



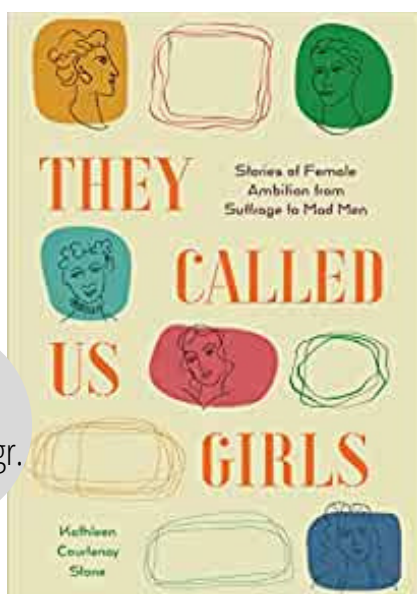
RIGHTS GUIDE

NON-FICTION WINTER 2022



MEMOIR BIOGRAPHY

WW II
Women's Biogr.

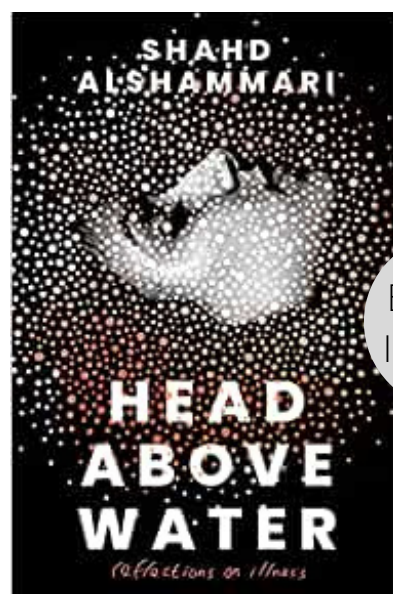


They Called Us Girls By Kathleen Stone

In mid-twentieth-century America, women faced a paradox. Thanks to their efforts, World War II production had been robust, and in the peace that followed, more women worked outside the home than ever before, even dominating some professions. Yet the culture, from politicians to corporations to television shows, portrayed the ideal woman as a housewife. Many women happily assumed that role, but a small segment bucked the tide—women who wanted to use their talents differently, in jobs that had always been reserved for men. In *They Called Us Girls: Stories of Female Ambition from Suffrage to Mad Men*, author Kathleen Stone meets seven of these unconventional women. In insightful, personalized portraits that span a half-century, Kathleen weaves stories of female ambition, uncovering the families, teachers, mentors, and historical events that led to unexpected paths.

Additional information:

Published 2022 (Cynren Press) - ISBN:
9781947976245 - 236 pages - Hardback -
Rights: World



Biography
Illness/MS

Head Above Water By Shahd Alshammari

Narrative non-fiction chronicling an Arab woman's experience of disability. At once a vivid account of illness, and a personal journey involving stigma, healing, friendship and the power of storytelling.

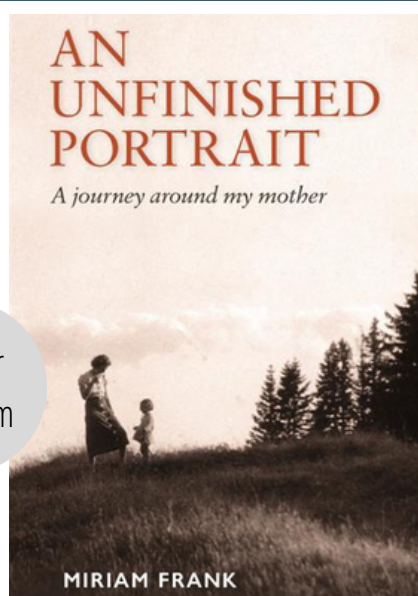
This book takes us into a space of intimate conversations on illness and society's stigmatization of disabled bodies. We are invited in to ask the big questions about life, loss, and the place of the other. The narrative builds a bridge that reminds us of our common humanity and weaves the threads that tie us all together. Through conversations about women's identities, bodies, and our journeys through life, we arrive at a politics of love, survival, and hope. Shahd Alshammari is assistant professor of literature and lives with Multiple Sclerosis. She was diagnosed at the age of 18. Her works center on disability, women's studies, and Arab women's narratives.

Additional Information:

Published 2022 (Neem Tree) - ISBN:
9781911107408 - 200 pages - Paperback
Rights: World

MEMOIR BIOGRAPHY

Memoir
Optimism



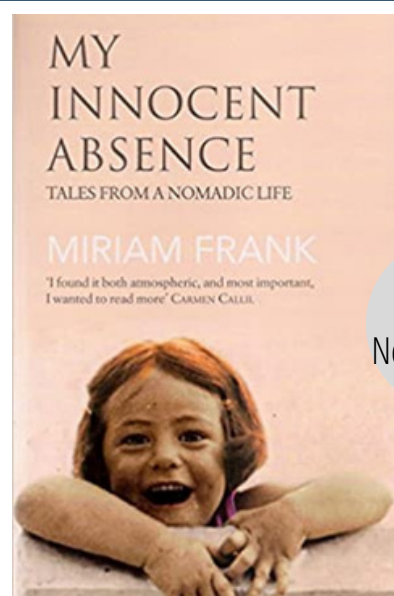
An Unfinished Portrait By Miriam Frank

Frank explores the world of her mother, Käte, at an exceptionally turbulent time in history leading to two world wars. It is a story of relationship, love, betrayal and reprieve between characters intimately bound with the emerging ideologies and ensuing political and artistic upheavals of the early twentieth century. Flashbacks are reconstructed from Käte's photograph albums, some letters left behind, and a return to her haunts. They reveal a happy, passionate and liberated young woman fervently committed to justice in the face of the growing chaos and cruelty under the ascendant Nazis in her native Germany. After life in Berlin & London, and a sojourn in the islands of Helgoland and Mallorca, Käte settles in Barcelona where she forms a liaison with Louis, an American living in Spain following his work in counter-intelligence in WW1.

Additional information:

256 pages - Hardback - Illustr/photo's

Rights: World (excl. World English, Greek, French)



Memoir
Nomadic Life

My Innocent Absence By Miriam Frank

Longlisted for the PEN-Ackerley prize for a literary autobiography of excellence

The reader follows Miriam's vividly evoked experiences in war-torn Spain and France, and on to Casablanca, Mexico and New Zealand, while family members are murdered in Germany or flee to Holland, Palestine and Italy. Along the way she encounters renowned communists and anarchists, writers and artists of the period.

My Innocent Absence traces Miriam's journey from fragmentation to wholeness, revealing history's role in the formation and fate of the individual, along with the individual's inherent strength and resourcefulness to thrive in the face of adversity, and – beyond it – to break down barriers towards a more connected and compassionate world.

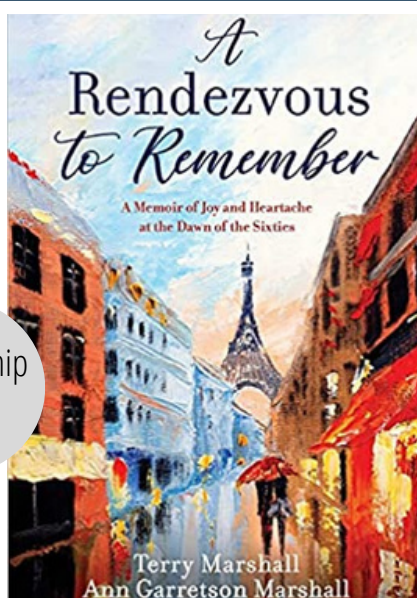
Additional Information:

300 pages - Hardback - Illustr/photo's

Rights: World (excl. World English, French, Greek)

MEMOIR BIOGRAPHY

Relationship
Sixties



A Rendezvous to Remember

By Terry Marshall, Ann Marshall

The true story of a soldier, a pacifist, and the woman who loved them both

Jack offered the military life Ann had grown up with. Terry, a conscientious objector, would leave for the Peace Corps at summer's end, unless the draft board intervened and sent him to jail. Her dilemma: she loved them both. Ann had to make an agonizing choice—a choice made all that much harder by her meddling parents, Terry's passionate pleas, and Jack's irresistible charm.

A Rendezvous to Remember is an intimate portrayal of relationships in the early sixties, written by a young woman finding her way in a changing world and by the man who ultimately won her heart. Provocative and delightfully uncensored, this coming-of-age memoir is a tribute to the enduring power of love and family.

Additional information:

Published 2021 (Sandra Jonas Publishing) - ISBN: 9781733338622 - 378 pages - Hardback

Rights: World



Sold:
Lithuania

The Pale-Faced Lie

By David Crow

Growing up on the Navajo Indian Reservation, David Crow and his three siblings idolized their dad, a self-taught Cherokee who loved to tell his children about his World War II feats. But as time passed, David discovered the other side of Thurston Crow, the ex-con with his own code of ethics that justified cruelty, violence, lies - even murder. Intimidating David with beatings, Thurston coerced his son into doing his criminal bidding. David's mom, too mentally ill to care for her children, couldn't protect him. Through sheer determination, David managed to get into college and achieve professional success. When he finally found the courage to refuse his father's criminal demands, he unwittingly triggered a plot of revenge that would force him into a deadly showdown with Thurston Crow.

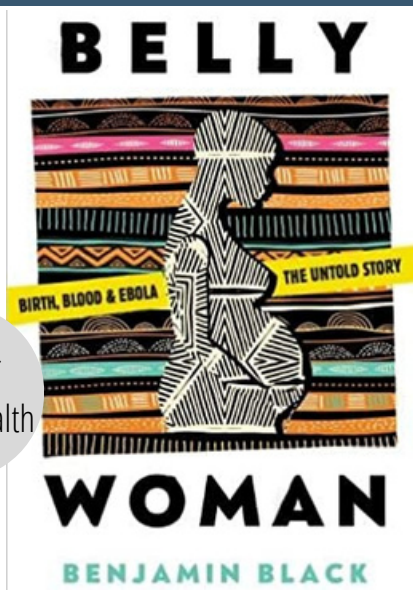
Additional Information:

Published (Sandra Jonas Publishing) - ISBN: 9780997487152 - 356 pages - Paperback -

Rights: World

MEMOIR BIOGRAPHY

Memoir
Global Health



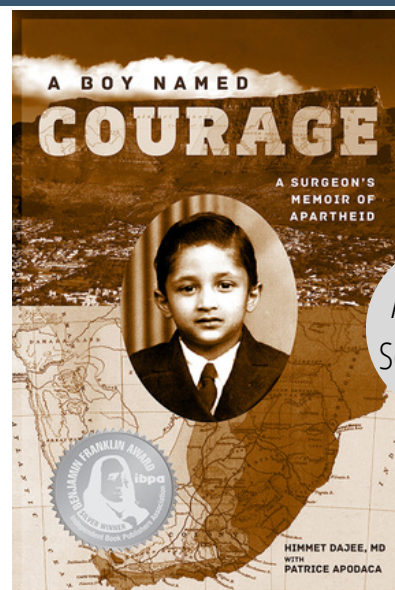
Belly Woman By Benjamin Black

May, 2014. Sierra Leone is ranked the country with the highest death rate of pregnant women in the world. The same month Ebola crosses in from neighbouring Guinea. Arriving a few weeks later, Dr Benjamin Black unexpectedly finds himself at the centre of the largest ever Ebola outbreak. From the impossible decisions of the maternity ward to the moral dilemmas of the Ebola Treatment Centres. Every day the maternity ward receives women in critical conditions, often indistinguishable from deadly Ebola infections. As the epidemic encircles the hospital the stakes reach breaking point. What is safe? What is deadly? The team close the maternity ward, a devastating blow to women and health workers. In the months that follow Benjamin's journey collides with the epidemic's pivotal events. Returning after the epidemic, Benjamin reckons with the demons of the past, trying to help build a different, more resilient, future.

Additional information:

Published 2022 (Neem Tree Publishing) - ISBN: 9781911107569 - 300 pages - Hardcover

Rights: World



Apartheid
South Africa

A Boy Named Courage By Himmet Dajee

2019 - Benjamin Franklin Silver Award Winner

A Surgeon's Memoir of Apartheid

A Boy Named Courage: A Surgeon's Memoir of Apartheid is the story of one man's quest to overcome racism and oppression to find his place in the world and escape the shadow of his troubled homeland. Thoughtful, emotionally honest, and at times heart-rending, this account of the personal toll wrought by one of the most shameful periods in modern history provides a unique glimpse into an often-overlooked community affected by apartheid. It is also a testament to the triumph of the human spirit, and to the boy who persevered against all odds to live up to his name: Courage.

Additional Information:

Published (Cynren Press)
ISBN: 9781947976009 - 222 pages -
Hardback - **Rights:** World

ALTERNATIVE HEALTH

Migraine
First hand account



Namikoshi
Shiatsu

The Professor as a Guinea Pig

By Irene van Staveren

Migraine is one of the most onerous illnesses from which human beings can suffer. There are millions of migraine sufferers globally. Irene van Staveren is one of them. She was twenty-one when she had her first migraine attack. When her doctors had failed to help her solve the problem after many years of trying, she decided to do some research on the matter herself. She explored the body of academic research that is beyond the mainstream and tried out her findings on herself. The results were astonishing: her migraine attacks decreased by 95%. This book is both a first-hand account by a patient and a fierce plea for the need for an experimental spirit in both doctors and patients. Irene van Staveren offers the millions of migraine sufferers around the world a hopeful perspective.

Additional Information:

Published 2020 (Ten Have) - ISBN: 9789025907792 – 240 pages – Paperback - **English** sample available - **Rights:** World

The Shiatsu Book

by European Shiatsu Academy®

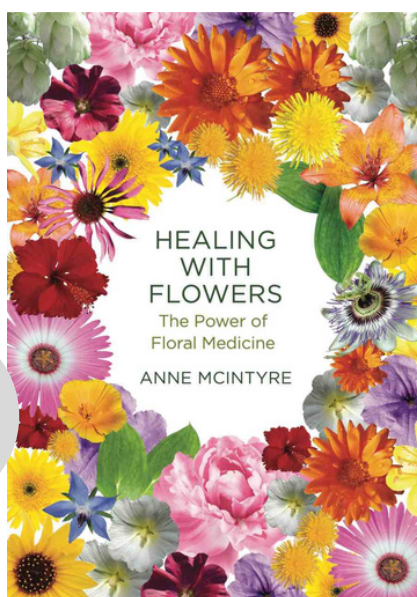
In the Namikoshi Shiatsu Colleges and Academies worldwide there is a standard treatment and procedure to perform considering this treatment. All Shiatsu treatments developed by Denis Binks are the main subject of the tutorials given by the teachers of The European Shiatsu Academy (ESA). Some of the treatments developed by Denis Binks are based on already existing Japanese treatments. Other treatments have additions by teachers of the European Shiatsu Academy. The authors fulfill the long standing request of many people to put the work of Denis in a book. It certainly offers a deepening contribution to Shiatsu. Denis took Shiatsu, originally a very old method of Eastern medical treatment, to our Western world and developed the Eastern knowledge to an integrated modern collection of treatments.

Additional Information:

Published (European Shiatsu Academy) - Complete **English** translation - ISBN: 9789090313382 - Paperback - 96 pagina's (27.342 words) - b/w illustrations - **Rights:** World

ALTERNATIVE HEALTH

Flowers
Healing



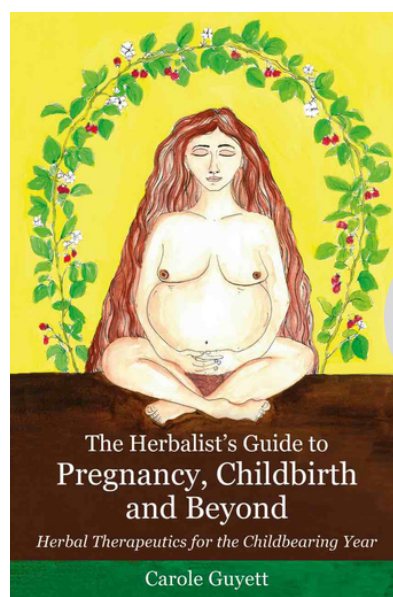
Healing with Flowers By Anne McIntyre

The healing power of flowers permeates every aspect of our lives. Flowers help us mark every event and ceremony from birth to death and bring us joy and solace throughout the years. They have inspired poets, authors and artists and come to symbolise the whole range of human experience. From exuberant red peonies to sweet-smelling primroses, exotic lilies and heavenly-scented roses, flowers have the power to reconnect us with the conscious intelligence of nature that we are a part of and to heal our ills in a myriad of ways.

Beautifully illustrated with vibrant colour photographs by Julie Bruton-Seal, the book explores 64 flowers from around the world – from Yarrow (*Achillea millefolium*) to Heartsease (*Viola tricolor*) alongside chapters on edible flowers, growing and gathering, and distilling flowers.

Additional Information:

Published 2022 (Aeon Books) - ISBN: 9781913504793 – 488 pages – Paperback -
Rights: World



Childbirth
Holistic/herbal

The Herbalist's Guide to Pregnancy by Carole Guyett

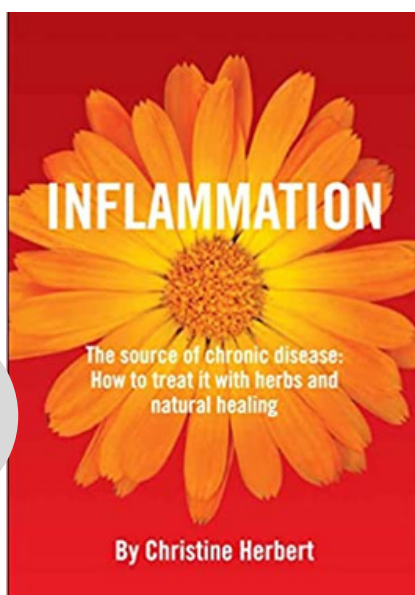
The Herbalist's Guide to Pregnancy, Childbirth and Beyond is a comprehensive manual of holistic herbal therapeutics for pregnancy, childbirth and the postpartum period. It is based on the author's experience and knowledge gained during 35 years of clinical practice in the UK and Ireland, and is written for herbalists and herbal students, as well as birth-keepers, midwives, doulas and other health professionals. Packed with practical examples, the book describes the author's personal therapeutic approach, reflecting how herbs and a holistic approach can support women and their babies from the time of conception until the months following childbirth. The various stages of childbearing are clearly explained with details of conditions encountered in practice and the safe herbal treatments and supportive care that practitioners can provide.

Additional Information:

Published 2022 (Aeon Books) - ISBN: 9781912807659 – 250 pages – Paperback -
Rights: World

ALTERNATIVE HEALTH

Chronic
Disease

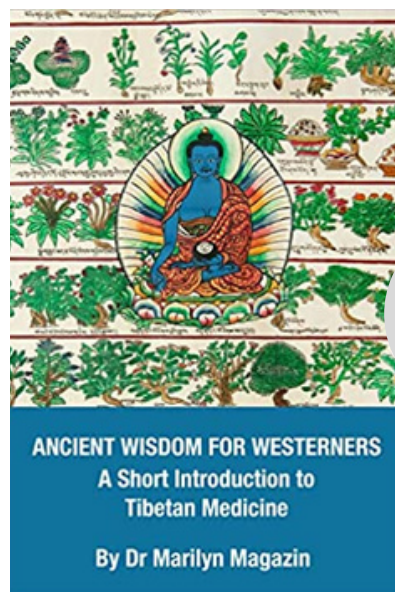


Inflammation By Christine Herbert

Inflammation is a major scourge of modern life and most people are affected by it to one extent or another. It is the underlying reason for all the major chronic diseases we see today and is the result of many different pathological processes which then result in a range of conditions from allergies, diabetes to cancer. It also has a big impact on mood and mental health. *Inflammation* is about acute inflammation which has transformed into chronic inflammation - unresolved inflammation that does not have a useful or positive outcome in the body, and is positively damaging to the body. The book takes a holistic approach and goes beyond the use of anti-inflammatory medication which only treats the result of and not the cause of disease, and can also become part of the problem if used long term. A materia medica is provided at the end of the book.

Additional Information:

Published 2022 (Aeon Books) - ISBN:
978180152071 - 240 pages - Paperback -
Rights: World



Tibetan
Medicine

Ancient Wisdom for Westerners by Marilyn Magazin

Tibetan medicine is an ancient and profound Buddhist medical tradition and philosophy. The holistic system of Tibetan medicine has proven over centuries to be extremely effective and complementary to modern Western medicine, especially for chronic diseases. *Ancient Wisdom for Westerners* offers a clear and practical introduction to this ancient wisdom. One of the most striking differences between modern Western medicine and Tibetan medicine is how Tibetan medicine looks at health and disease from the energetic point of view, as well from an anatomic and physiological one.

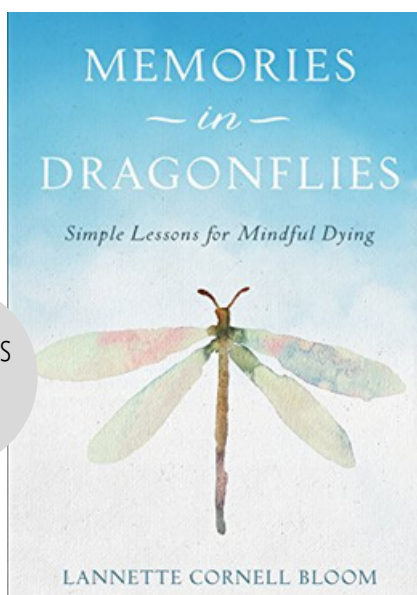
Tibetan medicine thus provides the answers to many questions about the human body and disease that can not be explained in terms of modern medical teachings.

Additional Information:

Published 2022 (Aeon Books) - ISBN:
9781913504960 - 164 pages - Paperback -
Rights: World

SPIRITUALITY ALTERNATIVE HEALTH

Minfulness
Dying

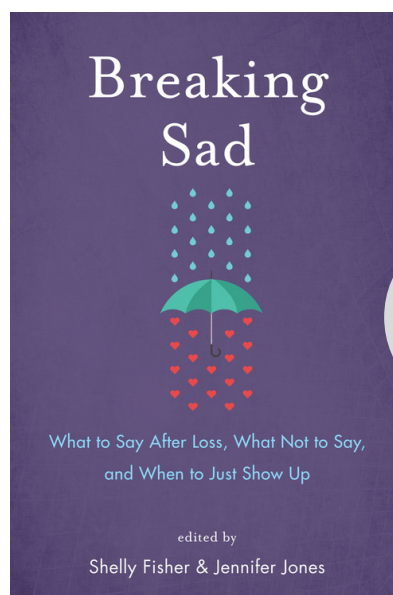


Memories in Dragonflies By Lannette Cornell Bloom

Lannette Cornell Bloom was 43 when her mother was diagnosed with pulmonary fibrosis. She quit her job & dove headlong into the familiar role of care-taking. This choice-to slow down & be present for the hardest year of her life-resulted in an awakening. In unexpected moments, as childhood memories flooded into the present, Lannette glimpsed bits of magic that existed just beyond the pain. Without knowing it, she was experiencing a mindful dying process with her mother & it was a journey that would change the way she lived the rest of her life. This memoir gracefully uncovers the beauty that is often lost within the dying process & is a beautiful portrait of what it means to be human and a gentle reminder to enjoy every moment, because even the simplest ones bring lasting joy.

Additional Information:

Published 2018 (She Writes Press) -
ISBN: 9781631524691 - Paperback - 122
pages - **Rights:** World



Loss
Sold: Turkey

Breaking Sad By Jennifer Jones & Shelly Fisher

An exceptionally personal and revealing account of what to say and what not to say when someone is grieving - **Cindy Connors, Emmy Award-winning producer**

Real stories and real feedback on what should be said, what should be kept to yourself, and what can be done when trying to support someone you care about as they navigate loss. *Breaking Sad* helps us start conversations through its pages of personal stories and suggestions from everyday survivors - bringing us all to a place where we can more comfortably offer support and caring to people when they need it most. Featuring stories from Montel Williams, Olivia Newton-John, Scott Hamilton, Giuliana Rancic, Valerie Harper, and more!

Additional Information:

Published 2017 (She Writes Press)
ISBN: 9781631522420 - 256 pages -
Paperback - **Rights:** World

SPIRITUALITY ALTERNATIVE HEALTH

Therapy
Horses



The Mongolian Horse By Hesther Selbeck

In this loving and humorous book *The Mongolian horse*, Hesther Selbeck describes in a style that is at times reminiscent of Bridget Jones's diary, her work as a systems therapist in the youth mental health care system. How she developed the innovative Contextual Equine Therapy (CPT) after a horseback trek through Mongolia, in which she focuses on horses as a co-therapist for young people with complex psychiatric behavior and their parents. Disarmingly honest, she shares her personal development with us: her search for meaning in ecstatic dance and meditation, her right to exist in relationships and her spiritual inspirations and dreams. An ode to the resilience and autonomy of people, who rearrange their lives and take control for change. A current topic at this time.

Additional Information:

Published 2021 (Elmar Publ.) - English sample available - ISBN: 9789038928302 – 264 pages – Paperback - **Rights:** World



Healthcare
For Practitioners

Minted By Hannah Charman

The go-to handbook for building a flourishing healthcare practice. Are you a student or healthcare practitioner – newly qualified or experienced - who is looking to build a thriving business? Hannah Charman answers all your questions, breaking down the steps to build a prosperous healthcare practice. Within these pages, readers learn that successful practice comes from a combination of being in the right headspace, and having the practical skills needed to find, market and sell to the right clients.

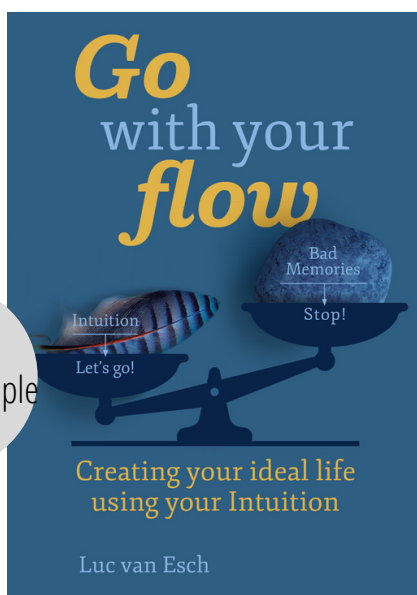
This book is honest but positive about the difficult aspects of practice that are rarely talked about.

Additional Information:

Published 2022 (Aeon Books) - ISBN: 9781913504045 – 238 pages – Paperback - **Rights:** World

SPIRITUALITY LIFESTYLE

Intuition
Reading people



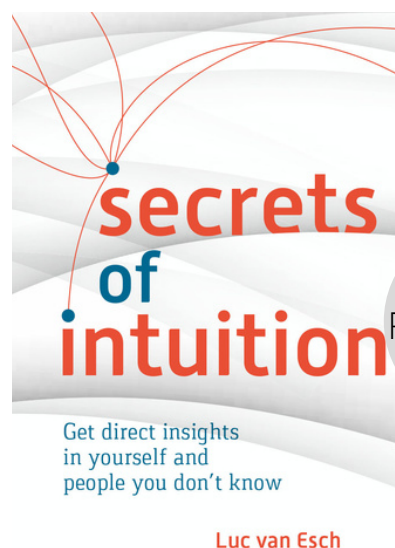
Go with your Flow By Luc van Esch

When you are in the flow, life runs effortlessly. It is the feeling that everything is alright in the here and now, where coincidences present themselves as if they are meant to. Everything seems to come easily, exactly as you want it to. What these manifestation moments have in common is that solutions and answers always come from unexpected quarters, effortlessly and quickly.

The author will share many of his personal and often magical moments of creation with you in this book. And you can have these moments, too! He will explain how your thinking prevents you from getting into the flow and how you can transform these obstacles so that you too can manifest what you really desire from life.

Additional Information:

Published 2022 - Complete **English** translation - ISBN: 9789464486964 - Paperback - **Rights:** World



Intuition
Reading People

Secrets of Intuition By Luc van Esch

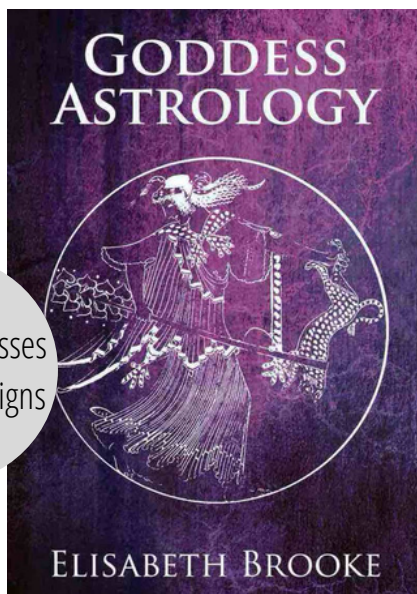
Get direct insights in yourself and people you don't know. Do you want to be able to trust your intuition more? And would you like to be better in assessing people you don't know? This book will explain how you can get easy access to your intuition and master the skill of reading people. The reading techniques I am providing, can be applied right away. They will give you deeper insight in the other, in your relationships and your own life as it is now. It will be easier to make choices as doubts will disappear. It will open your eyes and you will get a different view of people and the world. Everybody can develop their intuition. For you, too, your intuition can become a tool that you can trust. It will work easier and faster than you'd probably think.

Additional Information:

Published - Complete **English** translation - ISBN: 9789460151699 - 224 pages - Paperback - **Rights:** World

SPIRITUALITY

Greek goddesses
Astrological signs

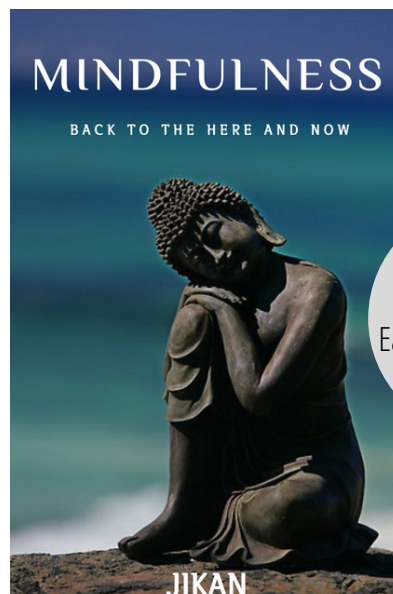


Goddess Astrology By Elisabeth Brooke

A fascinating exploration of the Greek goddesses and women of Greek mythology, in relation to the astrological signs. Each chapter of this book follows an astrological sign and details its connection to a goddess of Greek mythology, providing illuminating and engrossing explorations and background to the Greek myths. The chapters bridge the gap between ancient and modern, exploring more recent examples of brave and wonderful women for each astrological sign. At its core, this book appreciates that women's experiences are not all the same and should not be put into the same overused stereotypes; instead it offers a different and refreshing perspective of female archetypes, illustrated by the lives of extraordinary women both alive and dead.

Additional Information:

Published 2022 (Aeon Books) - ISBN:
9781913504915 – 376 pages – Paperback -
Rights: World



Mindfulness
Eastern Philosophy

Mindfulness By Jikan

Interest in Eastern philosophy and ways of thinking has flourished in the western world for some time now. Meditation and yoga have become commonplace in our society. Recently interest has bloomed in another aspect of Eastern thinking: mindfulness.

But what is mindfulness? What is it good for? Where did it come from? This book addresses these questions and provides numerous mindfulness exercises that are easy to apply in one's daily life.

"If you are not ahead with your thoughts, each footstep is not just a means to an end but a unique event in itself."

Additional Information:

Complete English & German translation
available - 45 pages
Rights: World (Excl. Dutch)

SPIRITUALITY

Zen
Lifestyle



Zen & the Art of Quality By Jikan

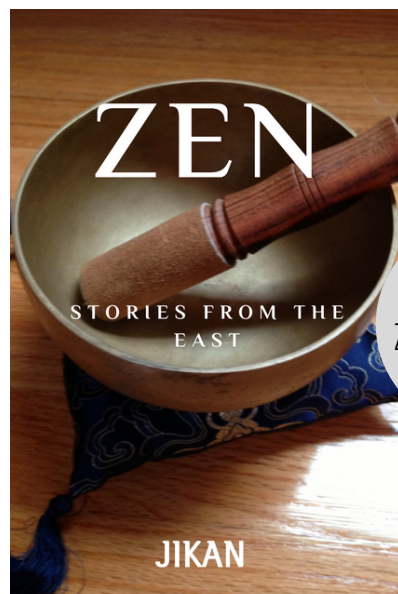
Quality is one of the most often used concepts in our existence. But what are we actually talking about? What exactly do we mean when we speak about quality? This book tries to answer these questions and offers a way to look at quality. For this reason we go deeper in to Zen Buddhism: a philosophy in which quality plays a big part. About what kind of quality are we talking when it comes to Zen? And, what can we learn from this? In short, a research in quality in all its diversities.

Review:

"Zen and the art of quality" gives depth and understanding of an aspect that is important in everyone's life, but which too often, under the pressure of mercantile and economic principles, loses its true meaning."

Additional Information:

Complete English translation available
72 pages – **Rights:** World (Excl. Dutch)



Meditation
Zen Buddhism

Zen: Stories from the East By Jikan

Zen Buddhism is well known for its stories and anecdotes. It is more likely that the reader remembers the contents than if it were presented as dry theory. Many stories in this book are educational, have a moral or provide an insight. Most of the stories derive from Zen Buddhism but the author will also explore Taoism.

At the end of the book you will find instructions on how to meditate, the most important practice in zen. Together with the collection of stories, this book gives a good insight in the world of zen.

Additional Information:

Complete English translation available
60 pages – **Rights:** World (Excl. Dutch)

SPIRITUALITY

Growth
Spiritual guides

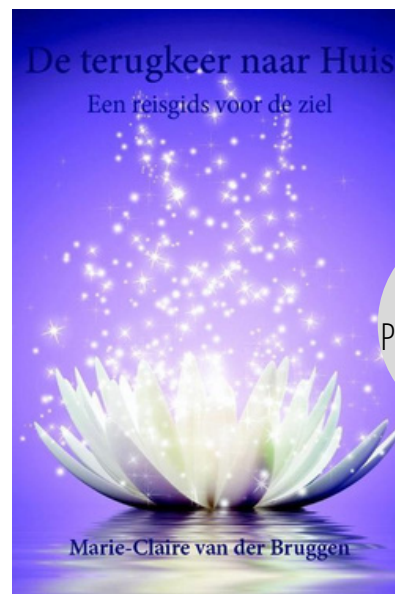


Featherlight By Ellen Scheffer

We are all guided by spiritual guides, whether we realize it or not. Our guides really want us to become more aware of their presence and to work with them. According to them, our lives could be much more enjoyable and smoother with their support. By reaching out to our personal guides and following our inner guidance, we can greatly accelerate our spiritual growth. Ellen Scheffer wrote this book with the help of other guides. And in it you will find questions such as: How do guides guide us and in what way can we make contact? What is the purpose of our life and how do our guides think about well-known themes - coming from different spiritual currents - such as: 'Reincarnation', 'We are all one', 'You create your own reality' and how we should apply in our daily life?

Additional Information:

Published 2007 (Eoscentra/Pallasia) -
ISBN: 9789075362770 - Paperback - 278
pages - **Rights:** World (excl. Germany)



Soul
Personal Account

The Return Home By Marie-Claire van der Bruggen

An exceptionally personal and revealing account of what to say and what not to say when someone is grieving - **Cindy Connors, Emmy Award-winning producer**

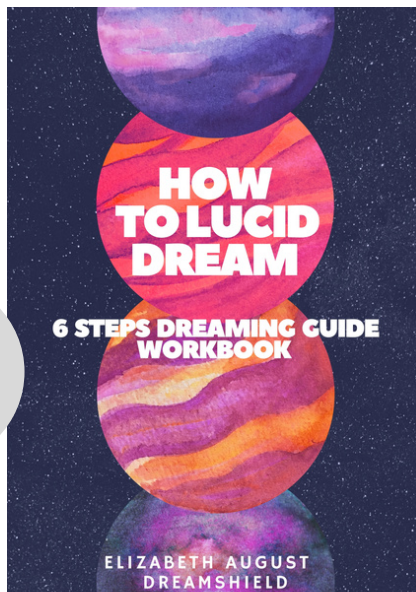
Real stories and real feedback on what should be said, what should be kept to yourself, and what can be done when trying to support someone you care about as they navigate loss. *Breaking Sad* helps us start conversations through its pages of personal stories and suggestions from everyday survivors - bringing us all to a place where we can more comfortably offer support and caring to people when they need it most. Featuring stories from Montel Williams, Olivia Newton-John, Scott Hamilton, Giuliana Rancic, Valerie Harper, and more!

Additional Information:

Published 2017 (She Writes Press)
ISBN: 9781631522420 - 256 pages -
Paperback - **Rights:** World

SPIRITUALITY

Dreaming
Spirituality



Manual of the Dream Artist
6 Steps Dreaming Guide
Workbook

How to Lucid Dream Manual By Elizabeth August/Dreamshield

How to Lucid Dream for Beginners gives you a great feeling. If you dream consciously (dreaming while being aware that you are dreaming), you have control over events in your life. Or at least the realization that you can control the situation. With this 6-step guide you will learn to one day instruct yourself to fly like a bird or to explore the Moon.

How to Lucid Dreams for Beginners offers a pathway to healing and spiritual enlightenment and heightens our human experience. With this 6-step guide you will become more aware in your daily life. The purpose of being human is to master lucid dreaming shamans say. One becomes the dreamer and the dream, to be a living dream weaver who experiences one's own dream.

Additional Information:

To be published - Complete **English** translation

Rights: World (incl World English)

Also
Available



SPIRITUALITY

Spirit Guide
Life after death



Spiritual guide
Soul experience
Life after Death

A Visit from Heaven

By Marie Claire van der Bruggen

Visiting Heaven is the sequel to *The Fairy Tale of Death*. Marie-Claire van der Bruggen relives the last days of her father's life, which they spend together and which they both experienced as very intensive, open and enriching.

At the time of her father's passing a bridge forms between this world and the world hereafter, and because of this they experience this period as a very touching and thankful period.

After some time Marie-Claire and her father are back in touch with each other. During these conversations we learn more about what happens to us when we die and how things evolve after death.

Additional Information:

Published 2020 (Eoscentra/Pallasia) - 5th reprint - ISBN: 9789082758221 - 96 pages - Hardback - **Rights:** World (excl. Germany)

The Fairy Tale of Death

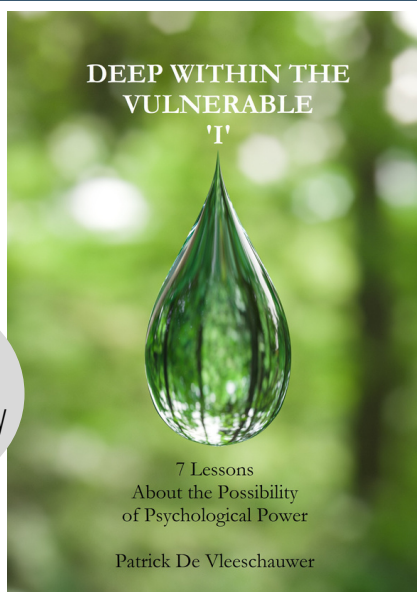
By Marie Claire van der Bruggen

The Fairytale of Death is an inspiring story of a little Soul who is about to make her first journey to Earth. In a pleasant and simple way, this book answers questions such as: what happens before we travel to Earth and what does it feel like for a soul to be born in a human body? How does a soul experience life on Earth? And finally, how does a soul experience the dying process, or the return Home?

You join the Little Soul on her big adventure. It is a wonderful journey that may help you to discover who you really are and where you really come from. It shows you that there is no need to be afraid of dying, because, in fact, death is only a fairy tale...

Additional Information:

Published 2019 (Dharma Chakra Publications) - ISBN: 9789082584219 - Paperback - 176 pages - **Rights:** World



Deep within the Vulnerable 'I'

By Patrick De Vleeschauwer

Imagine participating in an expedition with the most memorable leaders, artists, healers and scientists who ever walked this planet: an exploration to the deep source of our mind's fragility. Along the way, we also discover the roots of our timeless psychological power. We search for the path of the possibility to live an inspiring life that is worth living enthusiastically - together.

The pandemic, which hit many exceptionally hard, was immediately followed by an unprecedented geopolitical crisis with accompanying humanitarian, environmental and energy crises. We live in a time of remarkably severe emotional challenges for our sensitive minds. This expedition describes how we can learn to discover and strengthen the potential powers of our own minds; and in addition, it offers an ethical and aesthetic perspective on an emotionally liveable future.

This book is a guide to using our fragile minds; deeply rooted in the latest sciences; including seven experiential exercises to take control of your life from your psychological power. It is a guide for all people seeking a creative solution to cope with this particularly challenging world.

Author also writes for *Psychology Today*.

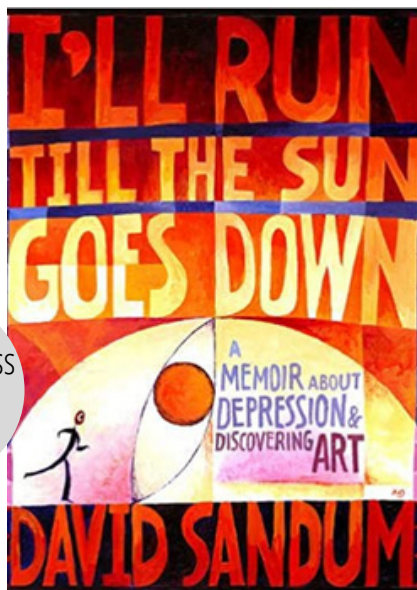
Additional Information:

To be published - Complete **English translation** available - approx 161 pages

Rights: World (incl. World English)

PSYCHOLOGY

Mental Illness
Depression



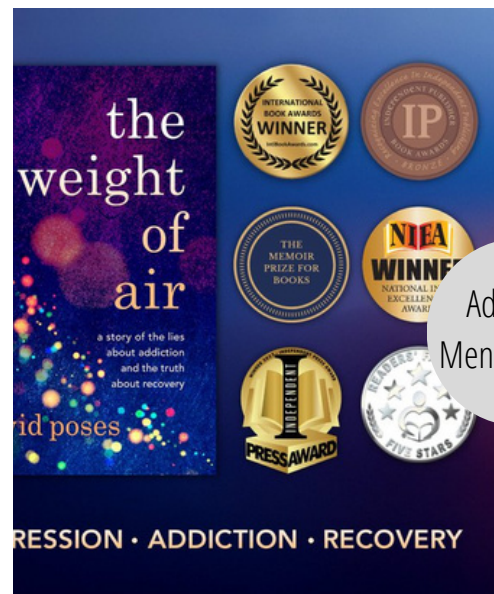
I'll Run Till the Sun Goes Down By David Sandum

A Memoir about Depressiveion & Discovering Art

David Sandum appeared to have it all: a beautiful young family and a promising career ahead as a business consultant. But his life started veering off course, and upon returning to his native Scandinavia, he fell into an inexplicable, deep depression. *I'll Run Till the Sun Goes Down* is a searingly honest account of David's struggle to overcome his crippling mental illness. After years of hopeless despair, bleak hospitalizations, and shattered dreams, he is finally saved by his art. The paintbrush becomes his lifeline. Richly illustrated with the work of the artists who have inspired him as well as samples of his own drawings and paintings, this memoir offers both a compelling read and a visual story of David's courageous battle with depression.

Additional Information:

Published (Sandra Jonas Publishing) - ISBN: 9780985581527 - 360 Pages - Paperback -
Rights: World



Addiction
Mental Illness

The Weight of Air By David Poses

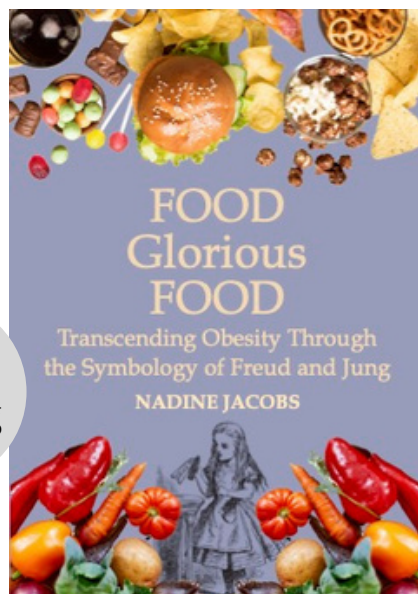
In this groundbreaking memoir David chronicles his struggle to overcome mental illness and addiction. By age nineteen, he'd been through medical detox, inpatient rehab, twelve-step programs, and a halfway house. He saw his drug use as a symptom of depression, but the experts insisted that addiction was the problem. Over the next thirteen years, he went from one relapse to the next, drowning in guilt, shame, and secrets, until he finally found an evidence-based treatment that not only saved his life, but helped him thrive. With grit, humor, and brutal honesty, David's story exposes the danger in traditional recovery models: they actually increase stigma and the risk of overdose, relapse, and death. As depression and addiction rates skyrocket and overdose fatalities surge, *The Weight of Air* is a scathing indictment of our failed response to the opioid crisis—and proof that success is possible.

Additional Information:

Published 2021 (Sandra Jonas Publishing) - ISBN: 9781954861978 - 250 Pages - Paperback
Rights: World

PSYCHOLOGY

Obesity
Freud/Jung



Food Glorious Food By Nadine Jacobs

This book breaks down the complexity of food pathologies and will assist readers in understanding their depths and underlying archetypes. In the last century food has become a multibillion-dollar industry, resulting in the world's population becoming fatter and fatter. This has resulted in rapidly growing cases of obesity, and its accompanying health conditions such as diabetes, hypertension and heart problems.

Food, Glorious Food explores the origins of the importance of food in our society, and through a Jungian lens what it is about food that drives us, as a society, beyond the point of satiety. The book also explores the cultural symbols of the unconscious narrative around food, using Lewis Carroll's *Alice in Wonderland* as a text to further illustrate this.

Additional Information:

Published 2022 (Aeon Books) - ISBN: 9781801520263 - 204 Pages - Paperback

Rights: World



Fathers
Depression

Sad Dad By Olivia Spencer

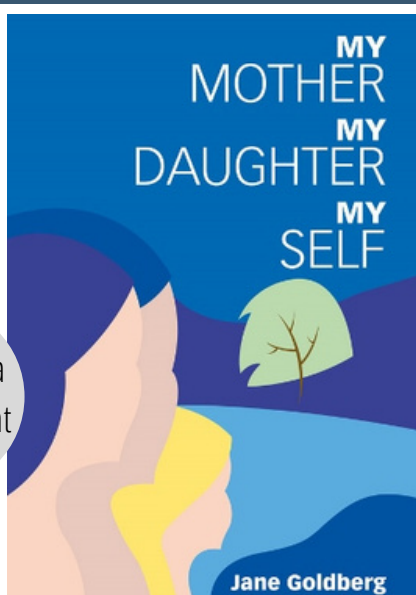
What happens to men when they become fathers? Why do some men get depressed, and how can we identify those who are? What does this mean for their children and their relationships? What can we do about it? Taking in many different perspectives, this book sheds light on the many aspects of postnatal depression in fathers. The book includes a review of recent studies and research in this area, looking at the effects of postnatal depression on children and relationships, and an investigation into the reasons behind male postnatal depression, incl. the social & psychoanalytic factors, experience this depression as well as women. The author talks to Michel Odent, a renowned obstetrician & birth expert. His controversial view that men should not be present at childbirth, and that their presence may indeed this may be a trigger for depression, are central to his discussion.

Additional Information:

Published (FAB) - ISBN: 9781853432309 - 175 Pages - Paperback - **Rights:** World

PSYCHOLOGY

Sold: China
Bereavement

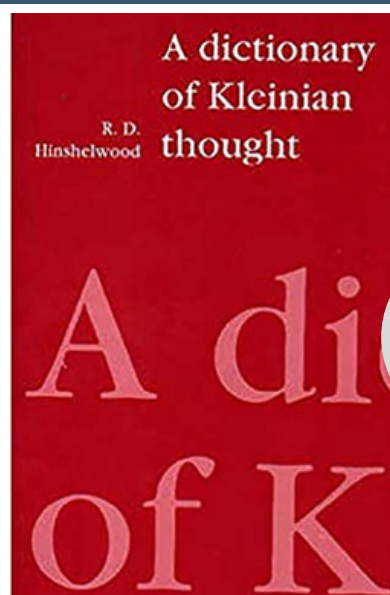


My Mother, My Daughter, My Self By Jane Goldberg

This book is a significant self-revelatory work which chronicles the separation process between mother and child, focusing most specifically on the mother/daughter relationship. The book asks a core question for all mothers and adult children: how do we perform the perplexing, sometimes terrifying act of separation from our mothers and our children while simultaneously marching toward the unknown terrain of individuality? How do we yield to this inevitable process of emotional separation from that which was once our own self? The author uses her own experiences as a daughter, as a mother of a newly-adopted baby, and as a psychoanalyst to explore an essential truth: that our relationships with our mothers affect our other significant love relationships, our values, our self-esteem, and our sense of satisfaction, often throughout the whole of our lives.

Additional Information:

Published (FAB) - ISBN: 9781911383055 - 371 Pages - Paperback - **Rights:** World



Kleinian
Concepts

A Dictionary of Kleinian Thought By R.D. Hinshelwood

The ideas of Melanie Klein and the post-Kleinians have a growing influence among psychoanalysts yet they are not always easy to grasp. Robert Hinshelwood offers the first comprehensive and wholly accessible exposition of the main concepts in Kleinian psychoanalysis and their more recent development.

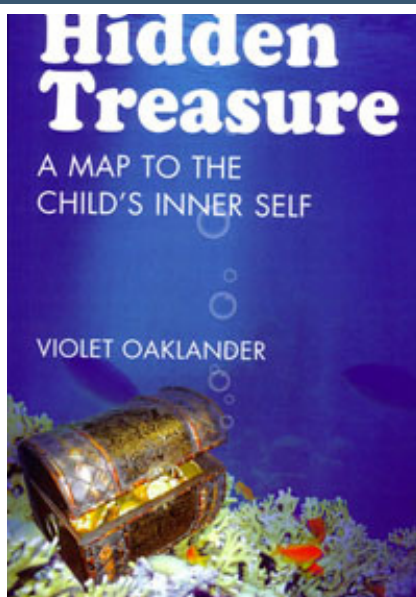
The book contains 13 main entries on the basic Kleinian concepts – splitting, paranoid-schizoid and depressive positions, projective identification, envy, internal objects – along with numerous entries on subsidiary concepts and the main post-Kleinian writers – Bion, Segal, Rosenfeld, Joseph and Meltzer. The book also has a bibliography of all Kleinian writings to date. It has already been acclaimed 'a tremendous' piece of work' and as 'the state of the art in its own domain'.

Additional Information:

Published 1991, 2nd edition (Free Ass. Books) - ISBN: 9780946960835 - 490 Pages - Paperback - **Rights:** World

PSYCHOLOGY

Sold: Czech, German, Italian, Korean, Lithuanian, Persian, Polish, Portuguese, Romanian, Russian, Spanish, Turkish



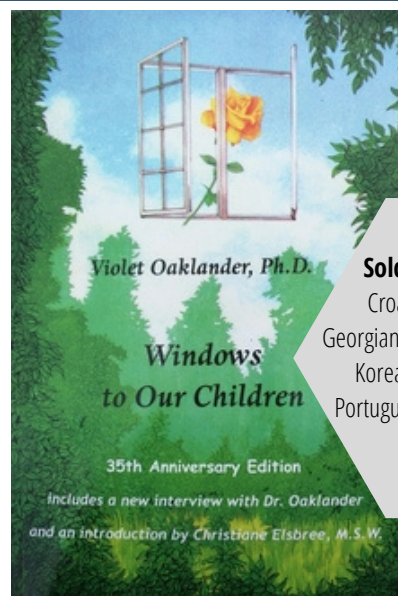
Hidden Treasure

By Violet Oaklander Ph.D.

Hidden Treasure is a follow up to Oaklander's first book, *Windows To Our Children*. Most of the books available in working with this population are written from a traditional 'play therapy' point of view. The Gestalt Therapy-based approach provides a more effective method for psychotherapeutic work with children of all ages. The focus is on the relationship between the therapist and client, rather than observation and interpretation. It is a vigorous, dynamic approach. Violet Oaklander uses a wide variety of creative, expressive and projective techniques in her work, and each chapter reflects and exemplifies the use of this work in the service of therapy. The approach is applicable to a wide variety of ages, as well as individual, family and group settings. The book will interest child and adolescent psychotherapists, psychologists, school personnel as well as students.

Additional Information:

Published (Routledge) - ISBN: 9781855754904
248 Pages - Paperback - **Rights:** World



Windows to Our Children

By Violet Oaklander Ph.D.

In this time of great upheaval and stress caused by the worldwide pandemic and many other economic, political and environmental challenges, Dr. Violet Oaklander's unique model of psychotherapy for children and adolescents is more timely and urgently needed than ever. Her seminal book, *Windows to Our Children*, first published over 40 years ago, has changed the lives of thousands of mental health professionals and millions of their clients across the U.S. and around the world. When originally published, this book filled a void in child therapy literature. Counselors and therapists, in schools, mental health centers and private practice, embraced this book. It is the largest selling book on the subject in the world. This edition includes over 300 pages of methods, materials, and techniques for working with children and adolescents. Also included are session transcripts, case examples and discussions.

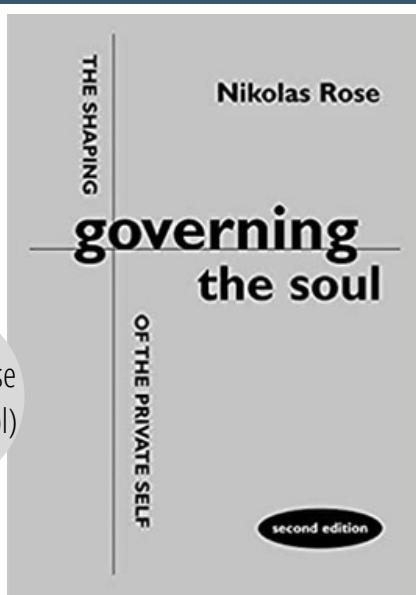
Additional Information:

Published (The Gestalt Journal Press) - ISBN: 9781938304026 - 456 Pages - Paperback
Rights: World

Sold: Bulgarian, Chinese, Croatian, Czech, French, Georgian, German, Hebrew, Italian, Korean, Lithuanian, Polish, Portuguese, Romanian, Russian, Serbian, Spanish

PSYCHOLOGY

Sold: Japanese
Chinese (Simpl)



Governing the Soul By Nikolas Rose

This work is now widely recognised as one of the founding texts in a new approach to analyzing the links between political power, expertise and the self. This "governmentality" perspective has had important implications for a range of academic disciplines including criminology, political theory, sociology and psychology and has generated much theoretical innovation and empirical investigation.

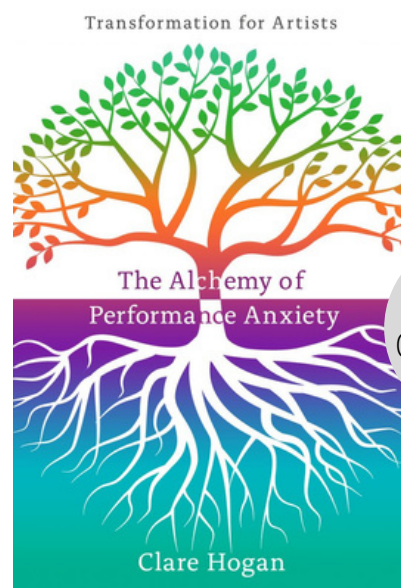
This 2nd edition adds a new introduction setting out the methodological and conceptual bases of this approach and a new final chapter that considers some of the implications of recent developments in the government of subjectivity.

Sold: China (Simplified Char.), Japanese

Additional Information:

Published (Free Ass. Books) - ISBN: 9781853-434440 - 352 Pages - Paperback

Rights: World



Anxiety
Cultural Studies

The Alchemy of Performance Anxiety By Clare Hogan

With mental health increasingly in the spotlight, this book offers a new perspective on anxiety. The focus of this book is on the application of psychological alchemical practice to address, explore and examine the nature and cause of anxiety in order to tackle and overcome it. It has never been more relevant to illustrate the reality that scientific, artistic and spiritual understanding, together with practical application, has the capacity to eliminate anxiety and gain personal control, liberation and fulfilment. The book is designed as a personal development book rather than a scholarly work and, although it is relevant to all ages (depending on timing), it was written with 18 - 30 year olds being the main inspiration through apparent and ever increasing necessity. It is a source book that can be dipped into anywhere or launch further investigation into any of the various disciplines and practices covered.

Additional Information:

Published (FAB) - ISBN: 9781911383130 - 200 Pages - Pb - **Rights:** World

PSYCHOLOGY

Parenting
Schizophrenia



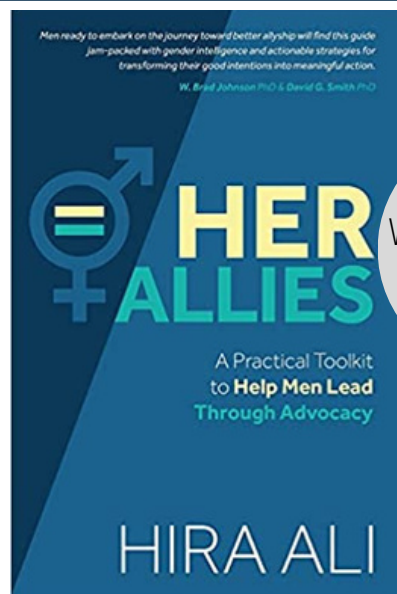
Divorcing Mom By Melissa Knox

Psychoanalysis was her family's religion - instead of wafers and wine, there were Seconals, Nembutals, and gin. Baptized into the faith at fourteen, Melissa Knox endured her analyst's praise of her childlike, victimized mother - who leaned too close, ate off Melissa's plate, and thought "pedophile" meant "silly person."

Gaslighted with the notions that she'd seduced her father, failed to masturbate, and betrayed her mother, Melissa shouldered the blame. Her story of a family pulled into and torn apart by psychoanalysis exposes the abuse inherent in its authoritarianism as Melissa learns, with a startling sense of humor and admirable chagrin, that divorcing Mom is sometimes the least crazy thing to do.

Additional Information:

Published (Cynren Press) - ISBN: 9781947976054 - 228 Pages - Hardback - **Rights:** World



Workplace Culture
Gender Studies

Her Allies By Hira Ali

At its core, *Her Allies* offers men the strategies they need to become powerful advocates for gender equality. But, at its heart, this book is an invitation to all men who are willing to take that bold first step and transform good intention into meaningful action. Those men with the courage to read on will embark on a progressive journey that ends only when women realise the same opportunities, recognition, and respect that men already command. Her allies aren't committed to this journey for personal gain; these selfless pioneers know that their children and grandchildren will reap the rewards of their efforts for generations to come.

'A practical, solid and enlightening guide that details everyday actions allies can take to support women at work and in communities.' - **Afzal Khan CBE**, Member of UK Parliament

Additional Information:

Published 2021 (Neem Tree Press) - ISBN: 9781911107477 - 240 Pages - Paperback - **Rights:** World

COOKERY BOOKS



Amsterdam
more cities in
series

The Amsterdam Cookbook By Kate Reeves-Brown, Kerre Chen & Phil Turner (Editor)

Its quaint, narrow streets and slender townhouses paint a distinctive backdrop for its food scene. Take a bicycle ride along cobbled streets and rolling bridges, past glassy canals and marketplaces, and you don't have to go far to find high quality food. From Moroccan-inspired family recipes, to romantic French dining and Thai-style dishes, this book captures the life that so many of Amsterdam's talented chefs continue to breathe into their city's sustenance. Featuring fresh produce, which is locally-sourced and rightly championed, this book explores a range of recipes to allow everyone to take a little bit of Amsterdam home. Roll up your sleeves and get stuck in!

Additional Information:

Published 2017 (Meze Publishing) - 192 pages

- Paperback - ISBN: 9781910863398

Rights: World



step-by-step
recipes

Chilli & Mint By Torie True

Chilli and Mint will be an instant favourite for anyone who is interested in food and spice (but not necessarily spicy food!) or the intricacies of Indian home cooking. Written by Torie True, an established food writer and cookery teacher, this beautiful cookbook contains over 100 recipes to bring a little more spice into your culinary repertoire. This book takes readers on an informative and intoxicating journey from breakfasts worth getting up for, comforting dals and punchy chutneys to sweet and savoury treats, staple Indian breads and spice blends. There are plenty of tips and tricks for creating successful dishes from scratch, alongside a wealth of information on Indian spices, suppliers, kitchen equipment, fresh ingredients and menu ideas. By following Torie's accessible step-by-step recipes, anyone can explore the everyday delights of India's wonderfully diverse cuisine at home.

Additional Information:

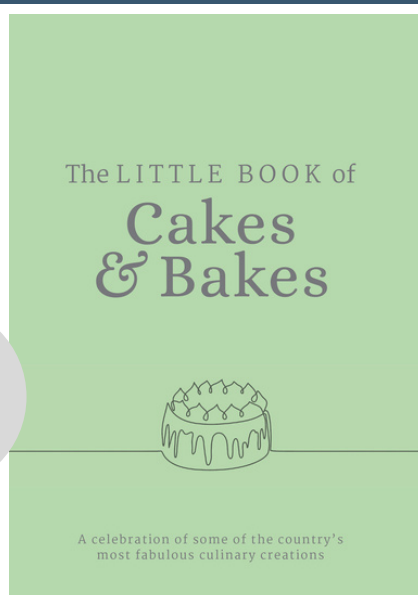
Published 2021 (Meze Publishing) - 240 pages -

Hardback - Full Colour - ISBN: 9781910863879 -

Rights: World

COOKERY BOOKS

Cakes
& Bakes



The Little Book of Cakes & Bakes By Katie Fisher

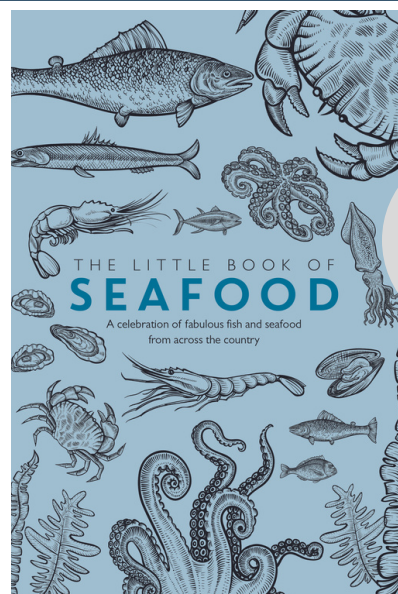
The Little Book of Cakes and Bakes is the first in a follow-up series to Meze Publishing's regional cook books. It brings together a stellar selection of cakes and bakes made by independent restaurants, cafes, delis, farm shops, producers and of course bakers from the whole of the UK.

Their recipes and stories showcase the wealth of talent and passion for all things indulgent across the country. From kitchen novices to budding Bake Off stars, there's something in this book to suit all home bakers and satisfy any sweet tooth.

Additional Information :

Published 2019 (Meze Publishing) - 224 pages - Paperback - Full Colour - ISBN: 9781910863480 - **Rights:** World

Seafood
Great chefs



The Little Book of Seafood By J. Food, A. Birch, P. Turner

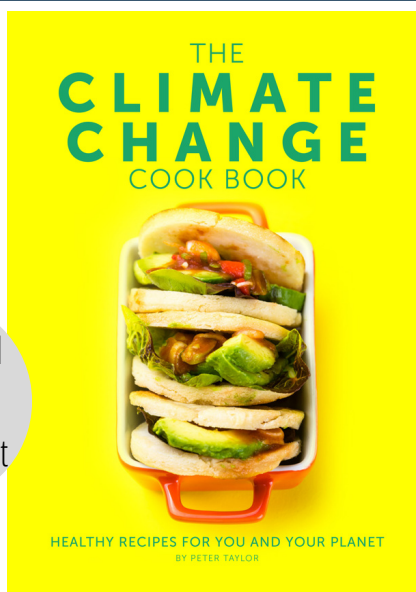
The Little Book of Seafood is a culinary creation containing a range of seafood recipes from chefs across the UK. Dive into this celebration of the most fabulous ways to cook fish, including Galton Blackiston's Pan-Fried Wild Sea Bass and Scutchers Fillet of Wild Turbot. This compilation is part of our 'Get Stuck In' series, celebrating talent and knowledge from people who are passionate about cooking and who create these dishes for a living. This book incl. tailored tips and tricks to help readers understand the different types of fish and how to cook them. *The Little Book of Seafood* has a nautical nibble for every occasion and is perfect for anyone who enjoys cooking with fish but doesn't know where to start or wants fresh ideas. From famous restaurants to independent hidden gems, learn to cook the best seafood dishes and discover where to dine out on fine fish all in one place.

Additional Information:

Published 2022 (Meze Publishing) - 160 pages - Paperback - Full Colour - ISBN: 9781910863978 - **Rights:** World

COOKERY BOOKS

Global food
production
Environment



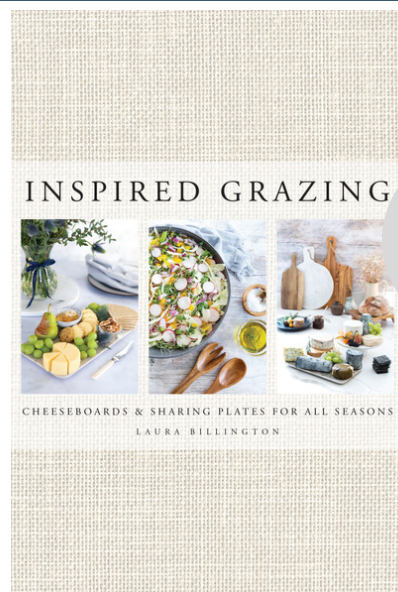
The Climate Change Cook Book By Peter Taylor

The global food production system is responsible for a quarter of the world's total greenhouse gas emissions caused by humans. The food we waste accounts for 8 to 10% of those emissions, and we could feed an extra 2.4 billion people with everything that gets thrown away. Nearly 1 billion adults die from malnutrition or starvation each year, while around 670 million adults are obese. Food distribution is unbalanced and unfair.

This book is a guide to eating healthily for yourself as well as for the planet; it features over 60 recipes created by PJ Taste, a catering company who have always put sustainability at the heart of their business, which are designed to offer information and inspiration for finding a balance that benefits your body and its environment.

Additional Information :

Published 2021 (Meze Publishing) - 160 pages - Hardback - Full Colour - ISBN: 9781910863671 - **Rights:** World



Creativity
Grazing

Inspired Grazing By Laura Billington

Inspired Grazing is designed to spark creativity and excitement by encouraging personality and individuality in every platter. At its heart, this book aims to fuel a passion for grazing, whether you're a kitchen connoisseur or a cheeseboard newbie.

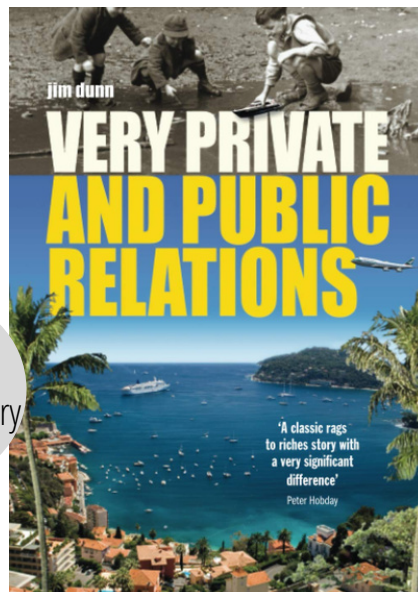
Over 75 recipes provide ideas for every occasion and take you on a tour of the seasons, alongside hints and tips on pairing flavours, building your own beautiful boards, and bringing that personal touch to all your creations. With stunning photography, the book is packed with grazing boards so beautifully crafted, they almost look too good to eat! It also includes recipes to suit little grazers, as well as extras such as Cheese Straws, Caramelised Onion Chutney, Cinnamon Candied Pecans, Chocolate Hazelnut Dip and much more.

Additional Information :

Published 2021 (Meze Publishing) - 192 pages - Hardback - Full Colour - ISBN: 9781910863787 - **Rights:** World

MANAGEMENT & LEADERSHIP

PR
Travel Industry



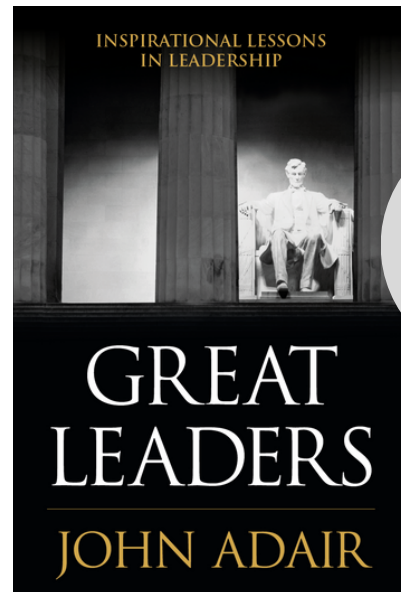
Very Private & Public Relations By Jim Dunn

This is the autobiography of Travel PR guru Jim Dunn, who takes us on a rollicking ride from poor boy growing up gay in a small town on the west coast of Scotland to the five-star lifestyle of a PR guru in the fledgling travel industry of the early seventies in London. We discover Dunn's story, from his childhood as a mummy's boy to his regular encounters on the "Love Train" home from Glasgow and his first love with a man in uniform. His life quite literally 'took off' when he got his first job on the weekly newspaper Travel Trade Gazette. The fact that he admits he couldn't type, write or understand one end of PR from the other didn't stop him from creating the UK's leading travel and leisure PR consultancy over the next 30 years. This book is a tour de force of Jim's life and work and is a fascinating insight into the travel business as we know it today.

Additional Information:

Published 2021 (Thorogood) - 348 pages - ISBN: 9781854189356 - Paperback

Rights: World



Sold: Portugal
Leadership

Great Leaders By John Adair

This thought-provoking book, *Great Leaders*, is aimed at stimulating your curiosity and guiding you through the various facets of leadership. Leadership expert and author John Adair explores the topic through its many forms, posing the question: Who are the great leaders in history and what have they got to teach us today about the nature and practice of leadership?

Leadership is a characteristic many think can't be taught; but to what degree can true leadership skills be identified and developed? Adair reviews the key great leaders in history to identify the main lessons that should be learnt from them. What emerges is a concept of leadership that is highly relevant to the needs of the world today. *Great Leaders* is a book rich in examples and case studies, and wide-ranging in scope.

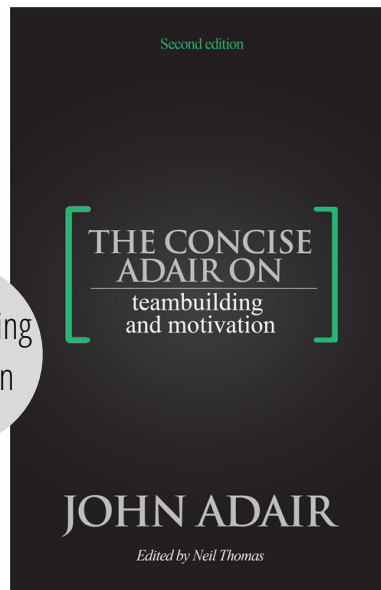
Additional Information:

Published 2020 (Thorogood) - 2nd edition - 382 pages - ISBN: 9781854189172 - Paperback -

Rights: World

MANAGEMENT & LEADERSHIP

Teambuilding
Motivation



The Concise Adair on Teambuilding & Motivation

Described as "without doubt one of the foremost thinkers on the subject in the world" (Sir John Harvey-Jones), leadership expert John Adair combines depth and insight with hard-edged, practical techniques. Managers and leaders must be effective team builders and motivators to achieve their business aims and get the best out of people. The skills needed should be practiced and improved upon on a constant basis. This book encapsulates John Adair's writing on these critical elements of any truly successful organisation. It develops his classic theory on Team, Task and Individual, and summarises all his writing on leadership and motivation. John Adair's books have sold hundreds of thousands of copies. You will find this book equally valuable, whether you are beginning your career in management or looking for an expert refresher course.

Additional Information:

Published 2021 (Thorogood) - 2nd edition - 134 pages - ISBN: 9781854189271 - Paperback - **Rights:** World

Creativity
Innovation



The Concise Adair on Creativity and Innovation

Creative and innovative thinking, the means by which ideas are born and nurtured, are not products of clearly defined steps and can be widely encouraged. This book encapsulates all of John Adair's writing on how to enhance creativity within your organisation with a focus on team training, generation of ideas, communication and overcoming obstacles, the key characteristics of innovators and how to organise and use them to the best effect.

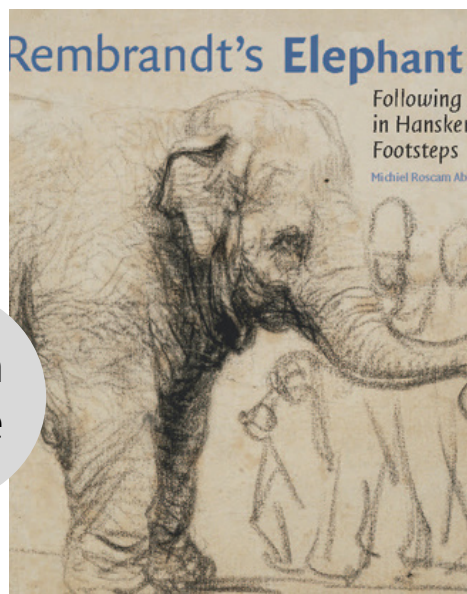
Packed with practical advice and shrewd insight, leadership expert Adair summarises everything you need to know to understand the creative process and manage innovation effectively in this book. John Adair's books have sold hundreds of thousands of copies. You will find this book equally valuable, whether you are beginning your career in management or looking for an expert refresher course.

Additional Information:

Published 2021 (Thorogood) - 2nd edition - 130 pages - ISBN: 9781854189257 - Paperback **Rights:** World

HISTORY CULTURE TRAVEL POLITICS

Exhibition
Catalogue



Travel
Sold: Italy

Rembrandt's Elephant By Michiel Roscam Abbing

Michiel Roscam Abbing tells Hansken's story based on a meticulous analysis of the sources. He has reconstructed the route Hansken took. The traces left by Hansken in European cultural history also form a potent picture of the age. After Hansken's death in 1655, her skeleton became the object of study, enabling myths about giants to be refuted. She was even used for the first scientific description of her species, *Elephas maximus*.

As a follow-up to *Rembrandt's Elephant*, *The Story of Hansken* (2006), which was also published by Leporello, this book is a treasury of new facts and insights. The author presents many new findings on the elephant's itinerary, new images and stunning facts.

Additional information:

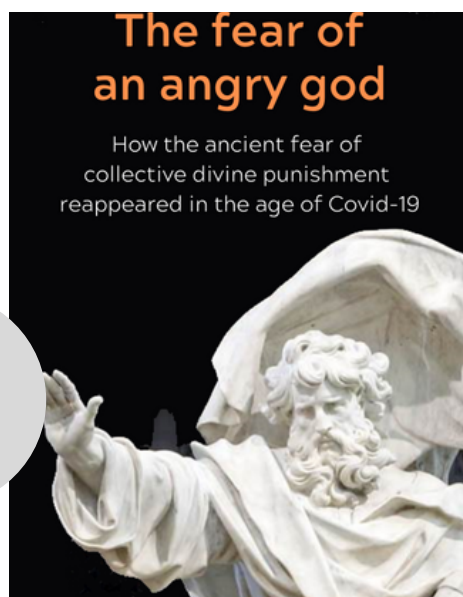
Published 2021 (Dutch/English) - ISBN: 9789079624232 - 136 pages - Colour & b/w illustr. - Paperback - **Rights: World**

The Cat with Three Passports By CJ Fentiman

A girl struggling to fit in. A homeless kitten. An unexpected job offer in an unfamiliar country that changes everything. CJ had a long history of escaping places and people she wasn't fond of. But for the sake of a silver tabby, she decided to stay in Japan for a while. This decision helped her open up her heart and mind, revisit her way of thinking, and reconnect with her estranged family. Let this heartwarming memoir take you to the land of cats and cherry trees as you read about CJ's adventures - from the craziness of Furukawa's naked men festival, the experience of forest bathing and the significance of finding a life purpose or *ikigai*, to the temples of Takayama, and wonders of Cat Island - you'll see what a homeless kitten found outside a temple in Japan taught her about an old culture and new beginnings.

Additional Information:

Published 2020 (Silver Vine Press) - Paperback - 232 pages - ISBN: 9780648851905
Rights: World



The Fear of an Angry God

By Coen Ackers

From the ancient Greeks up to the present, and almost everywhere on the planet, humanity has been plagued by a constant, deep, mostly unspoken form of anxiety. *The Fear of an Angry God* describes the many ways that mostly private 'sins' have been believed to risk the occurrence of earthquakes, floods, fires, wars, and infectious diseases. Recently, conservative leaders of different faiths have attributed the Covid-19 pandemic to a range of private behaviors that would have provoked God's ire. In the book, Dutch historian Coen Ackers shows how this fear of collective divine punishment has shaped the way society has been regulated, how it allowed rulers to assume intrusive powers over their subjects, and how it continues to hurt minorities, justify terrorism, and promote autocratic government.

Additional information:

Not yet published - **Rights:** World

MUSIC CULTURE

Rolling Stones
Music



The Rolling Stones in America By Brian Ireland

This monograph about the Rolling Stones and the United States in the time period from 1964 to 1972 explores the band's musical development, live on stage and in studio recordings. While this book provides a historical treatment of the Rolling Stones and America in the Sixties, with thorough citing of sources required by historians and students, it is also written in a clear and accessible style to appeal to the widest potential audience. Stones' fans will discover much new material here, that has been unearthed from obscure underground and alternative newspapers, as well as a previously unexplored reading of the Stones' American journey, significantly just in time for 2022 - the 60th anniversary of the Stones' formation, and also the 50th anniversary of their legendary 1972 American Tour.

Additional information:

To be published - approx. 110.000 words

Rights: World (incl. World English)



Beatles
Diary

Beatlemaniac By Patricia Gallo-Stenman

Driven by the frenzy of fan clubs, Beatles concerts, and endless dreams and meeting schemes, *Diary of a Beatlemaniac: A Fab Insider's Look at the Beatles Era* romps through the heady, roller-coaster days of Beatlemania as seen through the eyes of one Philadelphia schoolgirl and her band of 'Beatle Buddies.' Compiled from the author's own diary and extensive scrapbooking, and featuring a wealth of original photographs and exclusive interviews with Victor Spinetti and Hy Lit, this extraordinary slice of life peeks into the heart of an inner-city teen at the forefront of Beatlemania. For Beatle-maniacs of any age, this memoir offers a unique glimpse into the groovy days of the Swingin' Sixties and the chance to relive the magic of the pop-culture phenomenon called the Beatles.

Additional Information:

Published 2018 (Cynren Press) - ISBN:

9781947976030 - 214 pages - Paperback - 31

Illustration/photo's - **Rights:** World

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