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LEOR LITERARY AGENCY

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59290 Wasquehal, France

Born from a desire to promote the excellence of French literature abroad, Leor is a literary agency specialized in foreign and domestic rights. We work for selected French publishers, promoting their catalogs on the international literary scene. We also mentor French literary talents to build their careers and we work with the audiovisual environment.

Located in Lille, in the north of France, close to the Belgian border, Leor is at the crossroads of international exchanges and the Parisian publishing scene. Our agency is dedicated to promoting intercultural exchanges and selling translation rights for our clients, publishers and writers. We represent a wide catalog of fiction, non-fiction and children's literature.

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The information in this catalog is accurate
as of March 1, 2026.

NON-FICTION FROM FRANCE

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L'OISEAU NOIR ÉDITIONS.....<http://loiseaunoireditions.com>
#TrueCrime

ILLUSTRATED BOOKS

NON-FICTION – ILLUSTRATED



LANGUAGE: French

PUBLISHER: Favre Editions

ORIG. TITLE: Eurovision Song Contest
De 1956 à nos jours

VOLUME(S): 1

PAGES: 224

WORDS: 75,000

ISBN: 9782828922665

PUBLICATION: 30/05/2025

RIGHTS HELD

World exclusive, translation, domestic,
derivative

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EUROVISION SONG CONTEST: 70 YEARS OF MUSIC AND SPECTACLE

By Jean-Marc Richard, Nicolas Tanner,
Mary Clapasson

NEW

KEYNOTE

From ABBA to today's global pop icons, the Eurovision Song Contest has shaped music and culture for nearly 70 years. This richly illustrated book tells the full story of the world's most spectacular music competition, from its beginnings in 1956 to the latest edition in Basel.

SELLING POINTS

- **Covers nearly 70 years of Eurovision history, from 1956 to the 2025 edition in Basel (Switzerland).**
- **A richly illustrated volume featuring photographs from every edition.**
- Includes exclusive interviews with artists, offering behind-the-scenes insights.
- Comprehensive reference section with country rankings, detailed statistics, and rare anecdotes.
- Explores Eurovision as both a musical competition and a cultural phenomenon reflecting social and political change.

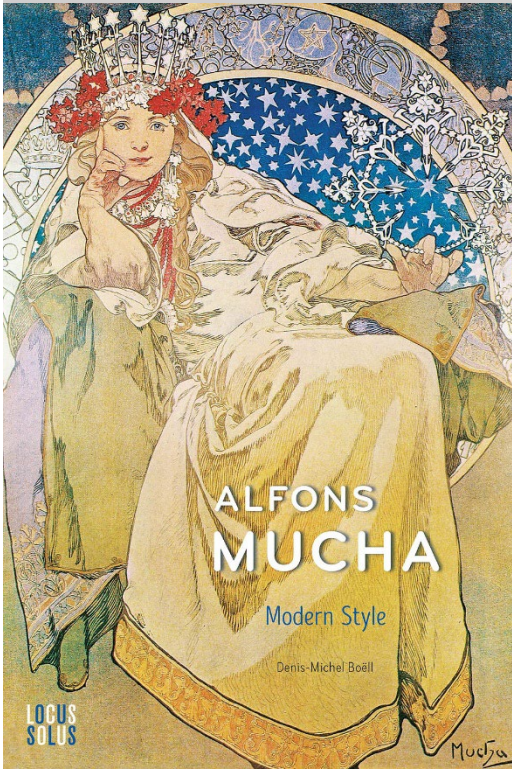
DESCRIPTION

Since 1956, the Eurovision Song Contest has grown into one of the world's largest television events: more than 1,700 songs, around 200 million viewers each year, and nearly seventy years of unforgettable performances. What began as a European music competition has become a global cultural phenomenon. Over the decades, Eurovision has evolved alongside society, embracing new technologies, welcoming new countries, and reflecting major social and cultural changes. Today, it stands at the crossroads of music, entertainment, identity, and politics. In this richly illustrated book, Jean-Marc Richard, Nicolas Tanner, and Mary Clapasson tell the complete story of the contest through its major musical eras. Exclusive interviews with artists and rare photographs from every edition since 1956 offer a unique behind-the-scenes look at one of the world's most iconic shows. Packed with country rankings, detailed statistics, fascinating anecdotes, and the results of the 2025 edition in Basel (Switzerland), this book is a definitive reference for Eurovision fans and anyone interested in the history of global television entertainment.

AUTHORS

Jean-Marc Richard is a Swiss radio and television presenter and one of the best-known voices of the Eurovision Song Contest in the French-speaking world. For many years, he has been closely involved with the event as a commentator and host, following the competition from the inside. Nicolas Tanner is a journalist and media specialist with a strong interest in music and popular culture. Through his work in the press and broadcasting, he has developed extensive knowledge of the Eurovision universe and its evolution. Mary Clapasson is a journalist and media professional who has long worked on cultural and entertainment content. Her expertise in storytelling and research brings depth and perspective to the history of the contest. Together, they combine insider experience, journalistic research, and passion for Eurovision to deliver a comprehensive and engaging history of the world's most iconic music competition.

NON-FICTION - ILLUSTRATED



LANGUAGE: French
PUBLISHER: Locus Solus Editions
ORIG. TITLE: Alfons Mucha

VOLUME(S): 1
PAGES: 48
WORDS: TBC
ISBN: 9782368335932
PUBLICATION: 27/02/2026

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ALFONS MUCHA, MODERN STYLE

By Denis-Michel Boëll

NEW

KEYNOTE

With flowing lines, radiant women, and lush floral motifs, Alfons Mucha created a style that became synonymous with Art Nouveau. This richly illustrated book explores the work of an artist whose images transformed advertising, theater, and modern visual culture.

SELLING POINTS

- **Dedicated to Alfons Mucha, one of the defining figures of Art Nouveau.**
- Clear, accessible introduction to Mucha's life, work, and influence on modern visual culture.
- Highlights Mucha's international career, in Europe and the United States.
- Richly illustrated, featuring a carefully selected corpus of iconic works.

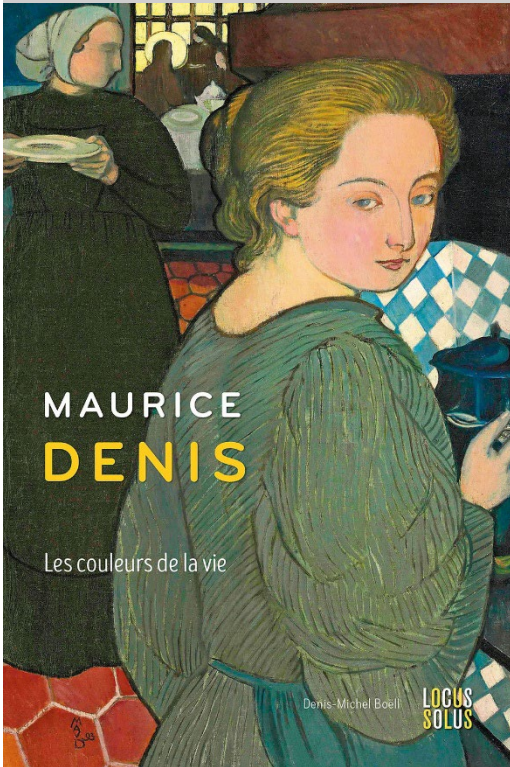
DESCRIPTION

This elegant art book offers a concise and richly illustrated introduction to the work of Alfons Mucha (1860–1939), a master of Art Nouveau celebrated for his sinuous lines and plant-inspired motifs. Presented through around 40 key works, the book traces Mucha's career from his arrival in Paris in 1887—where he quickly became known for posters, theatrical and advertising art, and illustrations for magazines and books—to his international success in Europe and the United States. Mucha's iconic images helped define turn-of-the-century visual culture, from celebrated theater posters to commercial art for major brands, while his later work reflected a deep connection with his Slavic heritage after returning to his homeland following its independence in 1918. This volume, part of the 36 Vues series, captures both his artistic impact and the stylistic richness that made him a defining figure of modern decorative art.

AUTHOR

Denis-Michel Boëll is an art historian and former museum curator with extensive experience in French cultural institutions, including the Port-Museum in Douarnenez and the Musée de la Marine in Paris. He has authored a number of well-received books on art and artists, covering topics such as marine painters, Breton art, and major figures in visual culture. His previous works include "Les Peintres de marines" and "Mathurin Méheut, la mer et les marins", among others.

NON-FICTION - ILLUSTRATED



LANGUAGE: French
PUBLISHER: Locus Solus Editions
ORIG. TITLE: Maurice Denis

VOLUME(S): 1
PAGES: 48
WORDS: TBC
ISBN: 9782368335772
PUBLICATION: 17/10/2025

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MAURICE DENIS, THE COLORS OF LIFE

By Denis-Michel Boëll

NEW

KEYNOTE

Color, spirituality, and modernity come together in the work of Maurice Denis. This beautifully illustrated book explores the vision of an artist who transformed everyday life into a poetic language of form and light.

SELLING POINTS

- **Focused on Maurice Denis, a major figure of modern art and founding member of the Nabis.**
- Clear and accessible overview of Denis's artistic journey, from Symbolism to modern classicism.
- Richly illustrated, showcasing key works across painting, decoration, and illustration.
- Highlights the role of color and spirituality, central to Denis's artistic vision.

DESCRIPTION

This richly illustrated book explores the life and work of Maurice Denis (1870–1943), a major figure of modern art and one of the founding members of the Nabis group. Painter, theorist, and decorator, Denis played a crucial role in redefining painting at the turn of the twentieth century, famously asserting that a painting is “a flat surface covered with colors assembled in a certain order.” Tracing his artistic journey from his early Symbolist experiments to his later embrace of a renewed classicism, the book reveals the coherence and richness of an œuvre driven by a deep search for harmony, spirituality, and beauty. Denis's work is characterized by luminous color, simplified forms, and a strong decorative sense, applied across a wide range of subjects: religious scenes, intimate family moments, portraits, landscapes inspired by Brittany and Italy, as well as large-scale murals, stained glass, and book illustrations. More than a simple monograph, this volume highlights Denis's belief in art as a way of life—an expression of faith, love, and daily experience. Through a carefully curated selection of works and insightful commentary, Maurice Denis: The Colors of Life offers a nuanced and accessible portrait of an artist whose influence extends far beyond the Nabis, bridging modernity and tradition with rare sensitivity.

AUTHOR

Denis-Michel Boëll is an art historian and former museum curator with extensive experience in French cultural institutions, including the Port-Museum in Douarnenez and the Musée de la Marine in Paris. He has authored a number of well-received books on art and artists, covering topics such as marine painters, Breton art, and major figures in visual culture. His previous works include "Les Peintres de marines" and "Mathurin Méheut, la mer et les marins", among others.

NON-FICTION - ILLUSTRATED

MATTOTTI, MEDIEVAL & BAROQUE

By Pascal Ory, Lorenzo Mattotti

NEW



KEYNOTE

Blending medieval imagination with baroque intensity, Lorenzo Mattotti transforms chivalric legends into powerful, dreamlike images. This book invites readers into a rich visual universe where history, myth, and contemporary art collide.

SELLING POINTS

- **Showcases the work of Lorenzo Mattotti, one of the most influential contemporary illustrators.**
- A striking fusion of medieval and baroque aesthetics, blending myth, history, and modern artistic expression.
- Richly illustrated art book, featuring powerful, large-format images with strong visual impact.
- Enriched by an authoritative text that places the artwork in its artistic and cultural context.

DESCRIPTION

This beautifully produced art book brings together the finest works of Lorenzo Mattotti, a master of contemporary illustration whose imagination has long been drawn to medieval and baroque themes. Around twenty images originally created to illustrate a Lancelot novel form the backbone of this collection, weaving a rich visual tapestry where knights, tournaments, and scenes of courtly love unfold not as strict historical depictions but as operatic, dream-like compositions. Mattotti's artwork blends a striking variety of techniques—acrylic, pastel, ink, gouache, charcoal, and pencil—moving effortlessly between figurative and abstract modes. The result is a vibrant series of images that evoke the spirit and visual motifs of late medieval and Renaissance art while reflecting the artist's personal aesthetic. Accompanying these evocative illustrations, historian Pascal Ory provides a learned and insightful text that situates Mattotti's work within its artistic and cultural context, enriching the visual experience with thoughtful commentary. Together, they offer readers an immersive journey into a medieval-baroque world refracted through the imagination of one of today's most compelling visual artists.

AUTHOR

Lorenzo Mattotti is an Italian illustrator, painter, and comic book artist internationally acclaimed for his expressive use of color and form. Born in Brescia in 1954, he emerged in the late 1970s as a key figure in the renewal of European comics, notably with the groundbreaking graphic novel *Fires*. His work spans illustration, comics, painting, animation, and editorial art, and has been published worldwide in books, newspapers, and magazines. Mattotti has collaborated with major cultural institutions and publishers, and his artwork has been exhibited extensively in museums and galleries. He is widely regarded as one of the most influential visual artists working today.

Pascal Ory is a French historian and essayist specializing in cultural history. Professor emeritus at the Sorbonne and a member of the Académie française, he is known for his influential works on images, popular culture, and intellectual life, bridging scholarly rigor with accessible cultural analysis.

LANGUAGE: French

PUBLISHER: Locus Solus Editions

ORIG. TITLE: Mattotti, Médiéval & Baroque

VOLUME(S): 1

PAGES: 80

WORDS: TBC

ISBN: 9782368335598

PUBLICATION: 23/05/2025

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MEMOIRS
NARRATIVE
NON-FICTION

Jonathan Jacob Meijer

L'homme aux 1000 enfants*Mon histoire*

FAVRE

LANGUAGE: French**PUBLISHER:** Favre Editions**ORIG. TITLE:** L'homme aux 1000 enfants, mon histoire**VOLUME(S):** 1**PAGES:** 150 approx.**WORDS:** TBC**ISBN:** 9782828922979**PUBLICATION:** 19/03/2026**RIGHTS HELD**

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KEYNOTE

Discover the controversial story of the man who donated his sperm thousands of times to help families have children—and who fathered hundreds of children worldwide. A shocking and thought-provoking account exploring the ethical boundaries of sperm donation and the future of modern parenthood.

SELLING POINTS

- **Following the documentary's release on Netflix in 2024, which was viewed by more than 6.6 million people in one week, this book adds Meijer's voice to the global debate.**

- Accused of deception and prosecuted, Meijer takes responsibility for his choices and explains his motivations in a transparent, self-reflective approach.

- Meijer addresses the ethical, legal, and psychological dilemmas associated with donating sperm on a massive scale.

DESCRIPTION

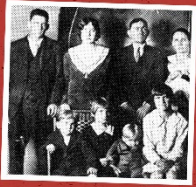
Who is Jonathan Jacob Meijer? Known worldwide as the sperm donor who fathered hundreds of children across multiple countries, Jonathan Jacob Meijer became the center of one of the most controversial fertility cases of the 21st century. In this explosive and deeply personal account, Meijer breaks his silence. From his first donation in 2007 to the legal battles and global media storm that followed, he recounts how a private decision turned into an international scandal. Why did he continue donating to so many women? What drove his mission? And how did the consequences reshape his life forever? Accused of misleading families, violating regulations, and facing an unprecedented court ruling, Meijer offers his version of events with striking candor. He reflects on the ethical boundaries of sperm donation, the responsibility toward donor-conceived children, and the emotional and psychological impact on the families involved — including himself. More than a memoir, this book is a provocative exploration of modern parenthood, reproductive technology, and the moral limits of personal choice. It raises urgent questions about transparency, regulation, and the future of human reproduction in a globalized world. A gripping testimony that challenges assumptions and confronts one of the most complex ethical debates of our time.

AUTHOR

Jonathan Jacob Meijer is known worldwide for the extraordinary story that placed him at the center of an unprecedented global debate on sperm donation and modern parenthood. His life has been shaped by travel, personal reflection, and encounters across cultures, giving him a unique perspective on contemporary society. In 2024, a multi-episode Netflix documentary brought his story to an international audience, telling the events from the perspective of the families involved. This book offers Meijer the opportunity to share his own voice, reflections, and experiences for the first time in a personal and unfiltered way.

NON-FICTION – TRUE CRIME

CAMILLE DEBREUILLE
CRIMES OUBLIÉS



5 AFFAIRES

CRIMINELLES

5 FAMILLES

ANÉANTIES

DONT L'AFFAIRE
LIZZIE BORDEN



D'APRÈS LE PODCAST AU
MILLION D'ÉCOUTES



L'OISEAU
NOIR

FORGOTTEN CRIMES

By Camille Debreuille

NEW

KEYNOTE

Five infamous family murders. Five chilling cases that history never truly laid to rest. *Forgotten Crimes* takes you inside the darkness—where the most terrifying monsters may be the ones closest to home.

SELLING POINTS

- From the creator of the hit true crime podcast with over one million listeners.
- Includes the Lizzie Borden case, spotlighted in Netflix's upcoming *Monster* series (2026).
- Five notorious historical family murder cases revisited with fresh insight.
- Blends archival research with psychological depth and modern analysis.

DESCRIPTION

In *Forgotten Crimes*, Camille Debreuille revisits five harrowing family murders that once stunned public opinion—and whose echoes still linger today. From the infamous Lizzie Borden case in the United States to the unsolved Hinterkaifeck massacre in Germany, from the tragic Lawson family killings to the chilling Brierre case in France and the notorious Pantin murders, she reopens files steeped in violence, silence, and enduring mystery. Each case unfolds within the most intimate of settings: the family home. Behind closed doors, in spaces meant to shelter love and trust, unimaginable horror took root. Some of these crimes were solved; others remain shrouded in unanswered questions. All continue to fascinate, disturb, and divide. Drawing on meticulous archival research, contemporary criminology, and psychological insight, Debreuille reexamines these tragedies through a modern lens. She moves beyond sensationalism to explore motive, myth, media influence, and the fragile line between fact and narrative construction. What drove these acts? Why do they still grip us generations later? And what do they reveal about the darker currents running beneath ordinary lives? More than a retelling of notorious cases, *Forgotten Crimes* is an exploration of how violence can erupt at the heart of domestic life—and how the monsters we fear most are not strangers in the night, but figures seated at the family table. Written by an investigative journalist and creator of a true crime podcast with over one million listeners, this gripping and immersive book combines narrative tension with analytical depth, offering readers a haunting journey into crimes that refuse to be forgotten.

AUTHOR

Camille Debreuille is a journalist and true crime specialist known for her compelling exploration of historical criminal cases. She is the creator and host of the podcast *Crimes Oubliés*, which has reached over one million listeners in just two years, building a dedicated audience of true crime enthusiasts. With a focus on archival research and psychological insight, she revisits notorious cases through a modern lens, uncovering the human stories behind the headlines. *Crimes Oubliés* is her first book, bringing together five haunting family murder cases that continue to fascinate and disturb.

LANGUAGE: French

PUBLISHER: L'Oiseau Noir Editions

ORIG. TITLE: Crimes oubliés

VOLUME(S): 1

PAGES: 300

WORDS: 73,000

ISBN: 9782494715837

PUBLICATION: 26/03/2026

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**TRACKING DOWN THE SERIAL
KILLER KNOWN AS “LE GRÊLÉ”****NEW**

By Christian Le Jallé

Christian Le Jallé

**SK2 : sur la trace
du tueur « le Grêlé »**Récit exclusif de l'enquêteur chargé
du *cold case* élucidé après 35 ans

FAVRE

LANGUAGE: French**PUBLISHER:** Favre Editions**ORIG. TITLE:** SK2: sur la trace du tueur
« le Grêlé »**VOLUME(S):** 1**PAGES:** 288**WORDS:** 83,000**ISBN:** 9782828923549**PUBLICATION:** 07/05/2026**RIGHTS HELD**World exclusive, translation, domestic,
derivative**DOMESTIC RIGHTS SOLD**

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KEYNOTE

For 35 years, the mysterious “SK2” DNA profile haunted French investigators without revealing the identity of the serial killer behind it. Former Criminal Brigade officer Christian Le Jallé recounts the extraordinary manhunt conducted from the legendary 36 quai des Orfèvres.

SELLING POINTS

- **The true story behind one of France’s most notorious serial killer investigations.**
- **A gripping cold-case narrative spanning more than 35 years of investigation.**
- Blends the suspense of a thriller with the authenticity of a testimony.
- A high-profile case that received extensive media coverage in France when the killer was finally identified.

DESCRIPTION

For more than three decades, the man known as “Le Grêlé” (“The Pockmarked Killer”) haunted French criminal investigations. Linked to a series of rapes and murders committed in Paris from the mid-1980s onward, the killer repeatedly escaped identification despite eyewitness descriptions, DNA evidence, and countless investigative leads. In this gripping true-crime memoir, former Paris Criminal Brigade officer Christian Le Jallé recounts from the inside the relentless cold-case investigation that ultimately led to the identification of the suspect behind the infamous “SK2” DNA profile — the forensic codename assigned by investigators to the unknown serial offender before his identity was uncovered. As head of the unit dedicated to unsolved crimes, Le Jallé takes readers deep inside the legendary 36 quai des Orfèvres, the historic headquarters of the Paris Criminal Investigation Department and an iconic symbol of French police investigations, immortalized in countless crime novels and films. Part investigative chronicle, part human testimony, SK2 reconstructs the extraordinary pursuit of a predator who remained invisible for 35 years. Through dead ends, breakthroughs, forensic advances, and mounting obsession, the book offers a rare behind-the-scenes look at one of France’s most high-profile serial killer cases — and at the perseverance required to solve crimes long believed unsolvable. Blending the tension of a thriller with the authenticity of a first-hand account, SK2 will appeal to readers of investigative nonfiction, true crime, and police procedurals alike.

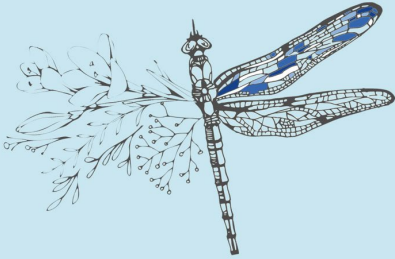
AUTHOR

Former head of the Paris Criminal Brigade’s cold-case unit, Christian Le Jallé spent more than thirty years investigating some of France’s most complex and high-profile criminal cases. A career detective at the legendary 36 quai des Orfèvres, he led the investigation that ultimately identified the serial killer known as “Le Grêlé” after decades of failed leads and forensic dead ends. Long reluctant to speak publicly about the case, Le Jallé delivers in SK2 a rare first-hand account of the longest investigation in the history of the Brigade criminelle, combining investigative precision with a deeply human perspective on the emotional toll of pursuing justice for victims and their families.

Catherine Draveil

Métamorphose

La vie m'appelle



Du couvent à la vraie vie,
il n'est jamais trop tard
pour exister pleinement.

récit
FAVRE

LANGUAGE: French
PUBLISHER: Favre Editions
ORIG. TITLE: Métamorphose,
La vie m'appelle

VOLUME(S): 1
PAGES: 192
WORDS: 57,000
ISBN: 9782828921071
PUBLICATION: 11/05/2023

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Lionceau Films (Film, out in 2027)

METAMORPHOSIS – ANSWERING LIFE’S CALL

By Catherine Draveil

KEYNOTE

After forty years as a cloistered nun, a burnout at sixty forces Catherine Draveil to step outside the monastery — and she never returns. A moving memoir about freedom, identity, and the courage to start life again at any age.

SELLING POINTS

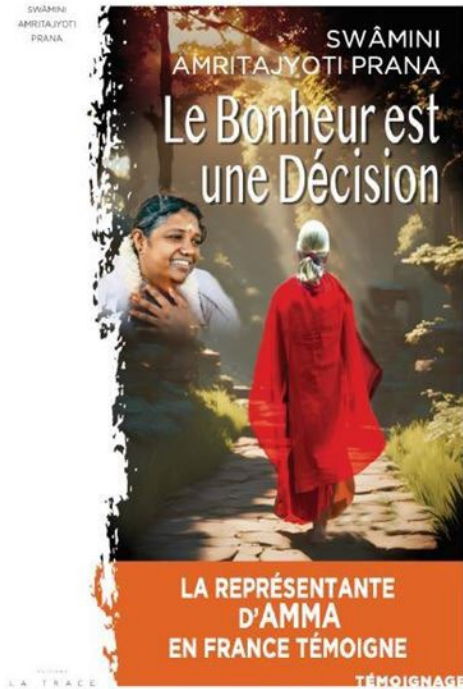
- **Excellent national press.**
- **8,000+ copies sold.**
- **Film light sold to Lionceau Films.**
- A rare first-person account of leaving cloistered monastic life after 40 years.
- A story that resonates far beyond the religious setting, echoing experiences of control in families, relationships, and workplaces.
- A strong universal theme: reclaiming one’s life after psychological influence.

DESCRIPTION

“I lived as a cloistered nun for forty years. I believed life was meant for God and for others, and that living for myself was selfish.” Catherine is the fourth child in a family of ten. A brilliant student, she begins medical school before abandoning this path for what she believes is her true calling: contemplative religious life. At just twenty, she enters a cloistered monastery and dedicates her life to prayer, obedience, and silence. For forty years, she lives under the psychological authority of a powerful superior. Her identity, desires, and personal choices gradually fade behind obedience and devotion. She believes she has chosen this life freely — until, at the age of sixty, a severe burnout forces her to leave the monastery for a one-month rest. That short break becomes the turning point of her life. Outside the walls, Catherine experiences a revelation that is no longer divine but existential. For the first time, she discovers the possibility of living for herself. She never returns to the convent. What follows is a long and moving journey of rebuilding: learning how to make decisions, discovering relationships, redefining spirituality, and facing a world she left decades earlier. Step by step, Catherine leaves “the enclosure” — a powerful symbol of safety, obedience, and self-erasure — to become, finally, herself. The book has been widely praised for its empowering and liberating message, with readers calling it “a book that gives permission to live.”

AUTHOR

Catherine Draveil was born in France into a traditional Catholic family of ten children. After beginning medical studies, she entered a cloistered Benedictine monastery at the age of twenty-two, where she lived for forty years. At sixty, a severe burnout became a turning point. She left religious life and began a long journey of personal rebuilding, redefining her relationship to spirituality, freedom, and her identity as a woman. *Metamorphosis – Answering Life’s Call* is her first book, a powerful autobiographical memoir about psychological influence, resilience, and the possibility of reinventing one’s life at any age.



LANGUAGE: French
PUBLISHER: La Trace Editions
ORIG. TITLE: Le bonheur est une décision

VOLUME(S): 1
PAGES: 200
WORDS: 99,000
ISBN: 9782487261358
PUBLICATION: 22/05/2025

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HAPPINESS IS A DECISION

By Prana Swamini Amritajyoti

KEYNOTE

The inspiring journey of a French woman whose search for meaning led her from science to spirituality, and from the West to India. Blending memoir and spiritual insight, this book offers readers a practical path to inner freedom, joy, and love.

SELLING POINTS

- The inspiring memoir of a French woman who leaves behind a conventional path to embrace a spiritual quest that changes her life.
- The book offers readers psychological and spiritual tools to transform suffering into peace and discover lasting joy.
- A deeply human narrative that encourages each reader to find their own path to happiness.

DESCRIPTION

This book recounts the extraordinary spiritual journey of a French woman from a simple Catholic background who becomes the representative of Amma (Mata Amritanandamayi) in Europe. The narrative unfolds as a spiritual adventure, a personal odyssey driven by an insatiable thirst for meaning. It tells of her encounters with some of the greatest spiritual masters of the 20th century, her courage to question and transform her life, and her determination to transcend suffering in search of love and inner peace. Through heartache and joy, she learns how to transmute suffering, letting go of anything that isn't love. While readers may not follow her exact path, her experiences inspire personal growth and self-discovery in unique, individual ways. This book is described as a "user's manual for life," offering subtle psychological insight and practical means to pacify the mind and uncover one's true identity—pure energy of love and light.

REVIEWS

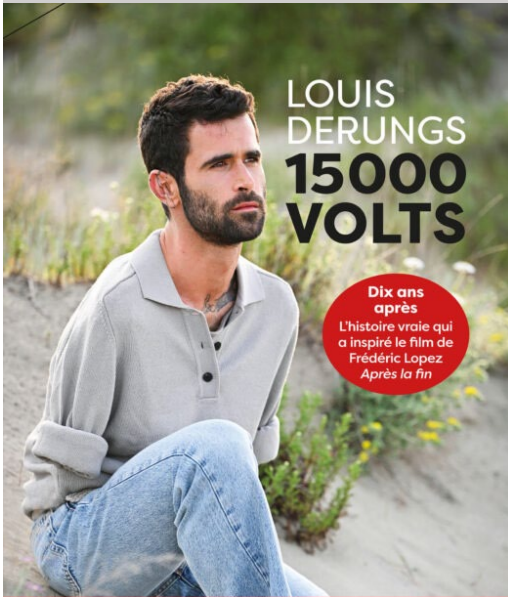
"This book is a great adventure story. The most beautiful adventure there is—the spiritual one. It traces the exceptional quest of a woman who, through her thirst for meaning, encountered some of the greatest masters of the 20th century." - ETW-France

AUTHOR

Swamini Amritajyoti Prana is a French-born spiritual teacher and one of the senior disciples of Amma (Mata Amritanandamayi). After earning a Master's degree in Physical Sciences, she began a lifelong spiritual journey that led her to India, where she met Amma in 1988. Deeply transformed by this encounter, she embraced monastic life in 1997 and has since served as Amma's representative in Europe. Today, she directs the Amma Center near Paris and shares Amma's message of love, compassion, and inner peace through lectures, writings, and humanitarian initiatives.

NOTES

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Le récit complet d'une aventure incroyable qui a conquis le grand public et invite à se reconnecter à soi pour se réapproprier sa vie

FAVRE

LANGUAGE: French

PUBLISHER: Favre Editions

ORIG. TITLE: 15 000 volts - Une méthode pour s'accomplir. Un récit de résilience

VOLUME(S): 1

PAGES: 292

WORDS: 79,000

ISBN: 9782828915940

PUBLICATION: 22/11/2025

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Television movie under the title "Après la fin" (Mediawan, Adenium TV France & France Télévisions)

15,000 VOLTS - A METHOD FOR SELF-FULFILLMENT, A STORY OF RESILIENCE

By Louis Derungs

KEYNOTE

A powerful book that offers both a moving personal account and a practical method for achieving fulfillment. It is for anyone seeking to overcome personal challenges and find a path to greater well-being.

SELLING POINTS

- **A book adapted in a TV movie by Mediawan.**

- **12,000+ copies sold.**

- This story highlights the human ability to overcome extreme challenges and find meaning in life.

- The author offers a structured approach to self-fulfillment based on mindfulness, hypnosis, personalized nutrition, and memory techniques.

- Beyond his personal story, the author encourages everyone to believe in their potential and make positive changes in their lives.

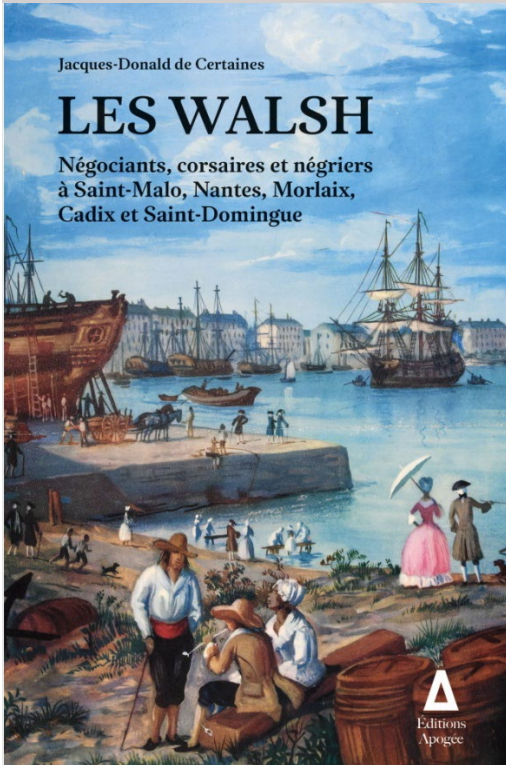
DESCRIPTION

At the age of nineteen, Louis Derungs was the victim of an unexplained electrocution that sent 15,000 volts through his body. Overnight, he was burned over nearly 50% of his body, leaving him dependent on others, unable to walk, and with both upper limbs amputated. Determined not to give up, Louis used his recovery time to develop a method based on mindfulness, hypnosis, a customized diet, and memorization. Through these various techniques, he gradually regained as much independence, serenity and happiness as possible and came to terms with his new body. An eternal optimist, Louis marvels at the little things in life and cultivates happiness. His motto: "Nothing is impossible, there is infinite potential in each and every one of us. And his desire is to inspire others to take action, pursue their goals and achieve them, whatever they may be.

AUTHOR

Born in Belgium in 1994, Louis Derungs grew up in Switzerland. In October 2013, at the age of 19, he was electrocuted with 15,000 volts of electricity, resulting in severe burns to nearly 50% of his body and the amputation of both arms. He was placed in an induced coma for several weeks and woke up completely dependent on others and unable to walk. Determined to regain his independence, Louis Derungs developed innovative rehabilitation methods combining mindfulness, hypnosis, nutrition and memory techniques. He also designed tools adapted to his disability to improve his daily life. In 2016, he published "15,000 Volts: A Method for Self-Fulfillment, A Story of Resilience", a book in which he shares his experiences and the techniques that helped him rebuild his life. The book, with a foreword by Muriel Robin, Frédéric Lopez and Darius Rochebin, was praised for its sincerity and inspirational power. In 2025, the book was made into a television movie called "Après la fin" (After the End), directed by Frédéric Lopez and broadcast on France 2 (national television).

NON-FICTION – NARRATIVE



LANGUAGE: French

PUBLISHER: Apogée Editions

ORIG. TITLE: Les Walsh

VOLUME(S): 1

PAGES: 200

WORDS: TBC

ISBN: 9782843988936

PUBLICATION: 21/05/2025

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THE WALSH DYNASTY

MERCHANTS, CORSAIRS, AND SLAVE TRADERS

By Jacques-Donald de Certaines

KEYNOTE

From Norman knights to Atlantic merchants, the Walsh family's story spans centuries of wars, exile, and global trade across Europe and the Atlantic world. A sweeping historical journey through conquest, commerce, and political intrigue that mirrors the rise of the modern world.

SELLING POINTS

- The fascinating story of the Walsh dynasty, whose journey reflects the political and economic upheavals of early modern Europe.
- A vivid exploration of the Atlantic world of the 17th and 18th centuries, from corsairs and maritime trade to global commerce.
- Combines family history and global history, showing how one lineage intersected with major events.
- Sheds light on the networks of international trade and maritime power that shaped the rise of modern Europe.

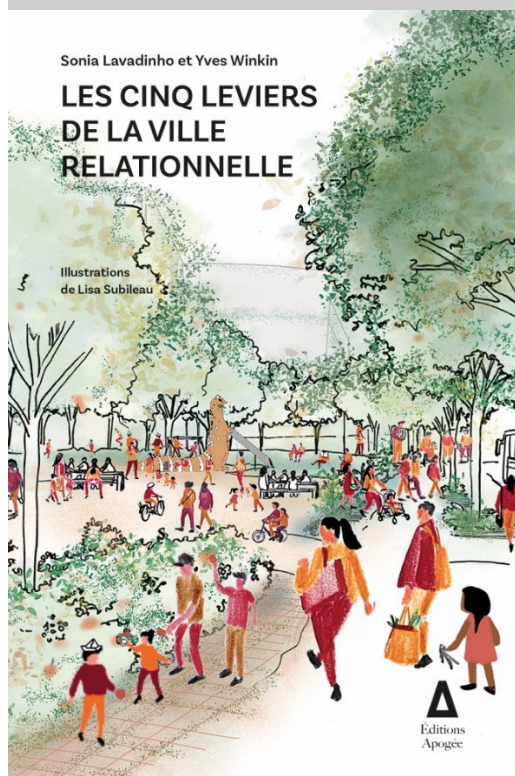
DESCRIPTION

Spanning several centuries and crossing the borders of France, Ireland, and England, the story of the Walsh family reflects the turbulent political and commercial history of early modern Europe. According to tradition, the Walsh first took part in the Norman conquest of England alongside William the Conqueror, gaining a barony in Wales. They later settled in Ireland, where they became involved in the conflicts that shaped the island before eventually being expelled by the English. Their history then unfolded across continental Europe. In France, members of the family joined the Irish Brigade in attempts to challenge English power, later fought with the Army of the Princes against the French Revolution, and eventually returned to prominence during the Napoleonic era. Beyond politics and warfare, the Walsh also played a significant role in the rise of international trade. Over the centuries, they became corsairs in Saint-Malo, cod-fishing shipowners in Morlaix, slave traders in Nantes, merchants in Cádiz, and plantation owners in Saint-Domingue—following the routes of the expanding Atlantic economy in the 17th and 18th centuries. Through this remarkable journey, the book traces the rise and transformations of a family deeply intertwined with the political alliances, maritime ventures, and commercial networks that shaped Europe and the Atlantic world. Eventually settled in Anjou at the Château de Serrant, the Walsh embody both the story of a dynasty and the broader transformations of a rapidly changing world.

AUTHOR

Jacques de Certaines is a French biophysicist, researcher, and author born in Lyon in 1946. He holds three PhD—in physics, biology, and sociology of science—and directed the Nuclear Magnetic Resonance Laboratory in Biology and Medicine at the University of Rennes. Alongside his academic career, he has been active in public life, serving as Deputy Mayor of Rennes, a member of the Economic and Social Council of Brittany, and president of the Rennes-Atalante technology park. A passionate sailor and maritime history enthusiast, he has published several works on the subject and currently serves as the Brittany delegate for the French Society for Maritime History.

ECOLOGY & SUSTAINABILITY



LANGUAGE: French
PUBLISHER: Apogée Editions
ORIG. TITLE: Les cinq leviers de la Ville relationnelle

VOLUME(S): 1
PAGES: 204
WORDS: TBC
ISBN: 9782843988653
PUBLICATION: 14/05/2025

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DESIGNING THE RELATIONAL CITY FIVE LEVERS FOR URBAN TRANSFORMATION

By Sonia Lavadinho, Yves Winkin

KEYNOTE

Our cities were designed for speed and efficiency—but not for human connection. This book proposes a bold new urban vision: the Relational City, where spaces for encounter and community become the true infrastructure of urban life.

SELLING POINTS

- **A timely contribution to the global debate on sustainable, climate-resilient, and people-centered cities.**
- A new urban paradigm that prioritizes human connection, well-being, and shared public spaces.
- Combines urban planning, environmental design, and social innovation to rethink the future of urban living.
- Proposes five practical and scalable urban interventions capable of quickly transforming the way cities function and are experienced.
- Offers a clear and actionable vision for policymakers, urban planners, and architects seeking alternatives to the efficiency-driven city model.

DESCRIPTION

A quarter of the 21st century has already passed, yet most of our cities are still shaped by the functional urban model inherited from the 20th century—cities designed primarily for speed, efficiency, and traffic flow. In response to today's ecological, climate, and social challenges, the authors propose a new paradigm: the Relational City—an urban vision that places human connection, shared spaces, and quality of life at the center of urban design. Today, spaces that encourage social interaction represent only about 20% of urban environments. The goal of this book is to reverse that balance, so that places designed for encounter and connection eventually occupy 80% of the urban landscape. Building on the seven principles outlined in their previous work, the authors identify five practical levers for transformation capable of rapidly reshaping city life: cooling streams, a “second skin” for parks, playful urban corridors, living intersections, and caring parking spaces. When implemented together, these interventions create a powerful multiplier effect, accelerating the shift toward a more livable, resilient, and human-centered city—one where social connection once again becomes the foundation of urban life.

AUTHOR

Sonia Lavadinho is an urban anthropologist and geographer specializing in mobility, walkable cities, and the human experience of public space. Founder of the consulting firm Bfluid, she advises cities and institutions on sustainable mobility and the design of urban environments that foster social interaction and well-being.

Yves Winkin is a Belgian scholar and professor of communication studies who has dedicated his career to developing an anthropology of communication. Through his research and teaching, he explores how human interactions shape urban life and public space.

Together, they combine urban anthropology, communication studies, and urban design to rethink how cities can strengthen social connections.

Morphologie urbaine et biodiversité

APPORTS DE TERRAINS DE RECHERCHES PLURIDISCIPLINAIRES

Sous la direction de Sophie Carré et Philippe Clergeau



LANGUAGE: French
PUBLISHER: Apogée Editions
ORIG. TITLE: Morphologie urbaine et biodiversité

VOLUME(S): 1
PAGES: 208
WORDS: TBC
ISBN: 9782843988905
PUBLICATION: 17/09/2025

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URBAN MORPHOLOGY AND BIODIVERSITY

By Sophie Carré, Philippe Clergeau

KEYNOTE

As cities face growing environmental pressures, integrating biodiversity into urban design has become essential. Drawing on four years of interdisciplinary research, this book explores how urban form can help create thriving ecosystems within the city.

SELLING POINTS

- **A timely contribution to the global discussion on sustainable cities, urban biodiversity, and climate-resilient urban planning.**
- Explores how urban form and spatial organization influence the presence and resilience of biodiversity in cities.
- Based on four years of interdisciplinary research conducted within the BAUM (Biodiversity, Urban Planning and Morphology) program.
- Bridges urban planning, ecology, and environmental design, offering new insights into the creation of urban ecosystems.
- Presents the results of six research projects along with practical perspectives for integrating biodiversity into urban development strategies.

DESCRIPTION

In the face of growing environmental challenges, the ecological transformation of cities has become a critical priority. Moving beyond simple urban greening, the goal today is to create urban ecosystems capable of supporting biodiversity while improving the quality of life for city residents. Urban biodiversity provides essential services, from cooling urban environments and improving air quality to managing pollution and enhancing urban well-being. Yet the mechanisms that allow animal and plant species to establish and persist in cities remain poorly understood. The spatial organization of built and non-built environments may play a key role: the size and continuity of habitats, opportunities for species dispersal, and urban forms that facilitate the movement of living organisms. To explore these questions, the BAUM (Biodiversity, Urban Planning and Morphology) research program brought together researchers and practitioners to investigate the relationship between urban form and biodiversity. Supported by several major French institutions, the program conducted a four-year research initiative including a comprehensive state of the art, a conceptual framework linking urban planning and ecology, and six dedicated research projects. This book presents the main findings of this work and offers new perspectives and operational strategies for integrating biodiversity into the design and planning of tomorrow's cities.

AUTHOR

Sophie Carré is an architect and project manager at the PUCA (Plan Urbanisme Construction Architecture). She coordinated the BAUM (Biodiversity, Urban Planning and Morphology) research program, bringing together researchers and practitioners to explore how urban planning can better integrate biodiversity.

Philippe Clergeau is Professor Emeritus at the Muséum national d'Histoire naturelle (MNHN) in Paris and a specialist in urban ecology. As scientific director of the BAUM program, his work focuses on the relationship between urban environments and biodiversity.

Stéphane Krebs L'arbre, modèle de civilisation

La sagesse des végétaux
au service des humains



LANGUAGE: French
PUBLISHER: Favre Editions
ORIG. TITLE: L'arbre, un modèle de civilisation

VOLUME(S): 1
PAGES: 224
WORDS: TBC
ISBN: 9782828923181
PUBLICATION: 14/11/2025

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THE TREE: A MODEL FOR CIVILIZATION

By Stéphane Krebs

NEW

KEYNOTE

What if trees already hold the blueprint for sustainable success? Drawing on the wisdom of living systems, this inspiring book turns the tree into a powerful model for leadership, business, and long-term prosperity.

SELLING POINTS

- A fresh and original leadership model inspired by nature and living systems.
- At the crossroads of leadership, personal development, and sustainability.
- Accessible, optimistic, and solution-oriented — ideal for a wide readership beyond business specialists.
- Addresses a major global question: how to achieve success without exhausting people and the planet.

DESCRIPTION

What if nature already holds the model for sustainable success? For more than 300 million years, trees have thrived by applying simple and universal principles: deep grounding, intelligent cooperation, turning losses into resources, and transmitting knowledge to ensure long-term growth. In this inspiring and accessible book, Stéphane Krebs turns the tree into a powerful framework for leadership and organizational design. Roots, sap, trunk, flowers, fruit, seeds, forest — each element becomes a practical tool to rethink governance, collaboration, innovation, and value creation. At the crossroads of leadership, personal development, responsible business, and sustainability, the book offers a clear method to build more resilient, more human, and future-oriented organizations. Both visionary and practical, it addresses one of the key questions of our time: how can we succeed and prosper without exhausting human, social, and environmental resources? An inspiring guide for leaders, entrepreneurs, and readers seeking meaning and long-term impact.

AUTHOR

Stéphane Krebs is an entrepreneur, speaker, and expert in leadership and organizational transformation. For more than twenty years, he has supported executives, companies, and institutions in their strategies for growth, innovation, and governance. Passionate about living systems and systemic thinking, he has developed an original approach that connects economic performance, social responsibility, and collective intelligence. Through his talks and training programs, he encourages organizations to rethink their models using the natural principles of cooperation, resilience, and long-term transmission. With *The Tree: A Model for Civilization*, he offers an innovative and accessible vision of nature-inspired leadership, presenting a practical method to build sustainable and regenerative prosperity.

Agricultures urbaines et biodiversités

VERS UNE VILLE VERTE ET AGROÉCOLOGIQUE

Sous la direction de Philippe Clergeau, Pierre Donadieu et Christine Aubry



LANGUAGE: French

PUBLISHER: Apogée Editions

ORIG. TITLE: Agricultures Urbaines et Biodiversité

VOLUME(S): 1

PAGES: 160

WORDS: 54,000

ISBN: 2843988713

PUBLICATION: 19/02/2025

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AGRICULTURAL URBANISM & BIODIVERSITY

By Clergeau philippe

KEYNOTE

This book reveals the most update scientific and empirical findings from the French Academy of Agriculture, while bridging the differentiating factors of urban agriculture on spontaneous and cultivated biodiversity.

SELLING POINTS

- Within the French Academy of Agriculture, a working group has been addressing this issue, not only by taking stock of scientific and empirical developments, but also by questioning various players in urban agriculture about their relationship with spontaneous and cultivated biodiversity.

DESCRIPTION

Nowadays, demand for green spaces is becoming increasingly important in cities for the multiple services provided to residents (health of city dwellers, etc.). Few are the studies on biodiversity in parks and gardens, and as a result, there are very few analyses on cultivated spaces in urban areas. Knowledge of the relationships between urban agriculture and biodiversity is essential for integrating these unbuilt spaces into current thinking on greening and the creation of green networks in the city.

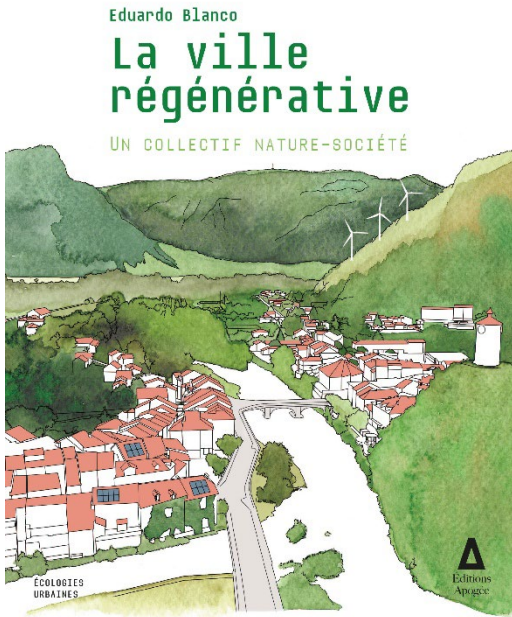
This book reveals the most update scientific and empirical findings from the French Academy of Agriculture, while bridging the differentiating factors of urban agriculture on spontaneous and cultivated biodiversity.

AUTHOR

Philippe Clergeau (professor emeritus at the Museum National d'Histoire Naturelle in Paris), Pierre Donadieu (professor emeritus at the École Nationale Supérieure de Paysage de Versailles), and Christine Aubry (Inrae project manager and professor at AgroParisTech), all three members of the Académie d'agriculture de France, have coordinated this book, which sets out proposals for the implementation of a genuine urban agroecology.

NOTES

Urban Sustainability collection: the key concepts of eco-friendly transition, resilience and ecosystem approach call for a radical rethinking of the city's social and ecological functions, putting biodiversity and landscapes at the heart of all projects. Faced with this new paradigm, urban sustainability requires new methods of urban design and construction, new materials, new mobility and use of urban space, new water and energy management, new forms of urban agriculture, a more sensitive approach, and so on. To achieve these goals, the "Urban Sustainability" collection brings together knowledge and practical solutions to develop ideas and strategies capable of changing the urban environment.



LANGUAGE: French
PUBLISHER: Apogée Editions
ORIG. TITLE: La ville régénérative

VOLUME(S): 1
PAGES: 152
WORDS: 48,000
ISBN: 2843988527
PUBLICATION: 06/11/2024

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THE REGENERATIVE CITY

By Eduardo Blanco

KEYNOTE

For those who are into biophilic nature, this book explores colorfully the mundane beauty between human and ecosystem's coexistence:

SELLING POINTS

- A fresh perspective to rethink our cities with equal benefits for nature and human society.
- This book explores these key questions and offers essential insights for shaping a regenerative urban future.

DESCRIPTION

With over 8 billion inhabitants on the planet, close to 60% of whom live in urban areas, cities have major impacts on nature. Every urban project, every building, every infrastructure in our cities contributes to our well-being, but has also a significant impact on the environment and the living species around us. Despite efforts to improve the sustainability of our cities, our footprint persists and, in the light of current global challenges, a new approach is needed. The notion of regenerative cities offers a fresh perspective for rethinking our cities with equal benefits for nature and human society. By providing theoretical grounding, practical solutions to implement in urban projects, and success stories, this book aims to enlighten and inspire the public to embrace regenerative urban design. How can we design urban spaces to integrate and co-evolve harmoniously with ecosystems? How can we ensure that cities actively contribute to the proper functioning of ecosystems, while meeting the needs of modern society? This book explores these key questions and offers essential insights for shaping a regenerative urban future.

AUTHOR

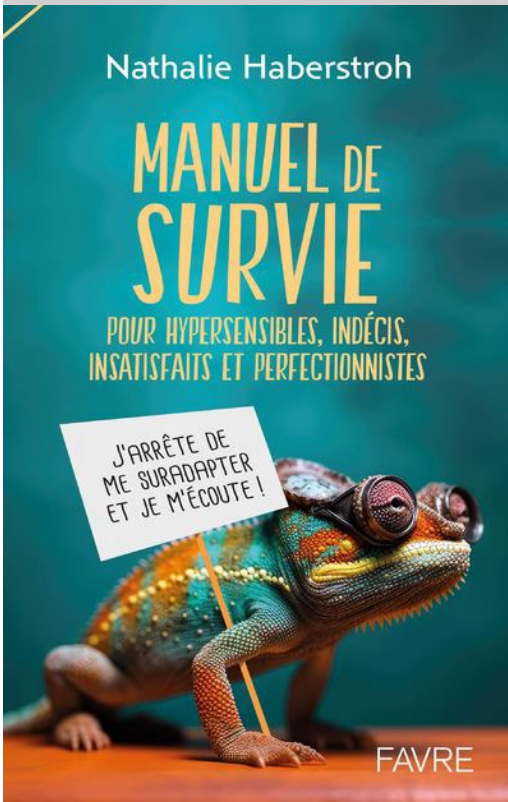
Eduardo Blanco is an engineer and urban planner with a doctorate in environmental sciences. For over a decade, he has designed and coordinated projects linked to sustainable development and regeneration in urban environments. He continues to work closely with local authorities and other players in the urban fabric.

NOTES

Urban Sustainability collection: the key concepts of eco-friendly transition, resilience and ecosystem approach call for a radical rethinking of the city's social and ecological functions, putting biodiversity and landscapes at the heart of all projects. Faced with this new paradigm, urban sustainability requires new methods of urban design and construction, new materials, new mobility and use of urban space, new water and energy management, new forms of urban agriculture, a more sensitive approach, and so on. To achieve these goals, the "Urban Sustainability" collection brings together knowledge and practical solutions to develop ideas and strategies capable of changing the urban environment.

SELF-HELP

NON-FICTION – MBS



LANGUAGE: French
PUBLISHER: Favre Editions
ORIG. TITLE: Manuel de survie, pour hypersensibles, indécis, insatisfaits et perfectionnistes

VOLUME(S): 1
PAGES: 184
WORDS: 57,000
ISBN: 9782828921767
PUBLICATION: 16/05/2024

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SURVIVAL GUIDE FOR THE HYPERSENSITIVE, UNDECIDED, OVERACHIEVER, AND PERFECTIONIST

By Nathalie Haberstroh

KEYNOTE

Packed with examples, testimonials, detox tips, and a list of approved foods, the goal of this guide is to give readers the keys to a healthy lifestyle that matches their unique intelligence and sensitivity.

SELLING POINTS

- **3 reprints; 5,500 copies sold.**
- **This book meets a growing need for practical tools with the growing visibility of hypersensitivity, and mental health.**
- The author speaks directly to the reader with empathy, avoiding psychological jargon, creating an immediate sense of connection.
- No prior knowledge is required. The book appeals to everyone, whether you are just starting out or already working on yourself.

DESCRIPTION

Do you feel like you are always overthinking things, questioning everything, never satisfied, or wanting to be perfect at everything? You may be hypersensitive, a perfectionist, or simply exhausted from the constant pressure you put on yourself - or feel from others. In this insightful and compassionate guide, life coach and naturopath Nathalie Haberstroh offers a comprehensive emotional survival kit for those who feel overwhelmed by their inner demands. Through accessible tools, tests, guided reflections, and practical exercises, she explores the profiles of the hypersensitive, the chronically indecisive, the naturally unsatisfied, and the hardened perfectionist. Readers learn to identify their "inner tyrants" who feed self-sabotage and exhaustion. They discover how to restore their personal balance, set boundaries, allow themselves to be who they are, and finally break out of the vicious cycle of over-adaptation. An enlightening and guilt-free book that provides concrete keys to a gentler, freer, and more confident life. To be read, reread, and given to anyone who feels "too much," "never enough," or simply lost in the turmoil of their emotions.

REVIEWS

"A questionnaire to assess your situation, chapters organized by topic, with real-life scenarios to help you understand the issue, analysis, and tools to help you navigate these situations. The author provides key, effective tips for making the most of your unique characteristics."

AUTHOR

After a career in industry, Nathalie Haberstroh turned her life around in 2015 and studied naturopathy and holistic health. A certified professional coach, she has been working as a practitioner for about ten years, specializing in supporting hypersensitive people. As a columnist and author, Nathalie draws on her own experiences and journey to enlighten those seeking meaning and those who feel exhausted by the outside world.

Lili Road
Préface du Dr Eric Nectoux

Bye bye
**DOULEURS
CHRONIQUES!**
S'en libérer en 45 jours grâce
à la méthode MBC
Mind-Body Connection



«Comment j'ai vaincu migraines, maux de dos et troubles psychosomatiques grâce à des techniques validées par des études en neurosciences et capables d'aider de très nombreuses personnes à ne plus souffrir.» *Lili Road*

FAVRE

LANGUAGE: French
PUBLISHER: Favre Editions
ORIG. TITLE: Bye bye douleurs chroniques !

VOLUME(S): 1
PAGES: 376
WORDS: 81,000
ISBN: 9782828921941
PUBLICATION: 19/09/2024

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SAY GOODBYE TO CHRONIC PAIN!

By Lili Road

KEYNOTE

Based on scientifically proven neuroscience and mind-body therapy approaches, the MBC Mind-Body Connection Method guides readers to lasting relief from chronic pain, in just 45 days.

SELLING POINTS

- **A proven methodology based on proven principles of neuroscience, neuroplasticity, and mind-body therapies.**
- A structured 45-day program with step-by-step support and progressive, measurable goals.
- A holistic and natural approach, without invasive treatments, that addresses the root causes of pain.

DESCRIPTION

Do you suffer from significant pain that has no physical explanation and for which medical tests have found nothing? Your chronic pain is neuroplastic and not "in your head". Fibromyalgia, low back pain, and musculoskeletal disorders are just a few of the conditions that affect 1.5 billion people worldwide. The Mind-Body Connection (MBC) method teaches readers how to calm their mind and reconnect with their body to restore pain-free neural pathways. From a young age, Lili struggled with bullying at school, anorexia, and migraines. Later, as an active and athletic mother, she suffered recurring and unexplained physical problems and successive burn-outs, until one day crippling back pain confined her to bed. Her physical problems mirrored her emotional turmoil. After successful emergency surgery, her suffering continued. Lili then decided to develop her own method to free herself from chronic pain. In this guide, the author invites readers to discover fun, effective techniques validated by the latest neuroscience research: brain reprogramming (therapeutic education, somatic tracking, creative writing, self-hypnosis, art therapy, etc.), well-being (yoga, meditation, pranayama, etc.), and personal development (visualization, neurolinguistic programming, etc.).

REVIEWS

"A serious and science-based approach to finding your way back to wellness." - Santé Magazine

AUTHOR

Lili Road is an associate professor of English at the University of Lille. She is also a singer-songwriter and a certified art therapist from the Faculté Libre of Medicine in Lille. She is certified in Pain Reprocessing Therapy, Yoga, Meditation, NLP and Hypnotherapy. Based on her research at the University Hospital of Lille, which was awarded for therapeutic innovation, and her collaboration with Macquarie University (Australia) and the PRT Center (United States), Lili developed the MBC method to share her experience with health professionals and patients.

NON-FICTION - MBS

Jérémie Gallen
psychologue

SUR LE DIVAN DE MES PATIENTS



Débusquer notre savoir inconscient
pour activer notre pouvoir de guérison



Le psy de la
chaîne Va te
faire suivre



FAVRE

LANGUAGE: French

PUBLISHER: Favre Editions

ORIG. TITLE: Sur le divan de mes patients

VOLUME(S): 1

PAGES: 192

WORDS: 51,000

ISBN: 9782828919542

PUBLICATION: 03/02/2022

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ON MY PATIENT'S COUCH

By Jérémie Gallen

KEYNOTE

"On My Patient's Couch" is a captivating immersion into the world of psychotherapy. Through authentic and touching accounts, Jérémie Gallen explores the complexity of the human soul. An illuminating look at contemporary psychological issues.

SELLING POINTS

- **A popular author with 55k+ YouTube followers.**
- An accessible popularization of complex psychological concepts.
- A benevolent emphasis on human vulnerabilities and resources.
- Themes that resonate with contemporary challenges (burnout, anxiety, the search for meaning...).

DESCRIPTION

In a therapist's office, some patients say very revealing things, sometimes almost without realizing it. Jérémie Gallen is an unconventional therapist who relies primarily on people's own resources to help them get their lives back on track. Passionate about deciphering the human personality, he focuses on signs of resistance, phobias, taboos and trauma to help people understand how they work. Mental overload, negativity, low self-esteem, jealousy, procrastination, passivity, relationship and parenting problems, lack of independence from others - these are just some of the problems and obstacles that can spoil everyday life. Patients will find it all the easier to learn how to avoid the traps of their unconscious. This lively book will help those going through a difficult time in their lives (grief, layoffs, breakups, or any other existential distress). It can also inspire therapists, as the author has chosen to highlight a number of anonymous cases to express his gratitude to those who have helped him advance in his practice through the progress patients have made in therapy.

REVIEWS

"Jérémie Gallen takes us on a journey of therapy with a psychologist, through the reflections of patients affected by a wide variety of difficulties. This gives us a lot of food for thought, because we can all find ourselves in one of the situations described. He kindly guides us through the mechanisms that lead to actions and behaviors that we sometimes find difficult to decipher." – Amazon reviewer

AUTHOR

Jérémie Gallen is a clinical psychologist and psychotherapist. In 2015, he launched his psychological popularization Youtube channel "Va te faire suivre" (Go see a therapist), which now has tens of thousands of subscribers. A former university lecturer, he is also the co-founder of the psychotherapy app "FeelGood", which offers professional counseling to people in distress, at any time and from any distance.

NON-FICTION - MBS

Emile Guibert

TOUT EST UNE QUESTION DE CARACTÈRE !

Guide pratique enrichi d'exemples et
de références pour mieux comprendre
votre fonctionnement et celui des autres



- Quels traits de caractère guident vos choix et réactions ?
- Comment mieux gérer vos points forts et vulnérabilités ?
- Avec quels types de personnes pouvez-vous ressentir le plus d'affinités ?

FAVRE

LANGUAGE: French

PUBLISHER: Favre Editions

ORIG. TITLE: Tout est une question de caractère

VOLUME(S): 1

PAGES: 344

WORDS: 118,000

ISBN: 9782828922443

PUBLICATION: 03/04/2025

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IT ALL COMES DOWN TO PERSONALITY

By Dr. Emile Guibert

KEYNOTE

This book is a must-read for anyone who wants to understand the mysteries of human personality, learn more about themselves, and discover the types of people they are most likely to get along with!

SELLING POINTS

- The author presents the fundamentals of characterology and the eight character types to provide a better understanding of human behavior and its underlying motivations.
- The book is enriched with examples from everyday life, film, and literature to facilitate understanding of theoretical concepts.
- The book includes self-assessment questionnaires that allow readers to identify their own personality type.

DESCRIPTION

Without realizing it, you are already using characterology on a daily basis. When you meet someone, and immediately sense that they are emotional, passionate, or distant, or when you think, "He'll never finish what he starts," "She's a dreamer," or "He's too anxious," you are relying on an intuition that we all share. But do you really know the science behind these instant judgments? This book invites readers to transform these gut feelings into deep understanding. Do you know what the "esprit de l'escalier", explosive impulsivity, or the backlash effect are? These phenomena, which you have probably noticed before, are reflections of well-defined personality types. This book reveals these concepts and many others, illustrating them with examples from everyday life, movies, TV shows, and history. Did you notice Martin Riggs' impulsive temperament in "Lethal Weapon"? Find out why he is such a good example of a nervous character. Napoleon Bonaparte, with his natural authority; Taylor Swift, with her fierce ambition; and Émile Zola, with his ability to devote his life to a monumental work, have surely impressed you. Discover how they perfectly embody the passionate type. And if Catherine Tramell in "Basic Instinct" is so fascinating because of her coldness and the methodical planning of her crimes, it is because of her weak emotional nature, a typical trait of the phlegmatic personality. This book is a must read for anyone who wants to understand the mysteries of human personality, learn more about themselves, and discover the types of people they are most likely to get along with!

AUTHOR

Dr. Émile Guibert is a French clinical psychologist known for his commitment to making psychology accessible and applicable to as many people as possible. With a Ph.D. in psychology, he has dedicated his career to popularizing complex psychological concepts and making them accessible to the public. A visionary, Dr. Guibert founded AFPRO (French Association of Psychology and Counseling Research), an organization that now trains thousands of professionals in more than 35 countries.

NON-FICTION - MBS



LANGUAGE: French

PUBLISHER: Favre Editions

ORIG. TITLE: Les petits conseils félins pour apaiser les humains

VOLUME(S): 1

PAGES: 160

WORDS: 32,000

ISBN: 9782828922269

PUBLICATION: 27/02/2025

RIGHTS HELD

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HUMAN CALMING CAT TIPS

By Sylvie Sarzaud

KEYNOTE

Discover 45 tips packed with purr therapy, gentleness, and feline wisdom to reconnect with yourself, calm your mind, and rediscover serenity. A caring, entertaining guide inspired by those who have mastered the art of Zenitude: cats.

SELLING POINTS

- An original approach to wellness by learning to relax and improve your quality of life through the wisdom of cats.
- Each "feline tip" is a handy card. These 45 cards are accessible, fun and directly applicable to everyday life.
- Sylvie Sarzaud, sophrologist and teacher, combines her expertise in relaxation with her passion for cats.
- The "feline" voice gives the book a light, poetic style, making it a pleasant read while providing powerful tools.

DESCRIPTION

Where would we be without our feline friends? They know better than anyone how to soothe our troubles. Their purrs and cuddles are comforting. They charm us with their elegance and delight us with their mischief. So imagine what would happen if our little companions suddenly began to speak up and teach us how to find peace? This is what this book is all about. Four Zen expert cats share 45 tips to help people rediscover serenity and happiness. These tips, presented in the form of handy cards, cover areas such as mind-body practices, self-hypnosis, and self-awareness. By translating the teachings of her cats, the author offers readers a fresh perspective on the art of mindful living. A tribute to our little masters of wisdom, this book is for cat lovers only!

REVIEWS

"An accessible book packed with a thousand and one useful tips for everyone's well-being." – Le Télégramme

AUTHOR

Sylvie Sarzaud is a French sophrologist and hypnotherapist based in Brittany (France) since 2011. In her practice, she works with children, teenagers and adults on issues such as stress, sleep disorders, chronic pain, grief, addictions and emotional management. A prolific writer, she has published several books on personal development, therapeutic stories for children and self-help guides, notably with Eyrolles Publishing. Her latest book, "Les petits conseils félins pour apaiser les humains" (2025), offers 45 tips inspired by the behavior of cats to restore calm and serenity to everyday life.

NON-FICTION - MBS

Géraldine Rousselot-Pailley



60 symptômes
95 outils
19 vidéos via
codes QR

FAVRE

LANGUAGE: French
PUBLISHER: Favre Editions
ORIG. TITLE: Mon kit d'urgence
émotionnelle

VOLUME(S): 1
PAGES: 216
WORDS: 71,000
ISBN: 9782828922313
PUBLICATION: 16/01/2025

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MY EMOTIONAL EMERGENCIES TOOLKIT

By Géraldine Rousselot-Pailley

KEYNOTE

A practical, accessible, and resource-rich guide that is ideal for anyone who wants to better understand and manage their emotions on a day-to-day basis.

SELLING POINTS

- **The author, a life coach and Reiki practitioner, draws on her professional experience, making the book reliable and relevant.**
- The book offers 95 practical tools for dealing with 60 psychological and physical symptoms related to stress and anxiety.
- The author explains the mechanisms underlying emotional and physical disorders, enabling readers to understand the origin of their discomfort.
- The book includes QR codes that provide access to instructional videos that offer practical demonstrations of the techniques described.

DESCRIPTION

Night terrors, social anxiety, obsessive thoughts, fear of failure, nervous tics, even panic attacks and depression: the problems associated with stress and anxiety are among the most widespread in the 21st century. Many people are unaware that they can also manifest as physical symptoms such as migraines, cramps, back pain, dizziness, and many others. When we experience stress or an anxiety attack, we don't always know how to deal with it, which only makes the problem last longer and get worse. However, there are a number of techniques that can help. In this guide full of useful advice, Géraldine Rousselot-Pailley, who has extensive experience as a therapist, provides the keys to understanding the origins of stress and anxiety disorders and learning how to deal with them more effectively. She lists 60 common physical and psychological symptoms and offers 95 helpful tips that can be used on a daily basis, including emergency situations. Readers will find useful tips and a wide range of solutions, from breathing exercises to stress-relieving objects, nutrition, medicinal plants, meditation, laughter therapy, and writing. All they have to do is choose the one that best suits their needs. The book also includes QR codes for easy access to instructional videos.

REVIEWS

"Finally, a practical and easy-to-use guide to dealing with emotions. It teaches you so much, from the origins of pain to the many tools available to overcome it. I highly recommend it." – Amazon review

AUTHOR

Géraldine Rousselot-Pailley is a French therapist specializing in emotional and physical disorders related to stress and anxiety. Since 1998, she has been working as a life coach and Reiki practitioner, offering her expertise to many people seeking greater well-being.

FOOD & DRINKS



LANGUAGE: French
PUBLISHER: Apogée Editions
ORIG. TITLE: L'Essentiel du thé

VOLUME(S): 1
PAGES: 224
WORDS: 78,000
ISBN: 9782843988721
PUBLICATION: 05.03.2025

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TEA ESSENTIALS

By Eric Glatre

KEYNOTE

This book focuses on the evolution of tea and gives a profound and diverse background of the beverage scale (from rum to café), ensuring an objective and wholistic perspective of tea.

SELLING POINTS

- Provides a resonating analysis on tea's impact to human lives; from a standard of ancient living; fast-forwarded to the one of the world's top 3 go-to beverages.

DESCRIPTION

Some foods come from afar with remarkable stories wrapped inside them (in how they became the meal staples of today). Such is the curious case of tea, which "appeared" around 5,000 years ago in China, and was viewed as an art of living. Ever since its chance discovery by the great emperor Shen Nong (2737-2697 B.C.), it has traversed centuries and all borders to become the 2nd most consumed beverage in the world, after water...

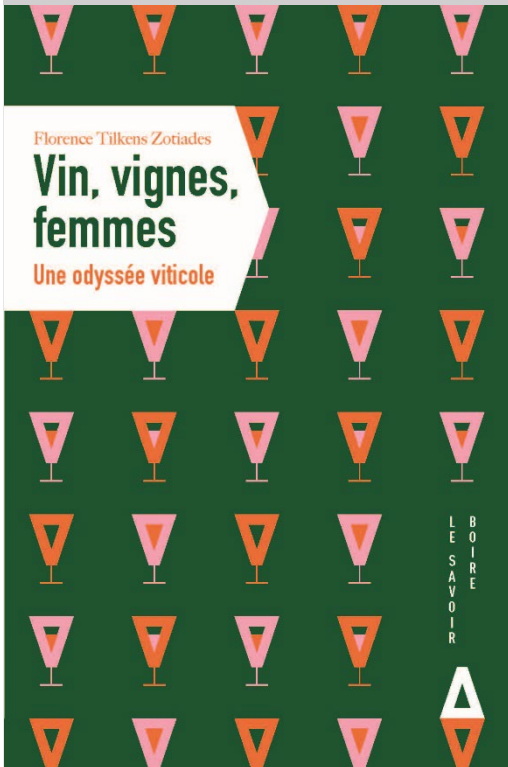
AUTHOR

A historian (ancient history) and writer with a passion for wine, gastronomy and lexicology, Éric Glatre is a member of the international network of the UNESCO "Wine and Culture" Chair, the French Terminology Society and the Société des Gens de Lettres. He has published nearly seventy works in France and abroad. Champagne and Alsace wines, tea and chocolate are among his favourite beverages.

NOTES

Drinking knowledge collection: Drinking wine means drinking culture, grape varieties, landscapes, and know-how. Drinking wine elevates one's soul, it is accessing myths and what makes our civilizations. Wine is a social construction at the crossroads of various fields of knowledge, both historical and philosophical. Always on the edge of current events, wine is also a way of life. This collection is about wine, but also about beer, champagne or rum, with the same approach, while taking a step aside to gain perspective and understand what the drink says about all of us.

NON-FICTION – FOOD & DRINKS



LANGUAGE: French
PUBLISHER: Apogée Editions
ORIG. TITLE: Vins, vignes, femmes

VOLUME(S): 1
PAGES: 160
WORDS: 39,000
ISBN: 9782843988448
PUBLICATION: 15/05/2024

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World excl., domestic, translation

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WINES, VINES, WOMEN

By Florence Tilkens Zotiades

KEYNOTE

This book examines the historical exclusion of women from the wine business, deciphering its reasons and consequences.

SELLING POINTS

- **Winner of the 2025 Gourmand Awards.**
- This book features the history of wine and winemaking from a unique, yet very contemporary approach.

DESCRIPTION

The author first explores the hypotheses of women's role in the discovery of the vine and the wine-making process; she traces the origins of discrimination against women and its causes, in particular the inferior status imposed on them by most ancient civilizations. She then looks at the heritage, economic and cultural consequences of this subordination, shaken by the 1960s and 1970s second feminist wave. The book goes on to discuss the slow but steady feminization of the industry, despite patriarchal overtones, and the issues surrounding wine as a symbol of wealth, power and prestige. The text is punctuated by portraits of women who played a key role in the wine field, and testimonials from women who occupy today a wide range of positions in the industry and who, despite their skills and experience, still face persistent discrimination from men of the 21st century.

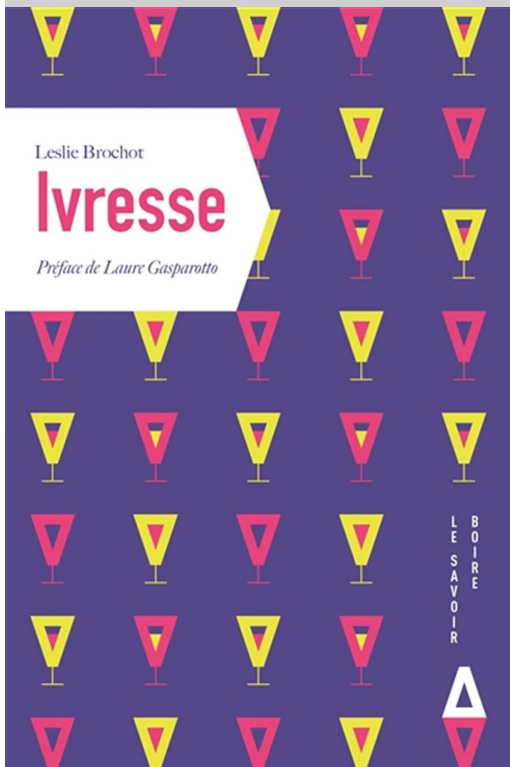
AUTHOR

After a career in international business development, Florence Tilkens Zotiades joined the wine industry. Founder of Vins d'Hellène/Danaan Wines in London, she is also a professional winetaster at numerous international competitions. She is the author of L'Odyssée des vins grecs (The Greek Wine Odyssey). Alongside her activities, she advocates professional equality and economic autonomy for women. She is a member of Led By HER, a French non-profit organization, of which she was president from 2022 to 2023. Led by HER supports women who have experienced violence in their entrepreneurial projects.

NOTES

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NON-FICTION - FOOD & DRINKS



LANGUAGE: French

PUBLISHER: Apogée Editions

ORIG. TITLE: Ivresse

VOLUME(S): 1

PAGES: 160

WORDS: TBC

ISBN: 9782843988400

PUBLICATION: 3/6/2024

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INTOXICATION

By Leslie Brochot

KEYNOTE

The fields of mythology, philosophy, religion, ethnology, neuroscience, history and medicine, as well as sensuality and friendship, shed light on this "altered state of consciousness", this ambiguous and complex intoxication, bringing both happiness and perdition.

SELLING POINTS

- **A popular author on social media with 11k+ followers (Instagram).**
- A new light on the "altered state of consciousness", the ambiguous and complex intoxication, bringing both happiness and perdition.

DESCRIPTION

This book is the result of insights gained from the experience of wine writer Leslie Brochot. The story is fleshed out by contributions from experts in various disciplines. The fields of mythology, philosophy, religion, ethnology, neuroscience, history and medicine, as well as sensuality and friendship, shed light on this "altered state of consciousness", this ambiguous and complex intoxication, bringing both happiness and perdition. Between delights and abysses, the book is an invitation to reflect. Here, no judgments, no lessons, just perspective and questioning. The aim is not to present a hygienist point of view, nor to praise irresponsible excess: a ridge line maintained throughout the chapters and a conclusion that, to say the least, is oriented towards free will, the keystone of human relationships and the art of drinking.

AUTHOR

Leslie Brochot is the founder of Maitres d'Accords. Passionate about wine for almost 15 years, she invents, writes and stages herself to convey the wealth and complexity of wine. Leslie has been a sommelier consultant and wine content writer for over 4 years, and she's a real code breaker. With her, talking about wine becomes accessible to everyone!

NOTES

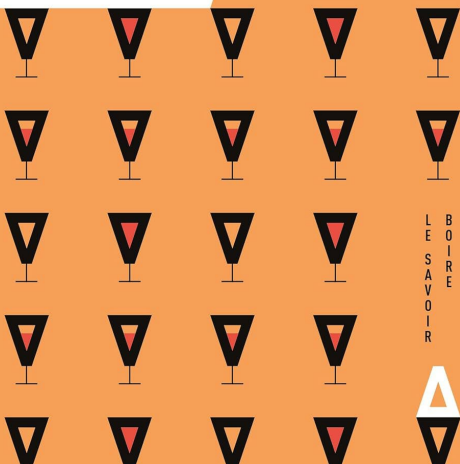
Drinking knowledge collection: Drinking wine means drinking culture, grape varieties, landscapes, and know-how. Drinking wine is elevating one's soul, it is accessing myths and what makes our civilizations. Wine is a social construction at the crossroads of various fields of knowledge, both historical and philosophical. Always on the edge of current events, wine is also a way of life. This collection is about wine, but also about beer, champagne or rum, with the same approach, while taking a step aside to gain perspective and understand what the drink says about all of us.



Christophe Lavelle

À la découverte des vins géorgiens

Un regard culturel et scientifique

**LANGUAGE:** French**PUBLISHER:** Apogée Editions**ORIG. TITLE:** À la découverte des vins géorgiens**VOLUME(S):** 1**PAGES:** 176**WORDS:** TBC**ISBN:** 9782843988134**PUBLICATION:** 10/25/2023**RIGHTS HELD**

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EXPLORING GEORGIAN WINES

By Christophe Lavelle

KEYNOTE

Between Europe and Asia, Georgia attracts several million tourists every year, not only for its stunning landscapes and the legendary hospitality of its people, but also for its wines, whose reputation extends far beyond its borders.

SELLING POINTS

- **Georgia holds an original method of vinification in the kvevri (buried jar), inscribed in 2013 by Unesco on the list of the Intangible Cultural Heritage of Humanity.**

- Eight thousand years of history, five hundred indigenous grape varieties.

DESCRIPTION

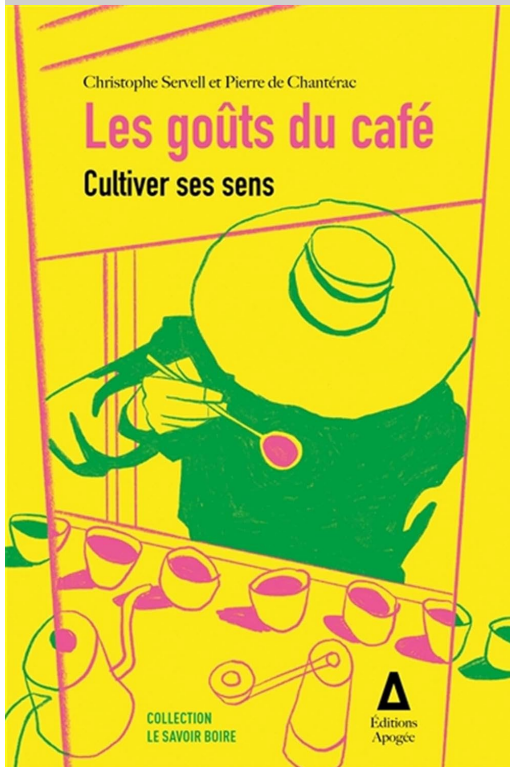
Between Europe and Asia, Georgia attracts several million tourists every year, not only for its stunning landscapes and the legendary hospitality of its people, but also for its wines, whose reputation extends far beyond its borders. With eight thousand years of history, five hundred indigenous grape varieties and an original method of vinification in the kvevri (buried jar), inscribed in 2013 by Unesco on the list of the Intangible Cultural Heritage of Humanity, Georgia often claims to be the birthplace of wine. The fact is that vines and their fermented juices are part of everyday life in Georgia, from the vast Kakhetian plateaus to the house fronts of Tbilisi. Yet Georgian wines are surprisingly absent from most wine books and restaurant menus. This book aims to correct this shortcoming and raise awareness of these original wines, in terms of both grape varieties and winemaking.

AUTHOR

Christophe Lavelle is a researcher at the French National Center for Scientific Research (CNRS) and the French Museum of Natural History in Paris. A food expert, he teaches at numerous universities and colleges, and is a frequent speaker at conferences for the general public and professionals (chefs, instructors, engineers).

NOTES

Drinking knowledge collection: Drinking wine means drinking culture, grape varieties, landscapes, and know-how. Drinking wine is elevating one's soul, it is accessing myths and what makes our civilizations. Wine is a social construction at the crossroads of various fields of knowledge, both historical and philosophical. Always on the edge of current events, wine is also a way of life. This collection is about wine, but also about beer, champagne or rum, with the same approach, while taking a step aside to gain perspective and understand what the drink says about all of us.



LANGUAGE: French
PUBLISHER: Apogée Editions
ORIG. TITLE: Les goûts du café

VOLUME(S): 1
PAGES: 132
WORDS: TBC
ISBN: 9782843988004
PUBLICATION: 08/11/2023

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THE TASTES OF COFFEE

By Pierre de Chantérac, Christophe Servell

KEYNOTE

A book helping to understand the characteristics of specialty coffee and learn how to taste it.

SELLING POINTS

- Speciality Coffee: a fast-growing market.
- The authors are experts in roasting and extraction, and have won several national and international awards.

DESCRIPTION

Bitter, sweet or strong! That's how nine out of ten French people characterize the taste of coffee. What a contrast to the hundreds of aromas that a - good - cup of coffee can express. So, to each his own. Really? What mental image do we really have of the taste of coffee? Is it a delicate taste, a sweet sensation that lingers deliciously in the mouth, different with every cup? Is it a hot, powerful beverage with stimulating benefits, but with a slightly burnt, bitter aftertaste? The hegemonic offer of industrial coffees closes the doors, from an early age, to the delicate awakening of the senses and the joyful appreciation of the true taste of a good cup of coffee. So much so that, despite our pleasure in consuming it, we are no longer able to recognize the wheat from the chaff (or the good from the bad). The aim of this book is to explain what a quality coffee is, the stages involved in its existence and its distinguishing features, from a theoretical and sensory point of view, so that you can finally appreciate all the nuances of good coffee. Understand to taste better. Finally, to get rid of and fully enjoy the pleasures of tasting a specialty coffee.

AUTHOR

Founder of Terres de Café, France's best roaster in 2015, Christophe Servell travels the world in search of the finest coffees, helping to structure a new, humanist and ecological coffee industry. Pierre de Chantérac, barista at Terres de café, has twice won the Brewers Cup in France, in 2019 and 2021.

NOTES

Drinking knowledge collection: Drinking wine means drinking culture, grape varieties, landscapes, and know-how. Drinking wine is elevating one's soul, it is accessing myths and what makes our civilizations. Wine is a social construction at the crossroads of various fields of knowledge, both historical and philosophical. Always on the edge of current events, wine is also a way of life. This collection is about wine, but also about beer, champagne or rum, with the same approach, while taking a step aside to gain perspective and understand what the drink says about all of us.

NON-FICTION - FOOD & DRINKS



LANGUAGE: French
PUBLISHER: Apogée Editions
ORIG. TITLE: Collection Savoir Boire *11

VOLUME(S): 15
PAGES: 200
WORDS: 40,000
ISBN: Multiples
PUBLICATION: 19/01/2022

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THE PHILOSOPHY OF WINE

By Grégory Darbadie

KEYNOTE

An analysis of the role of wine in our life.

SELLING POINTS

→ Philosophy questions our relationship to wine: what we are (taste, perception, roots, education), and what it is.

DESCRIPTION

What does the philosophy of wine consist of? Behind the word wine, there are both an idea and a tangible reality. Forgetting this would mean condemning oneself to wander in the sky of ideas, losing sight of what gives access to it: the tangible. How can we avoid wandering? How can we keep our eyes on reality? Rabelais' invitation to drink is worth meditating on, between the danger of drunkenness of the body that prevents reasoning and the drunkenness of reason that forgets what it is supposed to refer to. Philosophy questions our relationship to wine: what we are (taste, perception, roots, education...), what it is, between nature and culture, and what links us to this world. Gregory Darbadie urges us to exercise doubt in order to explore new ways of thinking. He shares, questions, and implements in this work an organic and physical philosophy.

REVIEWS

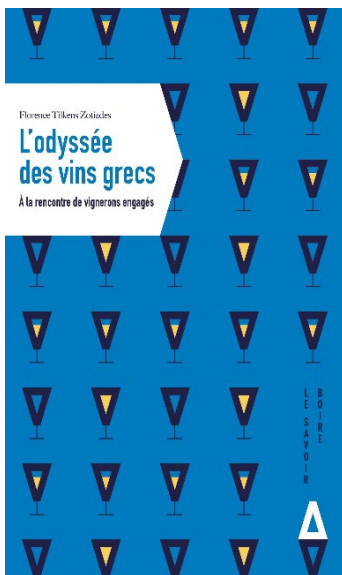
"Reflections and anecdotes accompany the reader on this journey of discovery. To be read without moderation, it combines two of life's pleasures: wine and philosophy." - Amazon

AUTHOR

Grégory Darbadie teaches philosophy in high school and at university in Paris. He is the host of the philosophy café in Pantin, and author of the book Paris Philo published by Parigramme, 2015.

NOTES

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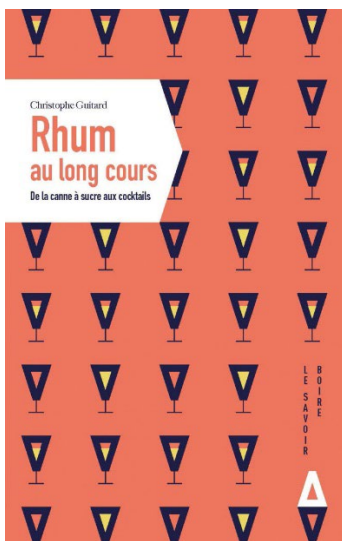
THE GREEK WINE ODYSSEY

RELEASE DATE: 22/06/2022

RIGHTS SOLD: /

- Winner of the 2025 Gourmand Award

The Greek Wine Odyssey is a Homeric journey into the world of Greek wines, ancient and contemporary. Mythology, symbolism and rituals of ancient wine are described, followed by a Dionysian stroll through its eventful history, through the Neolithic, Minoan, Mycenaean, Archaic, Classical, Hellenistic, Byzantine, Ottoman, and post-revolutionary periods of 1821 to the present day. The epic continues with a tour of ancient winemakers and their customers: wine making, preservation, shipping, drinking, prohibitions and rules are revealed. This journey then leads to the modern revival of Greek wine with the meeting of about fifty winegrowers committed to organic viticulture, their history, their myths and their favorite varieties. And how could this trip to the land of Greek wine end? With a banquet, of course, where French food and Greek wine pairings are presented!



IN THE LONG RUM

RELEASE DATE: 10/2021

RIGHTS SOLD: Simpl. Chinese (Guangdong People's Publishing House)

Rum, born from the simple sugar cane, is a beverage synonymous with the sun. Rooted in various legends and myths, this unpredictable drink has a history of many uses, from essential medication to jovial intoxication. It has been the object of bitter temptation for sailors around the seas and the personification of exoticism for many a traveller. Everything you've always wanted to know about rum will be covered in this precious book where economies, productions, ecologies, traditions, consumptions, and legislations are mixed. Learn about the odyssey of the sugar cane, the colony of the creation, the artisanal beginnings, and the industrial awakening of this beverage that is as diverse as it is delicious. Explore the mysteries of rum and take an interest in its history to feel its complexity, richness, and ubiquity and to understand its continental and insular destiny.

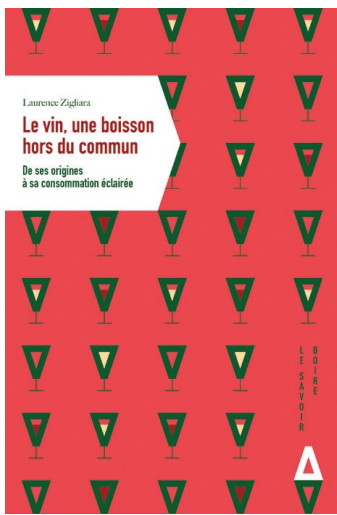


NATURAL WINE BEYOND TRENDS

RELEASE DATE: 28/04/2021

RIGHTS SOLD: /

Rum, born from the simple sugar cane, is a beverage synonymous with the sun. Rooted in various legends and myths, this unpredictable drink has a history of many uses, from essential medication to jovial intoxication. It has been the object of bitter temptation for sailors around the seas and the personification of exoticism for many a traveller. Everything you've always wanted to know about rum will be covered in this precious book where economies, productions, ecologies, traditions, consumptions, and legislations are mixed. Learn about the odyssey of the sugar cane, the colony of the creation, the artisanal beginnings, and the industrial awakening of this beverage that is as diverse as it is delicious. Explore the mysteries of rum and take an interest in its history to feel its complexity, richness, and ubiquity and to understand its continental and insular destiny.

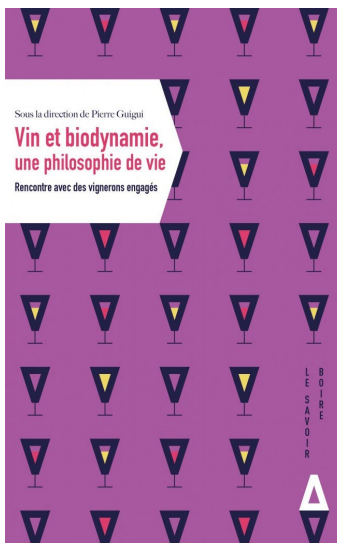


WINE, AN EXTRAORDINARY DRINK

RELEASE DATE: 06/10/2021

RIGHTS SOLD: /

Discover the founding myths and social practices surrounding wine consumption. This book—a condensed version of a doctoral thesis in educational sciences—explores how wine forged its reputation and came to be celebrated as a product of exaltation. It examines the beverage's psychotropic properties and the ways in which wine can open its consumers to altered states of consciousness. Wine is the object of a social construction that varies across time, place, and history. As such, it has long been at the center of debates that, in some cases, engage entire societies and their institutions. To grasp its many dimensions—historical, geographical, political, agronomic, medicinal, and religious—this book offers a multi-referential analysis, guiding readers from the origins of the vine to wine's contemporary role in ceremonial and social life. Learning about wine, then, goes far beyond the act of drinking an alcoholic beverage: it is an encounter with history, geography, and culture itself.



WINE & BIODYNAMICS, A PHILOSOPHY OF LIFE

RELEASE DATE: 02/09/2020

RIGHTS SOLD: /

Rudolf Steiner, founder of biodynamics, unleashes passions. He is alternately admired and demonized. But do we really know his story, the ideological and philosophical background of his time? What were his inspirations and what were the foundations of his thought? As the true father of organic agriculture, he offered a holistic approach to agricultural production methods that challenged intensive farming and industrialization of our resources. He places man at the heart of biological knowledge as a thinking farmer, who is fully aware of the consequences of his actions. This book, which includes accounts from talented winemakers who have chosen biodynamic viticulture, describes why they produce wines that have an extra soul acknowledged by all professionals. Because before being a method, biodynamics is a philosophy of life, and beyond ideologies and dogmas, it is obvious that it works.



EFFERVESCENCE, A STROLL THROUGH SPARKLING WINES

RELEASE DATE: 14/10/2020

RIGHTS SOLD: /

Sparkling wines—champagne foremost among them—bring a festive sparkle to life. They accompany celebrations, toasts, coronations, and even moments of playful indulgence. Yet behind this shared effervescence lies a remarkable diversity. Each sparkling wine has its own identity, methods, and traditions. Navigating this vast and varied landscape is no easy task. How does one compare a pét-nat with a cava, a crémant with champagne, or prosecco with any of the above? The authors invite readers on a journey through the world of sparkling wines, exploring their history, production processes, and methods of elaboration, while also offering recommendations and personal favorites. Rather than attempting yet another exhaustive synthesis of an already abundant literature, this book proposes a clear and accessible introduction. Its aim is to help readers better understand sparkling wines, develop their own critical palate, and confidently advance in their tasting experiences.

NON-FICTION - ILLUSTRATED

À L'ORIGINE



Christophe Servell

Photographies
Fabrice Leseigneur

Rencontres en terres de café



LANGUAGE: French

PUBLISHER: Apogée Editions

ORIG. TITLE: À l'origine

VOLUME(S): 1

PAGES: 224

WORDS: 40,000

ISBN: 9782843987991

PUBLICATION: 5/24/2023

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AT THE ORIGIN

By Christophe Servell, Fabrice Leseigneur

KEYNOTE

A journey to discover everything a pack of good coffee should contain.

SELLING POINTS

→ A book based on over 10 years of meetings with producers around the world, at the "origin" of what makes a good coffee.

→ The author is the founder of one of Europe's leading specialty coffee brands.

DESCRIPTION

Something has changed in "coffee" over the last years: it's now possible to drink good coffee in France, Europe and just about anywhere in the world. At home, at the roaster's, in a restaurant or at the office, a good cup of coffee is accessible to everyone. Quality coffee has nothing to hide; on the contrary, it has everything to reveal: its fruitiness, its florality, its spices, its sweetness, its body, its balance and so many other attributes that the mass market has a right to discover. A formidable, irreversible dynamic is underway, because the industry of what we now call "specialty coffee" is structured and organized. Producers, sources, importers and roasters are all working together to offer coffees that have never tasted so good. Christophe Servell belongs to this community, having created one of the first specialty coffee brands in Europe: "Terres de café". For more than 10 years, he has been traveling "to the origin", meeting producers to understand the sectors, the strengths and weaknesses of each, and to lead development projects. It is these experiences that have enabled him to understand our responsibilities - as producers, roasters and consumers - and to forge the vision that today dictates his way of working and the values he passes on.

REVIEWS

"Together, Fabrice and Christophe recount their journeys to the heart of the forests and, above all, testify to their desire to pay tribute to those who make specialty coffee, in the producing countries, far from postcard clichés." - Le Filtre

AUTHOR

Christophe Servell, founder of "Terres de café", has been criss-crossing coffee-producing countries for years, in search of the world's finest coffees. Over the years, this roaster's son and grandson has forged solid business ties and friendships with the finest, award-winning coffee producers. Fabrice Leseigneur is a photographer and filmmaker with a passion for gastronomy and wine. He has produced covers and reports for a number of specialist magazines, and has photographed numerous books with some of France's greatest chefs (Alain Senderens, Guy Savoy, Pierre Gagnaire, Alain Passard, Anne-Sophie Pic...).

POPULAR SCIENCE



LANGUAGE: French
PUBLISHER: Apogée Editions
ORIG. TITLE: Comprendre la cybersécurité

VOLUME(S): 1
PAGES: 72
WORDS: TBC
ISBN: 9782843988844
PUBLICATION: 15/10/2025

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 Option: Simpl. Chinese (Penguin Random House)

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UNDERSTANDING CYBERSECURITY

By Sylvain Guilley, Jean Ginestière, Patrick Lejoly

KEYNOTE

In a world where every device and infrastructure is connected, cybersecurity has become a critical challenge for modern societies. This book offers a clear guide to understanding how digital systems can be protected against the constantly evolving threats of the cyber age.

SELLING POINTS

- A clear and accessible introduction to cybersecurity, a critical issue in an increasingly connected world.
- Explains the core principles, concepts, and frameworks that underpin the protection of digital infrastructures and data.
- Addresses the growing challenges posed by cyber threats, from data breaches to attacks on critical infrastructure.
- Combines technical insight with a structured overview of regulatory and normative frameworks shaping cybersecurity today.

DESCRIPTION

Smartphones, computers, connected devices, and digital networks are now at the core of modern societies. Industries, governments, financial systems, transportation, and commerce all rely on digital infrastructures that have become essential to economic and social life. Yet this growing dependence also brings significant vulnerabilities. Cyberattacks, data manipulation, and both accidental and malicious disruptions threaten the reliability and integrity of digital systems. In this context, cybersecurity has become a critical issue. It encompasses the protection of connected devices, the infrastructures that link them, and the data they generate, process, transmit, and store. This book offers a clear and structured introduction to the key concepts of cybersecurity. It explores its various dimensions, the fundamental principles on which it is based, the emerging regulatory and normative frameworks, and the methods used to implement, evaluate, and maintain adequate levels of protection in the face of constantly evolving threats. Accessible and informative, the book provides readers with the essential tools to understand one of the most crucial challenges of the digital age.

AUTHOR

Sylvain Guilley is a cybersecurity expert and co-founder and Chief Technology Officer of Secure-IC, a French company specializing in security solutions for embedded systems and connected devices. He is also a professor at Télécom Paris and a research associate at the École Normale Supérieure (ENS). His research focuses on trusted computing, cyber-physical security, and hardware security. A prolific scholar, he has co-authored more than 300 scientific publications and holds numerous patents in the field of cybersecurity.

Jean Ginestière is Director of the Product Department at Secure-IC, where he oversees the development of cybersecurity solutions designed to protect connected devices and embedded systems against evolving cyber threats.

Patrick Lejoly, a graduate engineer from the École Centrale de Lyon, is Product Marketing Manager at Secure-IC. He works on the development and promotion of cybersecurity technologies for the protection of digital infrastructures and connected systems.

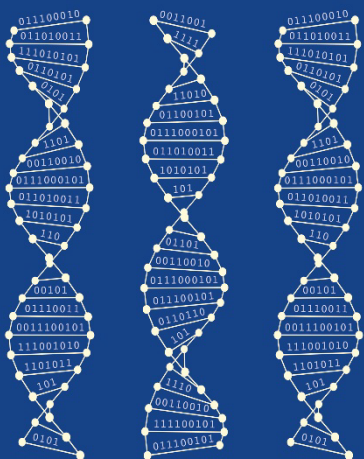
STORING OUR DATA ON DNA

By Dominique Lavenier



ESPACE DES SCIENCES

Dominique Lavenier

**Stocker
nos données
sur ADN**Editions
Apogée**LANGUAGE:** French**PUBLISHER:** Apogée Editions**ORIG. TITLE:** Stocker nos données sur ADN**VOLUME(S):** 1**PAGES:** 72**WORDS:** 16,000**ISBN:** 9782843988769**PUBLICATION:** 05/03/2025**RIGHTS HELD**

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KEYNOTE

Global data production is growing at an exponential rate, doubling every 3 Years, rendering it unsustainable. However, scientists are now developing revolutionary storage with synthetic DNA molecules.

SELLING POINTS

- **Addresses the urgent challenge of exponential global data growth and the massive energy consumption of data centers.**

- Explores the groundbreaking concept of storing digital information in synthetic DNA, a technology that could revolutionize data storage.

- Explains how DNA's extraordinary density and stability make it possible to store the equivalent of thousands of hard drives in just a few grams of material for centuries.

DESCRIPTION

Global data production is growing at an exponential rate. It doubles every 3 years. This mass of information is stored in "data centers", huge digital factories that consume enormous amounts of energy. Over time, this abundance of data is likely to render data warehouses' energy bills unsustainable. Against this backdrop, synthetic DNA appears to be a promising alternative. DNA is extremely dense, can be stored for a very long time and, once synthesized, requires no further energy input. Properly protected, a few grams of DNA can store the equivalent of several thousand hard drives for hundreds of years at room temperature. So, on a large scale, archiving information on synthetic DNA molecules offers an effective way of both reducing energy consumption and limiting the growth of data centers. This book introduces this new way of storing information. It explains how a digital document, such as a text, photo or video, can be encoded in a synthetic DNA molecule and re-opened centuries later. It lays out the principles of revolutionary storage, and points to the many challenges facing researchers and industry if a viable solution is to be found within the next decade.

AUTHOR

Dominique Lavenier est directeur de recherche au CNRS. Il travaille dans une équipe de bioinformatique à l'IRISA (Institut de Recherche en Informatique et Systèmes Aléatoires) à Rennes. Ses travaux portent sur le développement de méthodes et d'algorithmes pour la génomique, sur l'accélération des traitements des données de séquençage et sur le stockage d'information sur ADN. Sur ce dernier point, il coordonne le projet dnarXiv, un projet régional interdisciplinaire au sein du Labex CominLabs.

NOTES

About the Science for All Collection: In just a few years, new means of observation and major scientific progress have radically improved our knowledge of the universe. More than ever, the public is looking to engage in a dialogue with scientists to satisfy their thirst for knowledge. The aim of this series is to make science accessible to all, so that scientific culture becomes an essential component of culture, education and knowledge. The authors are all renowned scientists, specialized in divulgation.

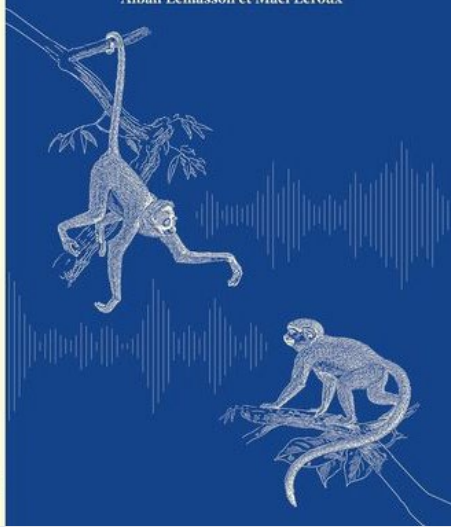


Quand les animaux prennent la parole

Alban Lemasson et Maël Leroux



Editions Apogée

**LANGUAGE:** French**PUBLISHER:** Apogée Editions**ORIG. TITLE:** Quand les animaux prennent la parole**VOLUME(S):** 1**PAGES:** 72**WORDS:** TBC**ISBN:** 9782843988776**PUBLICATION:** 07/05/2025**RIGHTS HELD**

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WHEN ANIMALS SPEAK UP!

By Alban Lemasson & Maël Leroux

KEYNOTE

Language may not be as uniquely human as we like to believe. From birds to primates, the animal world reveals communication systems of remarkable sophistication. What if understanding animals also meant uncovering the origins of our own language?

SELLING POINTS

- The text questions the long-held belief that language is uniquely human.
- Drawing on ethology and animal communication studies, it presents research-based insights.
- Rather than opposing human and animal communication, the text connects them, encouraging readers to see language as part of a broader evolutionary continuum.

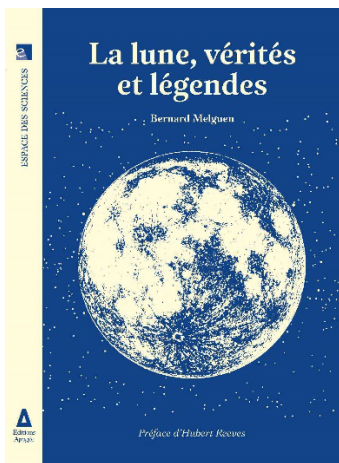
DESCRIPTION

Is human language truly unique, or are we simply too human-centred to think otherwise? Language is an extremely complex social behaviour that, according to ethologists, did not emerge recently. It is shared with other animals. For example, songbirds and cetaceans require a social tutor to learn the communication rules of their species. The ability to imitate another's voice is crucial. It is now well established that many animals are vocal mimics, and some species even develop distinct dialects. These animals follow genuine conversational rules, such as turn-taking. They do not communicate solely to signal their identity, location, or emotional state. Non-human primates also communicate to refer to objects in their environment, such as food or a specific danger. Some non-human primates and birds are able to combine sounds syntactically with the intention of informing particular partners. The origins of human language remain uncertain, as many factors shape animal vocal communication, including social structure, predation pressure, and habitat characteristics. What is clear, however, is that animal communication is far more complex than we once believed—and that animals still have much to teach us about this fascinating subject.

AUTHOR

is a professor at the University of Rennes. His research focuses on vocal communication and the social lives of mammals, with a particular interest in our primate relatives.

Maël Leroux studies the evolution of language. He completed his PhD at the University of Zurich, where he documented the proto-linguistic abilities of our closest living relative, the chimpanzee. He is now a senior lecturer at the University of Rennes and coordinates research activities on this topic within the EthoS research unit.

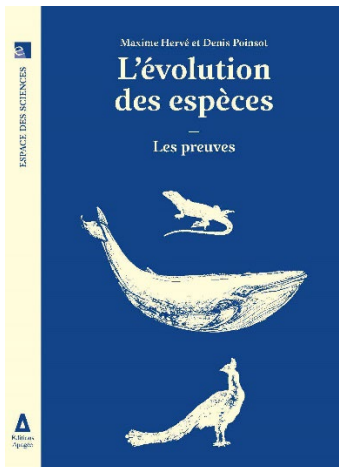


THE MOON: TRUTHS AND MYTHS

RELEASE DATE: 19/02/2020

RIGHTS SOLD: Simpl. Chinese (Penguin Random House)

The moon is lunatic. It constantly shows a different face, never rises at the same time or in the same place, both day and night. And yet, it is thanks to the smooth progress of its phases that men have learned to measure time. Able to overshadow the sun and responsible for the tides, the powers it is believed to have are countless: to alter our moods, to pace the lives of animals and plants... Both close and enigmatic, it has inspired both poets and scientists. Inventor of the telescope, public speaker, Bernard Melguen was a professor of astronomy at the University of Nantes and scientific advisor at the Espace des sciences in Rennes.

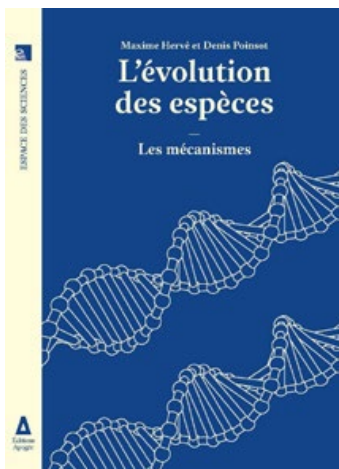


THE EVOLUTION OF SPECIES - PROOFS

RELEASE DATE: 19/02/2020

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Fossil records teaches us that species are different from one era to another. While some disappear, others appear. These facts are evidence of the evolution of species. In addition, there are numerous observations made on present-day species that show morphological or anatomical structures that are sometimes "poorly organized" and sometimes unnecessary. Fossils of the human species show that man himself has not always existed, and that he is the result, like other species, of a gradual process. All these observations lead to a clear conclusion: species are not static, they evolve, that is a fact. Maxime Hervé is a Ph.D. student in ecology of plant/insect interactions at INRA Rennes, and Denis Poinot is a professor in animal biology at the University of Rennes 1.

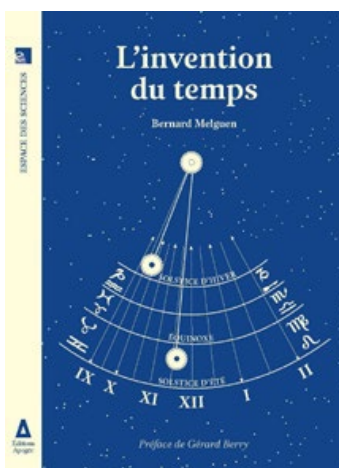


EVOLUTION OF SPECIES: MECHANISMS

RELEASE DATE: 19/02/2020

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Species evolve—this is a fact firmly established by the fossil record. But how does evolution actually occur? What forces transform living beings and lead to the emergence of new species? These essential and fascinating questions are addressed here with clarity and simplicity. Without requiring any prior scientific knowledge, readers are introduced to the foundations of what is known as the theory of evolution, a cornerstone of biological science for more than 150 years. Step by step, the authors make complex mechanisms intelligible, revealing how life diversifies and adapts over time. Maxime Hervé is a PhD student specializing in plant-insect interactions at INRA in Rennes. Denis Poinot is a professor of animal biology at University of Rennes 1.



THE INVENTION OF TIME

RELEASE DATE: 19/02/2020

RIGHTS SOLD: Simpl. Chinese (Penguin Random House)

Time remains, at its core, a mystery. Unable to grasp what time truly is, human beings have nevertheless sought to measure it with ever-increasing precision. Four thousand years ago, the shadow cast by a simple stick was enough to govern the daily life of a peasant in the Nile Valley. Today, the extreme accuracy of atomic clocks is essential to synchronizing telecommunications and guiding airplanes and satellites. The history of timekeeping is marked by brilliant discoveries, but also by unexpected ruptures and decisive turning points—moments that have profoundly transformed our relationship to time and reshaped our lives. Inventor of the telescope and an accomplished educator, Bernard Melguen was a professor of astronomy at the University of Nantes and served as a scientific advisor at the Espace des sciences in Rennes.

THE SECRET LIFE OF STARS

By Sylvia Ekström

NEW**LANGUAGE:** French**PUBLISHER:** Favre Editions**ORIG. TITLE:** 100 000 milliards de milliards d'étoiles**VOLUME(S):** 1**PAGES:** 192**WORDS:** TBC**ISBN:** 9782828922962**PUBLICATION:** 31/10/2025**RIGHTS HELD**

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KEYNOTE

How did the stars make life possible? In this accessible and captivating journey, astrophysicist Sylvia Ekström explores how stars are born, live, and die — and how they created the elements that make us who we are.

SELLING POINTS

- **Written by an astrophysicist, combining scientific accuracy with clear, engaging storytelling.**
- Explains complex space science in an accessible and captivating way for a wide readership.
- Connects astronomy to a universal idea: we are made of stardust.
- Explores the life cycle of stars, one of the most fascinating topics in popular science.

DESCRIPTION

One hundred thousand billion billion stars. This staggering number is the estimated count of stars in the observable Universe. But how do astronomers reach such a figure when only about 6,000 stars are visible to the naked eye? And what exactly is a star? In this engaging and accessible book, astrophysicist Sylvia Ekström takes readers inside the life of stars — the cosmic engines that shaped the Universe and made our existence possible. In the beginning, the Universe contained only hydrogen and helium. Without stars, there would be no carbon, no oxygen, no calcium — no rocks, no oceans, no human beings. Stars are the furnaces where the elements of life are created. Behind the calm beauty of a starry night lies a constant struggle. Every second, stars fight against gravitational collapse. What happens inside their cores? How do they delay their final collapse? Why do some explode as supernovae? And what remains afterward — a neutron star or a black hole? Clear, lively, and scientifically rigorous, this book reveals the secret life of stars and their crucial role in cosmic history. An inspiring journey that reminds us of a simple truth: we are made of stardust.

AUTHOR

Sylvia Ekström is a Swiss astrophysicist and science communicator specializing in the life and evolution of stars. Alongside her academic work in research and teaching, she is dedicated to making astronomy accessible to a broad audience. Through public talks and writing, she shares her passion for the Universe and helps readers understand complex scientific ideas in a clear and engaging way. *The Secret Life Of Stars* combines her scientific expertise with her talent for explaining the cosmos to general readers.

NON-FICTION - NATURE

Cleo Bertelsmeier

COMMENT
LES ANIMAUX EXOTIQUES
ENVAHISSENT LE MONDE

Intelligence et opportunisme



LANGUAGE: French
PUBLISHER: Favre Editions
ORIG. TITLE: Comment les animaux exotiques envahissent le monde

VOLUME(S): 1
PAGES: 184
WORDS: 59,000
ISBN: 9782828922146
PUBLICATION: 23/04/2025

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HOW EXOTIC ANIMALS ARE TAKING OVER THE WORLD

By Cleo Bertelsmeier

KEYNOTE

A must-read for anyone interested in ecology, biodiversity, and the impact of globalization on our environment. This book offers an eye-opening perspective on the challenges posed by invasive species and ways to anticipate them.

SELLING POINTS

- The book illustrates how globalization, international trade, and human migration facilitate the spread of exotic species.
- With 184 full-color pages, the book is enhanced with numerous illustrations that make for an enjoyable read.

DESCRIPTION

They're all over the news: tiger mosquitoes that spread and bite at all hours of the day, Asian hornets that kill honeybees, chipmunks that carry Lyme disease, and poisonous jellyfish that proliferate in the Mediterranean Sea. As a result of globalization, these invasive species now number in the thousands and growing. Why do these animals proliferate when they don't in their native habitats? Why are some more damaging than others? Which species are likely to leave their home ranges and try to colonize elsewhere? Among other curiosities, science has discovered that the most curious, opportunistic, efficient, and aggressive individuals are the most likely to migrate! Others have freed themselves from gender constraints: without the need to find a mate, they can invade much faster! Once in a new area, exotic animals benefit from their great ability to adapt to new environments. Can invasions be predicted or prevented? Or do we just have to get used to this explosion of exotic animals? This book explores a global phenomenon that is visible everywhere: in our gardens and beds, on the beach, in the forest, or by the lake, and whose impacts are economic, societal, and health-related.

REVIEWS

/

AUTHOR

Cleo Bertelsmeier is an Associate Professor and group leader at the Department of Ecology and Evolution at the University of Lausanne, Switzerland. Her research focuses on invasions by species introduced outside their native area. Her research currently involves two main themes : the spread of invasive insects in connection with the history of the globalization of trade and human mobility, and the establishment of invasive species in new climates. She is also the author of "Les guerres secrètes des fourmis" (The Secret Wars of the Ants).

HUMANITIES FOR ALL

Dr Michel Bourgat

COMMENT DES ENFANTS DEVIENNENT DES ASSASSINS

Comprendre et enrayer la violence des jeunes

FAVRE

LANGUAGE: French
PUBLISHER: Favre Editions
ORIG. TITLE: Comment des enfants deviennent des assassins

VOLUME(S): 1
PAGES: 276
WORDS: 87,000
ISBN: 9782828922283
PUBLICATION: 28/08/2025

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KEYNOTE

How can children, some barely into adolescence, commit the ultimate act of violence—killing another human being, sometimes their own peers?

SELLING POINTS

- **One of the most pressing issues in contemporary society: the rise of extreme violence among minors.**
- Written by a physician *and* a bereaved parent, combining clinical insight with personal testimony.
- Exposes the harmful role of social media, online gaming, and influencer culture in shaping violent behavior.
- Engages professionals (educators, psychologists, legal experts), parents, and general readers concerned about youth, violence, and the future of society.

DESCRIPTION

In this book, the author confronts one of the most unsettling questions of our time. With chilling real-life cases at its core, the book explores how ordinary young people can cross the threshold into barbarity. These tragedies reveal a disturbing paradox. Violence among minors is not more frequent than in the past, but when it erupts, it does so with terrifying intensity. Today's youth, still lacking the maturity to step back from their impulses, are immersed in digital worlds where violence is trivialized, glamorized, and sometimes openly encouraged. The virtual becomes a norm, leaving the most fragile young people dangerously adrift from reality. A physician and the parent of a victim, the author offers a dual perspective—clinical and profoundly human. He examines the motivations, social contexts, and psychological mechanisms behind these crimes while raising a crucial question: what about the victims? Too often overshadowed by debates about rehabilitation for young offenders, they remain the forgotten side of juvenile justice. This book is both testimony and warning. It calls for a justice system that protects society and victims without abandoning the possibility of guiding lost youth back to humanity. Above all, it is a plea to confront the digital and cultural forces fueling this new wave of savagery—before more lives are stolen, and more futures destroyed.

REVIEWS

“Dr Michel Bourgat tracks evil to its roots while navigating personal grief.” - Barnes & Noble

AUTHOR

Dr. Michel Bourgat is a physician, essayist, and commentator on social issues, known for his clear-eyed analyses of youth and violence. As both a medical professional and the parent of a victim of juvenile crime, he brings a unique blend of expertise and lived experience to his work. Building on psychological research and years of reflection, Bourgat writes with urgency and compassion, highlighting the forgotten voices of victims while advocating for educational solutions, justice reform, and a safer future for young people.

NON-FICTION – HUMANITIES

DR EMILE GUIBERT

LACAN, MODE D'EMPLOI

Pour se repérer dans son œuvre
et la comprendre enfin



LANGUAGE: French

PUBLISHER: Favre Editions

ORIG. TITLE: Lacan, mode d'emploi

VOLUME(S): 1

PAGES: 300

WORDS: TBC

ISBN: 9782828923365

PUBLICATION: 19/03/2026

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derivative

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UNDERSTANDING LACAN

By Dr Emile Guibert

NEW

KEYNOTE

Can Lacan finally become accessible? This book offers a clear and practical path through one of the most influential—and challenging—thinkers of modern psychoanalysis.

SELLING POINTS

- Makes the work of Jacques Lacan accessible without oversimplifying its complexity.
- Combines academic rigor with clear, step-by-step explanations.
- Includes diagrams, summaries, tables, and practical tools to guide readers.
- Connects theory to concrete clinical applications.
- Addresses the main criticisms of Lacanian psychoanalysis.

DESCRIPTION

One hundred and twenty-five years after his birth, Jacques Lacan remains one of the most influential figures in modern psychoanalysis. Yet his dense and often cryptic style continues to discourage many readers. *Understanding Lacan*, however, is more relevant than ever for grasping contemporary questions about subjectivity, language, and desire. In this book, Dr. Émile Guibert takes on the ambitious challenge of making Lacan's thought accessible without oversimplifying it or losing its intellectual rigor. Combining academic precision with clear explanations, this book offers a structured and practical entry point into a body of work often considered difficult. The author provides a clear roadmap through Lacan's key concepts. From the mirror stage to the idea of the unconscious structured like a language, and from the symbolic, imaginary, and real to their clinical implications, each notion is explained step by step and connected to concrete therapeutic practice. To support readers, the book includes numerous teaching tools: diagrams, summary tables, practical sheets, chapter recaps, and discussions of the main criticisms directed at Lacan's theories. This structured approach allows readers to progress confidently through complex material. Written for students, clinicians, mental health professionals, and intellectually curious readers alike, *Understanding Lacan* is an essential companion for anyone seeking to understand one of the most important and challenging thinkers of the twentieth century.

AUTHOR

Dr. Émile Guibert holds a doctorate in psychology and is dedicated to making psychological knowledge accessible and practical for a wide audience. He contributed to the French adaptation of the famous Jung Word Association Test, a reference cited in the Oxford Encyclopedia of Psychology Research, and has conducted his work in collaboration with international experts. Founder of AFPRO, an organization that now trains thousands of professionals in more than 35 countries, he is recognized as a leading figure in applied psychology in the French-speaking world. Alongside his work in training and research, he is committed to bridging the gap between academic theory and real-world practice. With *Understanding Lacan*, he brings his expertise in pedagogy and psychology to offer a clear and structured introduction to one of the most influential thinkers of modern psychoanalysis.

NON-FICTION – HUMANITIES

Serge Added

Éloge de la décroissance

L'appel de la liberté



LES PENSEURS
SOCIAUX

LANGUAGE: French

PUBLISHER: Apogée Editions

ORIG. TITLE: Éloge de la décroissance

VOLUME(S): 1

PAGES: 368

WORDS: TBC

ISBN: 9782843988851

PUBLICATION: 08/10/2025

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DEGROWTH RETHINKING GROWTH IN A FINITE WORLD

By Serge Added

KEYNOTE

As ecological collapse challenges the foundations of modern civilization, the illusion of endless growth is beginning to crumble. This philosophical essay argues that humanity now faces a decisive choice: degrowth or barbarism.

SELLING POINTS

- Explores the ecological crisis as a civilizational turning point, questioning the foundations of Western economic and social models.
- Offers a thought-provoking reflection on voluntary simplicity, individuation, and the future of human societies beyond productivism.
- Combines philosophy, ecology, and social critique, inviting readers to rethink humanity's place within the living world.

DESCRIPTION

After spreading its model across the globe, Western civilization is now confronting an unexpected limit: the Earth's ecosystems. The ecological crisis marks the end of the illusion of infinite growth in a finite world. Today, the planet can no longer sustain the weight of human activity. This upheaval is not merely economic or political—it is ontological. It challenges humanity's place within the living world and calls into question the very foundations of our social and economic systems. In this philosophical essay, the author examines the concepts of degrowth and voluntary simplicity as possible responses to the failures of a productivist and technocratic model. He invites readers to rethink the role of the economy, which has long been treated as an end in itself, and to restore it to its proper place—as a tool serving human and ecological well-being. Through the lens of individuation—the becoming of individuals and societies—the book explores new ways of rebuilding our relationship with the living world and restoring the social bonds weakened by modern systems of production and consumption. Ultimately, the choice before us is stark: degrowth—or barbarism.

AUTHOR

Serge Added is a French essayist, actor, and theatre director. He holds a PhD in History and Philosophy and was a member of the research team at the Institut d'Histoire du Temps Présent. In 2023, he co-authored *Plat de Résistance. Soigner les cantines pour réparer le monde* (Apogée) with Germinal Peiro, an essay exploring the social and ecological impact of food systems. His work combines historical insight, philosophical reflection, and a strong engagement with contemporary ecological and social issues.

NON-FICTION - HUMANITIES



LANGUAGE: French
PUBLISHER: Apogée Editions
ORIG. TITLE: Essai sur le Zhuangzi

VOLUME(S): 1
PAGES: 88
WORDS: 31,000
ISBN: 9782843988356
PUBLICATION: 3/6/2024

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AN ESSAY ON ZHUANGZI

By Marc-Antoine Helleboid

KEYNOTE

How can the Zhuangzi, a corpus of ancient Chinese texts, advocate the idea of an ideal ruler governing according to nature, while at the same time conducting a radical critique of power?

SELLING POINTS

- **The "most fabulous writer and thinker in Chinese history", as famous sinologist philosopher Jean Lévi puts it.**
- Excellent press.
- The exercise of power in accordance with nature as an art of non-government.

DESCRIPTION

How can the Zhuangzi, a corpus of ancient Chinese texts, advocate the idea of an ideal ruler governing according to nature, while at the same time conducting a radical critique of power? Starting from this obvious contradiction, the essay first questions the meaning of conformity to nature, which characterizes the posture of the retreating wise man. It then shows how taking historicity into account means discarding the figure of the wise man, whose presence proves harmful in a degraded world. Finally, by examining the political significance of conformity to nature, the author dismantles those passages that, added later to the corpus, not only divert the critique of power into a justification of absolute domination, but also overshadow a profound political reflection. The analysis will reveal that Zhuangzi actually conceives the exercise of power in accordance with nature as an art of non-government.

REVIEWS

"The author takes a close look at this Chinese classic, examining a precise point that is as important as it is challenging: the political action of the wise man.", Le Monde

AUTHOR

Marc-Antoine Helleboid is a philosophy teacher in Cesson-Sévigné, France. He specialises in Chinese philosophical texts.

NOTES

The Philosophy Collection: This collection has always aimed to bring the demanding exercise of philosophical thought within the reach of all citizens, regardless of their education. The texts are thus addressed to the greatest number of people. No prior philosophical knowledge is required: only the effort and rigor involved in any intellectual work are. The texts are not academic: no footnotes or scholarly bibliographies. High school students, as well as college students, and the general public, can find here ideas that are presented in a simple manner: enough to nourish their reflection and their aspiration to meaning, so highly desired in our current individualized societies.

NON-FICTION - HUMANITIES



LANGUAGE: French

PUBLISHER: Apogée Editions

ORIG. TITLE: La folle histoire du chômage

VOLUME(S): 1

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THE WILD STORY OF UNEMPLOYMENT

By Yves Zoberman

KEYNOTE

This book traces the history of unemployment over the centuries, as well as its causes and consequences on the organization of our societies.

SELLING POINTS

→ For a universal history of unemployment, particularly analyzed on the European territory.

→ A sharp look at unemployment, its causes and its consequences on the organization of our societies.

DESCRIPTION

Among the perils of our modern world, there is none greater than unemployment. But no matter how hard governments and their political leaders try to deal with it politically, socially and economically, unemployment persists and obsesses. This book traces the long-term archaeology of unemployment. Has unemployment always existed? Societies have regularly thrown people out of work. Vagrancy, begging, pauperism, misery, poverty and, today, precariousness are all linked to "non-work", the first approximation of unemployment. Its dependence on economic systems is obvious, but its relationship with history helps to explain its diversity. Today, the creation of a guaranteed income and the right to permanent professional mobility of the workforce are possible solutions to this problem. The notion of a guaranteed income has constantly permeated the history of wage-earning, giving shape to many and varied proposals. In particular, it is at work in the liberal "whatever it costs" phase, with state subsidies replacing work-related remuneration. This decisive stage in the transformation of advanced capitalist societies marks an unprecedented qualitative break in the historical development of our societies, by calling into question the wage relationship.

AUTHOR

Historian, Yves Zoberman is a former diplomat, specialist in international relations and former lecturer at Sciences Po Paris. He has lectured extensively on unemployment in history.

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NON-FICTION - HUMANITIES



Hervé Caudron

La haine dans tous ses états

Rancœurs personnelles et mouvements sectaires

ATELIER DE
PHILOSOPHIE
POPULAIRES

LANGUAGE: French

PUBLISHER: Apogée Editions

ORIG. TITLE: La haine dans tous ses états (collection philosophie)

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PUBLICATION: 04/10/2023

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HATRED IN ALL ITS FORMS

By Hervé Caudron

KEYNOTE

An essay to understand the pivots of individual and collective hatreds and their consequences on our societies.

SELLING POINTS

- A topical subject of the contemporary world.
- An important feeling to understand in order to better fight against it.
- Hate from a philosophical expert's point of view.

DESCRIPTION

Nestled at the heart of our private lives and increasingly present in the public arena, hatred is rarely studied as such, often confused with anger and indignation. Without endorsing it, this book tries to understand its dynamics and logic. Like a fire that burns and refuses to be extinguished how can it be sustained and developed? There are many similarities between personal resentments that degenerate and sectarian movements, where hatred is sometimes enlisted by feeding on a collective ideology, starting with the demonization of a culprit to be hunted down or shot. But we mustn't ignore the specific nature of collective hatred. We don't hate a public figure, let alone a human group or an entire community, in the same way as we hate our neighbor. So how do personal hatreds and collective hatreds sometimes converge until they become inseparable? The aim here is to understand a dual process. The process by which individual hatreds are reinforced and legitimized. It's also the process by which sectarian movements manage to harness them to use them for political ends.

AUTHOR

Hervé Caudron is a specialist in philosophy and a former professor at the Université d'Artois. He is the author of numerous essays, including *Philosopher or Merchant of Serenity* (L'Harmattan, 2011), *Learning to Philosophize with Montaigne* (Ellipses, 2013) and *The Predictable and the Unpredictable* (L'Harmattan, 2021).

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NON-FICTION - HUMANITIES

Amine Boukerche

L'universalisme contesté

L'Occident sous le feu de la critique

PHILOSOPHIE
POPULAIRE
DE
ATELIERS

LANGUAGE: French

PUBLISHER: Apogée Editions

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UNIVERSALISM CHALLENGED

By Amine Boukerche

KEYNOTE

Never in its history has the West seemed so criticized. But the West is also challenged at home by its own people, the oppressed - women, immigrants, LGBTQ+ people, black people, etc.

SELLING POINTS

- The West continues to fascinate the very people who challenge it.
- It is accused of having secured undue privileges for the white heterosexual male, to the detriment of the oppressed.

DESCRIPTION

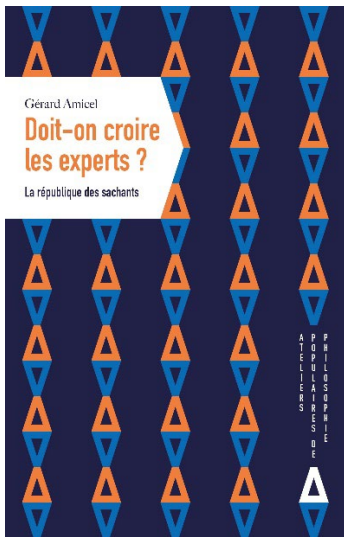
Never in its history has the West seemed so criticized. Virtually every misfortune in the world is blamed on it. Non-Westerners blame it for the humiliation it has inflicted on them through centuries of colonization. But the West is also challenged at home by its own people. It is accused of having secured undue privileges for the white heterosexual male, to the detriment of the oppressed - women, immigrants, LGBTQ+ people, black people, etc. - and of having wrecked the planet to ensure its own prosperity. Yet the West continues to fascinate the very people who challenge it. The direction of immigration flows is proof of this: it's not Westerners who flee their countries at the risk of their own lives, even when they disagree with their rulers. Over the last four centuries, the West has always been at the cutting edge, in politics, morality, aesthetics, science, technology, philosophy and so on. The worldwide benefits of its development justify, in its eyes, its messianic universalism. However, the list is long of those who refuse to blindly follow the "universal" values of the West. But what precisely do they blame it for?

AUTHOR

Amine Boukerche, who holds a Masters degree in philosophy and bioethics, is a secondary school philosophy teacher. In 2015, he published *De la fragilité de la démocratie, une lecture de Tocqueville* (The fragility of democracy, A reading of Tocqueville), before publishing, in 2018, *L'Algérie de Tocqueville, Chronique d'une colonisation ratée* (Tocqueville's Algeria, the Story of a failed colonization).

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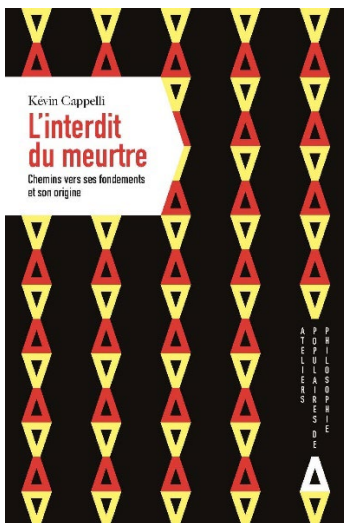


SHOULD WE BELIEVE EXPERTS?

RELEASE DATE: 9/7/2022

RIGHTS SOLD: Simpl. Chinese (Optionned Post-Wave)

The government's massive reliance on consulting firms is now being condemned as a state scandal. This debate reflects the population's growing defiance towards experts' opinions. Citizens are increasingly challenging the decision-making and knowledge of an elite group of experts. But it would be a mistake to consider experts and non-experts as two social classes and to lock oneself into the fruitless opposition between intellectual elitism and populism. The problem lies in the competition between knowledge. Being an expert in one's field means remaining a non-expert in all others. Specialization thus increases our dependence on epistemic knowledge. So can we really rely on the knowledge of others? The challenge is to establish the best cognitive cooperation model, so that specialized knowledge can be brought together for the benefit of all.



THE PROHIBITION OF MURDER

RELEASE DATE: 6/8/2022

RIGHTS SOLD: Simpl. Chinese (Optionned Post-Wave)

Prohibiting murder seems obvious and does not question us. However, condemning murder has not always been universal. Murder has found political, religious, even aesthetic and philosophical motivations. Contemporary debates on abortion or euthanasia questions the limits of the murder prohibition, and about what should be qualified as murder. These two observations raise the question: why, and how, should murder be forbidden? They open several paths. First, is it possible to rationalize the prohibition of murder without turning to any religious conception of the sacrality of human life, or to any moral assumption inherited by tradition? "Thou shalt not kill": in this moral imperative included as one of the Ten Commandments, we hear a challenge to thought, so much so that it seems to elude any attempt to find a ground and an origin for it.



IS A WORLD OF NO INDIVIDUALITY POSSIBLE?

RELEASE DATE: 09/03/2022

RIGHTS SOLD: Simpl. Chinese (Post-Wave)

Today, it seems self-evident that we are all unique beings, endowed with an individuality that distinguishes us from others and that we are encouraged to cultivate in order to flourish. Yet in the heart of the Middle Ages, no one would have thought of defining themselves as an individual, let alone taking pride in singularity—which would more likely have been perceived as a deviation or even a perversion. Individuality thus appears as a relatively recent social construction: contingent, historically situated, and perhaps destined one day to disappear. Unless, of course, we assume that medieval men and women were already striving to assert themselves as individuals, but were systematically repressed. How could we know? Is it possible to search for traces of individuality in the Middle Ages without presupposing its existence—in other words, without projecting our modern certainties onto the past? Walking alongside historians through these questions, one cannot help but feel a sense of vertigo.

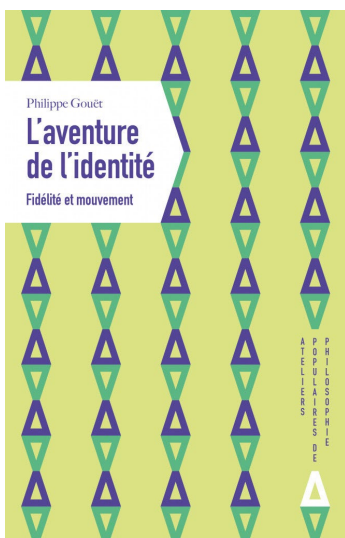


THE RISING OF GHOSTS

RELEASE DATE: 1/6/2021

RIGHTS SOLD: Simpl. Chinese (Optionned Post-Wave)

Our world is one of streaming information, messages, video flows, social networks, remote work, and binge watching TV show. Under the reign of media and digital technologies, our days and nights are largely invaded with disembodied appearances. We live in an atmosphere of widespread spectre. Just when we thought we were done with ghosts that old superstition apparently rejected by modern Enlightenment they are finally coming out victorious, so ordinary and familiar that they no longer really frighten us. How did we get there? It is then important to look back at the ways in which Western rationality may have criticized beliefs in ghosts in the past, and to identify the reasons why it has finally allowed the unleashing of spectrality that characterizes our times.



THE ADVENTURE OF IDENTITY

RELEASE DATE: 5/5/2021

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The processes of identification are essential for the political, economic, and social coherence of collective life. Men must be able to be identified. However, these processes often serve as procedures of attribution, domination, and discrimination. Current social discourse on the unfinished historical paths of feminine identity, colonized populations and sexual identities testifies to this. The contemporary world is experiencing a great disturbance around the notion of identity. The desire to be oneself loses the individual in a myriad of identity references. On the scale of people, communities and cultures, the phenomenon of identity is that of an inevitable conflict between this desire to be oneself and the identities of attribution which tend to restrain, alienate, and even dehumanize. The problem of identity is then that of maintenance within the mechanisms of identification.



THE STRENGTH TO LIVE ON

RELEASE DATE: 9/1/2021

RIGHTS SOLD: Simpl. Chinese (Post-Wave)

When faced with a disease, we have the choice to either flee or embrace it by exploring it through the mind. This opens up to the lesson that suffering does not deprive life of its meaning, nor does it predetermine its value. It also poses a question, that of the philosopher who seeks to heal the wounds of civilization: does nihilism prove a particular strength of living of the “weak” that explains why they prevail over the “strong”? Where can one find the strength to keep on living when terrible ordeals deprive one of the energy or desire necessary to sustain an existence that has become seemingly absurd? Stories of resilience are numerous. But it was not until Nietzsche that philosophy took up this question with acuity. “I made my philosophy out of my will to health, to life.” Overwhelmed by a terribly painful illness, the author of The Gay Science turned a living experience into an experimental field for thought.

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