

RIGHTS GUIDE

NON-FICTION
RIGHTS
AUTUMN 2025

BLACKBIRD
LITERARY AGENCY



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THE WAYS OF THE ANCESTOR

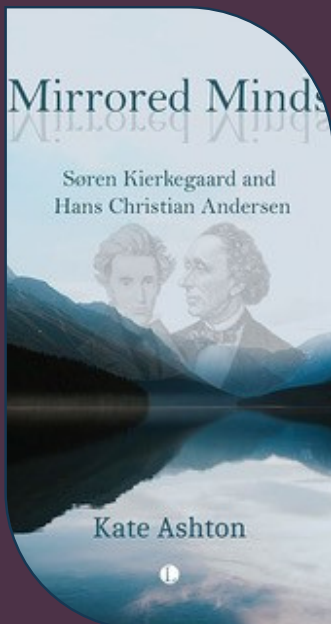
BY CORNELIA FEYE

The project is based on the diary of the author's grandparents, which chronicles forty years of tumultuous personal and political history. She only found the diary two years ago in her brother's basement in Berlin. It begins in Manchuria where Cornelia Feye's grandparents met in 1928, followed by their escape after the Mukden Incident in 1931 and the Japanese occupation, their dramatic journey on the Transsiberian railroad from Harbin to Moscow and Berlin, the years of unemployment during the Weimar Republic, the rise of the National Socialists, and WWII, her grandfather's four years as POW in Siberia and finally the reconstruction and economic prosperity in post-war Germany.

The diary movingly tells the great love story between two very different people – her grandfather Kornelius, a Swabian former's son, and grandmother Frida, a twelve-year-older cultured Swiss milliner, that fate brought together for unknown reasons in Mukden. Beside the trans-generational and historical components of this project, it also touches on deeper philosophical themes such as destiny versus free will, and the role of faith in surviving insurmountable obstacles.

ADDITIONAL INFORMATION:
TO BE PUBLISHED
MANUSCRIPT AVAILABLE

Memoir & Biography



MIRRORED MINDS

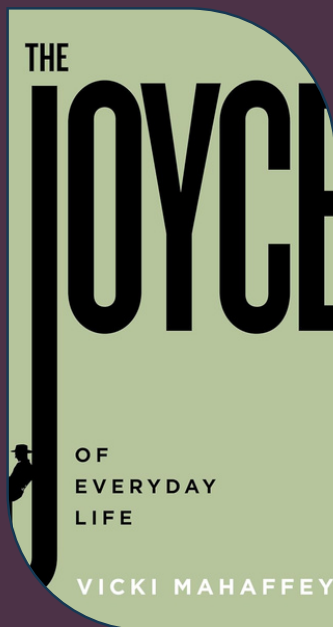
BY KATE ASHTON

In her unique dual biography, Kate Ashton delineates the parallel lives of Hans Christian Anderson and Søren Kierkegaard, their personal relationship, literary careers, and lasting cultural influence on the western and wider world. These two towering literary geniuses followed radically divergent paths, and yet each read and reacted to the immense power and depth of the other's growing oeuvre as it refracted their own.

Against the backdrop of the end of Golden Age Denmark within a warring Europe, and the spiritual and sexual repression of Reformed Christianity, each suffered the fate of the prophet unhonoured in his hometown of Copenhagen. Tracing their lives from childhood trauma to tragic love affairs and anguished isolation, Ashton illuminates counteractive response to experience: one an inward search for truth and self-knowledge, the other flight into distraction and fantasy.

'In Mirrored Minds, Kate Ashton thoughtfully explores the neglected connection between Søren Kierkegaard and Hans Christian Andersen. With keen insight, she examines their intertwined lives, creative struggles, and continuing impact, offering a profound reflection on faith, doubt, reality, and imagination. Beautifully written, this book is not only fascinating but a joy to read.' - Prof. Andrew Torrance, Professor of Theology, School of Divinity, Univ. of St Andrews

ADDITIONAL INFORMATION:
PUBLISHED 2025 (LUTTERWORTH PRESS) –
PAPERBACK - ISBN:9780718897512 - 275
PAGES + 31 B&W ILLUSTRATIONS



Memoir & Biography



THE JOYCE OF EVERYDAY LIFE

BY VICKI MAHAFFEY

Part of James Joyce's genius was his ability to find the poetry in everyday life. For Joyce, even a simple object like a table becomes magical, "a board that was of the birchwood of Finlandy and it was upheld by four dwarfmen of that country but they durst not move more for enchantment." How might we learn to regain some of the child-like play with language and sense of delight in the ordinary that comes so naturally to Joyce?

The Joyce of Everyday Life teaches us how to interpret seemingly mundane objects and encounters with openness and active curiosity in order to attain greater self-understanding and a fuller appreciation of others. Through a close examination of Joyce's joyous, musical prose, this book shows how language provides us with the means to revitalize daily experience and social interactions across a huge, diverse, and everchanging world. Acclaimed Joyce scholar Vicki Mahaffey demonstrates how his writing might prompt us to engage in a different kind of reading, treating words and fiction as tools for expanding the boundaries of the self with humor and feeling. A book for everyone who loves language, This book is a lyrical romp through quotidian existence.

ADDITIONAL INFORMATION:
PUBLISHED 2025 (RUTGERS UNIV.
PRESS/BUCKNELL - PAPERBACK - 276 PAGES -
ISBN: 9781694485277

NO LONGER MINE

BY NANCY DE HEER

Lisa falls in love with Tom. She is drawn to his charm and declarations of love. But as their relationship deepens, she finds herself entangled in a maze of contradictions in Tom's character. In public, he is courteous, funny, and charming. In private, he argues about everything that affects their lives, determined to get his way. Although Lisa doesn't shy away from confrontation in the early stages of their relationship and often puts Tom in his place, her world gradually begins to shrink. Tom's manipulations are so subtle that she ignores every sign of resistance, giving him more and more space to tighten his grip on her mental freedom. She also becomes entangled in her sincerity toward family and friends who idolize Tom.

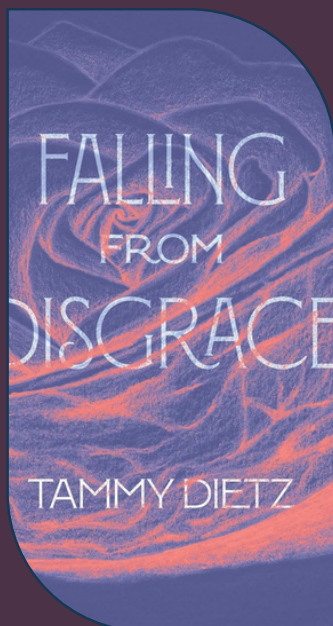
This is the story of a woman fighting for the impossible: a relationship of equals with an emotionally unstable man who exhibits all the signs of narcissistic personality disorder. It tells of her struggle to find a way out of the harmful situation she and her children have become deeply embedded in. But taking the step to leave this suffocating marriage is so difficult that Lisa retreats into a world of self-deception and lies—toward herself and those around her.

No Longer Mine is about how hard it is to break away from a toxic relationship. About the inner battle required to walk a path that initially seems impassable. It is about discovering the strength within yourself to choose freedom. A story that shows there is always a choice—and how much richness lies in following your heart.

ADDITIONAL INFORMATION:
NOT YET PUBLISHED - COMPLETE ENGLISH MSS
APPROX. 64,000 WORDS



Memoir & Biography



OH NO HE DIDN'T BY WENDY J. MURPHY

Stories of brilliant women whose inventions, discoveries, and creations were credited to the men who stole them.

Don't you hate it when someone takes credit for another person's idea? It happens a lot, and the people who lose out are often women. This book tells the stories of women whose inventions, discoveries, and creations were credited to men—women like Zelda Fitzgerald, the novelist, painter, and playwright who was more than F. Scott's wife, and Margaret Knight, who invented the flat-bottomed paper bag but saw the patent go to a man who stole off to the Patent Office with her idea.

By telling the stories of the brilliant women artists, inventors, scientists, architects, and mathematicians who were denied their due, *Oh No He Didn't!* will help all women tackle obstacles and create a kinship of understanding that will inspire and transcend generations.

ADDITIONAL INFORMATION:
PUBLISHED 2024 (CYNCREN PRESS) -
HARDBACK - 240 PAGES & 72 ILLUSTR. - ISBN:
9781947976436

FALLING FROM DISGRACE BY TAMMY DIETZ

Winner - Great Northwest Book Festival Best Memoir 2025

Winner - Firebird Book Award 2024

Silver - The BookFest Award

Finalist - American Writing Awards Memoir 2024

Tammy Dietz grew up committed to her family's Mormon faith, a profoundly patriarchal hierarchy that declares men superior and women subordinate, that demands devotion, purity, and chastity. But when the dogma of the Church of Jesus Christ of Latter-Day Saints clashes with the forces of a changing world, Tammy's destiny transforms.

Patriarchy provides order but also chaos in a family with a depressed mother and a hoarding father. Set in the affluent Bay Area, Tammy's coming-of-age story is one of poverty amid wealth and a desire for status, recognition, and inclusion, both inside the Church and out. But when Tammy breaks the most serious of rules, her once certain path falters, her once protective community turns intrusive, and she finds herself on an unexpected journey.

ADDITIONAL INFORMATION:
PUBLISHED 2025 (CYNREN PRESS) - HARDBACK
- 246 PAGES - ISBN: 9781947976450



Memoir & Biography



THE PAINTED PINK DRESS

BY MINU CASH

Sold: approx. 15.000 copies

A passionate memoir about identity, resilience, and the healing power of forgiveness

From her earliest memories, Minu felt like an outsider. It wasn't just her peculiar name, but also her light skin and cinnamon-swirl hair—so unlike the dark features of her Mexican family—that drew comments from neighbors and strangers. No one took her questions seriously, leaving her yearning for answers. Meanwhile, she had to endure her father's violence, her mother's negligence, and the poverty and drugs in Cashion, Arizona. Determined to carve out her own destiny, Minu embarked on a journey to uncover the mysteries of her past. After years of lies and mistreatment, she finally found the strength to confront the one person who knew the truth—the one person who could give her the peace she so desperately longed for. Written with passion and grit, *The Painted Pink Dress* is an extraordinary true story about overcoming trauma and forging a path forward. Most of all, it is about the power of forgiveness and resilience in the face of hardship.

ADDITIONAL INFORMATION:
PUBLISHED 2024 (CYNCREN PRESS) -
HARDBACK - 240 PAGES & 72 ILLUSTR. - ISBN:
9781947976436

RUNNING FROM THE MIRROR

BY HOWARD SHULMAN

First Horizon Legacy - Nonfiction

Short Listed - Eric Hoffer Grand Prize

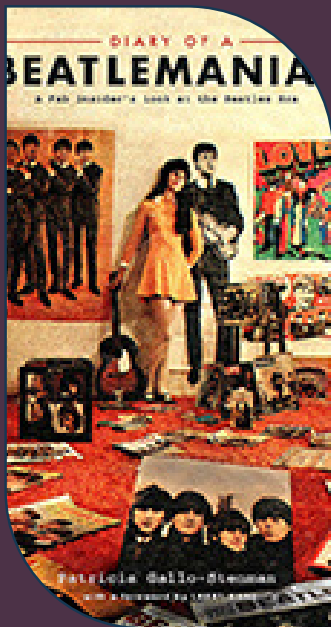
Finalist 2018 - Montaigne Medal

As quickly as his face dis-appeared, so did his mother and father.

Just three days after he was born, Howard Shulman contracted an infection that attacked his face, devouring his nose, lips, lower right eyelid, tear ducts, and palate. Abandoned at the hospital by his parents, he became a ward of New Jersey under the care of a state-employed surgeon who experimentally rebuilt his face. *Running from the Mirror* is a poignant story of one man's struggle to survive against staggering odds and create a meaningful life for himself. With unapologetic candor, Howard gives an unflinching account of growing up a bullied outcast, with no family to officially call his own. Relying on little more than street smarts and grit, he rises from dishwasher to successful entrepreneur. Along the way, a European actress, a schoolteacher, and a fiery Latina help transform his life. Filled with heart-wrenching suffering as well as soul-lifting joy, *Running from the Mirror* is a testament to the resilience of the human spirit.

'Vivid and engrossing from start to finish. As much as Shulman is influenced by his physical appearance and his childhood traumas, he is also driven by an inner resolve to create a better life for himself.' - Midwest Book Review

ADDITIONAL INFORMATION:
PUBLISHED 2015 (SANDRA JONAS PUBLISHING)
PAPERBACK - 248 PAGES - ISBN:
978095581534



DIARY OF A BEATLEMANIAC

BY PATRICIA GALLO-STENMAN

Winner 2022 - Independent Press Award, Arts & Entertainment

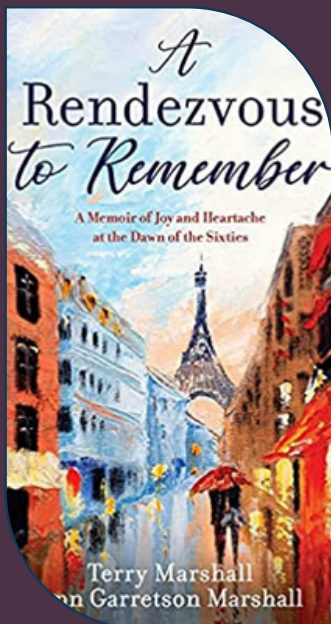
A Fab Insider's Look at the Beatles Era.

Driven by the frenzy of fan clubs, Beatles concerts, and endless dreams and meeting schemes, *Diary of a Beatlemania: A Fab Insider's Look at the Beatles Era* romps through the heady, roller-coaster days of Beatlemania as seen through the eyes of one Philadelphia schoolgirl and her band of 'Beatle Buddies.'

Compiled from the author's own diary and extensive scrapbooking, and featuring a wealth of original photographs and exclusive interviews with Victor Spinetti and Hy Lit, this extraordinary slice of life peeks into the heart of an inner-city teen at the forefront of Beatlemania. For Beatlemaniacs of any age, this memoir offers a unique glimpse into the groovy days of the Swingin' Sixties and the chance to relive the magic of the pop-culture phenomenon called the Beatles.

ADDITIONAL INFORMATION:
PUBLISHED 2018 (CYNCREN PRESS) -
PAPERBACK - 214 PAGES & 31 PHOTO'S - ISBN:
9781947976030

Memoir & Biography



A RENDEZVOUS TO REMEMBER

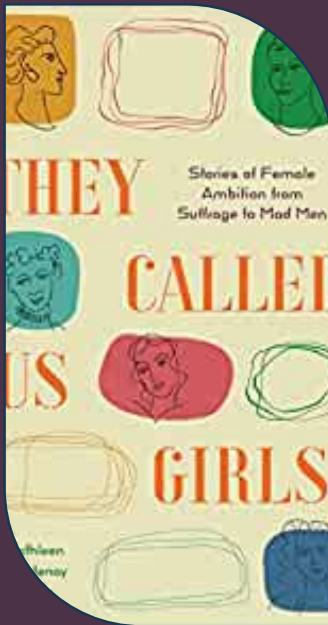
BY TERRY MARSHALL & ANN GARRETSEN MARSHALL

Frustrated with the dating scene, Ann Garretsen decided she couldn't leave love to chance. So she set her sights on "The One": her pen pal, Lieutenant Jack Sigg, a tank commander on the German-Czech border. In 1964, she skipped her college commencement to tour Europe with him, hoping to return as his fiancée. But a month into their rendezvous, her best friend, Terry, proposed marriage—by mail—throwing all their lives into turmoil.

Jack offered the military life Ann had grown up with. Terry, a conscientious objector, would leave for the Peace Corps at summer's end, unless the draft board intervened and sent him to jail. Her dilemma: she loved them both. Ann had to make an agonizing choice—a choice made all that much harder by her meddling parents, Terry's passionate pleas, and Jack's irresistible charm.

A Rendezvous to Remember is an intimate portrayal of relationships in the early sixties, written by a young woman finding her way in a changing world and by the man who ultimately won her heart. Provocative and delightfully uncensored, this coming-of-age memoir is a tribute to the enduring power of love and family.

ADDITIONAL INFORMATION:
PUBLISHED 2021 (SANDRA JONAS PUBLISHING)
HARDBACK - 378 PAGES - ISBN:
9781733338622



Memoir & Biography

THEY CALLED US GIRLS

BY KATHLEEN STONE

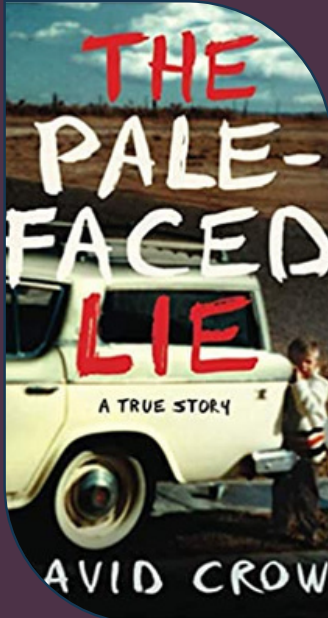
Finalist 2022 - Foreword Indies Book of the Year Award in Women's Studies

Finalist 2022 - IAN Book of the Year Awards, Women's Non-Fiction

In mid-twentieth-century America, women faced a paradox. Thanks to their efforts, World War II production had been robust, and in the peace that followed, more women worked outside the home than ever before, even dominating some professions. Yet the culture, from politicians to corporations to television shows, portrayed the ideal woman as a housewife. Many women happily assumed that role, but a small segment bucked the tide—women who wanted to use their talents differently, in jobs that had always been reserved for men.

In *They Called Us Girls* author Kathleen Stone meets seven of these unconventional women. In insightful, personalized portraits that span a half-century, Kathleen weaves stories of female ambition, uncovering the families, teachers, mentors, and historical events that led to unexpected paths. What inspired these women, and what can they teach women and girls today?

ADDITIONAL INFORMATION:
PUBLISHED 2022 (CYNCREN PRESS) -
HARDBACK - 222 PAGES & 34 ILLUSTR. - ISBN:
9781947976252



THE PALE-FACED LIE

BY DAVID CROW

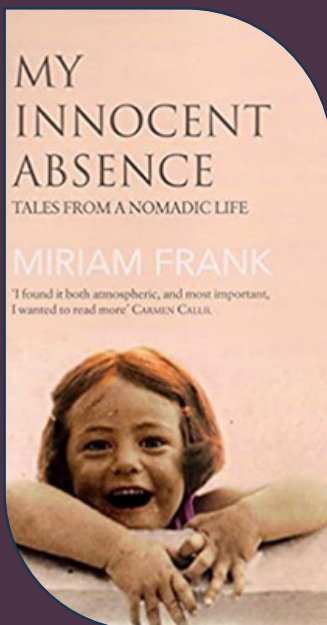
Translation rights sold: Lithuania, Poland & Brazil (Portuguese)

Sold: approx 265,000 copies - Amazon 5-star rankings: 16,000

A violent ex-con forces his son to commit crimes in this unforgettable memoir about family and survival.

Growing up on the Navajo Indian Reservation, David Crow and his three siblings idolized their dad, a self-taught Cherokee who loved to tell his children about his World War II feats. But as time passed, David discovered the other side of Thurston Crow, the ex-con with his own code of ethics that justified cruelty, violence, lies—even murder. Intimidating David with beatings, Thurston coerced his son into doing his criminal bidding. David's mom, too mentally ill to care for her children, couldn't protect him. Through sheer determination, David managed to get into college and achieve professional success. When he finally found the courage to refuse his father's criminal demands, he unwittingly triggered a plot of revenge that would force him into a deadly showdown with Thurston Crow. David would have only twenty-four hours to outsmart his father—the brilliant, psychotic man who bragged that the three years he spent in the notorious San Quentin State Prison had been the easiest time of his life. Raw and palpable, *The Pale-Faced Lie* is an inspirational story about the power of forgiveness and the strength of the human spirit.

ADDITIONAL INFORMATION:
PUBLISHED 2019 (SANDRA JONAS PUBLISHING)
PAPERBACK - 356 PAGES - ISBN:
9780997497152



Memoir & Biography

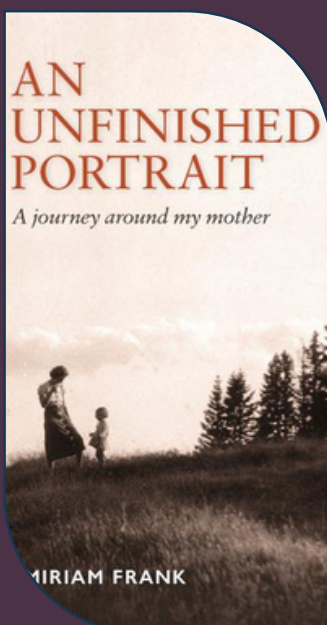
MY INNOCENT ABSENCE

BY MIRIAM FRANK

Born from expatriate parents, each, by then, already twice uprooted across Europe and the US, Miriam has scarcely mastered walking and her first language when her own odyssey into exile begins. By the age of eleven she has escaped two wars, crossed three oceans, lived in four continents, and switched languages four times. She belongs to no country till she reaches the age of seventeen, by which time Miriam is already studying medicine in her resolve to relieve pain and enhance life, in opposition to the trail of suffering and death, ordained and executed by humans to fellow humans, that has shadowed her life and become ingrained in her memory. The reader follows Miriam's vividly evoked experiences in war-torn Spain and France, and on to Casablanca, Mexico and New Zealand, while family members are murdered in Germany or flee to Holland, Palestine and Italy.

My Innocent Absence traces Miriam's journey from fragmentation to wholeness, revealing history's role in the formation and fate of the individual, along with the individual's inherent strength and resourcefulness to thrive in the face of adversity, and – beyond it – to break down barriers towards a more connected and compassionate world.

ADDITIONAL INFORMATION:
PUBLISHED - 200 PAGES & PHOTO'S -
HARDBACK

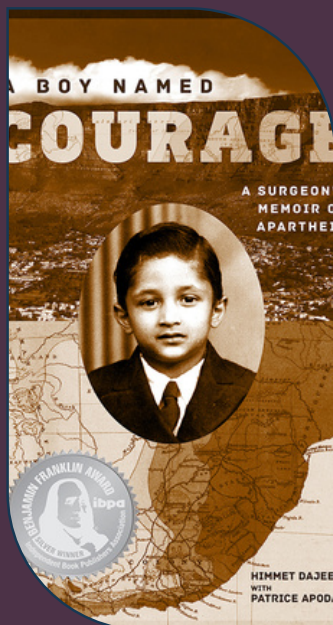


AN UNFINISHED PORTRAIT

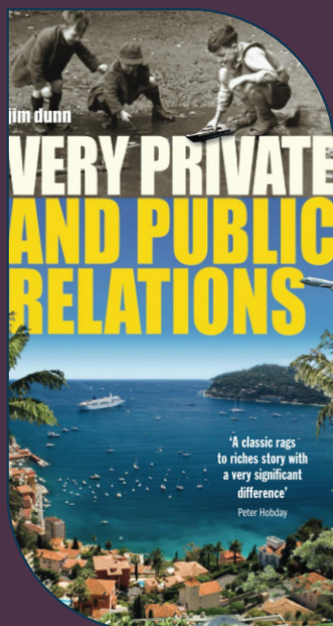
BY MIRIAM FRANK

Frank explores the world of her mother, Käte, at an exceptionally turbulent time in history leading to two world wars. It is a story of relationship, love, betrayal and reprieve between characters intimately bound with the emerging ideologies and ensuing political and artistic upheavals of the early twentieth century. Flashbacks are reconstructed from Käte's photograph albums, some letters left behind, and a return to her haunts. They reveal a happy, passionate and liberated young woman fervently committed to justice in the face of the growing chaos and cruelty under the ascendant Nazis in her native Germany. After life in Berlin and London, and a sojourn in the islands of Helgoland and Mallorca, Käte settles in Barcelona where she forms a liaison with Louis, an American living in Spain following his work in counterintelligence in WW1, soon to turn to film making of the Spanish Civil War to assist the Republican side. Käte and Louis produce a daughter, Miriam, as the war escalates and Kate's world comes crushing down, turning her ideology, friendships and idyllic times into disillusion, hardship and treachery. Their subsequent life of repeated moves and arrant austerity takes them across the Atlantic to a Mexico of muralist painters and Old World political and cultural émigrés. Miriam contemplates what is home in the face of persistent loss, as well as the enrichment gained from such diverse, cross-cultural experiences. She additionally questions throughout how their unsettled lives influenced her mother's relationship with her, or her sense of identity in the absence of geographical roots.

ADDITIONAL INFORMATION:
PUBLISHED - HARDBACK - 256 PAGES &
PHOTO'S



Memoir & Biography



A BOY NAMES COURAGE

BY HIMMET DAJEE

Winner 2019 - Benjamin Franklin Silver Award

As a brown boy growing up in apartheid South Africa, Himmet Dajee's life could easily have turned out quite differently. As the fourth, and largely discounted, son of tradition-minded Indian immigrants, he faced a future of oppression under the white ruling class. His path seemed predetermined: to follow his father in the shoe trade and accept an arranged marriage. But Himmet's name means "courage" in his parents' native tongue. Supported by a devoted older brother and fueled by his own driving ambition and hatred of apartheid, Himmet was determined to escape the course charted for his life. Despite almost insurmountable odds he carved a future of his own design, with a world-class education, a career as a cardiac surgeon, and a life a world away from South Africa. But Himmet had to confront his past if he was ever fully to be at peace with it. This is the story of one man's quest to overcome racism and oppression to find his place in the world and escape the shadow of his troubled homeland. This book is thoughtful, emotionally honest, and at times heartrending.

ADDITIONAL INFORMATION:
PUBLISHED 2018 (CYNREN PRESS_) -
HARDBACK - 222 PAGES - ISBN:
9781947976009

VERY PRIVATE AND PUBLIC RELATIONS

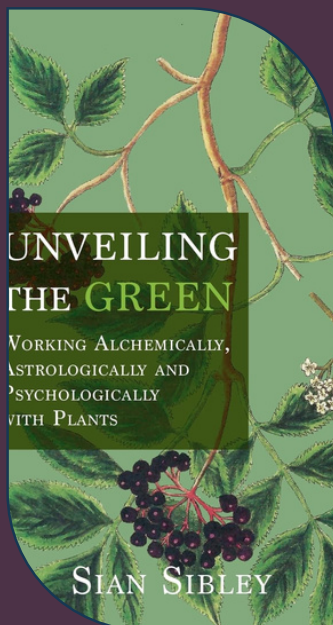
BY JIM DUNN

This is the autobiography of Travel PR guru Jim Dunn, who takes us on a rollicking ride from poor boy growing up gay in a small town on the west coast of Scotland to the five-star lifestyle of a PR guru in the fledgling travel industry of the early seventies in London. We discover Dunn's story, from his childhood as a mummy's boy to his regular encounters on the "Love Train" home from Glasgow and his first love with a man in uniform.

His life quite literally 'took off' when he got his first job on the weekly newspaper Travel Trade Gazette. The fact that he admits he couldn't type, write or understand one end of PR from the other didn't stop him from creating the UK's leading travel and leisure PR consultancy over the next 30 years. This book is a tour de force of Jim's life and work and is a fascinating insight into the travel business as we know it today - from the decidedly unglamorous British Benidorm to Hong Kong and the Bahamas.

'Jim Dunn's epic climb from Glaswegian poverty to millionaire status is the classic rags to riches story - with a very significant difference. Jim makes no secret of the dangers of being a gay man in repressive Scotland in the fifties. His honesty, humour and compassion in this frank autobiography will be an inspiration to gay people who still feel shunned in the modern world. I've known Jim for 30 years. Now I know - and like - my friend even better.' - Peter Hobday, broadcaster, presenter and former BBC Radio 4 Today programme host.

ADDITIONAL INFORMATION:
PUBLISHED 2021 (THOROGOOD) - PAPERBACK
- 348 PAGES - ISBN: 9781854189356



Spirituality & Lifestyle

UNVEILING THE GREEN

BY SIAN SIBLEY

A poignant guide exploring how to connect with the spiritual essences of plants in order to rebuild the health and happiness of the planet and humankind

Using a blend of scientific research and esoteric wisdom, Sian Sibley invites readers to reevaluate their relationship with nature – ‘the green’ – exploring why an enduring connection with the natural world is essential for human health and psychology, as well as for our continued existence on the planet. Based on Sibley’s unique magical system, and her own relationship with her ‘green friends’, Unveiling the Green presents a series of meditative and psychic practices that will allow readers to meet plant spirit as they truly are. Drawing on the teachings of the Welsh mystic Charubel, as well as the work of herbalist Nicholas Culpeper, the book explores alchemical praxis and astrological connections to plants, teaching how to create medicines, gateway tinctures and plant sigils in order to deepen relationships with the green realm. In a modern environment that increasingly neglects the natural world, Unveiling the Green is a refreshing reminder to reconnect with our plant allies and to walk the Green Path.

ADDITIONAL INFORMATION:
PUBLISHED 2025 (AEON BOOKS) - PAPERBACK
- 158 PAGES - ISBN: 9781801521994



CREATE FROM THE SOURCE

BY PETRA STAM

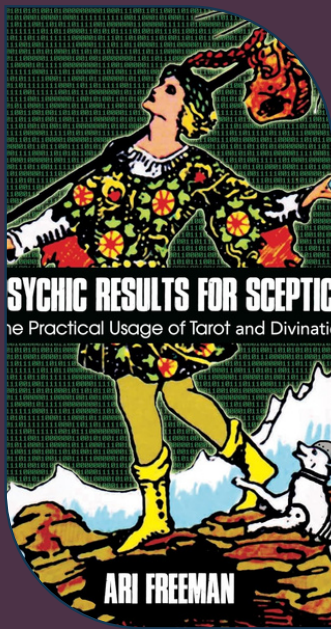
Carddeck - 66 cards

Everything that exists comes from light. You emerged from Source, therefore light is your inheritance. The light cards connect you to a higher, deeper knowing that resides within you. They help you experience the infinite possibilities within you. Showing you that you are always connected to the Source, and that the power of creation and manifestation are therefore part of you.

The light language drawings cannot be read with the mind, but speak to the heart and soul. 22 of the 66 cards contain stars that clarify your insights and increase your awareness.

On each card you will find source codes, light frequencies, on a magical, cosmic background, which indicate the intention, theme or ability of the card. The text will show you that you are much more than a material person, and that your origin is light and your abilities divine.

ADDITIONAL INFORMATION:
PUBLISHED 2022 (A3 BOEKEN) - CARDS - ISBN:
9789491557590



Spirituality & Lifestyle

TAROT FOR SCEPTICS

BY ARI FREEMAN

A compelling method of divination, guaranteed to teach sceptics, materialists and atheists to get 'spooky results' within their first hour with the Tarot.

This book will take you from Tarot beginner to a professional level of reading, without asking you to relinquish your scepticism or requiring you to adopt a magical belief system. It gets deep into the psychology and nature of symbolism, storytelling, counselling, our intuition and what is and isn't going on with psychic phenomena.

By the end of the book, you will not only be a Tarot expert, but also have a deep understanding of what divination can and can't do. Tarot for Sceptics contains a complete comparison between Rider Waite Smith, Crowley's Thoth and the Marseilles decks; in depth descriptions of every card; a complete history of Tarot and its relationship with playing cards and magic; example readings with each deck in a selection of spreads, and much more!

ADDITIONAL INFORMATION:
PUBLISHED 2025 (AEON BOOKS) - PAPERBACK
- 280 PAGES - ISBN: 9781801521673



THE SPARK

BY NIKKI GIANT

The book that will spark a movement. Igniting a Spiritual Revolution to Change the World for Children

Our children are losing their Spark. Their inner light is being extinguished by the fast-paced, me-first world of ego. Our collective ways of living are making our kids anxious, fearful, isolated and self-doubting, while our systems are teaching kids to deny their inner wisdom, hide their inner light and seek meaning in 'stuff' rather than in themselves.

Body image anxieties, mental health problems, academic pressures, substance abuse, tech overload, peer pressure...What's happening to our kids? We worry about the details of children's lives – the exam pressures, tech overload, body conscious teens, and kids turning to substances to cope - but we fail to connect these symptoms to the root cause of children losing their self-connection, their Spark.

Our smallest and youngest humans desperately need to be given the permission and the tools to find a new way of being. It's time to reignite the Spark. The Spark: Igniting a Spiritual Revolution to Change the World for Children is a manual for much-needed change for our youngest citizens. An edict on the state of the world for children, The Spark presents a call to action to create change from the [play]ground up.

ADDITIONAL INFORMATION:
TO BE PUBLISHED - COMPLETE MSS AVAILABLE
- APPROX. 88.647 WORDS



Spirituality & Lifestyle

TREE OF LIFE AND DEATH

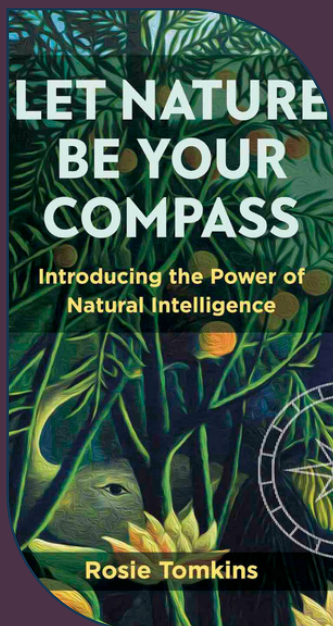
BY IAN REES

Translation rights sold to: Portugal & Italy

The ultimate workbook for those who want to explore the deep roots of the Qabalah and work with the lost and broken places of the soul and of the universe.

This book provides an in-depth exploration of the Qliphoth, or Shells, and looks at the Shadow or unbalanced aspects of the Tree of Life. It is centred around a fascinating practice of alchemical transmutation which brings these Shells into balanced relationship with what has been described as "the great bundle of the living". This book will show readers how this was central to the work of Dion Fortune and Aleister Crowley. It identifies the historical root of this work in Ancient Egypt, contemplating the concept of Maat or Truth, and looks at how this principle becomes pivotal in the development of the Qabalah in working to transform the Qliphoth. It uses the ancient Egyptian forms of the holders of Maat - the Eloquent Peasant, the Good Shepherd and the Silent Sage - seeing them as key images that enable us to embody truth and balance and promote that quality in all that we touch.

ADDITIONAL INFORMATION:
PUBLISHED 2022 (AEON BOOKS) - 254 PAGES -
ISBN: 9781801520065



LET NATURE BE YOUR COMPASS

BY ROSIE TOMKINS

A self-help and business book like no other, which explores the human connection to the natural world.

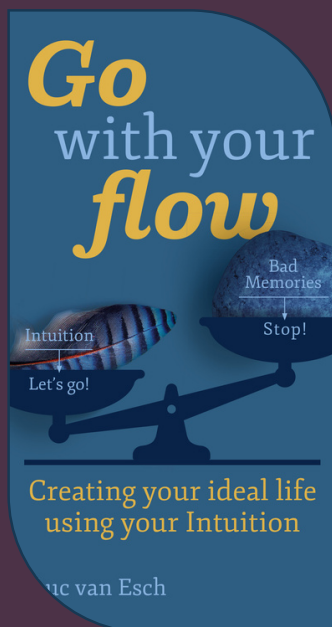
Ultimately humanity is part of nature so it makes sense that we should shape our lives in accordance to the idea of natural intelligence.

Rosie Tomkins invites us to re-examine our connection with nature and return to the attributes that animals have been naturally reflecting on for thousands of years - such as purpose, adaption, resilience, pressure to name a few - in order to better our lives and our businesses.

This book will encourage readers to gain back control of their initiative and natural flair in life, as well regain faith in their own judgement, by taking a look at nature in the raw to see what valuable lessons can be utilised to cut through the complexities of modern existence.

Let Nature Be Your Compass uses memorable anchors, examples and solutions that will provide readers with an edge in almost any situation they go on to encounter in life.

ADDITIONAL INFORMATION:
PUBLISHED 2023 (AEON BOOKS) - PAPERBACK
- 166 PAGES - ISBN: 9781801520874



Spirituality & Lifestyle

GO WITH YOUR FLOW

BY LUC VAN ESCH

I was walking along Copacabana beach with a friend and I said: 'Wouldn't it be cool if we had a flat here for the next two weeks. What a coincidence, I was just thinking the same thing,' he said. 'Then so be it,' I said. After we had walked another hundred meters a Brazilian man spoke to us: 'Would you like to rent a flat here?' Less than thirty minutes later we were in our own flat. Coincidence? When you are in the flow, life runs effortlessly. It is the feeling that everything is alright in the here and now, where coincidences present themselves as if they are meant to. Everything seems to come easily, exactly as you want it to. What these manifestation moments have in common is that solutions and answers always come from unexpected quarters, effortlessly and quickly.

The author will share many of his personal and often magical moments of creation with you in this book. And you can have these moments, too! He will explain how your thinking prevents you from getting into the flow and how you can transform these obstacles so that you too can manifest what you really desire from life.

ADDITIONAL INFORMATION:
PUBLISHED 2022 (ONTDEK JEZELF) - COMPLETE
ENGLISH TRANSLATION - PAPERBACK - ISBN:
9789464486964



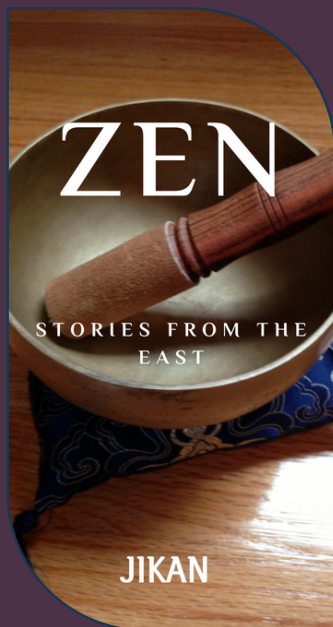
LESSONS FROM THE WILD

BY MARTINE VAN ZIJLL LANGHOUT

This adventurous wildlife veterinarian shows us that people are vulnerable creatures who are only a small link in a large whole. Beautiful! – André Kuipers

This is a true story about a passionate young woman with the courage to step out of her comfortzone and to keep following her heart, also under difficult circumstances. Her dream to work as an all-round wildlife veterinarian in Africa seems impossible, but with perseverance she finally succeeds. During her work with western lowland gorillas she lives in the tropical rain-forest in Gabon, together with the indigenous people; a life-changing experience. In the South African bush she runs a busy wildlife veterinary practice, where elephants, lions, buffalos, rhinos and giraffes are her daily patients. During these challenging and often dangerous conditions she learns to survive like a wild animal, using all her senses and feeling connected with all life forms. In this book Martine takes you to the African wilderness as if you are there yourself. In between her very exciting adventures she shares inspiring lessons from wild animals, such as being present, dealing with fears, using your talents, and connecting with others. Through this personal journey she discovers how these insights enhance our physical and mental well-being. On top of that, the complications and urgency of nature conservation become clear. By reading this book you will re-discover the wild animal in yourself, which will enrich your life, and inspire you to follow your heart and truly be yourself.

ADDITIONAL INFORMATION:
PUBLISHED 2020 (AMBO ANTHOS) - 7
REPRINTS - COMPLETE ENGLISH TRANSLATION
- PAPERBACK - 254 PAGES - ISBN:
9789026352522



Spirituality & Lifestyle

ZEN - STORIES FROM THE EAST

BY JIKAN

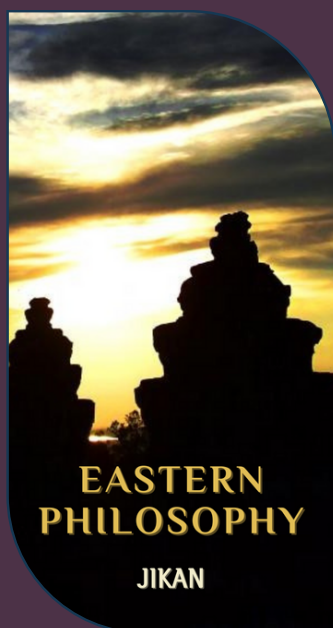
Zen Buddhism is well known for its stories and anecdotes. It is more likely that the reader remembers the contents than if it were presented as dry theory. Many stories in this book are educational, have a moral or provide an insight. Most of the stories derive from Zen Buddhism but the author will also explore Taoism.

At the end of the book you will find instructions on how to meditate, the most important practice in zen. Together with the collection of stories, this book gives a good insight in the world of zen.

Marc Jikan Brookhuis is a zenteacher, mental coach and author of non-fiction and fiction books.

Other titles are: *Mindfulness, back to the here and now* and *Zen and the art of quality*.

ADDITIONAL INFORMATION:
COMPLETE ENGLISH TRANSLATION - 60 PAGES



EASTERN PHILOSOPHY

BY JIKAN

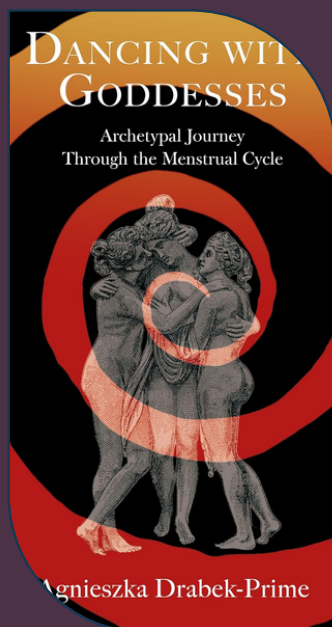
Eastern philosophy has a rich history dating back to at least 3,000 BC, with its sources primarily in Asia, especially India and China.

This book examines the five best-known Eastern worldviews: Hinduism, Buddhism, Confucianism, Taoism, and Zen. It discusses their main characteristics and considers the purpose of each philosophy.

Eastern philosophy differs greatly from Western philosophy. In a general sense, it can be said that Eastern philosophy focuses mainly on reality, while Western philosophy centers around truth.

Dutch author **Marc Jikan Brookhuis** has written several books on zen, mindfulness and Eastern philosophy. He works as a zenteacher in The Netherlands and gives many courses like *Zen & Archery* and *Zen & Mindfulness*.

ADDITIONAL INFORMATION:
COMPLETE ENGLISH TRANSLATION - 72 PAGES



Spirituality & Lifestyle

DANCING WITH THE GODDESSES

BY AGNIESZKA DRABEK-PRIME

Drawing from the ancient wisdom of the Great Goddesses, Agnieszka Drabek-Prime reclaims the cycle of menstruation and the journey of womanhood as a sacred spiral of life, death and rebirth, encouraging women to understand their cycle as a vehicle for wisdom and strength.

Dancing with Goddesses reveals the archetypes of the great Goddesses and provides a guide for women to work with them in unravelling and strengthening the energy and feelings of their own cycles. Drabek-Prime also includes information vital to all women, explaining the workings of a healthy menstrual cycle and information cycle tracking. Offering a range of practical methods to work with – from meditations and rituals to seasonal journeys or moon guides – *Dancing with Goddesses* will appeal to all women, both old and young. In this unique exploration of mythology and womanhood, *Dancing with Goddesses* invites women to re-connect with their menstrual cycles and feminine power. By working through this book, readers will be able to transform the previously negative aspects associated with the menstrual cycle, instead reclaiming them as vessels for strength, wisdom and clarity in daily life.

ADDITIONAL INFORMATION:
PUBLISHED 2025 (AEON BOOKS) - PAPERBACK
- 220 PAGES - ISBN: 9781801521635



MAYAN WISDOM FOR YOUR LIFE PATH

BY ELVIRA VAN RIJN

Sold: approx. 5.300 copies

Humanity is faced with challenges we have created ourselves. We therefore need to find out who we really are, what our situation is, where we want to go and what will bring us there. With this book you can make personal profiles on core qualities, relations, lifepath, creating effortless and living a life based on passion, mission and vision. Your date of birth and the Tzolkin calendar give you step by step insight in your qualities and pitfalls. You will also discover which personal tools you have been given to function and grow spiritually, physically, emotionally and mentally. The profiles and exercises provide guidance to live in harmony with yourself and others. You will find out how you can function the best way to be fully yourself. With the insights you can explain to others what suits you. This means less stress, less misunderstandings and less loss of energy.

This book is useful in all situations where you have to deal with others, at home, at work or at school. It is also useful for professionals who help others to function in the most optimal way and to put an end to conditioning. Elvira van Rijn has developed a method based on a combination of the classical Tzolkin calendar and the modern Dreamspell calendar. With this method you can get to the core of questions about personal development, talent development and cooperation. She helps you understand the interrelationship between subconscious motivation and personal qualities and pitfalls.

ADDITIONAL INFORMATION:
PUBLISHED 2020 (A3 BOOKS) - 3RD REPRINT -
PART ENGLISH TRANSL. - PAPERBACK - 160
PAGES - ISBN: 9789491557507



Spirituality & Lifestyle

GET YOUR GUTS

BY HILDE A.J. BOLT

Someone with Guts is a person with guts. But have guts to do with the gut area with our belly? A lot. Our gut area contains much more wisdom than we think. The signals from the gut area are the instrument, the compass from which you can live. And Guts is the strength you need to act accordingly. Life can be beautiful, but also full of risks and sometimes cruel. We cannot always choose what crosses our path. Yet it is often possible to deal with life more lightly, playfully, creatively and simply. This book offers a wealth of information, wisdom and insights on how the body and mind interact with an ever-changing environment. It also offers, in a profound and refreshingly accessible way, tools to make the best use of the Head, Heart and Instinct and let them work together.

This book is a wake-up call, a reminder of your own origins. The wisdom of your body, your gut area gives you the opportunity to revive ancient instinctive and hidden knowledge. Get your Guts is a book for people who want to develop guts themselves, but also a book that every therapist, coach or counsellor should have read.

ADDITIONAL INFORMATION:
PUBLISHED 2021 (LEPORELLO) - PAPERBACK -
228 PAGES - ISBN: 9789079624201



GUTS IN TIMES OF CORONA...AND AFTER

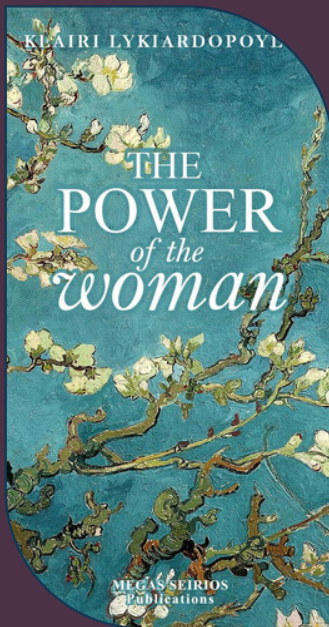
BY HILDE A.J. BOLT

Workbook

GUTS in times of corona... and after' shows how to stay afloat during this difficult period and how to take good care of yourself. A practical self-care guide for those who could use some GUTS.

In these times we desperately need Guts to stay mentally, emotionally, physically and spiritually healthy. This lucid booklet combines a deeper understanding of the corona crisis with wisdom and views on what is going on and its consequences, socially and personally. It also gives practical guidance on issues you can influence yourself. '*GUTS in times of corona... and after'* shows how to survive this difficult period and how to take good care of yourself.

ADDITIONAL INFORMATION:
PUBLISHED 2021 (LEPORELLO) - PAPERBACK -
115 PAGES - ISBN: 9789079624423



Spirituality & Lifestyle

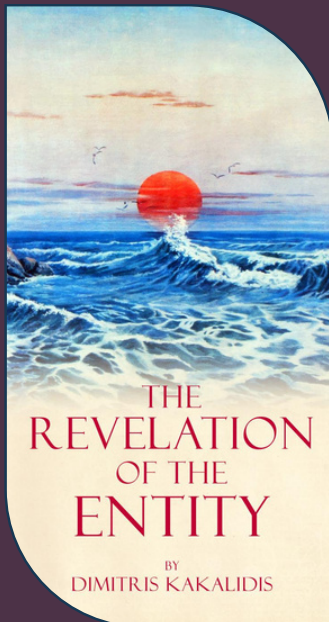
THE POWER OF THE WOMAN

BY KLAIRI LYKIARDOFOYLOY

"In the woman's embrace there is no 'I' or 'You', there are no roles and manners. There is only love playing all roles with all manners, acknowledging that they are all her own aspects, powers of her own infinite power."

This is a revealing book; giving specific examples of the woman's function, her positive and negative features and their respective consequences. It becomes evident that the woman's nature can bring essential improvements in life the moment she becomes aware of it, accepts it and decides to work in order to express her power, believing in herself and realizing that the miracle of life exists in her, the miracle of creation.

ADDITIONAL INFORMATION:
PUBLISHED 2023 (MEGAS SEIRIOS) -
PAPERBACK - 212 PAGES - ISBN:
9786185223687



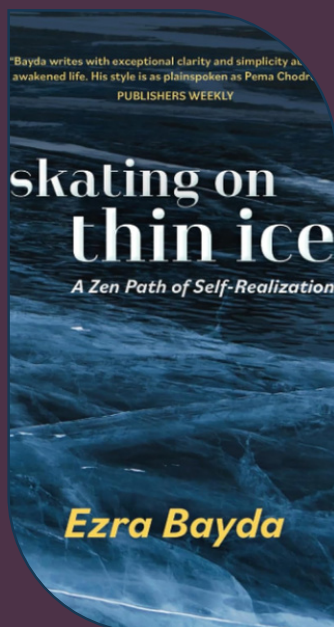
THE REVELATION OF THE ENTITY

BY DIMITRIS KAKALIDIS

This book is a revelation. Written by the contemporary thinker, poet and philosopher Dimitris Kakalidis, it is a river of knowledge and wisdom that surges from the source of Existence so that the Word -metrical, pure and replete- spreads out in the blood vessels of our being and communes the greatness of the Self.

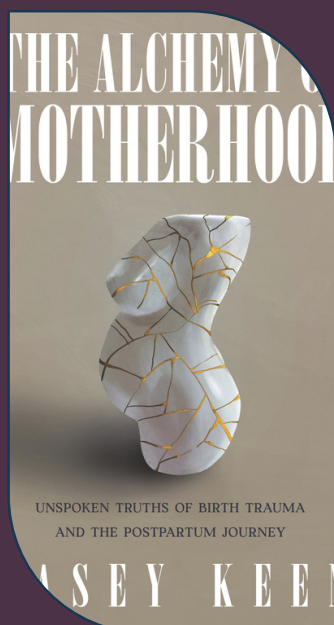
Each page, which functions independently but also consecutively to the previous one, is numbered so it supports the concepts developed and probes in an ocean of life where each of us meets the essence of the Self. *The Revelation of the Entity* a text-gift which we have the pleasure of sharing it with you.

ADDITIONAL INFORMATION:
PUBLISHED 2012 (MEBAS SEIRIOS) -
PAPERBACK - 46 PAGES - ISBN:
9789607350824



Spirituality & Lifestyle

(Alt.) Health & Care



SKATING ON THIN ICE

BY EZRA BAYDA

As we skate on the thin ice of life - feeling the vulnerability and uncertainty that we all share as human beings - how do we overcome the anxiety and confusion of this state of uncertainty? Ezra Bayda encourages us, in clear practical language, to learn how to transform our difficult experiences into life-affirming ones - living increasingly from gratitude, kindness and love. What you can learn from this book:

Inner Stillness: how to move from an anxious state to feeling calm and at home in our body.

Clear seeing: techniques to clarify our hidden beliefs and conditioned strategies - freeing us from our harmful emotional reactivity.

Willingness: how to acknowledge and embrace whatever life presents - including anger, fear, shame and confusion.

Presence: through meditation, learn how to be present as often as possible; and stay present for as long as possible.

Loving kindness: cultivating loving kindness and compassion, helping to undercut our self-judgmental mind - the mind that tells us we are unworthy.

Gratitude: through increasing awareness that we don't have endless time, learning to be grateful for what we have.

Perseverance: learn how to stay with and learn from all the inevitable ups and downs of our lives.

ADDITIONAL INFORMATION:
PUBLISHED 2024 (KONSTELLATION PRESS) -
PAPERBACK - 260 PAGES - ISBN:
9798893910599

THE ALCHEMY OF MOTHERHOOD

BY CASEY KEEN

For Casey Keen, childbirth and pregnancy were marketed as magical, mysterious gifts from which would spring profound beauty and joy—leaving her unprepared for the raw, unvarnished truth about the physical and mental challenges that lay ahead, not only during her pregnancy, but through the crucible of labor and delivery and into the landscape of postpartum life. With honesty and vulnerability, and a touch of humor, Casey, a postpartum women's advocate, offers practical guidance and proposes a series of innovative health care reforms aimed at enhancing the quality of postpartum care, ensuring consistent support, and fostering a more compassionate approach to maternal health.

A must-read for expectant mothers, for women who have experienced birth trauma, and for anyone interested in health care, social justice, or women's studies, *The Alchemy of Motherhood* is an unflinching exploration of the complexities of childbirth and the crushing disregard of a broken health care system.

ADDITIONAL INFORMATION:
TO BE PUBLISHED 2026 (CYNREN PRESS) - 296
PAGES



(Alt.) Health & Care

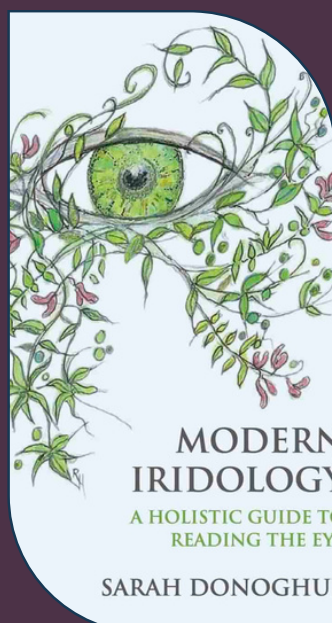
READING HANDS FOR HEALTH AND HEALING

BY JOHNNY FINCHAM

In a holistic, multi-layered practice Johnny Fincham unpicks the shape, appearance, texture, markings, fingernails, lines and fingerprints found on the hand as he reveals how one of the most under-appreciated, yet important parts of the body can reflect vital information about the wellbeing of humans. This groundbreaking approach reframes palmistry as a new diagnostic method that fully illuminates the underlying psychological and emotional attitudes, behaviours and states of being that cause potential illness.

Complete with illustrations, it explores in detail the different constitutional states which can be read from the palm and finger shapes; explores different fingerprint patterns and how to recognise diseases within them; and reveals how to use the lines of the palm as well as nails in diagnosing patients. This book is a much needed addition to the shelves of all holistic practitioners who seek to treat the complexities of human beings in a more in-depth level, or indeed any lay person wishing to understand their own psychological, physical and emotional needs more deeply.

ADDITIONAL INFORMATION:
PUBLISHED 2025 (AEON) - PAPERBACK - 192
PAGES - ISBN: 9781801521659



MODERN IRIDOLOGY

BY SARA DONOGHUE

A Holistic Guide to Reading the Eye

The human eye is a blueprint of the body's genetically inherited strengths and weaknesses: a comprehensive health profile that allows one to make informed dietary and lifestyle choices that fully support one's unique constitution.

This book is a guide to the often-misunderstood subject; a practical manual that can be easily used by medical professionals and interested enthusiasts alike. Complete with high quality photographs, charts and detailed case studies, this essential book should be a staple on every modern health care practitioner's bookshelf.

Taking a holistic approach, author Sarah Donoghue explores the subject of iridology from a scientific, physical and emotional perspective. It allows readers to safely examine the iris and make confident assessments, as well as formulate individualised herbal, dietary and lifestyle interventions based on information gleaned from the depths of the endlessly fascinating iris!

ADDITIONAL INFORMATION:
PUBLISHED 2023 (AEON) - PAPERBACK - 130
PAGES - ISBN: 9781801520522



(Alt.) Health & Care

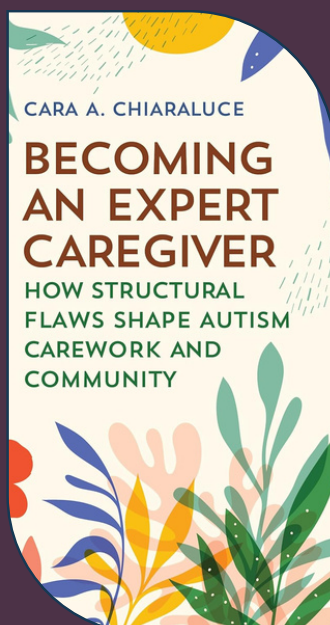
MORE-THAN-HUMAN-AGING

BY CRISTINA DOUGLAS, ANDREW WHITEHOUSE
(ED.)

What does later life look like when it is lived in the companionship of other species? Similarly, how do other species age (or not) with humans, and what sort of (a)symmetries, if any, are brought to light around how we understand and think about aging? So far, aging has been investigated in the social sciences in purely human terms. This is the first collection of original work that considers aging as taking place in relation to other species. This volume aims to start a conversation about aging by taking its more-than-human participants seriously—that is, not only as a support for or context of human aging but also, more symmetrically, as agents and subjects in the process of aging.

The contributors draw upon richly descriptive ethnographic accounts, including moments of connection between seniors and dogs in a long-term care facility, human care for aging laboratory animals, and robotic companion-ship in later life. The ethno-graphies in this volume not only enrich our understanding of more-than-human companionship during the human aging process but also challenge and urge us to rethink what it means to live later in life in ecologically entangled social and moral worlds.

ADDITIONAL INFORMATION:
PUBLISHED 2024 (RUTGERS UNIV. PRESS) -
PAPERBACK - 230 PAGES - ISBN:
9781978840942



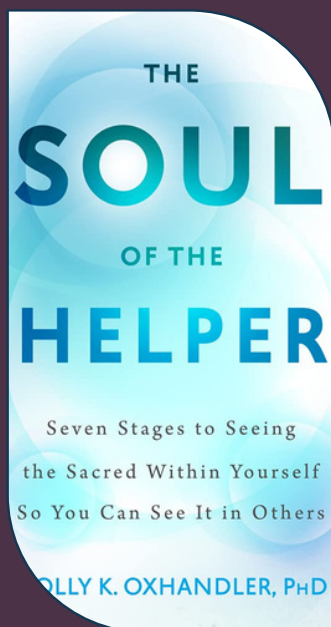
BECOMING AN EXPERT CAREGIVER

BY CARA A. CHIARALUCE

This book features the voices of fifty primary care-givers of autistic and neuro-divergent children who illuminate the process through which laywomen become expert caregivers to provide the best care for their children. Expert caregiving captures an intensification of traditional family carework – meeting dependents' financial, emotional, and physical needs – that transcends the walls of one's private home and family and challenges the strict boundaries between many worlds: lay and professional, family and work, private and public, medical and social, and individual and society. The process of becoming an expert caregiver spotlights several interesting paradoxes in socio-logical literature, particularly regarding gender, family, and medicalization, and often forgotten structural flaws in "the rest of the world."

Throughout the chapters in this book, the expert caregiver is one person who faces unbelievably daunting tasks of filling or refo-rming persistent institutional gaps, primarily in education and health care, and subverting ableist cultural norms. Without institutional support, answers to their questions, or pragmatic avenues to access resources, lay caregivers become the experts. Their trials and tribulations, especially when navigating the boundaries of professional/lay and private/public worlds, illuminate a type of carework that is increasingly relevant to a growing number of young families caring for neuro-divergent, disabled, medically fragile, and/or chronically ill children. These stories offer a vivid picture of the often invisible complex challenges and structural forces that drive individuals to become expert caregivers in the first place.

ADDITIONAL INFORMATION:
PUBLISHED 2024 (RUTGERS UNIV. PRESS) -
PAPERBACK - 176 PAGES - ISBN:
9781978831919



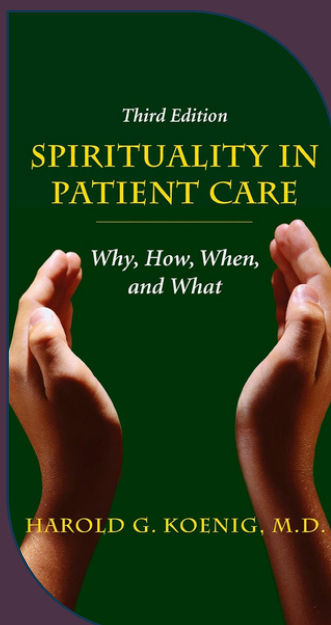
(Alt.) Health & Care

THE SOUL OF THE HELPER

BY HOLLY K. OXHANDLER PHD

There are many kinds of helpers in our world, the caregivers among us. They are the social workers who serve the vulnerable, the nurses and doctors who treat the ill, the teachers who instruct the young, the first responders who rescue the imperiled, the faith leaders who comfort the congregation, the volunteers who support the community. And whether or not it is our professional calling, each of us is likely to serve as a caregiver at some point in our lives, as a parent raising a child, for instance, or as a loved one caring for an aging relative. These and many other efforts to serve are among the most noble pursuits we can imagine, but they come with a danger worth recognizing. In their devotion to the well-being of others, caregivers routinely put their own well-being last and can unintentionally burn themselves out physically, emotionally, and spiritually. Their self-neglect, paired alongside a deep desire to help others, has the potential to stir up feelings of anger and resentment, leading to a sense of guilt and shame. They often believe that if they were to grant themselves any rest or grace, they would be at risk of failing in their duty. This book shows caregivers and fellow helpers a more self-compassionate way to cope with their over-whelming responsibilities and to attend to their own needs, particularly when it comes to their mental health and spiritual journey.

ADDITIONAL INFORMATION:
PUBLISHED 2024 (RUTGERS UNIV. PRESS) -
PAPERBACK - 230 PAGES - ISBN:
9781978840942



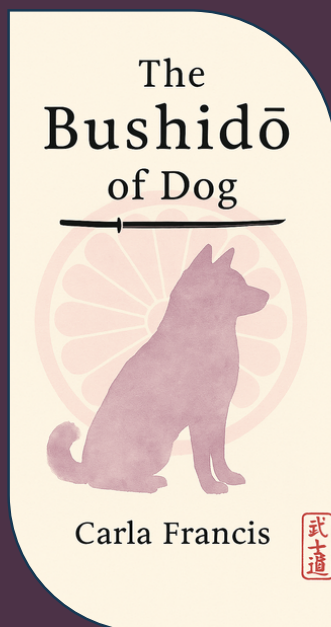
SPIRITUALITY IN PATIENT CARE

BY HAROLD G. KOENIG, MD

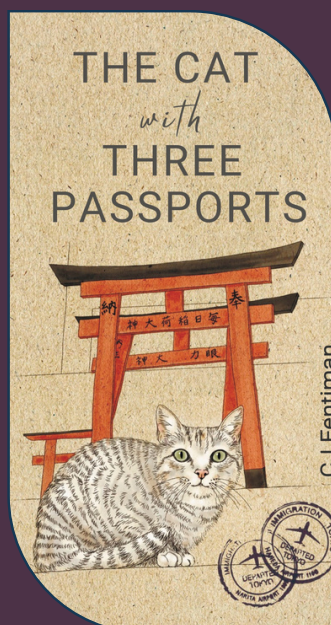
Since the publication of the first edition of *Spirituality in Patient Care* in 2002, the book has earned a reputation as the authoritative introduction to the subject for health professionals interested in identifying and addressing the spiritual needs of patients. The body of research on religion, spirituality, and health continues to grow at a dramatic rate, creating an urgent need for a new edition of this landmark work. In this, the third edition, Harold G. Koenig, M.D., updates every chapter by incorporating the newest research and introducing sensible ways of translating that research into caring for patients.

This book addresses the whys, hows, whens, and whats of patient-centered integration of spirituality into patient care so that health professionals, incl. physicians in primary care and the medical and surgical specialties, can utilize this information in clinical practice. Whole chapters are also included offering profession-specific information for nurses, clergy, mental health professionals, social workers, and occupational and physical therapists. Other chapters address topics like culturally and spiritually sensitive care for each major religious group, potential limitations or barriers to application, and even what may happen when research on spirituality and health is misapplied. Throughout these chapters, readers will find new case histories and clinical examples on how to integrate spirituality into patient care depending on their particular circumstances. For more than ten years *Spirituality in Patient Care* has offered sound guidance to anyone wishing to do more than simply treat their patients' physical symptoms.

ADDITIONAL INFORMATION:
PUBLISHED 2025 (TEMPLETON PRESS) -
PAPERBACK - 344 PAGES - ISBN:
9781599474250



History, Culture &
Social Studies



THE BUSHIDO OF DOG

BY CARLA FRANCIS

The Bushidō of Dog is a cultural exploration of what our four-legged companions can teach us about living with purpose. Building on the success of *The Zen of Cat*, author Carla Francis turns to the samurai code of Bushidō to illuminate the virtues dogs seem to practise instinctively – compassion, courage and loyalty. Even though they don't carry blades or wear armour, dogs often display the same noble qualities once celebrated in medieval Japan. They don't try to be brave, or kind; they just are, and that simple example stays with you longer than most.

Across eight thematic chapters, the author blends Japanese history and folklore – from the legend of Hachikō and Hokkaido's famous potato-selling pup to Australia's Red Dog and Earl the blind sheepdog. The result is a thoughtful contemplation on canines that shows how their uncomplicated approach to each moment can help us worry less, judge less, and live more.

Written with warmth, humour, and care, This book re-casts our pets as everyday sensei, offering readers practical insights for cultivating optimism, emotional strength, and deeper connection, especially on life's "ruffest" days. You begin to realise that sometimes the best teacher is the one who simply stays by your side.

ADDITIONAL INFORMATION:
NOT YET PUBLISHED - 45.626 WORDS

THE CAT WITH THREE PASSPORTS

BY C.J. FENTIMAN

Translation right sold to: Italy, Thailand & Serbia

Award Winner 2021 - International Book Awards, USA: Animals/Pets: Narrative Non-Fiction Category

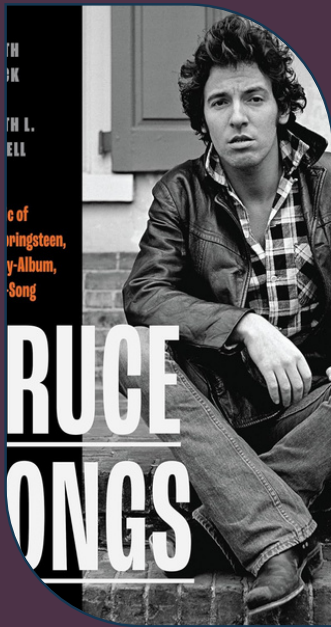
A girl struggling to fit in. A homeless kitten. An unexpected job offer in an unfamiliar country that changes everything.

CJ had a long history of escaping places and people she wasn't fond of. But for the sake of a silver tabby, she decided to stay in Japan for a while. This decision helped her open up her heart and mind, revisit her way of thinking, and reconnect with her estranged family.

Let this heartwarming memoir take you to the land of cats and cherry trees as you read about CJ's adventures - from the craziness of Furukawa's naked men festival, the experience of forest bathing and the significance of finding a life purpose or *ikigai*, to the temples of Takayama, and wonders of Cat Island - you'll see what a homeless kitten found outside a temple in Japan taught her about an old culture and new beginnings.

'This is a delightful book that will be especially appreciated by pet lovers and travelers. I loved that the book is whimsically enhanced by Japanese proverbs about cats at the beginning of each chapter.' – Heather Diamond, author of *Rabbit in the Moon*

ADDITIONAL INFORMATION:
PUBLISHED 2020 (SILVER VINE PRESS) -
PAPERBACK - 232 PAGES - ISBN:
9780648851905



History, Culture &
Social Studies

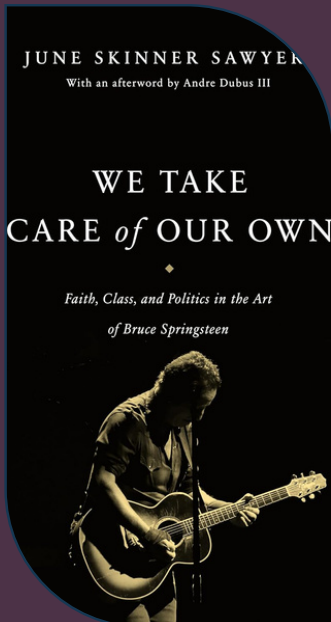
BRUCE SONGS

BY KENNETH WOMACK & KENNETH L. CAMPBELL

Bruce Songs: The Music of Bruce Springsteen, Album-by-Album, Song-by-Song is an authoritative guide coauthored by renowned music scholar Kenneth Womack and music historian Kenneth L. Campbell and offering an in-depth exploration of Bruce Springsteen's musical legacy. Covering Springsteen's entire discography, from *Greetings from Asbury Park, N.J.* to *Only the Strong Survive*, this unique book combines historical context, literary analysis, and meticulous research.

Unlike any other resource, it provides detailed analyses of each album, essays on their historical significance, and a chronological examination of every studio song. Discover the stories behind the recordings and gain insight into Springsteen's creative process. Rich with contemporary reviews, insider accounts, photographs, and special sections highlighting pivotal moments and key figures, *Bruce Songs* is an indispensable companion for fans and scholars. It offers an immersive journey through the music of The Boss, making it an essential read for anyone captivated by Springsteen's enduring musical legacy.

ADDITIONAL INFORMATION:
PUBLISHED 2024 (RUTGERS UNIV. PRESS) -
HARDBACK - 288 PAGES - ISBN:
9781978830714



WE TAKE CARE OF OUR OWN

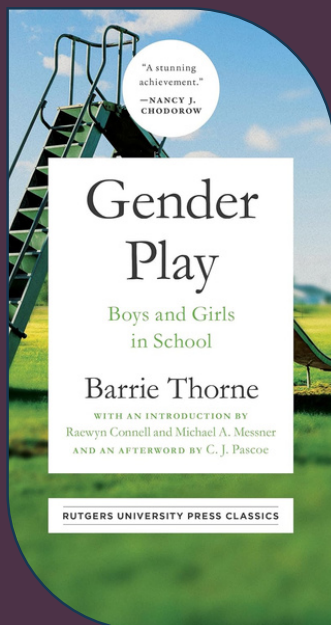
BY JUNE SKINNER SAWYERS

This book traces the evolution of Bruce Springsteen's beliefs, beginning with his New Jersey childhood and ending with his most recent works from Springsteen on Broadway to *Letter to You*. The author follows the singer's life, examining his albums and a variety of influences (both musical and nonmusical), especially his Catholic upbringing and his family life, to show how he became an outspoken icon for working-class America—indeed for working-class life throughout the world. In this way, the author emphasizes the universality of Springsteen's canon and depicts how a working-class sensibility can apply to anyone anywhere who believes in fairness and respect.

In addition, the author places Springsteen in the historical context not only of literature (especially John Steinbeck) but also of the art world (specifically the work of Thomas Hart Benton and Edward Hopper). Among the themes explored in the book include community, a sense of place, America as the Promised Land, the myth of the West, and, ultimately, mortality.

'Wonderfully insightful and important exploration of one of our country's most essential artists' - Andre Dubus III

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History, Culture & Social Studies



GENDER PLAY

BY BARRIE THORNE

When it first appeared in 1993, Barrie Thorne's *Gender Play: Girls and Boys in School* became an instant classic in the budding fields of feminist sociology and childhood studies. Through detailed first-hand observations of fourth and fifth graders at play, she investigated questions like: Why do girls and boys tend to self-segregate in the schoolyard? What can playful teasing and ritualized games like "cooties" and "chase and kiss" teach us about how children perform gendered identities? And how do children articulate their own conceptions of gender, distinct from those proscribed by the adult world?

A detailed and perceptive ethnography told with compassion and humor, *Gender Play* immerses readers in the everyday lives of a group of working-class children to examine the social interactions that shape their gender identities. This new Rutgers Classic edition contains an introduction from leading sociologists of gender Michael A. Messner and Raewyn Connell that places Thorne's innovative research in historical context. It also includes a new afterword by one of Thorne's own students, acclaimed sociologist C.J. Pascoe, reflecting on both the lasting influence of Thorne's work and the ways that American children's understandings of gender have shifted in the past thirty years.

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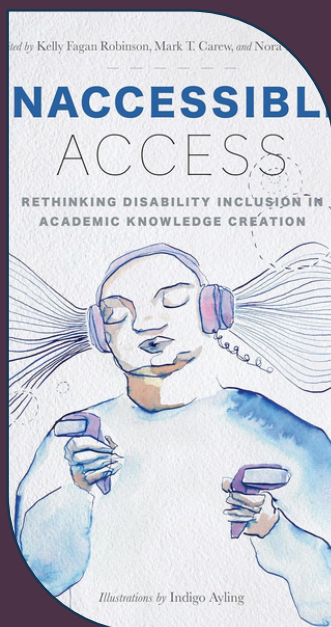
DIFFICULT ATTACHMENTS

BY KATHRYN E. GOLDFARB & SANDRA BAMFORD (ED)

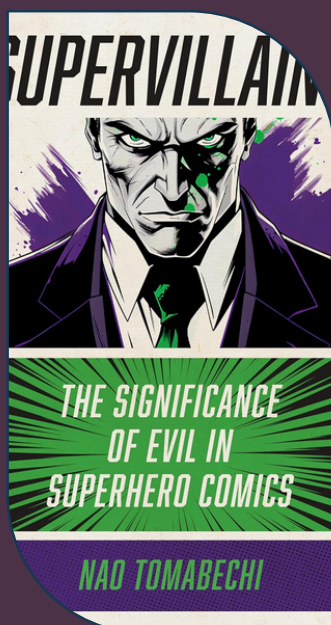
Anthropologists have long considered kinship as the basis for social solidarity. Indeed, the idea that kinship is grounded in positive sociality has found its way into most anthropological accounts and has served as an orienting framework directing decades of scholarly research. But what about when it is not? What about instances when kinship is anything but 'warm and fuzzy' but is characterized, instead, by neglect, violence, negative affect, or a lack of nurturance and care?

In the three interlinked sections of this volume, the view that kinship is about "solidarity" and "care" is challenged by exploring how kin relations are not only about connection and inclusion but also about disconnection, exclusion, neglect, and violence. Kinship relationships that feel "positive" and "good" take a great deal of perseverance and work; there is nothing "natural" about kinship ties as being based on positive sociality. In these chapters, the contributors take seriously the contingency of kinship relations (the moments when kinship breaks down or is a source of suffering) and how this prompts scholars to develop new theoretical and methodological perspectives.

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History, Culture &
Social Studies



GENDER PLAY

BY BARRIE THORNE

Rethinking Disability Inclusion in Academic Knowledge Creation

Inaccessible Access ethnographically addresses barriers to inclusion within knowledge-making. It focuses on the social, environmental, communicative, and epistemo-logical barriers that people with disabilities confront and embody throughout the course of their learning and living and in the specific context of their higher education institutions and in research. It is presented by a neurodiverse, disabled, and non-cis cohort of authors, all of whom acknowledge a continuum of (in)access that is available to each contributor contingent on their inherent intersectionalities and alterities.

The authors and editors of this book foreground the work that has yet to be done on recognizing the value of non-normative ways of approaching, being in, and knowing research and higher education, particularly in cases where disability-centered epistemologies are sidelined in confrontation with institutional norms, even within existing discourses concerning equality and alterity.

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SUPERVILLAINS

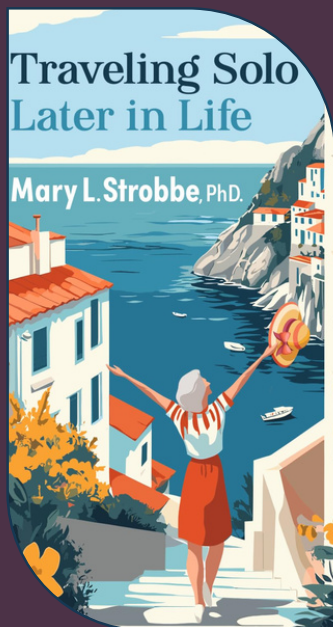
BY NAO TOMABECHI

The Significance of Evil in Superhero Comics

Alongside superheroes, supervillains, too, have become one of today's most popular and globally recognizable figures. However, it is not merely their popularity that marks their significance. Supervillains are also central to superhero storytelling to the extent that the superhero genre cannot survive without supervillains.

Bringing together different approaches and critical perspectives across disciplines, author Nao Tomabechi troubles overly hero-centered works in comics studies to reconsider the modern American myths of the superheroes. Considering the likes of Lex Luthor, the Joker, Catwoman, Harley Quinn, Loki, Venom, and more, *Supervillains* explores themes such as gender and sexuality, disability, and many forms of Otherness in relation to the notion of evil as it appears in the superhero genre. The book investigates how supervillains uphold and, at times, trouble dominant ideals expressed by the heroism of our superheroes.

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History, Culture &
Social Studies

TRAVELING SOLO LATER IN LIFE

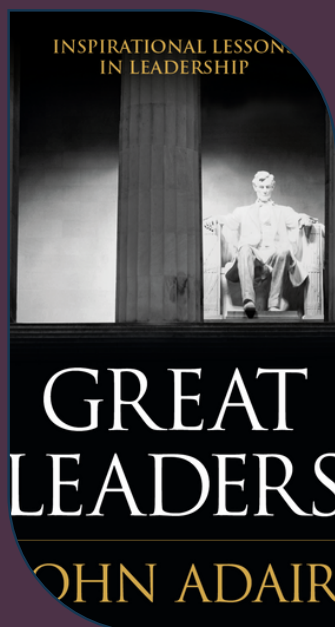
BY MARY L. STROBBE PHD

If you're over 60 and love the idea of travel but aren't quite sure about going it alone, *Traveling Solo Later in Life* is the empowering, no-nonsense (but plenty-of-fun) guide you've been waiting for. Think of it as your travel coach-minus the 5 a.m. whistle and clipboard. Packed with practical advice, personal stories, and heaps of encouragement, this book walks you through every step of your journey with heart, humor, and a healthy dose of common sense. Whether you're just starting to dream about your first solo adventure or already planning your third passport renewal, you'll find insights on everything from budgeting and staying safe to keeping your body moving and your spirits high on the road.

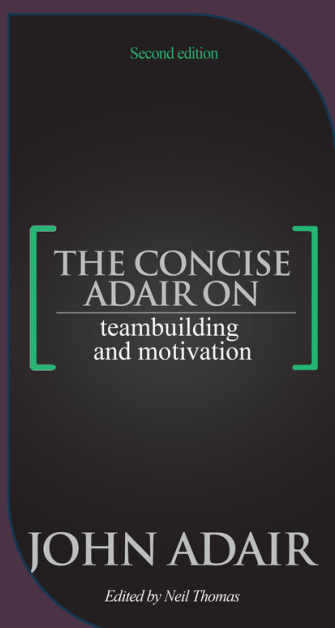
There's a dedicated chapter on accessibility that tackles real challenges head-on and offers resources to make travel more inclusive and enjoyable. You'll also explore a variety of travel styles-whether you're drawn to luxurious spa escapes, guided cultural tours, eco-adventures, or something uniquely your own. The thoughtfully curated appendices offer bonus tips and trusted resources to help you feel informed and confident before you even zip your suitcase shut. And here's a secret worth sharing: your best travel companion might just be the person you see in the mirror.

So go ahead-grab your copy of *Traveling Solo Later in Life* today. Because adventure doesn't come with an expiration date... and neither does your wanderlust.

ADDITIONAL INFORMATION:
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Management & Leadership



GENDER PLAY BY BARRIE THORNE

Translation rights sold to: Portugal

This thought-provoking book, *Great Leaders*, is aimed at stimulating your curiosity and guiding you through the various facets of leadership. Leadership expert and author John Adair explores the topic through its many forms, posing the question: Who are the great leaders in history and what have they got to teach us today about the nature and practice of leadership? Leadership is a characteristic many think can't be taught; but to what degree can true leadership skills be identified and developed? Adair reviews the key great leaders in history to identify the main lessons that should be learnt from them. What emerges is a concept of leadership that is highly relevant to the needs of the world today. *Great Leaders* is a book rich in examples and case studies, and wide-ranging in scope. With a thematic structure, Adair illustrates the different facets of leadership including: The very different styles of leadership of Lincoln, de Gaulle, Hitler, Socrates, Lao Tzu, Washington, Thatcher, Gandhi and many more are examined, focusing on the cardinal qualities of inspiring, communicating and decision making but also of humour, intuition and imagination. Key qualities that so often appear as abstract ideals – motivation, communication, decisionmaking, inspiration – here almost literally come to life.

ADDITIONAL INFORMATION:
PUBLISHED 2020 (THOROGOOD) - 2ND EDITION
- PAPERBACK - 382 PAGES - ISBN:
9781854189172

THE CONCISE ADAIR ON TEAMBUILDING AND MOTIVATION

BY JOHN ADAIR, ED. BY NEIL THOMAS

Teambuilding and motivational skills are of crucial importance in business and the leadership role in particular.

Described as "without doubt one of the foremost thinkers on the subject in the world" (Sir John Harvey-Jones), leadership expert John Adair combines depth and insight with hard-edged, practical techniques.

Managers and leaders must be effective team builders and motivators to achieve their business aims and get the best out of people. The skills needed should be practiced and improved upon on a constant basis.

This book encapsulates John Adair's writing on these critical elements of any truly successful organisation. It develops his classic theory on Team, Task and Individual, and summarises all his writing on leadership and motivation.

John Adair's books have sold hundreds of thousands of copies. You will find this book equally valuable, whether you are beginning your career in management or looking for an expert refresher course.

ADDITIONAL INFORMATION:
PUBLISHED 2021 (THOROGOOD) - 2ND EDITION
- PAPERBACK - 134 PAGES - ISBN:
9781854189271



Management & Leadership



POST-CRISIS LEADERSHIP

BY RALPH A. GIGLIOTTI

Given the many pressures facing leaders across higher education, the work of crisis leadership remains an imperative for leaders at all levels. Attention tends to center on strategies for engaging in leadership both prior to and during crisis, often leaving the post-crisis period as an afterthought. This book introduces a research-informed framework for this critical, and often neglected, phase of crisis leadership. With an underlying commitment to values-based, principle-oriented, and people-centered practices, this framework consists of five leadership practices that are recognized as especially critical in the aftermath of crisis: (a) encourage learning, (b) inspire growth, (c) stimulate meaning-making, (d) pursue reinvention, and (e) advance renewal. Communication serves a critical role in each of the various dimensions of post-crisis leadership, and it is a communication orientation that can help to inform the paradoxes, processes, and patterns that arise during these periods of immense tension and, at times, transcendence.

'Gigliotti presents an insightful and timely exploration of the courage and curiosity needed for effective values-centered leadership in the aftermath of crisis.' -

Kathleen M. Scott, vice president, leadership development and partnerships, American Association of State Colleges

ADDITIONAL INFORMATION:
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97818978838499

THE CONCISE ADAIR ON TEAMBUILDING AND MOTIVATION

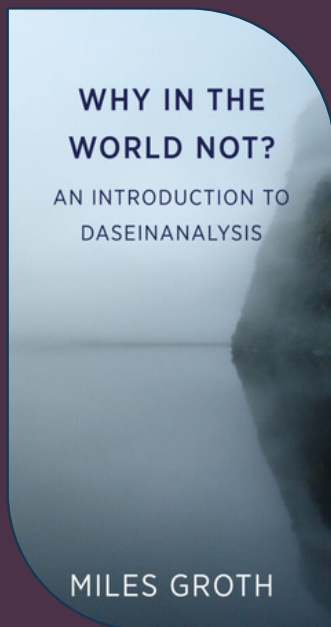
BY JOHN ADAIR, ED. BY NEIL THOMAS

Are you satisfied with the way your life is going – personally and financially? We often hear of people looking for an easy fix for their problems, but that's rarely the answer.

Perhaps, like many others, you too are busy spending your time thinking about and working for other people - so what about yourself? Are you spending any time thinking about and planning your own future? In this inspiring book, authors Neil Thomas and Barrie Pearson provide life-coaching techniques you can use to build a successful, fulfilling life for yourself. Unlike most coaching books, which are written by coaches themselves, Life-coach Yourself to Success has been written by two highly successful entrepreneurs who've actually followed and tested the advice they preach.

This book is a tool to help you learn how to put yourself first for a change, how to understand your strengths and weaknesses and how to build a blue-print for success in life that you can turn into a reality. You are the business you have inherited. You can be the best business you will ever get to manage.

ADDITIONAL INFORMATION:
PUBLISHED 2021 (THOROGOOD) - PAPERBACK
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**WHY IN THE
WORLD NOT?**
AN INTRODUCTION TO
DASEINANALYSIS

MILES GROTH

Psychology &
Psychotherapy



WHY IN THE WORLD NOT?

BY MILES GROTH

The volume includes an exhaustive review of the publications of Medard Boss which are, in effect, the written history of the genesis and development of daseinanalysis.

This book aims to make daseinanalysis accessible to the English-speaking reader while retaining cross-references to the original texts, many of which were written in German. The author does not assume prior familiarity with daseinanalysis, a modality of psychotherapy based on Martin Heidegger's analysis of existence. His purpose is to fill the existing gap in knowledge of the historical and theoretical origins of the modality, its principles of practice, and curricula for the preparation of practitioners.

This book is a response to the renaissance of interest in daseinanalysis during the last five years, especially the formation of the American Daseinsanalytic Institute, which takes its place among other institutes around the world. It will be of interest to graduate or post-graduate clinical psychologists and psychotherapists. It will also be an important text for readers familiar with Heidegger but perhaps not aware of his impact on psychiatry and psychotherapy.

ADDITIONAL INFORMATION:
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9781911383925

THE PHILOSOPHY BEHIND PSYCHOTHERAPY

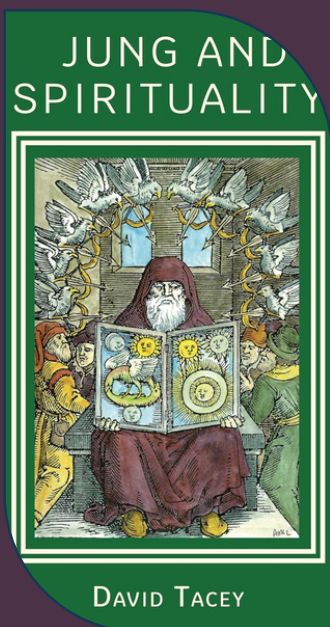
BY JOS JANSSEN

How Psychotherapy Works

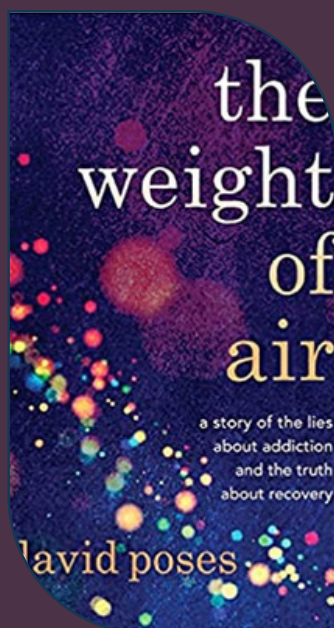
Coming from a dysfunctional family Dutch physician, theologian and philosopher Jos Janssen enrolled in psycho-analytic therapy during several years. The insights gained during this therapy led to some surprising understandings regarding human emotional development and the psychotherapeutic process. This book is not a story of his personal life but a philosophical reflection on what happens in psychotherapy and how it works.

The answers to these questions also shed light on the nature of emotional health and the good life. Concepts like authenticity and integrity are analyzed and become intelligible within a rational framework. The prevailing naturalistic view on the human mind is challenged and the book stresses the healing power of understanding the individual life story and its universal aspects. The psychotherapeutic process is viewed from different perspectives, culminating in a coherent model of human existential reality. Ultimately psychotherapy enables patients to reunite with their deepest inner core and thus with all of humanity.

ADDITIONAL INFORMATION:
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- APPROX 60.347 WORDS



Psychology &
Psychotherapy



JUNG AND SPIRITUALITY

BY DAVID TACEY

Jung believed that a spiritual life lies buried in everyone's unconscious and could be brought before consciousness with therapeutic results and that rationality and hubris prevented many in the modern world from acknowledging the spiritual aspects of our lives, and repressing the spiritual was as harmful as repressing the sexual.

This book contains a series of chapters which explore the applications and ramifications of Jung's psychospiritual theory. Starting with how to bring back spirituality into religion, it then looks at the activation of 'earth energies' and the primordial mind by bringing the spirit back into nature. It proceeds to examine the spiritual journey, dreams, the individuation of god, and the healing power of spirituality.

'Tacey has crafted a masterful guide for navigating the evolving spiritual landscape. By blending Jungian insights with indigenous wisdom, he fosters a deeper reverence for the earth.' - Lucy Huskinson, Professor of Philosophy at Bangor University (U.K.)

ADDITIONAL INFORMATION:
PUBLISHED 2025 (AEON BOOKS) - PAPERBACK
- ISBN: 9781801521642

THE WEIGHT OF AIR

BY DAVID POSES

IPPY Bronze Award - Autobiography (Personal Struggle/Health Issues)

Winner National Indie Excellence Award - Addiction and Recovery

The Memoir Book Prize, Addiction and Recovery

Winner Best Book Award - Addiction and Recovery

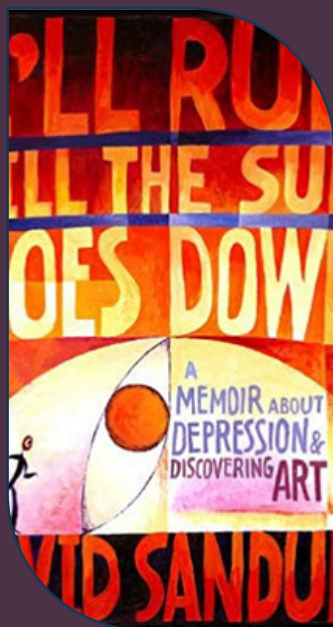
Winner International Book Award - Addiction and Recovery

Winner Independent Press Award - Addiction and Recovery

NYC Big Book Award, Distinguished Favorite in Addiction & Recovery

While his wife and two-year-old daughter watched TV in the living room, David Poses was in the kitchen, measuring the distance from his index finger to his armpit. He needed to be sure he could pull the trigger with a shotgun barrel in his mouth. Twenty-six inches. Thirty-two years old. More than a decade in a double life fueled by depression and heroin. In this book, David chronicles his struggle to overcome mental illness and addiction. By age nineteen, he'd been through medical detox, inpatient rehab, twelve-step programs, and a halfway house. He saw his drug use as a symptom of depression, but the experts insisted that addiction was the problem. Over the next 13 years, he went from one relapse to the next, drowning in guilt, shame, and secrets, until he finally found an evidence-based treatment that not only saved his life, but helped him thrive. With grit, humor, and brutal honesty, David's story exposes the danger in traditional recovery models: they actually increase stigma and the risk of overdose, relapse, and death.

ADDITIONAL INFORMATION:
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Psychology &
Psychotherapy



I'LL RUN TILL THE SUN GOES DOWN

BY DAVID SANDRUM

Translation rights sold to: China (Simpl. Chinese)

Winner - First Horizon Award

Finalist - The da Vinci Eye Award

Winner - Eric Hoffer Micro Press Award

Short list - Eric Hoffer Grand Prize

Southwest Book Design & Production President's Choice Award

David Sandrum appeared to have it all: a beautiful young family and a promising career ahead as a business consultant. But his life started veering off course, and upon returning to his native Scandinavia, he fell into an inexplicable, deep depression. *I'll Run Till the Sun Goes Down* is a searingly honest account of David's struggle to overcome his crippling mental illness.

After years of hopeless despair, bleak hospitalizations, and shattered dreams, he is finally saved by his art. The paintbrush becomes his lifeline. Richly illustrated with the work of the artists who have inspired him as well as samples of his own drawings and paintings, this memoir offers both a compelling read and a visual story of David's courageous battle with depression.

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9780985581527

THE INVERSION

BY KINGSLEY L. DENNIS

Have you ever wondered why things in life aren't quite as they seem? Why we celebrate distorted entertainments to such an extreme; or why an industrial-technology-media complex has become the dominant political and economic force of governance? Why our way of life seems morally corrupt and our choices upside-down? This is the *Inversion*: the model of reality that our brains have been programmed to accept and which also compels us to participate in and sustain.

In his ground-breaking book, Kingsley Dennis examines these issues, questions this reality-model, and comes to some surprising conclusions. Dennis unpicks the complexities of our manipulated reality, enlightening readers to the nature and mechanisms of the inverted, mirror world that so many people have become lost within. Yet it does not need to remain this way – if people are ready and willing to open their eyes to what is going on around them. The *Inversion* deals with unpleasant truths which we too often ignore because a veil has been pulled over our eyes and minds. Within its pages, readers will find out about the hidden hands that work to normalize the madness of the 'upside-down world'. Dennis also examines the social engineering of spiritual control mechanisms, machinic consciousness, the metaverse, entropic or negative forces, the evolutionary impulse, the nature of the hybrid self – and much more. This book is for those readers who are ready to open their mind and to perceive a greater reality.

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