaeology, receiving undergraduate and graduate degrees at the University of Wyoming and a PhD at the University of Colorado. He served as Wyoming State Archaeologist for three decades and today holds an adjunct professorship in the anthropology department at the University of Wyoming. Mark lives along the Big Laramie River in Albany County, Wyoming.



TENT FOR SEVEN

a camping adventure gone south out west

BY MARTY OHLHAUT WITH GRACE LY

Marty Ohlhaut loved the great outdoors, and he loved his family, but this time, the combination proved disastrous.

Cooped up inside due to long work hours, Marty was excited about taking off with his wife and five children for the beautiful Canadian Rockies. Aware that this could be their last camping trip together, he wanted to make it extra memorable.

Little did he know how memorable it would be. From a massive heat wave and tainted water to encounters with aggressive red ants and formidable bears, they experienced one problem after another. Then tragedy struck, forcing Marty to face the terrifying possibility of losing a loved one. With the help of mysterious strangers in one of the world's most awe-inspiring locations, he fought to keep his family alive and his sanity intact.

Now, three decades later, he joins forces with his daughter Grace Ly to recount the gripping tale of that ill-fated vacation. Written with candor and wit reminiscent of Bill Bryson, Tent for Seven vividly captures both the grandeur and the dangers of the wilderness as Marty learns just how much his wife and children mean to him—and how fragile life can be.

AWARDS & REVIEWS

Awards: Readers' Favorite Gold, Best Book Award Finalist, Independent Book Award Winner

"A factual account that reads like a breathtaking thriller. . . . The witty writing style shows Marty's unbeatable spirit in the face of challenges and his boundless love for his family. . . . I highly recommend this book."—***Readers' Favorite*** **(5 stars)**

"Humorous and horrifying and suspenseful all at once. . . . This story entertains on every page."—***Southern Literary Review***

BIOGRAPHY & AUTOBIOGRAPHY / Adventurers & Explorers

TRAVEL / SPECIAL INTEREST / Adventure

Publication Date: August 15, 2023

Hardcover, 978-1-954861-10-7

252 pages | 5.5 x 8.5 | $26.95 US

Other Available Formats

Paperback, 978-1-954861-11-4

Ebook, 978-1-954861-13-8

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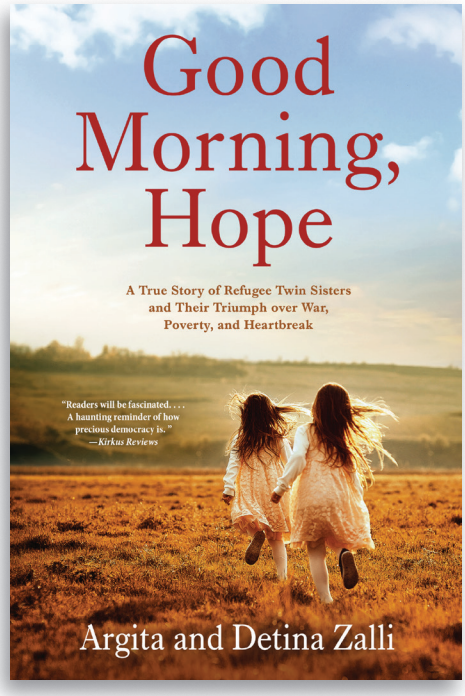
Sandra Jonas

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MARTY OHLHAUT worked for thirty-two years as a project manager with IBM and then spent twelve years as an independent consultant teaching around the world. He has traveled to forty-five countries and all fifty states, making him an encyclopedia of amazing stories and anecdotes. He lives with his wife in Charlotte, North Carolina.

GRACY LY (Marty's daughter) worked for the White House and as an undercover officer for the Central Intelligence Agency. While living abroad, she visited more than thirty countries. Grace has written numerous articles for the US military, the American Red Cross, the White House, and the CIA. She lives with her husband and son in Charlotte, North Carolina.



Good Morning, Hope

A True Story of Refugee Twin Sisters and Their Triumph over War, Poverty, and Heartbreak

by Argita and Detina Zalli

Born in poverty-stricken Albania, twin sisters Argita and Detina Zalli always dreamed of a better life. But when the government collapsed, plunging the country into anarchy and civil war, the twins' dreams unraveled along with their homeland.

Their parents were determined to find a way to leave and save their daughters' futures—not to mention their very lives. After several dangerous attempts, they finally escaped, only to be thrust into a new nightmare as refugees.

With grit and determination, they fought their way forward. When tragedy struck yet again, threatening what they held most dear, the girls had to come to terms with the high price they had all paid to survive.

In *Good Morning, Hope*, Argita and Detina share their harrowing story of courage and resilience. It was the strength of their family, particularly the sisters' unbreakable bond as twins, that nurtured and sustained them throughout their perilous ordeal.

AWARDS & REVIEWS

Awards: IPPY Silver Award, Memoir Book Prize, Readers' Favorite Gold, International Book Award Winner, Best Book Award Winner, Independent Book Award Winner

"Readers will be fascinated as the twins recount and reflect on the stresses and daily terrors of becoming refugees. . . . A haunting reminder of how precious democracy is."***—Kirkus Reviews***

"The Zalli twins powerfully detail the emotional tides and revelations . . . in the Albanian experience and stories of refugee survival, prejudice, and integration."***—Midwest Book Reviews***

"An incredibly gripping and inspirational read that left me feeling uplifted and ready to face any challenge that came my way!"***—Readers' Favorite*** **(5 stars)**

BIOGRAPHY & AUTOBIOGRAPHY / Memoirs

SOCIAL SCIENCE / Emigration & Immigration

Publication Date: March 7, 2023

Hardcover, 978-1-954861-05-3

244 pages | 6 x 9 | $26.95 US

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Paperback, 978-1-954861-06-0

Ebook, 978-1-954861-08-4

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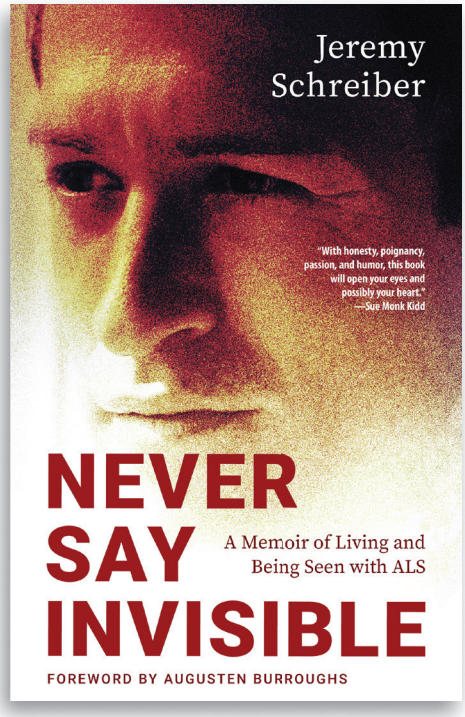
Sandra Jonas

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ARGITA AND DETINA ZALLI overcame the formidable challenges of being refugees and achieved academic success, going on to become highly accomplished PhD research scientists and lecturers. Eager to help others, they founded We Speak Science, a nonprofit organization that supports disadvantaged students throughout the world, particularly immigrants. They also founded the Zalli Foundation, a nonprofit that educates, elevates, and inspires people globally through the art of storytelling. In collaboration with We Speak Science and the world's most prestigious universities, they have helped more than 20,000 students globally.

Backlist



NEVER SAY INVISIBLE

A Memoir of Living and Being Seen with ALS

by Jeremy Schreiber

Jeremy Schreiber was on top of the world—athletic, newly married, successful. And then something went terribly wrong. In this moving memoir, he shares his journey after he received a terrifying diagnosis: ALS.

As the devastating disease robbed him of movement and speech, he was abandoned by his wife and betrayed by a society that shuns people with disabilities. But it's not all doom and gloom. He found love, support, and a powerful purpose.

While fighting for his independence and then for his life, Jeremy gave his all to the ALS and disability communities. *Never Say Invisible* is his legacy gift. Smart, clever, and humorous, his story is a testament to what can be learned and achieved despite a terminal illness.

Jeremy died on October 29, 2021, before he could finish this book. Sandra Jonas Publishing is proud to collaborate with his parents, Fred and Ronnye Schreiber, to carry on his work.

AWARDS & REVIEWS

Awards: NYC Big Book Award Distinguished Favorite, Best Books Award Winner

"With honesty, poignancy, passion, and humor, [this book] will open your eyes and possibly your heart."**—Sue Monk Kidd, *New York Times* bestselling author**

"A singular, unforgettable take on what it is like to have your world cracked open by extreme physical disability."**—Mary Roach, *New York Times* bestselling author**

"You will finish this book and feel nothing but actual love for the man who wrote it. You will thank him for making you remember that every second is precious and that we are all so lucky to be alive."**—Augusten Burroughs, *New York Times* bestselling author**

"Heartbreaking, gut-wrenchingly honest, yet simultaneously hilarious."**—Kate Linder, actress and ALS advocate**

BIOGRAPHY & AUTOBIOGRAPHY / Memoirs

BIOGRAPHY & AUTOBIOGRAPHY / Social Activists

Publication Date: June 21, 2022

Hardcover, 978-1-954861-00-8
190 pages | 5.5 x 8.5 | $25.95 US

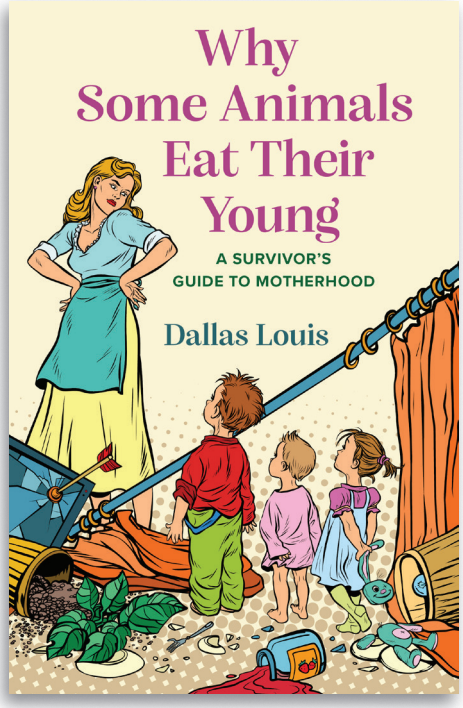
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Paperback, 978-1-954861-01-5
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JEREMY SCHREIBER was an entrepreneur, writer, and ALS warrior. He first started to write and speak about his own experiences after being diagnosed with ALS in January 2018. Drawing from his personal story, Jeremy offered a unique perspective into a world where injustice is frequent and unapologetically out in the open. He was passionate about helping and motivating those with disabilities to improve their lives and overcome the challenges they face. He also gave a voice to the people society has rendered invisible, covering such topics as travel, new treatments, medical marijuana, and technology. After a long battle with ALS, Jeremy passed away in October 2021.



FAMILY & RELATIONSHIPS / Parenting / Motherhood

HUMOR / Marriage & Family

Publication Date: :September 7, 2021

Paperback, 978-1-954861-93-0

210 pages | 5.5 x 8.5 | $14.95 US

Other Available Formats

Ebook, 978-1-954861-94-7

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Why Some Animals Eat Their Young

A SURVIVOR'S GUIDE TO MOTHERHOOD

By Dallas Louis

When Dallas Louis decided that all she wanted was to meet and marry her Prince Charming and become a mom, she had no idea what was in store for her. But she would soon find out. After only seven months of dating the love of her life, she married him, and within the course of twenty-six months, she gave birth to three children.

In this hilarious book, Dallas shares highlights of what happened in her world when all her dreams came true. Broken bones, vacations gone amok, bizarre illnesses, home renovation disasters, crazy relatives—she wants readers to find comfort in knowing they aren't the only ones suffering from post-traumatic stress syndrome or buyer's remorse. And, yes, it's okay to admit that *both* conditions apply to parenting, though hopefully not all the time.

Channeling Erma Bombeck, Dallas will tell you the things your friends won't and the things other books are too afraid to print. With her irreverent humor and brash "tell it like it is" style, she'll help you laugh at everyday situations, easing the pressure of the toughest job in the world: being a mom.

AWARDS & REVIEWS

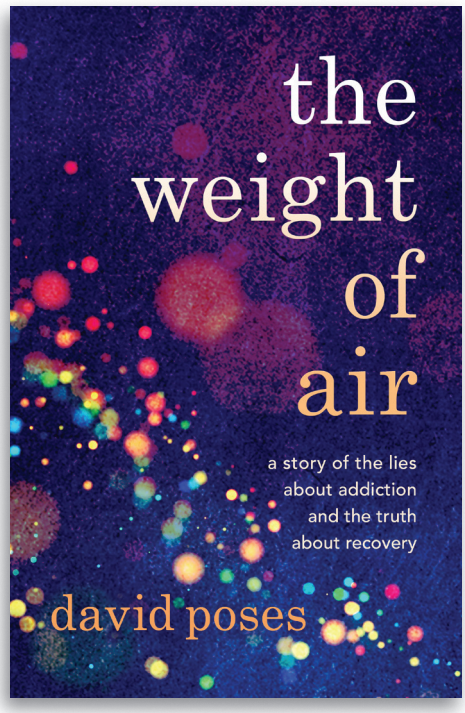
Awards: Mom's Choice Gold Award, Ben Franklin Silver, IPPY Bronze, Independent Press Award Distinguished Favorite, International Book Award Finalist, NYC Big Book Award Distinguished Favorite, Best Book Award Finalist

"Earthy, matter-of-fact, and simply hilarious, as well as thought-provoking. Mothers seeking a bit of humor about their child-rearing experiences will find it in droves." ***—Midwest Book Review***

"A compassionate and rather humorous look at motherhood . . . [It] will have readers feeling refreshed . . . A great, lighthearted read."***—Readers' Favorite*** **(5 stars)**



DALLAS LOUIS grew up in Austin, Texas. She earned a BA degree in Christianity from Houston Baptist University and served as the women's ministry director of her church for seven years. A former field leader for MOPS (Mothers of Preschoolers) International, Dallas now travels the country speaking to women's groups, encouraging them in their faith, parenting, marriages, and ministries. Her first book, *Girlfriends, Giggles, and God*, is a thirty-one-day, humor-filled devotional, reflecting upon circumstances that arise in every woman's household. She lives in Houston with her husband and three children.



the weight of air

a story of the lies about addiction and the truth about recovery

by david poses

While his wife and two-year-old daughter watched TV in the living room, David Poses was in the kitchen, measuring the distance from his index finger to his armpit. He needed to be sure he could pull the trigger with a shotgun barrel in his mouth. Twenty-six inches. Thirty-two years old. Thirteen years in a double life fueled by heroin addiction and mental illness.

In *The Weight of Air*, David chronicles his struggle to overcome mental illness and addiction. By age nineteen, he had been through medical detox, inpatient rehab, twelve-step programs, and a halfway house. He saw his drug use as a symptom of depression, but the experts insisted that addiction was the problem. Over the next thirteen years, he went from one relapse to the next, drowning in guilt, shame, and secrets, until he finally found an evidence-based treatment that not only saved his life, but helped him thrive.

With grit, humor, and brutal honesty, David's story exposes the danger in traditional recovery models: they actually increase stigma and the risk of overdose, relapse, and death. As depression and addiction rates skyrocket and overdose fatalities surge, *The Weight of Air* is a scathing indictment of our failed response to the opioid crisis—and proof that success is possible.

AWARDS & REVIEWS

Awards: IPPY Bronze, National Indie Excellence Award Winner, Memoir Book Prize, Best Book Award Winner, International Book Award Winner, Independent Press Award Winner

"Soulful, achingly honest . . . A potent addition to the literature on drug addiction and recovery."**—*Kirkus Review* (starred)**

"A searingly honest addiction memoir with a much-needed perspective."
—Maia Szalavitz, *New York Times* best-selling author of *Unbroken Brain*

BIOGRAPHY & AUTOBIOGRAPHY / Memoirs

SELF-HELP / Substance Abuse & Addictions / Drugs

Publication Date: July 6, 2021
Hardcover, 978-1-954861-99-2
252 pages | 6 x 9 | $26.95 US

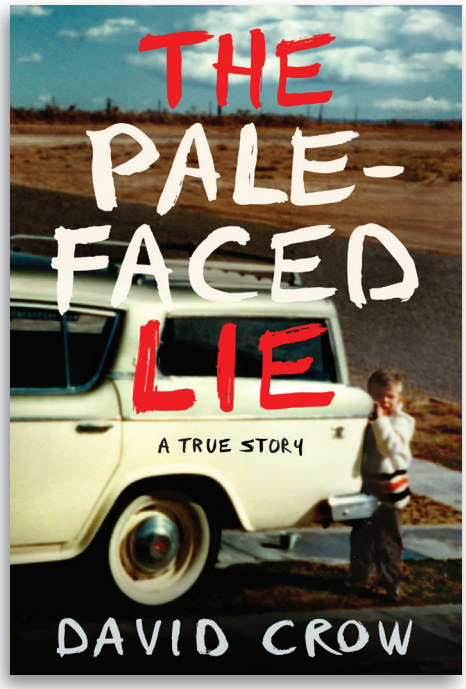
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DAVID POSES was a writer, speaker, and activist. After hiding his struggle with depression and opioids for twenty years, he started opening up and challenging conventional addiction wisdom. He was published by the *Washington Post, Los Angeles Times*, and *New York Daily News* and appeared on national TV programs, including *The Doctors TV Show*, and numerous radio shows and podcasts. With candor, humor, and a unique perspective informed by science and experience, he advocated for evidence-based approaches to drug policy, prevention, and treatment. David passed away in February 2022, but his legacy will live on.



BIOGRAPHY & AUTOBIOGRAPHY / Memoirs

TRUE CRIME / General

Publication Date: May 7, 2019

Hardcover, 978-0-9974871-7-6
352 pages | 6 x 9 | $29.95 US

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Paperback, 978-0-9974871-5-2
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THE PALE-FACED LIE

A TRUE STORY

BY DAVID CROW

Growing up on the Navajo Indian Reservation, David Crow and his siblings idolized their dad, a self-taught Cherokee who loved to tell his children about his World War II feats. But as time passed, David discovered the other side of Thurston Crow, the ex-con with his own code of ethics that justified cruelty, violence, lies—even murder. Intimidating David with beatings, Thurston coerced his son into doing his criminal bidding. David's mom, too mentally ill to care for her children, couldn't protect him.

Through sheer determination, David managed to get into college and achieve success. When he finally found the courage to refuse his father's criminal demands, he unwittingly triggered a plot of revenge that would force him into a deadly showdown with Thurston Crow.

Raw and palpable, *The Pale-Faced Lie* is an inspirational story about the power of forgiveness and the strength of the human spirit.

AWARDS & REVIEWS

Awards: Spur Award Winner for Best Western First Nonfiction Book, Spur Award Finalist for Best Western Contemporary Nonfiction, IPPY Silver Award, Next Generation Indie Award, International Book Award, Readers' Favorite Gold

"This painful memoir . . . delivers a truthful and ultimately empowering missive about the long shadow cast by an abusive parent."—***Publishers Weekly***

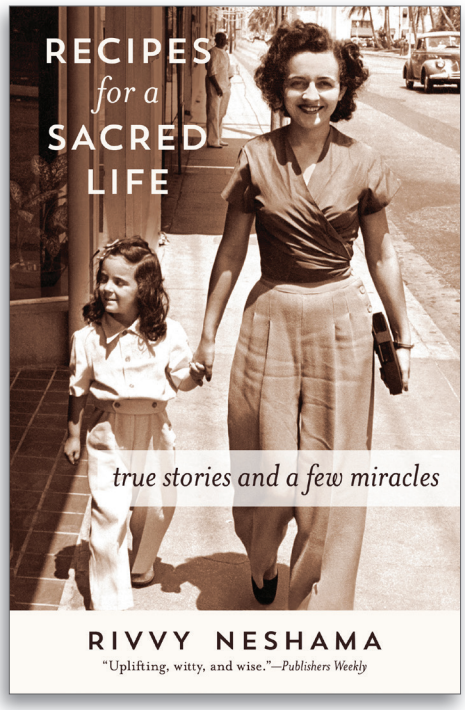
"For fans of Tara Westover's *Educated*, *The Pale-Faced Lie: A True Story* is a disturbing yet captivating memoir of how one man's psychopathic delusions can imprison an entire family."—***New York Journal of Books***

"Crow's memoir is cinematically gripping. . . . An extraordinary remembrance that's both gut-wrenching and inspiring."—***Kirkus Reviews***

"[Crow] has considerable wisdom to impart and an unexpected ending that will linger in memory. I promise that you've never read a book quite like this one."
—Jeff Guinn, *New York Times* best-selling author



DAVID CROW spent his early years on the Navajo Indian Reservation in Arizona and New Mexico. Through grit, resilience, and a thirst for learning, he escaped his abusive childhood, graduated from college, and built a successful lobbying firm in Washington, DC. Today, David is a sought-after speaker, giving talks to various businesses and trade organizations around the world. An advocate for women, he is donating a percentage of his royalties from *The Pale-Faced Lie* to Barrett House, a homeless shelter for women in Albuquerque. David and his wife, Patty, live in the suburbs of DC.



RECIPES *for a* SACRED LIFE

true stories and a few miracles

BY RIVVY NESHAMA

On a dark winter night with little to do, Rivvy Neshama took a "Find Your Highest Purpose" quiz. And the funny thing was, she found it: to live a sacred life. Problem was, she didn't know how.

But she set out to learn. And in the weeks and months that followed, she began to remember and encounter all the people and experiences featured in this book—from her father's jokes to her mother's prayers, from Billie in Harlem to a stranger in Salzburg, and from warm tortillas to the humble oatmeal. Each became a story, like a recipe passed down, beginning with her mother and her simple toast to life.

Neshama's true tales, a memoir of sorts, are filled with love, warmth, and timeless wisdom. They ground us, and they lift us up. They make us laugh, and they make us cry. And most of all, they connect us more deeply with the grace and meaning of our lives.

AWARDS & REVIEWS

Awards: IPPY Gold Award, Nautilus Silver Award, COVR Award, Mom's Choice Gold Award, Foreword Reviews Indies Finalist, named one of "The Best Spiritual Books of 2020" by *Spirituality & Practice*

"Exquisite storytelling. . . . Written in the spirit of Elizabeth Gilbert or Anne Lamott, Neshama's stories (and a few miracles) are uplifting, witty, and wise." ***—Publishers Weekly***

"*Recipes for a Sacred Life* left us moved—and changed. . . . Wise, poignant, funny, and inspiring."***—Redbook***

"Rivvy's bite-sized stories will make you nod with deepest knowing. It's a magical companion."***—HuffPost***

"A bright promise of awakening. . . . The tales carry a resonance similar to healing stories from Rachel Naomi Remen's *Kitchen Table Wisdom*."***—Foreword Reviews***

BODY, MIND & SPIRIT / Inspiration & Personal Growth

SELF-HELP / Personal Growth / Happiness

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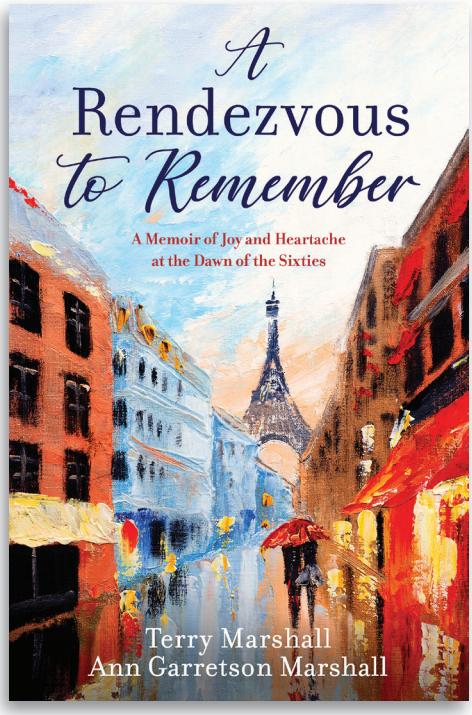
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RIVVY NESHAMA is a writer, editor, and community organizer who holds degrees in philosophy, comparative literature, social work, and education. She has been a teacher and social worker in Harlem, a campaign manager in Boulder, a college instructor in Queens, and a tarot card reader at Macy's on Halloween. Neshama's writing has appeared in *Ms.*, *Glamour*, *Spirituality & Health*, *Story Magazine*, and the *New York Times*. She is also the author of the children's book *Nat Turner and the Virginia Slave Revolt*. Rivvy lives in Boulder, Colorado, with her husband, John.

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BIOGRAPHY & AUTOBIOGRAPHY / Memoirs
BIOGRAPHY & AUTOBIOGRAPHY / Social Activists

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378 pages | 6 x 9 | $29.95 US

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A Rendezvous *to Remember*

A Memoir of Joy and Heartache at the Dawn of the Sixties

By Terry Marshall and Ann Garretson Marshall

A sophomore in college, Ann Garretson is disillusioned with the dating scene. Believing she can steer love in the right direction, she sets her sights on Lieutenant Jack Sigg, her steadfast pen pal stationed on the German-Czech border. In the tumultuous summer of 1964, she skips her graduation and embarks on a journey across Europe, convinced she'll return home as his fiancée.

But then an unexpected proposal arrives—not from Jack, but from her best friend, Terry, a conscientious objector preparing for the Peace Corps—or possibly prison, if the draft board intervenes. Now Ann is caught between two wildly different futures: one with Jack, who offers the familiar comforts of a military life, and another with Terry, whose passion for justice and adventure pulls her in another direction. And she loves them both.

Torn by her heart and the weight of her family's expectations, Ann faces an agonizing decision in a rapidly changing world. *A Rendezvous to Remember* is a poignant, unfiltered true account of love, loss, and self-discovery in the 1960s—where every choice has the power to change everything.

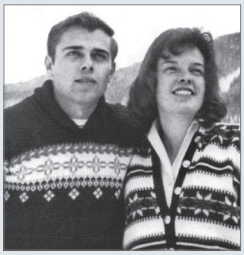
AWARDS & REVIEWS

Awards: International Book Award Finalist for Best Cover Design Nonfiction, Best Book Award Finalist for Best Cover Design Nonfiction

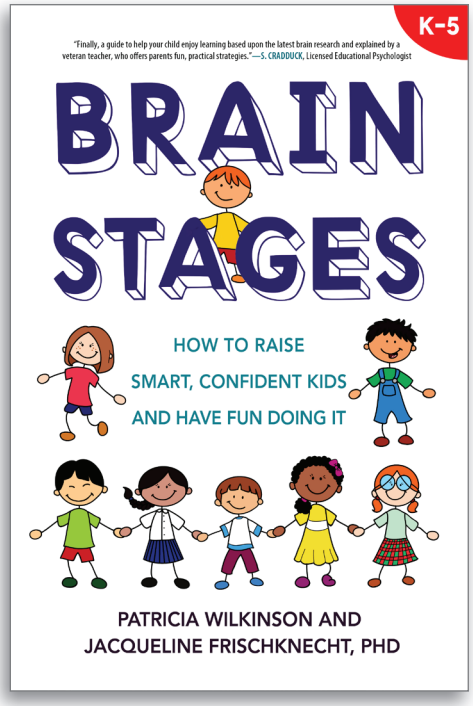
"The story transcends personal autobiography alone, charting the course of not just two disparate lives, but a nation."—***Midwest Book Review***

"A love story you'll never forget."—**Hope Edelman, #1 *New York Times* best-selling author of *Motherless Daughters***

"Humorous and heartbreaking, the dueling narrative is stunning, surprising, and inspiring."—**Samantha Vérant, author of *Seven Letters from Paris***



TERRY & ANN MARSHALL taught English in the Philippines as Peace Corps volunteers and later served as Peace Corps country co-directors in the Solomon Islands, Kiribati, and Tuvalu. Back in the States, they worked side by side as community organizers and activists in Colorado. Terry went on to write fiction and nonfiction works on discrimination, poverty, rural development, and intercultural conflict. Ann has thirty years of experience as a writer, editor, and community-government go-between for issues related to nuclear and hazardous waste cleanup. Always seeking adventure, Terry and Ann have traveled to forty-three countries. They live in Las Vegas, Nevada.



BRAIN STAGES

HOW TO RAISE SMART, CONFIDENT KIDS AND HAVE FUN DOING IT, K–5

BY PATRICIA WILKINSON AND JACQUELINE FRISCHKNECHT, PHD

A grade-by-grade guide through the formative elementary school years, *Brain Stages* will show you how to have fun with your kids as you help them grow into successful, well-adjusted humans.

Drawing from thousands of hours of research and decades of education experience, veteran teacher Patricia Wilkinson and learning expert Jacqueline Frischknecht, PhD, offer tools and advice that will boost your child's brainpower, social skills, and love for learning.

You'll discover how brains develop and what you can do to promote healthy growth, the best form of praise that builds confidence and self-esteem, surefire ways to help a struggling child get caught up in math or reading, how to get your gifted child's needs met, ideas for helping an anxious child relax, and tips for teaching kids the art of building healthy relationships. Even more, *Brain Stages* has over 150 games and activities to engage and nurture young minds!

Whether you have a child who has fallen behind, an extra smart kid you want to keep intrigued, or a grade-schooler who could use some help getting along with others, *Brain Stages* will give you the information and support you need to be an effective parent and enjoy your child-raising journey.

AWARDS & REVIEWS

Awards: Readers' Favorite Bronze

"A fun, informative resource that every parent will find valuable and easy to read."
—Eric Jensen, PhD, Brain-Based Learning

"*Brain Stages* is very especially recommended for its specific programs, age-appropriate observations and applications, and for creating a structure that will make it easy for adults to craft a road map to success."***—Midwest Book Review***

EDUCATION / Elementary
EDUCATION / Parent Participation

Publication Date: November 14, 2018

Paperback, 978-0-9855815-0-3
356 pages | 6 x 9 | $16.95 US

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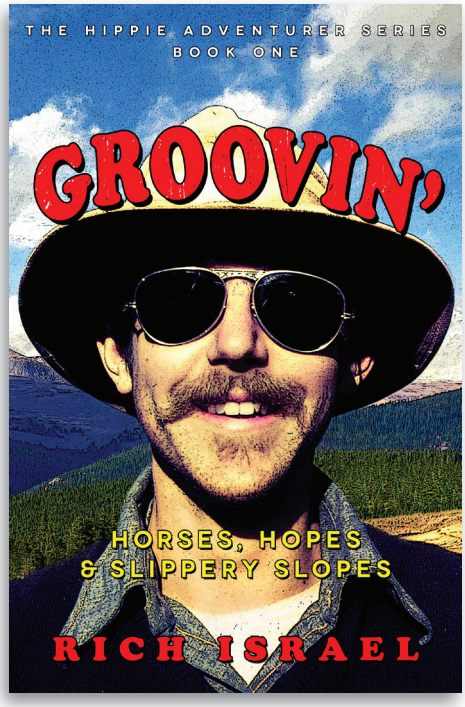
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PATRICIA WILKINSON spent twenty-three years in the classroom, where she had the rare, wonderful opportunity to teach all the elementary school grades. Throughout that time, she developed numerous games and activities to facilitate learning.



JACQUELINE FRISCHKNECHT earned her undergraduate degree in education from the University of Colorado and an MA in library science and PhD in communication from the University of Denver. She authored or coauthored eight books on education.



GROOVIN'

HORSES, HOPES & SLIPPERY SLOPES

BY RICH ISRAEL

In this spirited memoir of adventure and self-discovery, Rich Israel takes us on his journey during the tumultuous and transformative sixties. Eschewing societal norms, he hitchhikes across the country, tries his hand at mining, works at a circus, and rides a horse hundreds of miles through the Rocky Mountain wilderness—all the while, the draft and the Vietnam War are nipping at his heels.

Join Rich and his canine companion, Charlie, as they encounter one colorful character after another, from a rifle-toting hippie to a loudmouthed carnival boss to a sultry flower child, whose bewitching powers lead to lust and longing–and heartbreak. A consummate storyteller, Rich peppers his writing with wit and sensitivity, as well as insights often revealed through mind-blowing acid trips.

If you were there during this unique period in American history, *Groovin'* is certain to spark treasured memories. If not, you will get to enjoy the flavor and exhilaration associated with catching that phenomenal wave.

AWARDS & REVIEWS

Awards: Readers' Favorite Bronze

"The author is a highly skilled storyteller . . . The dialogue is crisp and well-placed . . . The reader is engaged from the first page to the last."—***Readers' Favorite*** **(5 stars)**

"Israel's flowing memoir is well organized, recounting the laughs, the sensuality, the highs, and the sometimes very real danger he indulged in without apparent residual regret or embarrassment. He was always ready to move to the next happening, loveliest, or mountaintop trail." **RECOMMENDED—*US Review of Books***

"Readers seeking an evocative, 'you are there' feel to a series of often-zany 1960s encounters will relish the tone and presentation of *Groovin'*, a saga of hippie days gone wild."—***Midwest Book Review***

BIOGRAPHY & AUTOBIOGRAPHY / Adventurers & Explorers

TRAVEL / Special Interest / Adventure

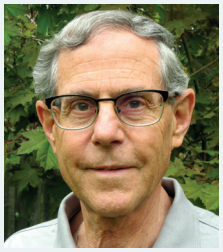
Publication Date: December 7, 2016

Paperback, 978-0-9974871-3-8
298 pages | 5.5 x 8.5 | $14.95 US

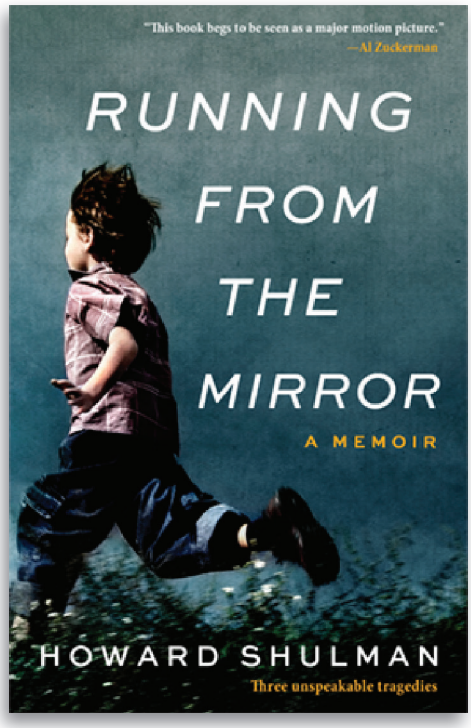
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RICH ISRAEL was born in December 1945. The baby boomer generation officially began on January 1, 1946, so he likes to say he was sent ahead as a scout to prepare the way. After graduating from the University of California, Davis, he worked for the entomology department for a year before dropping out and embarking on many of the adventures described in his writings. A half-decade later, he coauthored the first back-to-the-land book for his generation—*Homesteader's Handbook*—and went on to study natural medicine, releasing *The Natural Pharmacy Product Guide* in 1991. Rich lives with his wife, Doris, in Boulder, Colorado.



BIOGRAPHY & AUTOBIOGRAPHY / Memoirs

BIOGRAPHY & AUTOBIOGRAPHY / Survival

Publication Date: October 5, 2015

Paperback, 978-0-9855815-3-4
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RUNNING FROM THE MIRROR

A MEMOIR

BY HOWARD SHULMAN

Just three days after he was born, Howard Shulman contracted an infection that attacked his face, devouring his nose, lips, lower right eyelid, tear ducts, and palate. Abandoned at the hospital by his parents, he became a ward of New Jersey under the care of a state-employed surgeon who experimentally rebuilt his face.

Running from the Mirror is a poignant story of one man's struggle to survive against staggering odds. Howard gives an unflinching account of growing up a bullied outcast with no family to officially call his own. Relying on little more than street smarts and grit, he rises from dishwasher to successful entrepreneur. When a chance event shatters his world once again, he must make a daunting choice: live in the shadows of his painful past or summon the strength to make peace with it.

Filled with heart-wrenching suffering as well as soul-lifting joy, *Running from the Mirror* is a testament to the resilience of the human spirit.

AWARDS & REVIEWS

Awards: American Legacy Award, First Horizon Legacy Nonfiction, Eric Hoffer Grand Prize Short List, Montaigne Medal Finalist

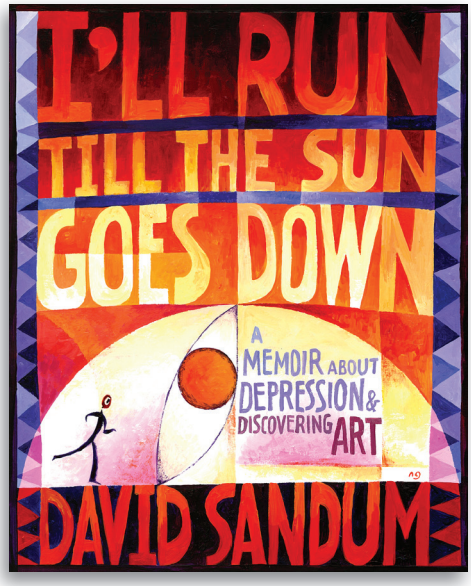
"Compelling memoir . . . [*Running from the Mirror*] provides a memorable reading experience, as well as an education."—***US Review of Books***

"Vivid and engrossing from start to finish. As much as Shulman is influenced by his physical appearance and his childhood traumas, he is also driven by an inner resolve to create a better life for himself."—***Midwest Book Review***

"This book begs to be seen as a major motion picture!"—**Al Zuckerman, founder of Writer's House and best-selling author of *Writing the Blockbuster Novel***



HOWARD SHULMAN lost a good part of his face to a staph infection shortly after he was born, and his parents abandoned him. He became a ward of the state of New Jersey and spent his early childhood confined to a hospital. Years later, a veteran of the foster care system and a homeless dropout, Howard did what he had to do to turn his life around, ultimately becoming the owner of a thriving business. He currently lives in San Diego with his wife and two stepdaughters.



I'LL RUN TILL THE SUN GOES DOWN

A Memoir About Depression & Discovering Art

BY DAVID SANDUM

David Sandum appeared to have it all: a beautiful young family and a promising career ahead as a business consultant. But his life started veering off course, and upon returning to his native Scandinavia, he fell into an inexplicable, deep depression.

I'll Run Till the Sun Goes Down is a searingly honest account of David's struggle to overcome his crippling mental illness. After years of hopeless despair, bleak hospitalizations, and shattered dreams, he is finally saved by his art. The paintbrush becomes his lifeline.

Richly illustrated with the work of the artists who have inspired him as well as samples of his own drawings and paintings, this memoir offers both a compelling read and a visual story of David's courageous battle with depression.

AWARDS & REVIEWS

Awards: First Horizon Award Winner, The da Vinci Eye Award Finalist, Eric Hoffer Micro Press Award Winner, Eric Hoffer Grand Prize Short List, Southwest Book Design & Production President's Choice Award

"A groundbreaking book that is visually stunning, psychologically hard-hitting, and emotionally mesmerizing."—***US Review of Books***

"Honest and open, painful and raw, but also reflective and forward looking. It is insightful and useful, not only for those who struggle with mental health, but also for their families, friends, and colleagues."—**Tom Egeland, best-selling author of *Relic***

"David Sandum affords us a rare glimpse into a world often misunderstood, even by those who find themselves living in it. . . . Sandum's awakening to art and its practice, while he is still in the grips of the disease, is a testament to the infinite wisdom of creativity."—**Nat George, visual artist and curator, Los Angeles**

BIOGRAPHY & AUTOBIOGRAPHY / Artists, Architects, Photographers

SELF-HELP / Mood Disorders / Bipolar Disorder

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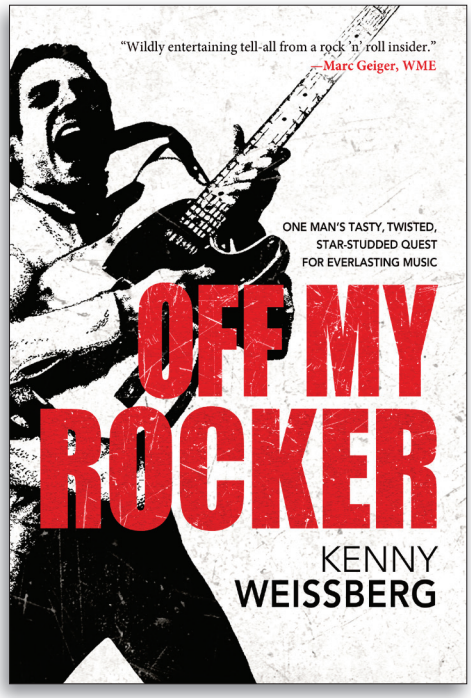
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DAVID SANDUM was born in Gothenburg, Sweden, and lived several years as a young man in the United States. He attended the University of Utah and graduated in 1999 with a BA in speech communication. When he became ill with depression, he turned to writing and art to grapple with his symptoms. A thriving painter today, he earned international acclaim in 2020 by founding TwitterArtExhibit, a social media initiative that enlists artists to help raise funds for local charities. This annual event has gone global, taking place in such cities as Los Angeles, Orlando, and New York City. David lives with his wife in Moss, Norway.



OFF MY ROCKER

ONE MAN'S TASTY, TWISTED, STAR-STUDDED QUEST FOR EVERLASTING MUSIC

BY KENNY WEISSBERG

He messed with James Brown's perfect hair. He counted a pile of cash with Aretha Franklin in her hotel room. He ate popcorn with Leonard Cohen. He cured a dying sparrow with Joan Baez. He got bamboozled by Chuck Berry.

Kenny Weissberg followed the music his entire career. A disc jockey, critic, rock singer, bandleader, and concert promoter, he lived all his childhood dreams—some of which turned into nightmares.

Off My Rocker presents a rollicking, backstage look at the joys and painful realities of a life devoted to music. During his early years as a radio personality, Weissberg basks in the creative glow of the free-spirited, post-Woodstock era but later rebels against the soulless corporate takeover of the music he's loved forever. Along the way, he detours to the dark side, succumbing to the greed, deceit, theft, and drugs that plague the entertainment industry.

In lively prose and vivid detail, Weissberg shares stories about the eccentric cast of characters who cross his path, including a spectacular array of showbiz legends. Equal parts spicy confessional and pop-culture adventure, with trenchant insights throughout, this page-turner of a memoir will stay with you long after the closing credits.

AWARDS & REVIEWS

Awards: IPPY Gold, Eric Hoffer Honorable Mention, Eric Hoffer First Horizon Finalist

"Wildly entertaining tell-all from a rock 'n' roll insider."**—Marc Geiger, Head of Music, William Morris Endeavor**

"I've read nearly every music memoir that has been released in the past ten years and *Off My Rocker* is in the top five."**—Deborah Speer, *Pollstar***

BIOGRAPHY & AUTOBIOGRAPHY / Memoirs

BIOGRAPHY & AUTOBIOGRAPHY / Music

Publication Date: September 23, 2013

Hardcover, 978-0-9855815-6-5
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KENNY WEISSBERG has been a music junkie since he got his first transistor radio at age seven. After graduating from the University of Wisconsin in 1970, he traveled west to Boulder, Colorado, where he played an integral part in the music and media communities for more than a decade as a DJ/talk show host, rock critic, and the lead singer/guitarist for his band, Kenny & the Kritix. In 1983, Kenny moved to San Diego and produced the internationally acclaimed Humphrey's Concerts by the Bay series for twenty-three years while hosting the award-winning *Music Without Boundaries* radio show on five stations. Kenny lives in San Diego with his wife, Helen Redman.