

FALL 2023

CYNREN  
PRESS



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**Cynren Press** is an independent publisher located in Chester County, Pennsylvania, with a focus on **history, culture, memoir, and biography**. Our fiction imprint, **Cennan Books**, publishes **historical fiction** that illuminates well-known historical events or that offers unique perspectives and **world fiction** offering readers insights into cultures and lifeways through engaging fictional accounts.

### ORDERING INFORMATION

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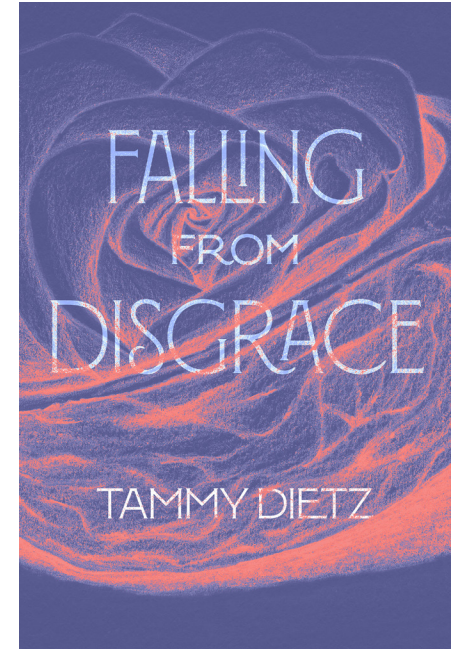
# Falling from Disgrace

Tammy Dietz

**When the dogma of the Mormon Church clashes with the forces of a changing world, a young woman's destiny transforms.**

Tammy Dietz grew up committed to her family's Mormon faith, a profoundly patriarchal hierarchy that declares men superior and women subordinate, that demands devotion, purity, and chastity. But when the dogma of the Church of Jesus Christ of Latter-Day Saints clashes with the forces of a changing world, Tammy's destiny transforms.

Patriarchy provides order but also chaos in a family with a depressed mother and a hoarding father. Set in the affluent Bay Area, Tammy's coming-of-age story is one of poverty amid wealth and a desire for status, recognition, and inclusion, both inside the Church and out. But when Tammy breaks the most serious of rules, her once certain path falters, her once protective community turns intrusive, and she finds herself on an unexpected journey.



**BIO026000 BIOGRAPHY &  
AUTOBIOGRAPHY / Personal  
Memoirs**

Cynren Press | Release November 14, 2023  
978-1-947976-45-0 | \$29.00  
Hardcover | 246 pages  
9 in H | 6 in W

**Other Available Formats**

Paperback: 978-1-947976-48-1 (\$17.00)  
Ebook: 978-1-947976-46-7 (\$6.99)

**Available From**

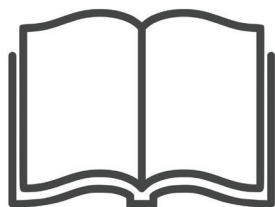
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[sales.media@cynren.com](mailto:sales.media@cynren.com)

Tammy Dietz is a learning experience design leader, facilitator, instructional designer, writer, and editor. Her creative work has appeared in various anthologies and literary journals. From 2009 to 2018, she served as nonfiction editor of *Silk Road*, a literary magazine published by Pacific University, where she earned an MFA in creative nonfiction in 2009. She has also worked in the field of learning and development for twenty years and is currently a learning experience design manager at a Fortune 500 company. She lives near Seattle with her spouse of thirty years.





## Cover Design to Come

### BIO022000 BIOGRAPHY & AUTOBIOGRAPHY / Women

Cynren Press | Release April 23, 2024

978-1-947976-43-6 | \$29.00

Hardcover | ~222 pages

9 in H | 6 in W

#### Other Available Formats

Paperback: 978-1-947976-47-4 (\$20.00)

Ebook: 978-1-947976-44-3 (\$6.99)

#### Available From

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#### Contact

[sales.media@cynren.com](mailto:sales.media@cynren.com)

# Oh No He Didn't!

Brilliant Women and the Men Who Took Credit  
for Their Work

Wendy J. Murphy

**Stories of brilliant women whose inventions, discoveries, and creations were credited to the men who stole them.**

Don't you hate it when someone takes credit for another person's idea? It happens a lot, and the people who lose out are often women. This book tells the stories of women whose inventions, discoveries, and creations were credited to men—women like Zelda Fitzgerald, the novelist, painter, and playwright who was more than F. Scott's wife, and Margaret Knight, who invented the flat-bottomed paper bag but saw the patent go to a man who stole off to the Patent Office with her idea. By telling the stories of the brilliant women artists, inventors, scientists, architects, and mathematicians who were denied their due, *Oh No He Didn't!* will help all women tackle obstacles and create a kinship of understanding that will inspire and transcend generations.



Wendy J. Murphy is an attorney specializing in women's rights, civil rights, constitutional rights, and violence against women and children. Codirector of the Women's and Children's Advocacy Project under the Center for Law and Social Responsibility at New England Law Boston and a former Visiting Scholar at Harvard Law School, Wendy served as a columnist for the *Boston Herald* for many years and has appeared frequently on network and cable news shows as a pundit and legal analyst. Her first book, *And Justice for Some* (2007), is an exposé of injustices endured by women and children victims of abuse. Wendy, a former child abuse and sex crimes prosecutor, lectures widely on women's rights, Title IX, constitutional law, and criminal justice policy and is a national leader in the fight for the Equal Rights Amendment. A mother of five and a yoga student for life, Wendy lives outside Boston.

# Lonely Are the Brave

Larry Zuckerman

**Two rebels defy boundaries and dare to reinvent themselves in a world forever changed by war.**

When Rollie Birch returns home from the Great War in 1919 with a cluster of medals, he feels as if he's landed in the wrong country. His wife has died, leaving behind an infant daughter born while he was overseas. His small logging town of Lumberton, Washington, has grown but still runs on gossip. Almost overnight, Rollie the hero becomes a pariah for his scandalous decision to raise his daughter by himself—a child rumored not to be his—and for refusing to talk about his wartime exploits.

The past two years have changed Kay Sorensen as well. Daughter of the Lumberton timber baron, Kay spent the war working for her father, organizing patriotic and charitable efforts, and discovering her love for politics and business. But when her husband—Rollie's former platoon commander—returns, Kay expects, correctly, that he'll make her quit her job. She's dreamed of marriage as an equal partnership; now, she chafes under her husband's cold tyranny. Did the war change him?

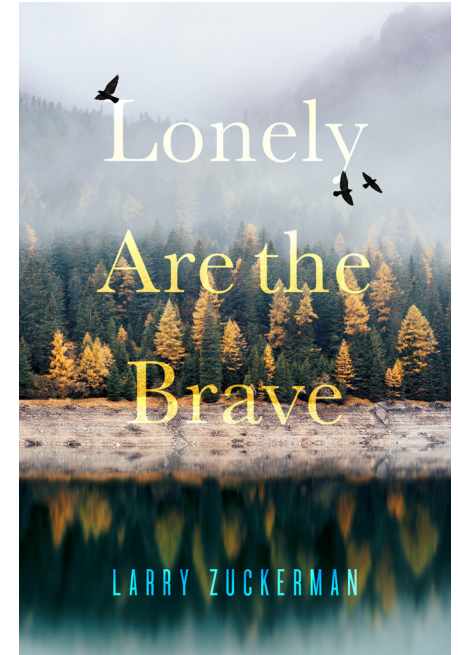
Rollie might know, and Kay steels herself to beg information from a man her husband has publicly insulted. But neither Kay nor Rollie can anticipate how secrets, lies, and horrifying revelations may destroy them. Do two lonely, passionate rebels have the moral courage to stand up to gossip, defy cultural boundaries, and dare reinvent themselves in a world forever changed?

## Praise

In Larry Zuckerman's affecting historical novel *Lonely Are the Brave*, soldiers struggle after serving overseas in World War I. The prose is tight and direct, imparting dread around people's persistent secrets. And it ably captures the atmosphere of Lumberton, a Seattle suburb, which is populated by busybodies and dedicated to its logging industry. Fleshed out by small-town personalities who participate in company ball games and have personal conflicts, Lumberton is a compelling setting for the book's drama, which reflects the powerful, lasting impacts of overseas combat—both on those involved and on those left behind.

*Lonely Are the Brave* is a powerful historical novel in which two veterans are pitted against each other in postwar America.

—Foreword Reviews  
Clarion Review 5 out of 5



**FIC014040 FICTION / Historical / World War I**

Cennan Books | Release April 11, 2023

978-1-947976-39-9 | \$17.00

Paperback | 314 pages

9 in H | 6 in W

## Other Available Formats

Ebook: 978-1-947976-40-5 (\$6.99)

## Available From

Ingram

OverDrive

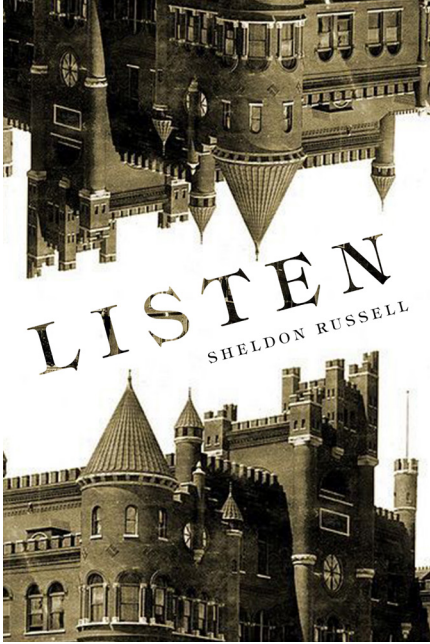
Cynren Press, [www.cynren.com](http://www.cynren.com)

## Contact

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Larry Zuckerman, named for a Shakespearean actor because of crossed paths during World War II, has been blending drama with history ever since he took up writing at age fifteen. His first book, *The Potato: How the Humble Spud Rescued the Western World*, was excerpted in the *New York Times* and won an award in the United Kingdom. *The Rape of Belgium: The Untold Story of World War I* resulted from his lifelong passion for that tragic era, which inspired *Lonely Are the Brave*, his fiction debut. He has appeared on NPR's *Morning Edition* with Renée Montagne, delivered a keynote address at the 2009 World Potato Congress in Christchurch, New Zealand, and was a historical consultant for *Hot Potatoes*, an award-winning PBS documentary. A former at-home parent to two sons, now grown—another inspiration for *Lonely Are the Brave*—he lives in Seattle.





## Listen

### Sheldon Russell

Stripped of opportunity by the Great Depression, educated and ambitious Liam takes a low-paying job with the Federal Writers' Project, assigned to collect stories of rural life for the Library of Congress in a hot, poverty-stricken Dust Bowl town in Oklahoma. He'll take his government check, write the stories, and wait for better times. Then Liam meets a woman who upends all his plans.

Eden Sawyer may be poor, but she's hardworking and determined. She has dreams; more than that, she has talent. As Liam interviews her, he discovers that Eden longs to be an artist, and has the skill to do it, if only she can break the cycle of poverty that traps her.

Eden leads Liam to an unexpected, unimagined love. But as he interviews more townspeople, Liam's probing questions steer him into danger, threatening to reveal untold secrets, unsolved mysteries, and unfulfilled passions. Will one man's simmering jealousy and thwarted ambition bring Liam and Eden's story to an abrupt and deadly end?

**FICo66o00 FICTION / Small Town & Rural**

Cennan Books | Release April 11, 2023

978-1-947976-37-5 | \$28.00

Hardcover | 216 pages

9 in H | 6 in W

#### Other Available Formats

Paperback: 978-1-947976-50-4 (\$16.00)

Ebook: 978-1-947976-38-2 (\$6.99)

#### Available From

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#### Contact

[sales.media@cynren.com](mailto:sales.media@cynren.com)

#### Praise

Reminiscent of Sara Gruen's *Water for Elephants*, Sheldon Russell's *Listen* paints a picture of the resilience of people during the Great Depression. Jobs were hard to come by when Liam Walker stepped off the train in Atlas, Oklahoma. He was out of options and had to make a living. And then he met the inhabitants of the town. Working for the Federal Writers' Project, a part of Roosevelt's WPA, he listened to their stories and learned the difference between working to live and living to work. Eden, a woman with troubles of her own, had a burning talent and drive that would pull her up—if she would let it—and Liam wanted to help her. *Listen* is full of deep characterizations and action to keep you guessing. Five stars for *Listen*.

—Peggy Chambers, author of *Blooming Greed*

*Listen* is an excellent read. The character development is very well done, and the plot keeps the story moving at a swift pace. The clear, concise, and descriptive sentences make the story come alive. The references to the flora and fauna of the setting add a lot to the novel. I thoroughly enjoyed all of the characters. They were realistic to the extent that I felt as though I knew many of them. *Listen* is a very interesting novel that I will recommend to all of my literary friends!

—Dave Kirkbride, former Executive Director, Kansas National Education Association

In 1935, FDR established the Federal Writers' Project to hire unemployed writers during the Great Depression and record the unique experiences of ordinary Americans across the country. Sheldon Russell's latest novel, *Listen*, uses this ambitious government program to uncover the surprising stories of rural residents in an isolated Oklahoma town and emphasize the power that narrative can have in bringing us together. As in his other work, Russell gives voice to the beauty and mystery behind northwestern Oklahoma's harsh landscape and resilient residents.

—Matthew Lambert, PhD, Assistant Professor, Department of English, Foreign Language, and Humanities, Northwestern Oklahoma State University



Dr. Sheldon Russell is the author of thirteen books and is perhaps best known for his Hook Runyon mystery series. His work has twice won the Oklahoma Book Award for Fiction, as well as the Langum Prize for Historical Literature. He's received starred reviews in both *Booklist* and *Publishers Weekly*. *The Insane Train* was selected as one of the six best mysteries of 2010 by *Publishers Weekly*. *A Forgotten Evil* (Cynren/Cennan) won the 2020 Spur Award for Best Western Historical Novel, Western Writers of America. *A Particular Madness* (Cynren/Cennan) was selected as a Spur Award Finalist for Best Western Contemporary Novel of 2022.

Growing up on a cattle ranch in the Gloss Mountains of Oklahoma has given Russell insight into the power of place and man's capacity for good and evil. His was a storytelling culture, a culture of humor and of hard times. A passion for narrative and history was inevitable. Russell and his wife, Nancy, a sculptor, currently reside on the home ranch in Waynoka, Oklahoma. Hobbies and interests include reading, collecting books, and gardening.

# The Receipt

Trish Reeves

**Poetry blends with history and its lessons in a tribute to the human spirit.**

In *The Receipt*, poetry blends with history and its lessons in a tribute to the human spirit. Reeves's poems are a receipt for life lived through the ages. Whether pre-cataclysmic Pompeii, Michelangelo on horseback to Bologna, or a plague doctor's first encounter with Angel Island, Reeves's fine eye, ear, and imagination find the imagery, metaphors, and language to create rhythms of history.

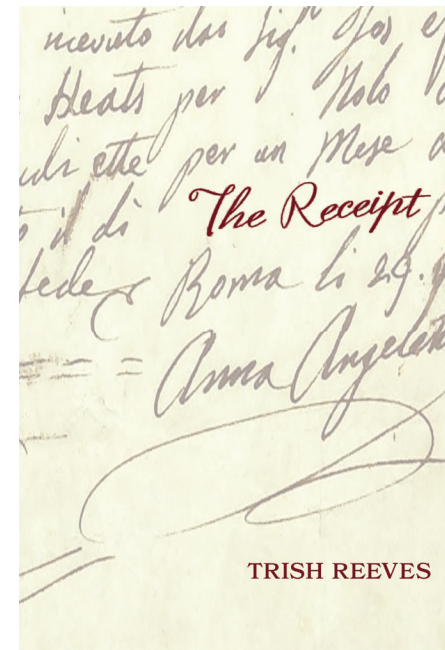
## Praise

Grief and love flicker at the hot center of Trish Reeves's *The Receipt*. In this lush, painterly book, Reeves investigates the records of things we leave behind and the "lash of memory." The speaker of these poems is at once anthropologist, curatorial researcher, and contemplative being who examines legacies of "gifts and grief." Reeves's kaleidoscopic communion with Turner, Lao-Tzu, medical photographs, and family heirlooms serves as metaphor for the fleetingness of life and the fracture of stories, which Reeves captures through acute observation and expansive vision. In a gorgeous and generous gesture, the speaker imagines a room painted Delacroix blue, "sending away the shadows." Reeves's newest collection beckons us into the glimmering light of these poems.

—Hadara Bar-Nadav, author of *The New Nudity*

To open the pages of Reeves's *The Receipt* is to open the ancient mouth of the carnyx and loose the splendid roar of poetry above the crowds. These are poems of love, place, and history—musical, painterly, and photographic. But unlike the roar of the carnyx, meant to incite the masses to war, Reeves's poems incite us to live emphatically.

—James Thomas Stevens, author of *The Golden Book* and *A Bridge Dead in the Water*



POE024000 POETRY / Women Authors

Cynren Press | Release April 11, 2023  
978-1-947976-41-2 | \$12.00  
Paperback | 84 pages  
9 in H | 6 in W

## Other Available Formats

Ebook: 978-1-947976-42-9 (\$6.99)

## Available From

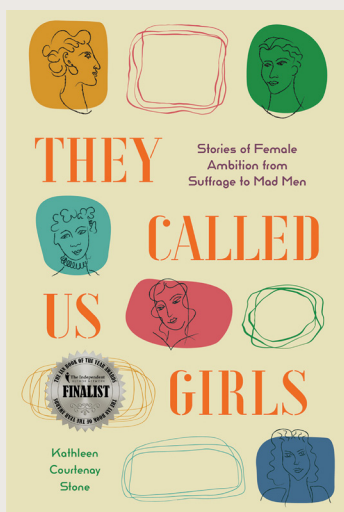
Ingram  
Cynren Press, [www.cynren.com](http://www.cynren.com)

## Contact

[sales.media@cynren.com](mailto:sales.media@cynren.com)

Trish Reeves has received numerous awards for her poetry, including a National Endowment for the Arts Fellowship, a Yaddo Fellowship, a Keck Fellowship (Sarah Lawrence College), and a Kansas Arts Commission Fellowship. Her first book, *Returning the Question*, won the Cleveland State University Poetry Center Prize. Her poems have been anthologized and published in numerous journals, including *Ploughshares*, *New Letters*, *Seneca Review*, *Prairie Schooner*, and *Leon Literary Review*. Her short fiction has been published in *First Intensity* and *New Letters*. Reeves leads Changing Lives through Literature for Johnson County Corrections and is a Kansas Humanities Scholar in Literature. She lives in Prairie Village, Kansas, and taught for twenty-one years at Haskell Indian Nations University in Lawrence. She holds a BJ in journalism from the University of Missouri and an MFA from Warren Wilson College.





## They Called Us Girls: Stories of Female Ambition from Suffrage to Mad Men

Kathleen Courtenay Stone

Cynren Press | March 1, 2022  
978-1-947976-24-5 | \$30.00  
Hardcover | 236 pages  
9 in H | 6 in W

### Other Available Formats

PB: 978-1-947976-49-8 (\$17.00)  
EB: 978-1-947976-25-2 (6.99)

In mid-twentieth-century America, women faced a paradox. Thanks to their efforts, World War II production had been robust, and in the peace that followed, more women worked outside the home than ever before, even dominating some professions. Yet the culture, from politicians to corporations to television shows, portrayed the ideal woman as a housewife. Many women happily assumed that role, but a small segment bucked the tide—women who wanted to use their talents differently, in jobs that had always been reserved for men.

In *They Called Us Girls: Stories of Female Ambition from Suffrage to Mad Men*, author Kathleen Stone meets seven of these unconventional women. In insightful, personalized portraits that span a half-century, Kathleen weaves stories of female ambition, uncovering the families, teachers, mentors, and historical events that led to unexpected paths. What inspired these women, and what can they teach women and girls today?



## Superwoman: A Funny and Reflective Look at Single Motherhood

Mona Andrei

Cynren Press | March 8, 2021  
978-1-947976-22-1 | \$17.50  
Paperback | 174 pages  
9 in H | 6 in W  
1 illustration

### Other Available Formats

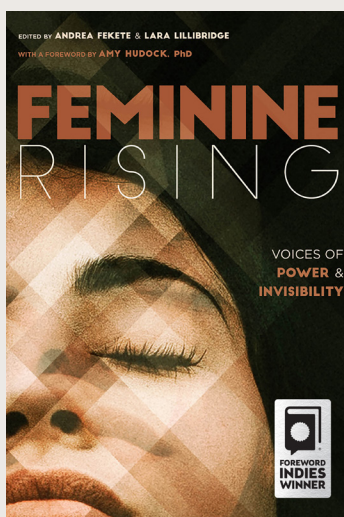
EB: 978-1-947976-23-8 (\$6.99)

They put the tiny, red-faced bundle into her arms, and time stopped. She gazed at that puckered little face and whispered, *Welcome to the world, baby girl.*

Little did she know that within weeks, she would become a single mother—not exactly what she had imagined for her daughters and herself, but exactly what needed to happen.

This is the story of a single mother, but it's more than that. Sometimes funny, sometimes reflective, it's also your story—a story of that peculiar, trying, and wonderful state of motherhood.

In *Superwoman: A Funny and Reflective Look at Single Motherhood*, popular humor blogger Mona Andrei brings you her sage and snickery insights on being a single mom, with all its gore and glory. Through a series of interviews, you'll also get a voyeuristic peek into the lives of other single mothers—and don't we all love that feeling of Thank goodness, I'm not the only one! We're all superwomen here.



## Feminine Rising: Voices of Power & Invisibility

Edited by Andrea Fekete  
and Lara Lillibridge

Cynren Press | Apr. 30, 2019  
978-1-947976-08-5 | \$28.00  
Paperback | 286 pages  
10 in H | 7 in W

### Other Available Formats

EB: 978-1-947976-09-2 (\$6.99)

*Feminine Rising: Voices of Power & Invisibility* brings together women of all races, nationalities, and sexual orientations to reflect on the unique experience of womanhood. International poets and essayists, both award-winning and emergent, unite to celebrate women's differences, while embracing their sameness.





## Divorcing Mom: A Memoir of Psychoanalysis

**Melissa Knox**

Cynren Press | Jan. 22, 2019  
978-1-947976-05-4 | \$28.00  
Hardcover | 226 pages  
8.5 in H | 5.5 in W  
9 photos

### Other Available Formats

PB: 978-1-947976-06-1 (\$16.00)  
EB: 978-1-947976-07-8 (\$6.99)

Psychoanalysis was her family's religion—instead of wafers and wine, there were Seconals, Nembutals, and gin. Baptized into the faith at fourteen, Melissa Knox endured her analyst's praise of her childlike, victimized mother—who leaned too close, ate off Melissa's plate, and thought “pedophile” meant “silly person.” Gaslighted with the notions that she'd seduced her father, failed to masturbate, and betrayed her mother, Melissa shouldered the blame. Her story of a family pulled into and torn apart by psychoanalysis exposes the abuse inherent in its authoritarianism as Melissa learns, with a startling sense of humor and admirable chagrin, that divorcing Mom is sometimes the least crazy thing to do.



## Diary of a Beatlemaniaic: A Fab Insider's Look at the Beatles Era

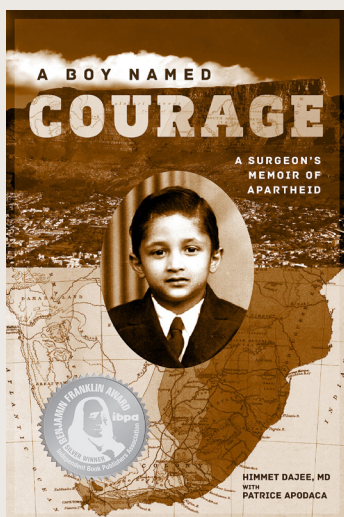
**Patricia Gallo-Stenman**

Cynren Press | Oct. 9, 2018  
978-1-947976-03-0 | \$24.50  
Paperback | 214 pages  
9 in H | 6 in W  
31 photos

### Other Available Formats

EB: 978-1-947976-04-7 (\$6.99)

Amid the cultural and social upheaval of the early 1960s, four mop-top lads from Liverpool strummed onto the music scene and into the hearts of teenage girls. Taken from the vintage diary of a Philadelphia schoolgirl at the heart of the Beatles craze, from her weekly *Teen to Teen* newspaper column to her friendship with Victor Spinetti, this lighthearted memoir offers an insider's look at what it meant to be a Beatlemaniaic.



## A Boy Named Courage: A Surgeon's Memoir of Apartheid

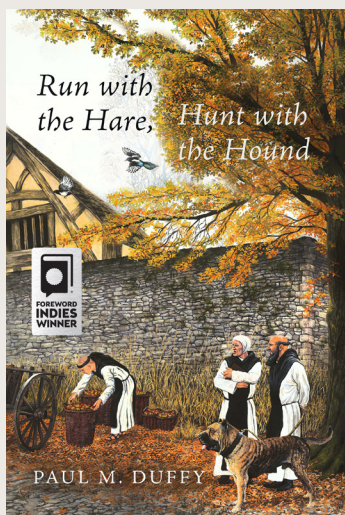
**Himmet Dajee,  
with Patrice Apodaca**

Cynren Press | Oct. 9, 2018  
978-1-947976-00-9 | \$28.00  
Hardcover | 222 pages  
8.5 in H | 5.5 in W  
18 photos

### Other Available Formats

PB: 978-1-947976-01-6 (\$16.00)  
EB: 978-1-947976-02-3 (\$6.99)

Both heartbreaking and triumphant, this compelling story is one of love, loss, struggle, and a search for identity set against dramatic historical events. From the ugly past of South African apartheid to a dazzling career in medicine, one man is determined to live up to his name: Courage.



## Run with the Hare, Hunt with the Hound

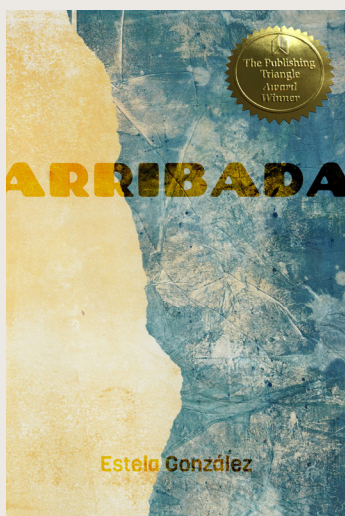
Paul M. Duffy

Cennan Books | Oct. 11, 2022  
978-1-947976-34-4 | \$30.00  
Hardcover | 342 pages  
9.21 in H | 6.14 in W

### Other Available Formats

PB: 978-1-947976-51-1 (\$18.00)  
EB: 978-1-947976-35-1 (\$6.99)

On a remote Gaelic farmstead in medieval Ireland, word reaches Alberic of conquering Norman knights arriving from England. Oppressed by the social order that enslaved his Norman father, he yearns for the reckoning he believes the invaders will bring—but his world is about to burn. Captured by the Norman knight Hugo de Lacy and installed at Dublin Castle as a translator, Alberic's confused loyalties are tested at every turn. When de Lacy marches inland, Alberic is set on a collision course with his former masters amidst rumours of a great Gaelic army rising in the west. Can Alberic navigate safely through revenge, lust and betrayal to find his place amidst the birth of a kingdom in a land of war?



## Arribada

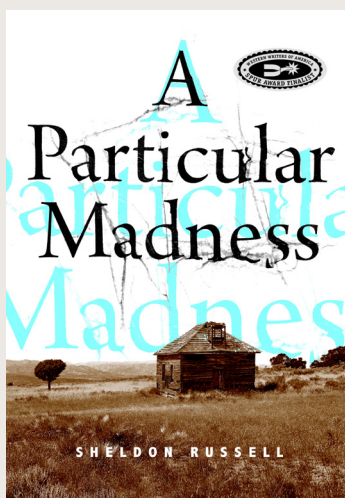
Estela González

Cennan Books | May 10, 2022  
978-1-947976-31-3 | \$30.00  
Hardcover | 234 pages  
9.21 in H | 6.14 in W

### Other Available Formats

PB: 978-1-947976-52-8 (\$16.00)  
EB: 978-1-947976-32-0 (\$6.99)

*Arribada* is the story of a well-to-do woman pushed to confront her role in environmental and social injustice. It is the saga of a family faced with the realization that their comfortable position rests, beyond a strong work ethic, on crimes against what they hold dearest: the natural world, their town, and their loved ones.



## A Particular Madness

Sheldon Russell

Cennan Books | Oct. 26, 2021  
978-1-947976-26-9 | \$31.50  
Hardcover | 312 pages  
9.21 in H | 6.14 in W

### Other Available Formats

EB: 978-1-947976-27-6 (\$6.99)

Growing up in the rural impoverishment of post-Depression Oklahoma, and surrounded by feuding family factions, free-spirited Jacob Roland hungers for knowledge and a world beyond his reach.

But dark forces are growing in Jacob, twisting with the same ruthless, relentless power of a tornado across the Oklahoma prairies. Jacob battles against these aberrant forces, but, trapped by poverty and a growing mental illness, he is thwarted at every turn. For every light—a chance at college, the love of a poised, sophisticated woman—there is a greater darkness within him.

Failed by circumstance, community, and his own mental health, is there an escape for Jacob's bright, wounded spirit, or will he forever be a prisoner of a particular madness?



## A Feigned Madness

Tonya Mitchell

Cennan Books | Oct. 6, 2020  
978-1-947976-20-7 | \$21.00  
Paperback | 396 pages  
8.5 in H | 5.5 in W

### Other Available Formats

EB: 978-1-947976-09-2 (\$6.99)  
Audio: 978-1-947976-33-7

*A Feigned Madness* is a meticulously researched, fictionalized account of the woman who would come to be known as daredevil reporter Nellie Bly. At a time of cutthroat journalism, when newspapers battled for readers at any cost, Bly emerged as one of the first to break through the gender barrier—a woman who would, through her daring exploits, forge a trail for women fighting for their place in the world.



## What She Lost

Melissa W. Hunter

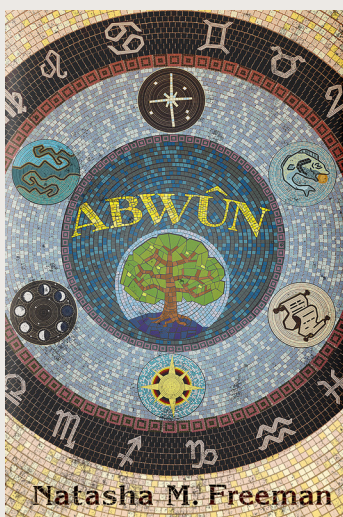
Cennan Books | Oct. 8, 2019  
978-1-947976-15-3 | \$17.00  
Paperback | 322 pages  
8.5 in H | 5.5 in W  
12 photos

### Other Available Formats

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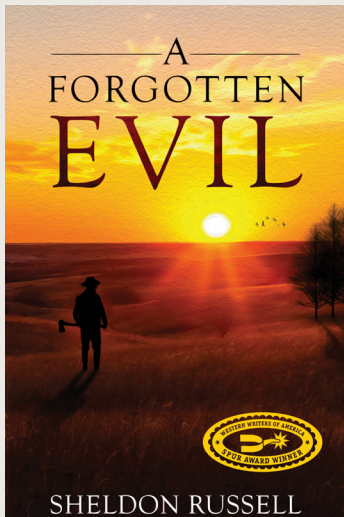
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