



# A4 Poster Levels of humanity/Meditate with 7 basic

A4 Poster Levels of humanity/Meditate with 7 basic needs

**Wendy van Mieghem**  
**Slochteren**

**ID** 69133ed848d2e  
**Date** 11-11-2025  
**Time** 14:49 CET

**Attachment**  
WVM A4 Poster Levels in humanity Meditate with 7 basic needs\_LR1.pdf

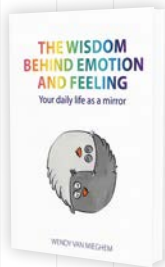
**CC Proof in collaboration with**  
Campinggeluk



# Meditate with the 7 basic needs



Wendyvanmieghem.com

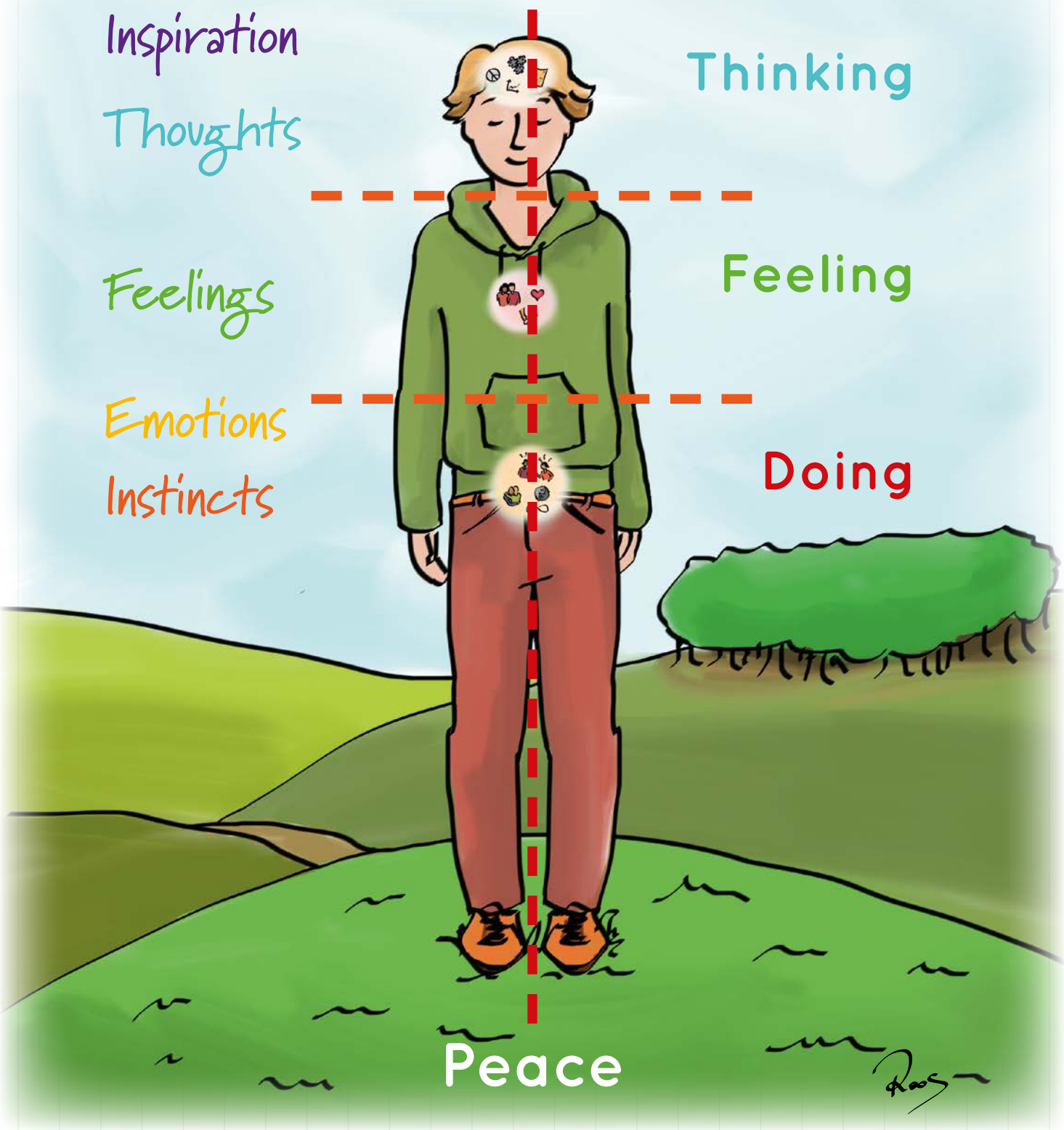


This poster is a supplement to the book 'The wisdom behind emotion and feeling' and several online courses, developed by Wendy van Mieghem.



# Levels of humanity

## Direction



Wendyvanmieghem.com



This poster is a supplement to the book 'The wisdom behind emotion and feeling' and several online courses, developed by Wendy van Mieghem.